

UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

Early Bird Sign Up!

Volunteer to be a High Holiday usher and get special perks and benefits. For more information, please contact Alan Workman, 610-649-5731 or ajworkman@aol.com.



Shabbat Sha-Blue Jeans and Welcome Back Dinner

Friday, September 6, 5 PM

Services followed by HSA-sponsored Shabbat Dinner

Shabbat Sha-Blue Jeans is geared for all Har Zion families with children age infant to 6 years old, but all ages are welcome!

BYOB (Kosher) – Jeans and Casual Attire Encouraged

DON'T MISS IT! RSVP to Debbie Folz, dfolz@harziontemple.org

Har Zion Landau Gift Box Indoor Sidewalk Sale

Wednesday, September 4, 9:30 AM-4 PM and Sunday, September 8, 9:30 AM-1 PM

Great items and low, low prices. Come check it out! Don't miss this shoppportunity!



Sisterhood New Year's Greetings

The deadline to submit your greeting is Friday, September 6

[Click here](#) to download the order form

Questions? Please email Judy Guzman at judy.guzman715@gmail.com



Cakes and Challahs Orders/Pick Up

Orders needed by Friday, September 6

Pick up on Friday, September 27, 11 AM - 3 PM

[Click here](#) to download the order form. Questions? Please call or email Sheila Schafer, 610-645-5461 or lssch@comcast.net or Fern Simon, 215-896-2062 or fernsimon@yahoo.com

Cook for a Friend – Sunday, September 8, 9:30 AM

Please join us in preparing meals for community members in need. For more information and to RSVP, contact Elaine Stewart, estew23@verizon.net.

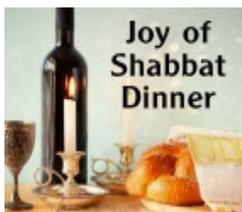


Come Share in the Magic of Sisterhood...

Opening Membership Dinner – Wednesday, September 11, 6:30-8:30 PM

Entertainment by Ari Paul Felber

RSVP Required



Joy of
Shabbat
Dinner

Friday, September 13 following 6 PM Services

All ages welcome!

\$10/ adult, \$5/child under 13 if you RSVP by the Friday before Reservations

after the Friday before: \$15/adult, \$10/child

RSVP to Emily Berton by the Wednesday before to guarantee your reservation:

610-667-5000 or eberton@harziontemple.org, or go to harziontemple.ticketleap.com

A small service fee will be charged for online reservations

Men's Club Volunteers for Distribution Sunday

Sunday, September 15

Join the Har Zion Men's Club as we all chip in and help hunger in our community! We will be packing and delivering boxes of food to those in need across Greater Philadelphia. All volunteers must wear closed toe shoes in the warehouse and no outside food is permitted.

JRA Warehouse – 10980 Dutton Road, Philadelphia, PA 19154

– Choose from one of the time slots below –

8:30 - 9:30 AM

Meet at the JRA Warehouse (address above) with your kids 6 years old and under to come help pack boxes as part of the Tiny Tots Program. This program is a quieter and slower paced experience.

OR

9:45 AM - 12 PM

Meet at the JRA Warehouse (address above) for packing and delivering.



RSVP to Norman Einhorn, neinhorn@harziontemple.org or 610-667-5000

For more information about JRA Distribution Sunday, go to <https://www.jewishrelief.org>

Men's Club Golf Tournament – Thursday, September 26, 8 AM

Bala Golf Club, 2200 Belmont Avenue, Philadelphia

Reserve your spot now: \$150/golfer or foursome for \$500

Continental Breakfast, Kosher Lunch and Prizes included

Make checks payable to Har Zion Men's Club

For more info: Josh Klein, joshk3@verizon.net



From the Ritual Committee...

Our Services Are Made Holier by Your Participation!

Do you know how to read Torah? Would you like to practice your skills in a low-pressure environment?

Then email us at RitualCommittee@harziontemple.org to sign up. There are readings of all sizes; we will find the right one for you!

SHOP THE GIFT BOX FOR ALL YOUR GIFT-GIVING NEEDS!

High Holiday Wine Sale

Tuesday and Thursday, September 24 and 26, 9:30 AM-4 PM

[Click here](#) for an order form.

Regular Hours begin September 3:

Monday – Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM

Sunday, 9:30 AM to 12:30 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

This Week...

D'var T'filah with Hazzan Vogel – Tuesdays after 7 AM Minyan

D'var T'filah (a "teaching about prayer") – Hazzan Vogel will offer brief insights into the spiritual dynamics of prayer focusing each time on why prayer is difficult and what we can do about it.

Parashat Hashavuah for the Sandwich Generation with Rabbi Shawn – Wednesdays, 11 AM

What is The Sandwich Generation? It typically refers to those of us that are sandwiched between the needs of their children and those of their aging parents. If you are between the ages of 45ish and 65ish, together, we will focus on topics that are relevant today. Are you dealing with, aging parents, the loss of your parents, family illness, and their health, adult children, and dating just to name a few? What does the Torah teach us about our responsibilities in these areas? If you want to be a part of a study group to discuss contemporary issues, please join us!

Torah with Rabbi Ira Flax – Thursdays, 10 AM

***High Holiday Learning Series with Rabbi Ira Flax –
Thursdays, September 5, 12, 19 and 26, 11:15 AM***

Men's Club Minyannaires with Rabbi Haaz – Fridays after 7 AM Minyan

Breakfast and study with Rabbi Haaz – Learn new insights to the Torah through wrestling with Rashi's interpretations and our understanding of his reasoning.

Shabbat Sha-Blue Jeans and HSA Welcome Back Celebration – Friday, September 6, 5 PM

Sisterhood...



Come Share in the Magic of Sisterhood...

Opening Membership Dinner – Wednesday, September 11, 6:30-8:30 PM

Entertainment by Ari Paul Felber

RSVP Required



Har Zion Landau Gift Box Indoor Sidewalk Sale
Wednesday, September 4, 9:30 AM-4 PM
Sunday, September 8, 9:30 AM-1 PM
Great items and low, low prices.
Come check it out! Don't miss this shoppportunity!



Sisterhood New Year's Greetings
The deadline to submit your greeting is Friday, September 6
[Click here](#) to download the order form
 Questions? Please email Judy Guzman at judy.guzman715@gmail.com



Cakes and Challahs Orders/Pick Up
Orders needed by Friday, September 6
Pick up on Friday, September 27, 11 AM - 3 PM
[Click here](#) to download the order form. Questions? Please call or email Sheila Schafer, 610-645-5461 or lssch@comcast.net or Fern Simon, 215-896-2062 or fernsimon@yahoo.com



Glass Mezuzah Workshop with Jo Anne Deglin
Tuesday, September 17
Anytime between 11 AM and 2 PM
 The Art Room at 191 Presidential Blvd
 For more information and to RSVP, email Jo Anne at jodeglin@yahoo.com



Landau Gift Box Holiday Wine Sale
Tuesday and Thursday, September 24 and 26, 9:30 AM - 4 PM
 These are the only dates available to order or purchase your Kosher Wine for the holidays.
[Click here](#) to download the order form or call the Gift Box, 610-667-2698.

College Outreach Program (A free service provided by the Sisterhood of Har Zion)
 During the year, the College Outreach Program sends holiday packages to those college students who are away from home. It is a small way to keep them in touch with Judaism and Har Zion Temple. Once again we are collecting the names and addresses of our **college students**.
Please remember that each year addresses change. You can email your information to: Karen Davis, daviskjj@aol.com or Anne Stein, annestein1@comcast.net.

Men's Club...

Men's Club Volunteers for Distribution Sunday **Sunday, September 15**

Join the Har Zion Men's Club as we all chip in and help hunger in our community! We will be packing and delivering boxes of food to those in need across Greater Philadelphia. All volunteers must wear closed toe shoes in the warehouse and no outside food is permitted.

JRA Warehouse – 10980 Dutton Road, Philadelphia, PA 19154
– Choose from one of the time slots below –
8:30 - 9:30 AM

Meet at the JRA Warehouse (address above) with your kids 6 years old and under to come help pack boxes as part of the Tiny Tots Program. This program is a quieter and slower paced experience.

OR 9:45 AM - 12 PM

Meet at the JRA Warehouse (address above) for packing and delivering.

[RSVP online](#) or email Norman Einhorn, neinhorn@harziontemple.org or 610-667-5000

For more information about JRA Distribution Sunday, go to <https://www.jewishrelief.org>



Men's Club Golf Tournament – Thursday, September 26, 8 AM **Bala Golf Club, 2200 Belmont Avenue, Philadelphia**

Reserve your spot now: \$150/golfer or foursome for \$500
 Continental Breakfast, Kosher Lunch and Prizes included
 Make checks payable to Har Zion Men's Club
 For more info: Josh Klein, joshk3@verizon.net



Tikkun Olam...

-Your Help Is Needed!

RSVP Philadelphia at Kleinlife in the Northeast needs your help. At this time, they are in need of volunteers to deliver meals to clients on the Main Line. These meals can be picked up from a remote freezer on the Main Line without travelling to the Northeast. If you can help, please contact Harrison Rothbaum, Community Services Coordinator, 215-698-7300 ext. 191

-HIAS PA has some URGENT FURNITURE needs for incoming refugee families We are looking for these items only

Twin beds – both mattress and box spring (not futons), Small dining sets (table and 4-6 chairs) and Dressers

Furniture must be relatively new in decent condition, from a bug-free home, repair-free and something you would feel comfortable donating to a loved one

Please share the [post from our facebook page](#) to increase our reach.

We can provide pick up in Philadelphia or just outside the city. Please email us

at communitysupport@hiaspa.org with the subject line 'Furniture Donation' and include items being donated, where pick-up will be and a timeline.

For more information on HIAS, please contact Kerry Coughlin, kcoughlin@hiaspa.org

-Volunteers Needed for Federation's Mitzvah Food Program – [Click here](#) for more information.



Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org. Help us help you!

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 or \$10 each – To purchase your donation cards, please contact Janice Katz, 610-525-1101 or rhk101@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood Floral Fund. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Susan Kochman, 215-272-0475 or sbkochman@aol.com.



College Outreach Program (A free service provided by the Sisterhood of Har Zion)

During the year, the College Outreach Program sends holiday packages to those college students who are away from home. It is a small way to keep them in touch with Judaism and Har Zion Temple.

Once again we are collecting the names and addresses of our **college students**.

Please remember that each year addresses change. You can email your information to: Karen Davis, daviskjj@aol.com or Anne Stein, annestein1@comcast.net.

INNOVATION UPDATE FROM ISRAEL IDEAS

Revolutionary Patch Keeps Brain Safe after Cranial Surgery

If you're ever unfortunate enough to require brain surgery, Israeli startup Nurami Medical has got you covered – literally. The Haifa-based company has developed a patch made of synthetic, biodegradable nanofibers meant to be affixed to the dura mater – the protective membrane underneath the skull that keeps the brain and spinal cord safe – after cranial neurosurgery.

Brain surgery requires cutting through the dura, so a "bandage" of some sort must be placed to protect against bacteria, accelerate healing and keep cerebral spinal fluid from leaking. Nurami's nanofiber patches mimic the dura mater in a way that's safer and less expensive than the animal collagen-based products currently used for post-brain surgery recovery, said the company's CEO Hannech Marksheid.

To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

Transportation to Har Zion Temple

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Meryl Littman, merylitt@vet.upenn.edu or 610-649-3461.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or eberton@harziontemple.org.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

Regular Daily Minyan

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.