



HAR ZION  
T E M P L E

Vol. 86, No. 5 May/June 2023  
Iyar/Sivan/Tammuz 5783

# The Bulletin

1500 Hagys Ford Road, Penn Valley, PA 19072-1195 610-667-5000 harziontemple.org

## *Purim Fun for Everyone!*



## *From the President...*

Happy Springtime to my fellow members of Har Zion Temple! It has been an honor and a rewarding experience serving as President. My term is now nearly over. While I will miss many of the pleasures of the role, I am comforted to see so many wonderful things happening in our Har Zion community. At the time of this writing, our Directors and Trustees have just voted to extend an offer to our next Cantor, Randy Herman. I am incredibly excited to welcome Cantor Herman to Har Zion in the next few months. We are deeply grateful to Cantor Silverberg for the beautiful singing and warm presence she has shared with us this past year.



There are so many changes that I have been privileged to be a part of during my term – too many to cover in detail! These include:

- A wonderful year of community events celebrating our beloved Cantor Emeritus Eliot Vogel.
- The construction of enriching and innovative new playgrounds for our children.
- The installation of the Sayer-Berkowitz Pavilion, enabling us to enjoy our beautiful outdoor spaces and providing a venue for prayer, study, celebration, and play.
- The establishment of our Mission and Values (please refer to our web pages for details), a resource that provides guidance in many of our activities and projects, including the next two items.
- The formation and activities of our Inclusivity Committee, helping to welcome and celebrate diversity in our community.
- The re-structuring of our membership dues structure, separating them from High Holiday seating and providing more equity and flexibility.

*(Continued on page 2)*

**The Nominating Committee has placed the following names in nomination for the terms indicated:**

**OFFICERS** – two-year term, June 2023 - June 2025:

Lynne P. Landsburg and Elliot Rosen	Co-Presidents
Harry Landsburg	Vice President, Administration
Jennifer Goodbinder	Vice President, Lifelong Learning
William A. Novick	Vice President, Membership & External Affairs
Alan Workman	Vice President, Ritual & Religious Affairs
Cindy Reisner	Secretary
Alan Seeherman	Treasurer
Howard Herzberg	Associate Treasurer
Tobi L. Millrood	Counsel

**BOARD OF DIRECTORS** – election for three-year term expiring June 2026:

Solomon Friedman	Samantha Mizrachi
Steven Herz	

**ELECTIONS WILL TAKE PLACE AT THE ANNUAL MEETING ON MONDAY, JUNE 5, 7:00 PM**

In accordance with Section 904 of the By-laws, "additional nominations for the position of Director may be made only by petition signed by at least fifty (50) Members in good standing and additional nominations for any Officer position may be made only by petition signed by at least ten (10) Directors in good standing. All petitions must be filed with the Secretary of the Congregation at least fifteen (15) days prior to the date of the Annual Meeting. If additional nominations of eligible candidates are made by petition, as herein provided, notice of the names of all candidates so nominated shall be posted at least ten (10) days prior to the date of the Annual Meeting." Such petitions should be sent to the synagogue office, attn. Gavi Miller, for Julie G. Levine, Secretary.

**President** (continued from page 1)

- Our first increase in synagogue membership in over 12 years, along with full enrollment at the NCCECE and JFGRS.

I do not take credit for these accomplishments! I am just honored to be a part of them. While I could not possibly list each of them, I want to thank all the individuals, both professional and volunteer, who made these accomplishments possible through their time, sweat, and sometimes, tears.

I have learned from every Har Zion member and staff person I have gotten to know during these past two years. Thank you for welcoming me as president and sharing your insights, suggestions, and feedback. Ours is a community with great passion, knowledge, and capability. Together, we are holy.

Best wishes, Josh Friedman

**Ritual Matters**

Message from **Dr. Ely Levine**,  
Ritual Director and Scholar in Residence



As this issue of the *Bulletin* hits your mailboxes, we are counting the Omer, the seven-week period between Pesah and Shavuot. Once upon a time, this was a way of marking time between the beginning of the barley harvest (at Pesah) and the beginning of the wheat harvest (at Shavuot). For our ancestors, barley was a heartier and more reliable crop than wheat, but wheat was more desired as food. While waiting for the more desirable crop, our ancestors made offerings of sheaves of barley. They were taking a chance that the yield of the wheat harvest might not be enough to make it through the year.

But during the Rabbinic period, because the agricultural cycles were not as much a part of everyone's lives, the Omer period transformed. According to the stories, a plague afflicted Rabbi Akiba's students and thousands of them died, so the Omer is now a period of semi-mourning.

I sometimes wonder about these Rabbinic stories: which came first, the story or the practice that the story justifies? But it is interesting to note that this period of self-denial between Pesah and Shavuot is mirrored by a Christian period of self-denial for the 40 days *before* Easter. Lent is observed by many Christians by abstaining from eating meat, from sacrificing some enjoyed activities. In an episode of M\*A\*S\*H, Klinger even gives up atheism for Lent! This year, Ramadan falls half in Lent and half in the Omer. The Muslim month of daily fasting and nightly feasting is an interesting foil for the other two observances.

But why is it so important to deny ourselves? Our society focuses a lot on treating ourselves, advertisements encourage us to splurge and spoil ourselves and our pets, but our traditions ask us to lean the other way – at least for a time. Is this something edifying? Does it make us stronger? Or is that just what people tell us to make us suffer unnecessarily?

In the same way that an eight-day sojourn in a rickety shack (a sukkah) can help us to appreciate the fact that for the rest of the year we live in safe, dry homes, periods of self-denial can help us to appreciate what we have. When we appreciate that we have sufficient food, shelter, and love, we should take notice of those who do not.

Our *mitzvot* help cultivate in us a sense of awareness of and empathy for others. We are aware that denying ourselves during this period – whether we go without haircuts, celebrations, or listening to music – is a choice we make, and it is temporary. We also know that this choice never puts us in any real danger. This gives us perspective on those for whom it is not a choice, for whom there is no end in sight, and who lack actual bare necessities.

Sure, there is value in self-denial, but only because it is self-imposed and temporary. Without darkness, how would we appreciate light? Without sadness, how would we appreciate being happy? We get a taste of what it is like to live without, and we know that we would not want to have to do this for any longer. How wonderful it would be if everyone's experiences of limitation, of lack, of suffering, were self-imposed and temporary.

# ADULT JEWISH LEARNING . . .

Please watch the weekly emails for more info and updates for these classes.

## **MONDAY**

**1 PM – NaKh: The Rest of the Bible with Dr. Ely Levine  
In-person and Zoom**

We spend a lot of time on certain parts of the Bible – chiefly, the Torah. It is time to read through the Prophets and the Writings more carefully. Join this class to read and discuss the rest of the Bible. We will move at a comfortable pace, but include some deep exploration of texts. New participants are welcome at any time! We began this session with II Samuel and David taking the throne.

**2:30 PM – Philadelphia Jewish History with Dr. Michael Schatz  
In-person and Zoom**

**May 1, 8 and Tuesday, May 16 at 1 PM (note change of day)**

**May 1 – *Landscape of the Jewish Community***

**May 8 and 16 – *Philadelphia and the Founding of the Conservative Movement***

Dr. Michael Schatz, our Assistant Director of the Jane Fishman Grinberg Religious School, is also an expert on Philadelphia Jewish History. He will present a four-part series highlighting the origins of the Philadelphia Jewish community from the colonial period through the beginning of mass immigration around the turn of the 20th century, as well as a session on the landscape of the Jewish community looking at synagogues and other buildings from three centuries, and the role Philadelphia played in the founding and growth of the Conservative Movement. The series will be followed by a trolley tour of historic Jewish neighborhoods.

**8:30 PM – Talmud Study with Rabbi Gary Charlestein  
Zoom only**

Call Gary (215-290-0405) if you need to pick up the text.

## **TUESDAY**

**10 AM – Experience the Joys of Yiddish with Gerry Spector  
Zoom only**

**May 9, 23; June 6, 20**

These classes are aimed at all ages. Knowledge of Yiddish is not required. The emphasis is Yiddish culture, literature, theater and song. Language is taught using literary and musical examples.

**Noon – Lunch and Learn Parsha Class with  
Rabbi Gary Charlestein – In-person (1710 Romano Dr.,  
Plymouth Meeting) and Zoom**

**Sisterhood Rosh Hodesh**

**In-person and Zoom – check your emails for updates  
Tuesday, May 16 - 4 PM, Thursday, Jun15 - 8 PM**

Warm, interactive, and challenging discussions related to the holidays and themes of each month are led by group members. For more information, please contact Meryl Littman, [merylitt@vet.upenn.edu](mailto:merylitt@vet.upenn.edu) or Janice Katz, [rhk101@hotmail.com](mailto:rhk101@hotmail.com).

## **WEDNESDAY**

**8:15 AM – TISCH with Rabbi Shawn – In-person and Zoom**

Are you looking for a little traditional text first thing in the morning? We will work our way through the Rambam's Mishnah Torah.

**11:30 AM – Sisterhood Torah Study with Rabbi Haaz**

**All are welcome! In-person and Zoom**

**May 3, 10, 17, 31**

***Beyond Dispute: Debates that Shape Jewish Life***

Beyond Dispute, a curriculum from the Jewish Theological Seminary, is a text-based exploration of how philosophical, spiritual, ethical, and cultural debates have been manifested over the course of Jewish history, and their continued resonance for contemporary Jewish life. Topics of discussion will include: Are religion and reason compatible? How do we teach and talk about the Holocaust and the State of Israel? Should we prioritize Jewish causes or universal causes in our giving? Is our relationship with God defined by human obligation or divine compassion?

**5:30 - 6 PM – Iyun T'fila with Rabbi Shawn – In-person and Zoom  
Dogole Chapel**

Interested in learning more about the meaning of the words of the prayers and deepening your spiritual intent in prayer? If so, join Rabbi Shawn as we dive more deeply into our liturgy.

## **THURSDAY**

**10 AM – Commentaries on Exodus with Rabbi Ira Flax  
In-person and Zoom**

Join us for an in-depth study of the Book of Exodus. Starting with the commentary of the Hertz and Etz Chaim Chumash, we will then delve into the insights found in the Talmud, Midrash, and the major commentators spanning the length of Jewish history. It's Torah as you have never studied it!

**12:30 PM – Jewish Books in Christian Bibles  
with Dr. Ely Levine – In-person and Zoom**

Ancient Jewish literature was quite varied. What Jews decided to preserve was just a small portion; Christians preserved many, many Jewish texts. Come read through some of these Jewish texts, including the Gospels, Jubilees, and Maccabees. See what other ideas Jews had that may not have been preserved in mainstream Judaism, other ideas that seemed to find a roundabout way into normative Judaism, and still other Jewish ideas that ended up being used against Jews.

## **FRIDAY**

**8:15 AM – *Mah Nishtanah?* with Cantor Jessica Silverberg  
In-person and Zoom**

On all other days we read text, so why do we chant Torah? In this class, we will explore the "why" behind chanting Torah and other sacred texts. Topics covered include the history of cantillation, lyrical and grammatical functions of the *te'amim*, and how to incorporate these into our Torah reading practice. Please note that this is not a class for learning how to chant Torah; basic knowledge of cantillation is recommended but not required.

**May/June 2023 ■ 3**

## MEN'S CLUB . . .

2023 Annual Golf Outing  
May 1, 2023

Tickets  
available  
now!

**Phillies**<sup>™</sup>

**Men's Club, JFGRS and NCCECE**

**Go to the Phillies!**

**Sunday, May 21, 1:35 PM**

Come and root on your  
2022 National League Champion Philadelphia Phillies  
as they take on the Chicago Cubs.

**We have a group of tickets and spots are limited!**

**Tickets are \$30 each**

Payments must be made to Har Zion Temple and can be  
dropped off at the synagogue office  
(If writing check, add Phillies Game in Memo)

For more info, please contact  
Jordan Landau, [jordan.landau@harziontemple.org](mailto:jordan.landau@harziontemple.org)

**SAVE THE DATE!**

**Tuesday, May 16, 7 PM**  
**Inclusivity Committee**  
**Mental Health Panel**

On Tuesday May 16 at 7 PM, the Inclusivity Committee  
will be hosting representatives from Tikvah and the  
National Alliance on Mental Illness to discuss the mental  
health epidemic and how we can promote mental  
wellness and break down barriers to treatment.

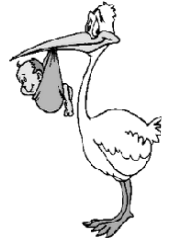
Please mark your calendars and  
stay tuned for more information.

## NACHES, ETC . . .

### BIRTHS

*Welcome to the world to*

**Chloe Sayer Kieffer**, daughter of Alexandra (Ali) Sayer & Robert Kieffer, granddaughter of Doug Sayer, Honey Bass, Pam & Bob Kieffer, niece of Bari Grabowsky, Ricky Sayer, Lindsay Sayer and Crista Kieffer. Chloe's first name is in loving memory of her great-grandfather, Coleman Sayer, and her Hebrew name, Miriam, is in loving memory of her great-grandmother, Miriam Trachtenberg. Chloe arrived February 1.



**Cole Briar Selarnick**, son of Paige & John Selarnick, brother of Mason Aspen and Blake Emmy, grandson of Nancy & Stuart Selarnick, Lori Blumenthal and Randi & Scott Blumenthal, great grandson of Esther Gilman & John Selarnick (z"l) and Anita Matusow (z"l) and Donald & Janine Hoffman (z"l), nephew of Alex & Dana Selarnick, Michael & Sydney Selarnick, Haley Selarnick, Sam Selarnick, Tara & Brandon Maugeri and Corey Blumenthal, cousin of Olivia James, Jackson Wyatt and Peyton Blair, and great nephew of Meredith & Jonathan Hoffman. Cole arrived February 22.

**Jackson Wyatt Selarnick**, son of Sydney & Michael Selarnick, grandson of Nancy & Stuart Selarnick and Laurie & Ben Gocial, great grandson of Esther Gilman & John Selarnick (z"l) and Anita Matusow (z"l) and Donald & Janine Hoffman (z"l), and Wilma (z"l) & Marvin Mandell and Bella & Solomon Gocial (z"l), nephew of John & Paige Selarnick, Alex & Dana Selarnick, Haley Selarnick, Sam Selarnick, and Ian Gocial, cousin of Mason Aspen, Blake Emmy, Cole Briar, and Olivia James. Jackson arrived February 25.

**Emma Robinson Sofer**, daughter of Dana Robinson Sofer & Andrew Sofer, granddaughter of Debbie Robinson, and sister of Levi Aaron Sofer. Emma arrived March 6.

**Sloane Jenna Manin Rosen**, daughter of Brittany & Blake Rosen, granddaughter of Hope & Lee Kirschner and Debbie & Craig Rosen, niece of Bryan & Danielle Kirschner, Lauren & David Burman, Blair Rosen, and Jeffrey Rosen (z"l) and great granddaughter of Sharon & Paul Feigenbaum (z"l), Beverly Yanoff (z"l), Helene and Martin Rosen (z"l) and Lawrence Manin (z"l). She is named in loving memory of her maternal great-grandmother, Sharon Feigenbaum and her paternal uncle, Jeffrey Rosen. Sloane arrived March 18.

**Binyamin Perilstein**, son of Erika & Alex Perilstein, brother of Ari, Rena and Miriam, grandson of Liz & Billy Shaid and Jayne & Ron Perilstein, great grandson of Barbara & Ken Chapman, Donna & Gene Shaid, Mildred Davis (z"l), and Cookie & Billy Perilstein. Binyamin arrived March 28.

Do you have other good news to share? Just let us know:  
[jfetscher@harziontemple.org](mailto:jfetscher@harziontemple.org).

### *Har Zion Caring Connection*

Are you or loved ones living in Senior Communities and Assisted Care Communities? We would love to hear from you. Please help Har Zion Caring Connection and let us know how we can connect. Please call or email Har Zion Caring Connection – [caring@harziontemple.org](mailto:caring@harziontemple.org) – and we will reach out.

# EDUCATION . . .

## **Message from Dr. Michael Schatz, Assistant Director, JFGRS**



With Pesach behind us, we focus on celebrating Israel at 75 this spring! There are three modern holidays, all declared by the State of Israel since its founding 75 years ago. Nisan 27, this year falling on Tuesday, April 18, is *Yom HaShoah ve-ha-Gevurah*, the Day of Remembrance for the Holocaust and Heroism. It is observed at this particular time in association with the Warsaw Ghetto uprising in the spring of 1943. Unlike the International Holocaust Remembrance Day, observed on the commemoration of the liberation of Auschwitz in January, *Yom HaShoah* acknowledges one of the days the Jews fought back. We remember the six million martyrs, but we also remember the heroes, the survivors and the righteous gentiles who helped assure Never Again. We welcomed Fred Gross, co-sponsored with the Men's Club, for a program dedicated to the memory of his parents, Holocaust survivors.

*Yom HaZikaron*, Memorial Day for Israel's fallen soldiers, is observed on 4 Iyar, and the following day is *Yom HaAtzmaut*, celebrating Israel's independence in 1948 as the first self-governed Jewish country in our historic homeland after 2000 years. These fall on April 25 and 26 this year, and we will celebrate with a great big Israel Festival on Sunday May 7 at religious school. First, we have Building Blocks Workshops coming, to construct a model of the Old City of Jerusalem out of Lego with our children and parents. This is a wonderful, fun and educational program that includes a "tour" of the holy city. Later we will celebrate with Israeli food and dance with Rak-Dan in the Sayer-Berkowitz Pavilion outside. Israel is celebrated at Har Zion and this year's activity will be very special.

The closing weeks of religious school also include our Bet and Vav class Kabbalat Siddurim program, where the Bet children receive their first Siddur, and the Vav children receive their own engraved copy of Siddur Sim Shalom. The Hay class will have an end of year Better Together celebration with their empty-nester friends, as well as parents, and will receive their own engraved Etz Hayim Chumash.

We will finish our school year with our Move-Up Day, including celebrating our B'nai Mitzvah Class, our Confirmands, all of our JFGRS children, and our teacher honored with the Isadore L. Kirschner Teacher Award on June 4.

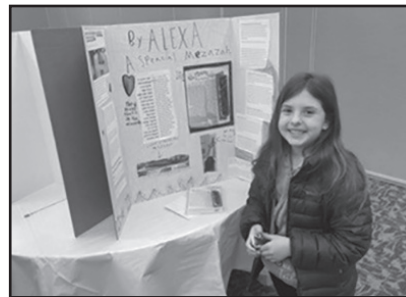
The teachers and leadership of the Jane Fishman Grinberg Religious School wish all of our families a safe and relaxing summer. See you in September!



**Hudson Fishkind making a Challah cover.**



**Purim fun with  
Matthew Zemble and  
Jonathan Biran.**



**Alexa Bloom with her  
Museum display.**

## **Har Zion Day Camp Begins June 19!**

Har Zion Day Camp will be better than ever this summer! There will be lots of old and new faces to see. We believe a busy child is a happy camper, so we are adding a new activity that our older campers will enjoy. The 4, 5 and 6 year old bunks will be cooking with Chef Dad, Scott Noye. Scott has been doing one of our after school activities, where you will find every child engaged in what they are cooking. Our pool staff will be very busy giving before and after camp semi-private swim lessons, as well as teaching every camper how to swim during regular camp hours. The Kona Ice truck has been a big hit every Friday and will continue again this summer. No one can resist their favorite flavor water ice with a soft pretzel! Happy Feet will continue to teach soccer during the regular camp day.

Family Fun Night will take place on July 18. This is one event you will not want to miss! We will be barbecuing yummy hamburgers, veggie burgers and hot dogs, – no need to worry about dinner! This year when you are eating you will be able to stay cool in our new pavilion. David Zeidman Entertainment will be taking family photos, doing sand art and of course, there will be DJ Joe playing lots of great music. We will have a magician and a balloon twister, as well.

Har Zion Day Camp is the place to be .....in the summer of 2023!!!!!!

XOXO, Diane

**Message from Sandi Toben,  
Early Childhood Ed Director**



Each school year, Spring Break always seems to signal “the beginning of the end.” Teachers and parents will both comment how the rest of the school year will fly by. I, too, have shared this sentiment in years past. However, this year’s end is even more monumental for me, because it will mark the end of my first year. This first year marks the end of ‘chapter one’ in what I, and my family, hopes to be a very long book.

This school year has been marked by some wonderful, revived traditions and exciting new events. I have enjoyed being a part of each one along the way. In the beginning of March, our Purim Parade was a blast! The children were so excited to show off their costumes as their parents watched along the outdoor route. In preparation for Passover, The Matzah Bakery visit was an attention-grabbing presentation and hands on experience our students will not soon forget. We are also planning fun new twists to our Passover, Yom Ha’atzmaut, and End-of-Year celebrations.

Bringing parents into the school through a multitude of opportunities has been an amazing catalyst for newly-forged community bonds. I personally have been very touched and impressed with the strong network of HSA volunteers that are so dedicated to the betterment of our school. I look forward to seeing their planning skills on full display at our annual Spring Fundraiser in May.

This past school year, I have also had the pleasure of seeing our teaching staff work together as a supportive community. I have seen our teachers sharing ideas, problem solving, and coaching each other to create the best classrooms for all. They are creative, caring, knowledgeable, funny, upbeat, and love our school. I am happy to call each of the teachers my teammate and look forward to many school years with them together.

The NCCECE had a wonderful and successful school year. I am grateful for every first I had and I cannot wait for seconds and new firsts next year!

**Upcoming NCCECE/Camp/HSA Events**

**May**

- 3** Staff Meeting – 7 PM
- 5** Teacher Appreciation – 12 PM Dismissal
- 9** Lag B’Omer celebrated in school – Students only
- 10** Parent-Teacher Conferences – by appointment only
- 13** Tot Shabbat – 9:30-10:30 AM
- 14** Mother’s Day
- 18** HSA Spring Fundraiser – 7:30 PM – All are invited!
- 25** Erev Shavuot
- 26** Shavuot – No School
- 29** Memorial Day – No School

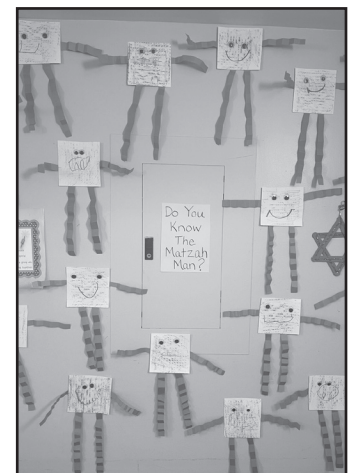
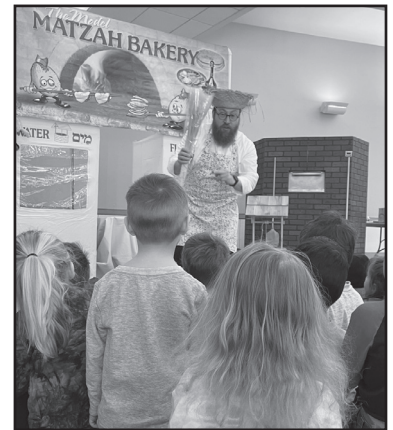
**June**

- 8** Gan Graduation
- 9** Last Day of School – Pre-K Move-up – 12 PM Dismissal  
HSA Picnic – All NCCECE families welcome!
- 18** Father’s Day  
Camper Orientation
- 19** First Day of Camp!

**July**

- 11** 4s, 5s, and 6s Camper Visting Day
- 18** Camp Family Fun Night

**The Matzah Bakery visits the NCCECE and our children created some Passover art.**



**NCCECE/HSA ANNUAL SPRING FUNDRAISER  
Thursday, May 18, 2023, 7:30 PM**

*Join friends for a night of games, live music, dinner and drinks and a silent auction.*

**Watch your emails for more!**

For more information on sponsorship opportunities or to donate an item to our silent auction, contact us at [harzionhsa@gmail.com](mailto:harzionhsa@gmail.com).

# SISTERHOOD . . .

## *Sisterhood Update*

Message from **Michele Perlstein**, Sisterhood President

On February 25, Sisterhood held its Sisterhood Shabbat service (our first together in person in three years) during which I had to give a sermon for the first time in my life. Preparing the sermon gave me the chance to review everything Sisterhood does. This really cemented for me just how much we do for our community.

Here is a reminder of all the wonderful ways Har Zion Sisterhood supports and strengthens our community:

We have a plethora of **EDUCATION and PROGRAMMING** opportunities. Some of these are regularly occurring and have been ongoing for many years, such as Open A Book...Open Your Mind – this year is our 10th anniversary! We also have Book Club with monthly discussions of selected books, and Rosh Hodesh with warm, interactive, and challenging discussions related to the holidays and themes of each month. This year, we've had ongoing Torah study sessions with Rabbi Haaz, and also held a lovely program outside in the Sukkah during Sukkot in which Cantor Silverberg taught us about some of our Jewish heroines.

Then there's all the general fun programming we offer throughout the year with interesting speakers from HZT and community. This year we were especially happy to offer **programming that highlighted DEI and inclusion efforts**.

Sisterhood also provides strong, unwavering **SUPPORT TO THE SYNAGOGUE** in a number of ways. Every Sukkot we undertake the decorating of our beautiful Maurice Kendall Sukkah. We also give contributions for youth activities, Madregot, the Rabbi's Discretionary Fund, Shabbat and Holiday Kiddushes, as well as synagogue events such as the Hanukkah Happening. We were proud to be able to contribute to many improvements to the synagogue over the years including the recent upgrade to the playground. I also want to make special mention of **our beautiful Landau Gift Box**. I have had the chance to see quite a few synagogue gift shops over the years, but I have yet to see one as spectacular as ours.

But the support of our Sisterhood does not stop there. We undertake several **LARGER COMMUNITY SERVICE/TIKKUN OLAM EFFORTS** on a regular basis. Every year we have our charitable contributions, such as the Jewish Braille Institute, JNF, Kosher Meals on Wheels, Masorti, Mazon, and Torah Fund.

This year, as part of our opening dinner event we partnered with the Tikkun Olam committee to collect Kosher canned goods which were distributed by ElderNet for delivery to individuals in our area that are experiencing food insecurity. Throughout December, we undertook a collection of women's personal hygiene products which were donated to Jewish Federation of Greater Philadelphia's Mitzvah Food Pantry.

In January, for the MLK Day of Service, many Sisterhood members participate in this synagogue-wide event, chaired by two Sisterhood members. There's also our Shul Stitches program where Sisterhood members knit blankets that are sent to Israel for soldiers in the IDF.

As part of our connection with Women's League for Conservative Judaism, every year we hold a Torah Fund Event that raises money

## *Sisterhood Calendar*

**Sisterhood Torah Study with Rabbi Haaz**  
**Wednesdays, May 3, 10, 17, and 31, 11:30 AM**

**Sisterhood Board Meeting**  
**Sunday, May 7, 10 AM**

**Sisterhood Program with Amy E. Feldman**  
**Thursday, May 11, 7 PM**

**Rosh Hodesh Group**  
**Tuesday, May 16, 4 PM with Elliot Rosen (In-person/Zoom)**  
**Thursday, June 15, 8 PM (out of the bldg)**

**Closing Campaign Dinner**  
**Thursday, June 1, 6:30 PM**

**Sisterhood Book Club**  
**Wednesdays, 12:30 PM – May 31, July 5, and August 9**

### *Floral Fund Donation Cards*

**Minimum contribution: \$10 / Four for \$30**

Questions? Please contact Janice Katz,  
610-525-1101 or [rhk101@hotmail.com](mailto:rhk101@hotmail.com).

**See contributions page for Floral Fund donations.**

## **Sunday, July 16 to Wednesday, July 19** **Women's League for Conservative Judaism** **International Convention in Schaumburg, IL**

Sisterhood has a limited amount of funds to offer a stipend to any member of Sisterhood who is interested in going to the Convention. The amount of the stipend will depend on the number of people who go.

*If interested in going, or if you need more information,*  
*please contact Michele Perlstein,*  
*[sisterhoodpresident@harziontemple.org](mailto:sisterhoodpresident@harziontemple.org)*

There is also a virtual delegate option this year for anyone interested in participating but cannot make it in person.

for the five Seminaries of the Conservative Movement. We are always one of the highest contributors to Torah Fund from the Mid-Atlantic Region of Women's League.

I hope reading all this will encourage you to support Sisterhood in whatever way is meaningful to you, whether it's through volunteering your time, sharing your talents, or offering your support. Our Sisterhood is strengthened by the efforts and participation of each and every one of us, and by contributing in even the smallest way, you are allowing Sisterhood to support Har Zion and the larger Jewish community.

If you have any questions about our calendar, events, programs, etc., or need more information, please contact me by email at: [sisterhoodpresident@harziontemple.org](mailto:sisterhoodpresident@harziontemple.org).

## *Celebrating Together Again...*

### *A Successful Year for our Mishloah Manot Fundraiser*

We greatly appreciated everyone's overwhelming support of our Sisterhood Mishloah Manot fundraiser! We thank you from the bottom of our hearts... whether you stuffed, delivered, or purchased bags. We hope you all enjoyed the items in the bag that help us all celebrate Shabbat together again with our loved ones.

Many thanks to our hard working team: Happy Purim Administrator and VP of Ways & Means, **Robin Zatuchni**, who spent many hours learning the Happy Purim site and guiding others through it; chair **Ellen Novick** and her family who all contributed in some way, including **Bill Novick** who donated the bags; **Andrea Robbins**, who put all the routes together for our drivers; **Jane Fetscher Kontopodias**, who helped with the material for our packages; and **Gavi Miller**, who collated and printed all the letters that went into the packages.

Thank you to all our congregants who purchased Mishloah Manot bags to send to family and friends and to the personal contributions to support this Sisterhood project. We are incredibly grateful to **Leonard Barrack** for his very generous donation in recognition of Mishloah Manot! All donations will allow us to continue providing programs, events, and support our Synagogue and greater Jewish community, ensuring they thrive for many years to come.

We could not have accomplished our mission to get us back to celebrating together after three years of separation without our devoted volunteers. *Yasher Koah* to our team of busy hands who helped us put the hamantashen and challah rolls into plastic bags and pack the bags with all the items: **Andy Coren, Judy Weinberger, Aimee Silverman, Michelle Strayer, Lydia Gesoff, Faye Goldman, Nate Greenberg, Meredith Friedman, Lynne Landsburg, Ellen Novick, Dorene Karasick, Susan Shapiro, Judy Weinberger Solomon, Debby Wolff, Pam Berman, Maxine Waxman, Barbara Kardon, Susan Kochman, Sheila Kliger, Reisel Weinberger, Ellen Pries, Robin Zatuchni, and Michele Perlstein.**

We were so fortunate to have the Dalet students from the Jane Fishman Grinberg Religious School participate in this *mitzvah*, with the support of their teachers, **Rivka Gottlieb** and **Shulie Taban** and **Rabbi Shawn**. The kids were so eager to help and made the process go faster and more fun.

Our team of expert drivers navigated their assigned routes with ease, delivering 531 packages to their final destinations – the homes of our Har Zion friends and family: **Faye Goldman, Riesel & Ellis Weinberger, Blake and Jordyn Berman, Lynne Landsburg, Fern Simon, Sara Beth Levine, Andrea Robbins, Beth Rivkind, William & Ellen Novick, Madelyn Karasick, Marcy Panzer, Melinda**



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Finally, we'd like to thank the executive board of Har Zion Sisterhood for encouraging us to go back to using Happy Purim for the Mishloah Manot packages. This Purim project would not be a success without the dedicated members of our Har Zion Sisterhood, community, office staff and maintenance crew. Thank you all for your continued support and *Yasher Koah* to another successful year!

*B'shalom,*

Michele Perlstein, Robin Zatuchni, Ellen Novick

### *Thank You to our Pesah Greeting Callers*

We would like to thank the 31 congregants who volunteered to make phone calls or send e-mails in order to wish all of our congregants a Zissen (sweet) Pesah. We attempted to contact every congregant! These calls have always been well received, and help to make Har Zion a warm, welcoming and friendly Shul!

Those who volunteered are: Arthur Berkowitz, Gary Charlestein, Josh Friedman, Andee Greenbaum, Abby S. Greenberg, Susan Gross, Michael Grossman, Jane Herling, Dorene Karasick, Madelyn Karasick, Joy Wilf Keiser, Bill Landsburg, Harry Landsburg, Lynne Landsburg, Sherman Leis, Meryl Littman, Bev Moskowitz, Steve Moskowitz, Charlotte Muchnick, Bill Novick, Michele Perlstein, Eileen Porges, Debbie Robinson, Harry Sauer, Robin Seeherman, Susan Shapiro, Judy Shrager, Rachel Steerman, Maxine Waxman, Reisel Weinberger, and Sherrie Willner.

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WE APOLOGIZE FOR ANY ERRORS OR OMISSIONS

## TIKKUN OLAM . . .

### Save the Dates!

### Cook for a Friend

Sundays, May 7, June 11

9:30 AM (Prep to begin at 9 AM)

### *Tikkun Olam Visits Area Nursing Homes*

For the past 35 years, members of Har Zion Temple have been providing a Jewish presence at Saunders House. In the mid-1990's, Doris Grossmann (of blessed memory) would accompany her mother to Jewish services that were held at Saunders where her mother resided after a stroke. With some change in staff, instead of no services, Doris' mother said: "You do." This was the beginning of a beautiful relationship between HZT and Saunders. For many years, Doris led a weekly Shabbat service and "became a fixture in the institution" as her daughter, Michele Forman stated. Of note, when a resident of the facility passed away, family members would often make contributions to enable the continuation of Shabbat services. The service welcomed anyone to attend. Family members and residents of other faiths would also attend. Over the years, HZT has been supportive in providing clergy and staff to assist with Passover and other services, and has provided funds for grape juice and challah. We have engaged other constituencies in our efforts. For example, the Hebrew school has made greeting cards, New Year's cards, decorated bags for Tu B'Shevat, and photocopied large type Shabbat service booklets with hand colored illustrations.

About 20 years ago, the chaplain serving both Saunders House and Bryn Mawr Village (formerly Bryn Mawr Terrace) asked for a volunteer to lead services at Bryn Mawr Village. Eileen Chopnick stepped forward and led a Seder accompanied by an Eagle Scout from South Ardmore for the "hamishie" model Seder for one resident. The model provided by Doris has been an inspiration for the service at Bryn Mawr Village.

Both nursing homes have been supportive of having a Shabbat service and placing the announcement in the monthly activities. Staff remains preset during services. If you would like to volunteer for the weekly Kabbalat Service at Saunders House, please contact Andy Coren at [andreajoy.coren@gmail.com](mailto:andreajoy.coren@gmail.com). If you would like to volunteer for the bi-weekly service at Bryn Mawr Village, please contact Eileen Chopnick at [emc114@aol.com](mailto:emc114@aol.com).

Please remember those in need over the summer months too. Immigrants are still arriving and food insecurity is all around us! There is a new shelter that has opened in Upper Darby called Breakin Bread that accepts 17 people from 7 PM until 7 AM. The Life Center of Eastern Delaware County is assisting in providing additional meals to these people too. Drinks and non-food items such as plates, utensils, napkins, cups, etc. are always in demand. Have a safe and relaxing summer!

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