

## **OTHER HZT ANNOUNCEMENTS AND COMMUNITY NEWS**

### **Rabbinical Assembly Monthly Lunch and Learn**

All are welcome. For more information, please call Rabbi Gary Charlestein, 610-239-6003.

**Tuesdays, 12-1 PM, Elkins Park** at the Library of Adath Jeshurun Congregation.

**Tuesdays, 12-1:30 PM, Center City** at the offices of Cozen & O'Connor, One Liberty Place, 1650 Market Street. – **Rabbi Robert Alpert will teach at this location on September 20**

**Tuesdays, 12:30-1:30 PM, Plymouth Meeting** at the offices of Premier Dental, 1710 Romano Drive – off Ridge Pike and Belvoir Road. **Rabbi Gary Charlestein teaches at this location.**

### **Aliyot Are for Everyone!**

If anyone would like an honor for the High Holidays, or if you would like an aliyah to commemorate a yahrzeit, celebrate a birthday or anniversary, graduation, or just because – please contact Rabbi Alpert: 610-667-5000, ext 104 or rralpert@harziontemple.org.

Need to review or learn the blessings? Rabbi Alpert can help you with that too!

### **Chai Simcha Wall Plaques**

There is no greater joy than the celebration of Jewish life cycle events. The meaning and memory of your event is heightened when it becomes a permanent part of our synagogue's Chai Simcha Tablet.

The Tablet is a beautiful reminder of a Bar/Bat Mitzvah, baby naming, wedding, anniversary, and other happy occasions shared with family and friends. For more information, please call Marcy in the synagogue office, ext 108.

### **Yahrzeit Plaques**

Remember your loved ones with a yahrzeit plaque in the Bronstein Memorial Room. The donation for each plaque is \$750. For information or to order a plaque, please call Marcy in the synagogue office, ext 108.

---

## **COMMUNITY ANNOUNCEMENTS**

### **KAISERMAN JCC HEALTH & FIT FEST – Promoting healthy lifestyles for all ages**

**Sunday, September 18 from 11 AM-3 PM**

Bring the entire family to the J for fun and fitness. Activities will include: Kindergym and moonbounce for kids; Fitness demos every 30 minutes; Health screenings and info with Lankenau Hospital; Blood pressure and BMI screenings; Flu shot clinic with Rite Aid; Red Cross Blood Drive (10am-3pm); Healthy food with Nana's Kitchen; Chair massage; Skin care, Nutrition and Fitness clothing vendor tables. Tours of the JCC and its programs as well as deep membership specials....No Registration Fee plus 2 Months Free. (Some restrictions apply.) Join us at the J for a day of fitness and fun!

Kaiserman JCC, 45 Haverford Rd Wynnewood, [www.phillyjcc.com/fit](http://www.phillyjcc.com/fit) or call 610-896-7770

### **The Israeli Scouts Are Back! Sunday, September 18, 3:30 PM**

Join the Fun! All are welcome! The Magic Sabras playing your Favorite Israeli Music – featuring Noa Carmel, a former feature singer in the IDF Band

Jack M. Barrack Hebrew Academy, 272 S. Bryn Mawr Avenue, Bryn Mawr, PA 19010

General admission: \$5/person, \$15/family (cash only)

For more information: 610-922-2300

### **Golden Slipper on the Main Line Presents Free Jewish Cultural Program**

**Tuesday, September 20, 1 PM**

Golden Slipper on the Main Line presents special guest Robin Burstein, Associate Regional Director of the Anti-Defamation League in Philadelphia in Frankel Hall at Adath Israel (250 N. Highland Avenue, Merion Station). Ms. Burstein will be speaking on *"Imagine a World Without Hate, Civil Rights and Policy Issues in the News Today"*. Learn what ADL is doing to protect voting rights, uphold the First Amendment, advocate in the courts, expand LGBT rights, support immigration reform, combat anti-Muslim bias and much more. The ADL is the nation's premier civil rights/human relations agency.

This special program is sponsored by the Elaine and Bernard P. Beifield Family Foundation and is free and open to active adults in the community. Doors open at 12:40 PM. For more information, please call 610-359-8632, ext. 11 or go to [www.goldenslipperseniors.org](http://www.goldenslipperseniors.org).

## **InterfaithFamily/Philadelphia Offers Parenting Workshop – Wednesdays, September 21, October 19, and November 9 at Main Line Reform**

InterfaithFamily/Philadelphia is offering a parenting workshop based on Dr. Wendy Mogel's model of using Jewish teachings to raise self-reliant children on September 21, October 19 and November 9. The workshop, taught by Tami Astorino, M.Ed., will be hosted by Main Line Reform Temple in Wynnewood and is free and open to the public. We hope you or someone you know will join us for one, two or three of the sessions. Each session is welcoming and builds community among participants. Sessions include discussion, facilitated activities and teaching. Sessions are sensitive to parents raising children in interfaith families, but all parents are welcome. To learn more and to register:

[http://www.interfaithfamily.com/elgg/pg/event\\_calendar/view/206197](http://www.interfaithfamily.com/elgg/pg/event_calendar/view/206197)

Questions? Please contact Rabbi Robyn Frisch, Director of InterfaithFamily/Philadelphia at [robynf@interfaithfamily.com](mailto:robynf@interfaithfamily.com) or Missy Horrow, Director of Early Childhood Education at Main Line Reform Temple at [mhorrow@mlrt.org](mailto:mhorrow@mlrt.org).

## **JCHAI Fall Open House & Apartment Tour – Thursday, September 22, 6 PM**

JCHAI was built by local families who wanted their young adults (18 & up) having disabilities to have the range of post High School opportunities for employment, friendship, community and independent living that all young people desire. If this speaks to you, or someone you care about, please visit a JCHAI Open House & Apartment Tour and our website. We have many flexible programs offering supports in one's own home or community, in our community-integrated Supported Apartment program, and in trips all around the region! We take ID and Autism waivers for some programs and have many fun social opportunities offered on an affordable, a la carte basis. FaceBook is a FUN way to see photos of all of our activities and our JCHAI Annual Summer Vacation! Visit <https://www.facebook.com/jchaipage> and Like us! Meet our program directors and visit JCHAI self-advocates in their own apartments! Plenty of room but RSVP required, Dr. Beth Rosenwasser: [BethRosenwasser@jchai.org](mailto:BethRosenwasser@jchai.org) or 215-498-1270.

## **Philly Friendship Walk – Sunday, October 9, 1 PM**

Join over 850 people from across the Greater Philadelphia area on Sunday, October 9 from 1 to 3:30 pm, for the 9th annual Philly Friendship Walk. Enjoy an exciting afternoon of food, fun and friendship at this community event! This amazing event raises crucial funds for the Philly Friendship Circle and awareness for children, teens, and young adults with special needs. Please join us in walking, donating, or fundraising to help support our programs. For more information and to register for the Walk (it's free!), visit [www.phillyfriendshipwalk.com](http://www.phillyfriendshipwalk.com) or call (215) 574-1765.



On **Sunday, October 16**, Wesley Enhanced Living *Main Line* (formerly Martins Run) will be holding its 7th Annual Intergenerational 5K/Walk to Defeat Dementia on its campus (100 Halcyon Drive, Media, PA). Registration begins at 8am and the race begins at 9am. There will be cash prizes for the top male and female runners and prizes for the top runners in different age groups, along with food, raffles, music and fun! For further information, contact Amy Blum: 610-353-7660 ext. 254 or [ablum@WEL.org](mailto:ablum@WEL.org).

## **Jack M. Barrack Hebrew Academy**

Come love where you learn. For more information or a personal tour, contact Jen Groen: [jgroen@jbha.org](mailto:jgroen@jbha.org) or 610-922-2350.

## **Growing Up Perelman – Perelman Jewish Day School**

Academics. Ethics. Community. And an unparalleled dual-language curriculum that strengthens cognitive development, problem solving and reasoning.

Attend an Open House, schedule a personal tour, and speak to current Perelman parents

For information or to sign up, call Mindy Andelman, 610-658-2518 X207, [mandelman@pjds.org](mailto:mandelman@pjds.org) or go to [http://www.pjds.org/ftpimages/446/download/download\\_1693477.pdf](http://www.pjds.org/ftpimages/446/download/download_1693477.pdf)

## **Shandler-Pincus Post #305 – Jewish War Veterans of the USA**

Questions/Comments/Newsletter Ideas: Henry Frank, Adjutant, cell-215-459-1261

(IF YOU NEED A RIDE or CAN GIVE A RIDE, CALL HENRY 215-459-1261)

*ATTENTION: We need new members. Most of you know someone who is a vet, or who is an active service member. If they are Jewish, they should be JWV members. Active service members' dues are free as long as they are active. Consider gift memberships: Purim, Shalach Manot, Pesah afikomen, Awe gifts for High Holy Days, Hanukkah gelt gifts. See any officer for an application.*

### **Klein JCC...**

10100 Jamison Avenue, Philadelphia, PA 19116 • [www.kleinjcc.com](http://www.kleinjcc.com)

**Heart to Heart is here for you!** Are you having difficulty making ends meet? Have you recently lost your job? Have you been experiencing hardship or recent life changes? Are you struggling to put food on the table? Are you looking for assistance in deciding what to do next in order to improve your situation? If you've said yes to any of these questions and you are under the age of 65, contact us now for help! For additional information and eligibility, please contact Program Director Anya Goldberg, at 215-698-7300 x135 or [agoldberg@kleinjcc.org](mailto:agoldberg@kleinjcc.org).

### **JFCS Needs Volunteer Drivers for Seniors**

Help steer an older adult in the right direction! Be part of JFCS' Silver Wheels program and provide easy, accessible, and affordable transportation for older adults. We help out with non-emergency medical appointments; food shopping, bank, pharmacy, and social activities errands.

**Please contact Lisa Tischler: 267.256.2082 or [ltischler@jfcshilly.org](mailto:ltischler@jfcshilly.org).**

The **Mitzvah Food Project** needs your help to deliver food boxes to seniors in need! We are relying on support from our community to deliver food boxes to nearby senior homes and apartments (once a month) from two of our pantry locations. Boxes are provided by the Commodity Supplemental Food Program (CSFP).



Now is your chance to do a wonderful mitzvah: sign up for a delivery route today! Delivery routes are local and will take approximately 30 minutes. Recipients will sign for the food box at the door. Please know...we must fill these routes in order to pilot this new program.

Locations of food box pick-up are: **JCCs Raymond & Miriam Klein Branch, 10100 Jamison Ave, Northeast Philadelphia 19116** and **JCCs Jacob & Esther Stiffel Senior Center, 604 Porter Street, South Philadelphia 19148.**

***Whether you are looking for a B'nai-Mitzvah Project for your child, community service work, or just volunteering for a wonderful cause, please e-mail or call us.*** We thank you for your time and look forward to hearing from you soon! Together, we can end hunger in our community.

Contact the Mitzvah Food Project's Administrative Office with any questions:

215-832-0509 or by email at [foodproject@jfgp.org](mailto:foodproject@jfgp.org).

Interim Project Manager, Deirdre Mulligan, (215) 832-0509

Mitzvah Food Project Coordinator, Deena Goldstein, (215) 832-0831

### **Philadelphia Food Distributions**

One Sunday each month, 750-1,000+ volunteers of all ages and backgrounds meet as a community at our Northeast Philadelphia warehouse, located at 10980 Dutton Road, Philadelphia, 19154. These volunteers pack fresh produce and non-perishable kosher food, load their cars with boxes, and deliver food and a smile into the homes of those in need. This is a great way to fulfill your community service requirements for school or work. Community service forms are available at each of our food distributions. Box packing takes place from 10 - 11:30 AM, followed by food delivery. Early risers are welcome to help make boxes and bag fresh produce (no produce during the summer) between 8:30 - 10 AM. Just be sure to wear closed toe shoes while in the warehouse, as sandals are not permitted. Looking to volunteer later in the day or short on time? Food boxes can be picked up for delivery from 8:30 AM to 3 PM. Most delivery routes consist of 8-12 boxes and typically take about an hour to complete. Driving directions and a map are provided.



To volunteer, sign up for our email list (where you will receive an email prior to each distribution that will contain a link that you can use to register directly for that food distribution), email [jra@jewishrelief.org](mailto:jra@jewishrelief.org), or call 610-660-0190 x104.

### **JEVS Human Services Career Strategies**

1845 Walnut Street, 7th Floor, Philadelphia, PA 19103

Looking for work these days can be overwhelming for anyone, regardless of background, skills and interests. JEVS has a variety of services for job seekers to help you get from *where you are* to *where you want to be*. For more info: 215-854-1800 or visit <https://jevshumanservices.org/job-readiness-career-services/>.

**Jewish Family and Children's Services Domestic Violence Program**

We invite you to be a part of the extraordinary journey of growth and freedom that these women are courageously facing. For more information call 267-256-2000, or visit [www.jfcsphilly.org](http://www.jfcsphilly.org).

**In Support of Israel . . .**

Let Washington know that we appreciate the US support of Israel and to urge continued support. Call 202-456-1111 or e-mail to [comments@whitehouse.gov](mailto:comments@whitehouse.gov). Contact your Senators and Congressmen – visit [www.senate.gov](http://www.senate.gov); [www.house.gov](http://www.house.gov). FOR INFORMATION AND TO MAKE DONATIONS FOR FRIENDS OF THE ISRAEL DEFENSE FORCES, visit [www.fidf.org](http://www.fidf.org).