Building Our Spiritual Community

FRIDAY EVENING, SEPTEMBER 9

6 PM - Kol Zimra - Instrumental Shabbat Service

6 PM - Traditional Service

7:00 PM – Joy of Shabbat Dinner (reservations required)

7:00 PM - Candle Lighting

SATURDAY, SEPTEMBER 10

9:30 AM - Kol Tefilah - Morning Service

Bat Mitzvah: Arielle Abt. daughter of Drs. Joy & Peter Abt

10:30 AM - Rock 'n Roll Shabbat Shacharit

10:30 AM - Tefilot Noar - Teen Service

11:15 AM - Kol Mishpacha (The Voice of Family) - Family Service

With Rabbi Allen and Debbie Folz

Come as a whole family to sing, dance, play, and celebrate Shabbat together. Our service will focus on the joy of Shabbat and being together as family. We will have our own Kiddush before joining the rest of the congregation for refreshments and socializing.

7:00 PM - Minha/Seudah Shlishit/Ma'ariv/Havdalah

7:57 PM - Shabbat Ends



FRIDAY, SEPTEMBER 9 – DINNER FOLLOWING 6 PM SERVICES

Come relax and enjoy Shabbat together following evening Services.

Reservations requested

Sign Up Today for HZT Connect

What is HZT Connect? It's our new Member portal to all that is happening at Har Zion Temple, the NCCECE, the JFGRS, and more! How do I sign up? Visit harziontemple.org and click the link at the top of the page. Once you're signed up, you will be able to see and RSVP for events, send messages to other members, and more!

Cook for a Friend - Sunday, September 11, 9 AM

Set up begins at 8 AM in the catering kitchen. Cooking and food packaging will be from 9 to 11 AM. Please join us in preparing meals for the needy. For more information and to RSVP, contact Elaine Stewart, estew23@verizon.net.



Landau Gift Box Grand Re-Opening Grand Re-Opening! Sunday, September 12 – 9:30 AM-7 PM Monday, September 12 – 9:30 AM-7 PM

The Har Zion Landau Gift Box is unwrapping a new look for the New Year!

We have new displays and more room to browse and, as always, an excellent group of people who can help you find just the right gift for any occasion. You can even treat yourself to something special! Visit us to see your favorites and discover new ones. Watch for grand re-opening specials! We look forward to serving your gift-giving needs! Stop by for refreshments!

Adult Bible Study with Rabbi Robert Alpert - Sunday, September 11, 2 PM at Har Zion

II Kings – We will examine the Northern (Israel) and Southern (Judah) Kingdoms of Israel in the centuries following the death of Solomon through the end of each Kingdom (722 BCE for the North, 586 BCE for the South).

Talmud Study with Rabbi Alpert - Monday mornings, 10 AM

This class is studying the seventh chapter of Bava Metzia (Labor Law).

Read for Rosh Hashanah with Dr. Sara H. Cohen - 7:15 - 9 PM

Now is your chance to do what you have always wanted to do: enjoy High Holiday Services and follow in Hebrew! Yes, in Hebrew! Join us for an eight-session course in Hebrew Phonetic Reading. This course is being offered:

Monday, September 12 Monday, September 26 Wednesday, September 14 Wednesday, September 28 Monday, September 19 Thursday, September 29

Wednesday, September 21

Please let us know if you are interested, hzt@harziontemple.org. Sponsored by Sisterhood – All are invited!

High Holiday Highlights with Dr. Sara H. Cohen

Tuesday mornings, September 13, 20, and 27, 11 AM-12 PM

Rosh Hashanah and Yom Kippur are the most sacred, most observed Jewish holy days of the year. They are dubbed Yamim Noraim – Days of Awe, Days of Reverence. Come learn of their origins, history, development, their very essence, and how and why they have become so important to our people. We will also study (and hear on videos) select prayers from the Mahzor (our prayerbook) to gain a greater appreciation and feeling of personal relevance for this time period.

Sponsored by Sisterhood – All are invited!

Minyan and TISCH with Rabbi Allen - Wednesday mornings, 7 AM

Halakha Yomit (daily halakha) with the Mishnah Berurah – Join us each week as we study a different halakha and ask ourselves about the underlying values that inform our practice.

Sisterhood Book Club - Wednesday, September 14, 12:30 PM

The Pearl That Broke Its Shell by Nadia Hashimi

Hosted by Sheila Schafer – RSVP, Issch@comcast.net or 610-645-5461

Current Events with Norman Einhorn

Thursdays, September 15 and October 6, 11 AM-12 PM

Hosted by Patty Grobman

This class will take a multi-media look into the ever-changing news cycle with emphasis on Israel, the Middle East and American Jewry. RSVP to Patty Grobman, pgrobman@comcast.net. Sponsored by Sisterhood – All are invited!

Friday Morning Men's Club Minyannaires with Rabbi Rosenberg following 7 AM Minyan

Jeopardy Rashi Style – This class will examine the commentary of Rashi on the Torah to deepen our appreciation of the issues Rashi saw in the text and to understand how his commentary maintains relevance through today.

Sisterhood...

* Opening Dinner - Thursday, September 15, 6:30 PM

There's music in the air! Join us for dinner with entertainment provided by Jami & Stephen Green. **Send in your RSVP**.

Have guestions? Please contact Maxine Rosen, maxinedrosen@gmail.com.

* Holiday Cake/Challah Sale

Deadline for cake/challah orders is Friday, September 16.

Pickup on Friday, September 30, 11 AM-4 PM

* Landau Gift Box High Holiday Wine Sale

To pre-order: giftbox@harziontemple.org or 610-667-2698, or return your order form by **Wednesday**, **September 21**.

Sunday, September 25, 11 AM - 2 PM

Wednesday, September 28, 10 AM - 7 PM

Cash or checks will be accepted. We are unable to accept credit cards for wine sales.

Wine must be picked up and paid for on the above dates and times.

* New Year's Greetings

We invite you to extend good wishes to your fellow congregants and friends for the 5777/2016 High Holy Days by adding your name to our New Year's greeting booklet.

Deadline for submission is Friday, September 9. Please send in your form!

Don't forget, all proceeds benefit Sisterhood and HZT.

Men's Club...

* Federation of Jewish Men's Clubs Tour de Shuls – Sunday, September 18

Benefits campers with special needs at Camp Ramah in the Poconos and Ramah Day Camp. Start and finish at Temple Sinai in Dresher. Register and donate online at www.tourseshuls.com. For more info: Bruce Fagan, 215-540-0540 or brucefagan@marfjmc.org; Matt Tanzer, 215-514-2323 or tanzer@gmail.com.



* Har Zion Open – Annual Golf Tournament Bala Golf Club – Tuesday, September 20

8:00 AM arrival – 8:30 AM tee off. Register and reserve your spot now! \$150/golfer - \$500 for a foursome!

For more info and to RSVP, contact Josh Klein, joshk3@verizon.net.

* Opening Dinner - Wednesday, September 28, 7 PM

\$18 in advance - \$25 at the door

Join us for a Mexican feast of steak and chicken fajitas with margaritas! Guest speaker: Nationally known Middle East Analyst – Dr. Asaf Romirowsky. All men are welcome. We look forward to a full house. **RSVP by September 18 to Scott Fink, medscott@comcast.net**

Volunteers are needed for Saunders House HHD Luncheon, Tuesday, September 27, 11 AM Volunteers are needed to hostess our Saunders House annual Rosh Hashanah Luncheon on Tuesday, September 27 at 11 AM. Come welcome residents and their families and help usher in the High Holidays in a meaningful way. Please call Maxine Waxman, 610-896-8071.

Volunteers are needed for Inglis House HHD Luncheon, Thursday, September 29, 10:30 AM Please call Barbara Berkowitz, 610-664-8335 or Gladys Shubin, 610-667-7546. Say "Yes!" and put a smile on the faces of the residents at Inglis House and help serve them a Rosh Hashanah luncheon.

Caring Connection Meeting - Thursday, September 29, 7 PM

Our Caring Connection is gearing up as well and we have so many wonderful *mitzvot* to do, we are looking to expand our group, to give more of our congregants the opportunity to join us in our commitment of reaching out to our Har Zion Community.

Our goals remain the same -

- --to reach out with a card, a call or a visit to members who are ill or homebound
- --to mark and share in the celebration of joyous events weddings, births, b'nai mitzvah
- --to comfort members who are experiencing difficult times due to illness, family or personal crisis, separation or loss of a loved one
 - --to deliver our Souper Soups where they are needed
 - --to provide a Shabbat meal to members in mourning
 - --to continue to help congregants get to Har Zion for Services and events

We invite you to help us! Please attend our first meeting this year. We need your ideas and your participation. **RSVP to Marcy Gubernick, mgubernick@harziontemple.org** to let us know you'll be with us. Help us continue to build community through acts of loving kindness.

Best wishes for a sweet, healthy and happy New Year!

- Nancy Gottlieb, Charlotte Muchnick and Sheila Schafer, Co-chairs, the Caring Connection

Ushers Are Needed for the High Holy Days

Interested in serving as a High Holy Day usher? Please contact Alan Workman, ajworkman@aol.com or 610-649-5731.

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year. **Four for \$30 (\$10**)

each) – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or moibas83@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, mshoueka@hotmail.com – 610-519-1211 for more information.





Israeli Breakthrough May Lead To Melanoma Cure

Melanoma, the most aggressive and lethal type of skin cancer, kills one person every 52 minutes according to data from the Skin Cancer Foundation. Moreover, the number of diagnosed cases has been on the rise for the past three decades. There is still no full cure for this life-threatening disease, despite a range of therapies developed over the years. The new study proposes novel and effective methods for diagnosis and prevention.

Israeli and European researchers say their collaborative research has unraveled the metastatic mechanism of melanoma, the most aggressive of all skin cancers. According to a paper published in the journal Nature Cell Biology, the scientists discovered that before spreading to other organs, a melanoma tumor sends out tiny vesicles containing molecules of microRNA. These cause morphological (structural) changes in the skin's dermis layer in preparation for receiving and transporting the cancer cells. To read more, go to: http://www.israelideas.org/#!current/c1gqf.

Transportation to Har Zion Temple

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman, NanciG22@aol.com or 610-664-7987.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Program and Events Coordinator Shonnie Lebovitz, ext 106 or slebovitz@harziontemple.org.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

Shop the Gift Box for All Gift-Giving and Holiday Needs

- SPECIAL SALE -

New Year's cards are now available

Return address printing is free through September

Regular hours:

Monday - Thursday, 9:30 AM to 4:00 PM, Friday, 9:30 AM to 3:00 PM

Sunday, 9:45 AM to 1:00 PM (when school is in session)

Additional hours by appointment.

For info, 610-667-2698 or giftbox@harziontemple.org

The Gift Box accepts credit cards – giving you more flexibility to shop!

Regular Daily Minyan

Evenings: 6 PM

Mornings: Sunday – 9 AM, Monday and Thursday – 6:50 AM,

Tuesday, Wednesday, and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.

An active member of our local Jewish community desperately needs a kidney – blood type B or O

To learn how you can save a life or for more information about kidney donation, please call, (718) 431-9831 or email, R718@renewal.org. Visit WWW.RENEWAL.ORG