

UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

Talmud with Rabbi Sarra Lev, PhD – Mondays, August 19 and 26, 11:15 AM

The rabbinic prohibitions against shaming another often lie in stark contrast to stories of shaming and competition among those very same rabbis. This class begins by examining texts on monetary compensation for shaming (Who must pay? How much? For what kinds of shaming?) and then moves on to examine stories of rabbis shaming one another. The course asks the overarching question – what is the Talmud trying to tell us about shame/shaming?



Shabbat Sha-Blue Jeans and Welcome Back Dinner Friday, September 6, 5:30 PM

Services followed by HSA-sponsored Shabbat Dinner

Shabbat Sha-Blue Jeans is geared for all Har Zion families with children age infant to 6 years old, but all ages are welcome!

BYOB (Kosher) – Jeans and Casual Attire Encouraged

DON'T MISS IT! RSVP to Debbie Folz, dfolz@harziontemple.org



Come Share in the Magic of Sisterhood...

Opening Membership Dinner – Wednesday, September 11, 6:30-8:30 PM

Entertainment by Ari Paul Felber

\$40 Dinner Couvert – Sisterhood Dues \$60 (made payable to Har Zion Temple)

RSVP needed by Wednesday, August 28

Men's Club Men's Club Volunteers for Distribution Sunday Sunday, September 15

Join the Har Zion Men's Club as we all chip in and help hunger in our community! We will be packing and delivering boxes of food to those in need across Greater Philadelphia. All volunteers must wear closed toe shoes in the warehouse and no outside food is permitted.

JRA Warehouse – 10980 Dutton Road, Philadelphia, PA 19154

– Choose from one of the time slots below –

8:30 - 9:30 AM

Meet at the JRA Warehouse (address above) with your kids 6 years old and under to come help pack boxes as part of the Tiny Tots Program. This program is a quieter and slower paced experience.

OR

9:45 AM - 12 PM

Meet at the JRA Warehouse (address above) for packing and delivering.

RSVP online or email Norman Einhorn, neinhorn@harziontemple.org or 610-667-5000

For more information about JRA Distribution Sunday, go to <https://www.jewishrelief.org>



Men's Club Golf Tournament – Thursday, September 26, 8 AM

Bala Golf Club, 2200 Belmont Avenue, Philadelphia

Reserve your spot now: \$150/golfer or foursome for \$500

Continental Breakfast, Kosher Lunch and Prizes included

Make checks payable to Har Zion Men's Club

For more info: Josh Klein, joshk3@verizon.net



Pikuach Nefesh - Save a Life

Community Training

Thursday, August 22, 10 AM – 12 PM

Kaiserman JCC - Conston Fitness Center, Family Hall off the front lobby

45 Haverford Road, Wynnwood, PA 19096, 610.896.7770

Parking at the back of the campus

Learn how to help in a bleeding emergency before professional help arrives. This free training will provide bystander instruction and hands-on practice in emergency first aid for uncontrolled bleeding.

Focus of this program is to:

- Recognize life-threatening bleeding



- Initiate immediate response to bleeding
- Identify appropriate ways to stop bleeding
- Realize that your help may save a life before professionals arrive

Space is limited - Registration required

Register online: info.einstein.edu/pikuach-nefesh or RSVP to Sheri Minkoff at minkoffs@einstein.edu by August 15

Presented by Einstein Healthcare Network in partnership with Kaiserman JCC, Kehillah of Lower Merion and the Jewish Federation of Greater Philadelphia

Early Bird Sign Up!

Volunteer to be a High Holiday usher and get special perks and benefits. For more information, please contact Alan Workman, 610-649-5731 or ajworkman@aol.com.

Are You Interested in Learning Conversational Hebrew?

Classes will be held on Shabbat or Sundays starting in September.

If you are interested, please contact Rabbi Shawn at rabbishawn@harziontemple.org.

From the Ritual Committee...

Our Services Are Made Holier by Your Participation!

Do you know how to read Torah? Would you like to practice your skills in a low-pressure environment? Then email us at RitualCommittee@harziontemple.org to sign up. There are readings of all sizes; we will find the right one for you!

**Har Zion Landau Gift Box
Summer Pre-Holiday Sale
10% off of everything except wine and food
(In-Store Only during August)
Summer Hours: Tuesday thru Thursday, 10 AM to 3 PM
610-667-2698**

This Week...

Talmud with Rabbi Sarra Lev, PhD – Mondays, August 19 and 26, 11:15 AM

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Sisterhood Mah Jongg – Mondays, 12:30 PM

Please bring your set. You may bring Kosher dairy/parve lunch or snacks. Questions and to RSVP, contact Phyllis Gorson, 610-667-5000, ext 112.

D'var T'filah with Hazzan Vogel – Tuesdays after 7 AM Minyan

D'var T'filah (a "teaching about prayer") – Hazzan Vogel will offer brief insights into the spiritual dynamics of prayer focusing each time on why prayer is difficult and what we can do about it.

Popular Commentaries on Genesis with Rabbi Ira Flax – Thursdays, 10 AM

We will study the commentaries found in the Hertz Chumash, the Etz Hayim Chumash, and the commentaries of modern biblical scholars to deepen our understanding of the first book of the Bible.

Men's Club Minyannaires with Rabbi Moriah SimonHazani – Fridays after 7 AM Minyan

Breakfast and study with Rabbi Moriah – Learn new insights to the Torah through wrestling with Rashi's interpretations and our understanding of his reasoning.

Sisterhood...



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RSVP by Wednesday, August 28

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10% off of everything except wine and food

(In-Store Only during August)

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Don't Forget – We are online 24/7! Visit us at harziontemple.org/giftshop

Men's Club...

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Sunday, September 15

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Tikkun Olam...

-Your Help Is Needed!

RSVP Philadelphia at Kleinlife in the Northeast needs your help. At this time, they are in need of volunteers to deliver meals to clients on the Main Line. These meals can be picked up from a remote freezer on the Main Line without travelling to the Northeast. If you can help, please contact Harrison Rothbaum, Community Services Coordinator, 215-698-7300 ext. 191

-HIAS PA has some URGENT FURNITURE needs for incoming refugee families in August...

We are looking for these items only

Twin beds – both mattress and box spring (not futons), Small dining sets (table and 4-6 chairs) and

Dressers

Furniture must be relatively new in decent condition, from a bug-free home, repair-free and something you would feel comfortable donating to a loved one

Please share the [post from our facebook page](#) to increase our reach.



**Welcome the stranger.
Protect the refugee.**

We can provide pick up in Philadelphia or just outside the city. Please email us at communitysupport@hiaspa.org with the subject line 'Furniture Donation' and include items being donated, where pick-up will be and a timeline.

For more information on HIAS, please contact Kerry Coughlin, kcoughlin@hiaspa.org

-Volunteers Needed for Federation's Mitzvah Food Program – [Click here](#) for more information.

Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org. Help us help you!

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 or \$10 each – To purchase your donation cards, please contact Janice Katz, 610-525-1101 or rhk101@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood Floral Fund. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Susan Kochman, 215-272-0475 or sbkochman@aol.com.



College Outreach Program (A free service provided by the Sisterhood of Har Zion)

During the year, the College Outreach Program sends holiday packages to those college students who are away from home. It is a small way to keep them in touch with Judaism and Har Zion Temple.

Once again we are collecting the names and addresses of our **college students**.

Please remember that each year addresses change. You can email your information to: Karen Davis, daviskjj@aol.com or Anne Stein, annestein1@comcast.net.

INNOVATION UPDATE FROM ISRAEL IDEAS

Revolutionary Patch Keeps Brain Safe after Cranial Surgery

If you're ever unfortunate enough to require brain surgery, Israeli startup Nurami Medical has got you covered – literally. The Haifa-based company has developed a patch made of synthetic, biodegradable nanofibers meant to be affixed to the dura mater – the protective membrane underneath the skull that keeps the brain and spinal cord safe – after cranial neurosurgery.

Brain surgery requires cutting through the dura, so a “bandage” of some sort must be placed to protect against bacteria, accelerate healing and keep cerebral spinal fluid from leaking. Nurami’s nanofiber patches mimic the dura mater in a way that’s safer and less expensive than the animal collagen-based products currently used for post-brain surgery recovery, said the company’s CEO Hanooh Marksheid.

To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

Transportation to Har Zion Temple

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Meryl Littman, merylitt@vet.upenn.edu or 610-649-3461.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or eberton@harziontemple.org.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

Regular Daily Minyan

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.