SHABBAT VAETCHANAN

Friday, August 16 - 16 Av

6 PM Kabbalat Shabbat/Ma'ariv – DOGOLE CHAPEL

7:38 PM Candle Lighting

Saturday, August 17 – 16 Av

9:30 AM Morning Service – DOGOLE CHAPEL

TORAH READING: DEUTERONOMY 5:1 Page 1015
MAFTIR: DEUTERONOMY 7:9 Page 1031
HAFTARAH: ISAIAH 40:1 Page 1033

Kiddush: The Congregation and guests are cordially invited to join us in the FISHMAN-

TOBIN AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by the Hunter and Marnie Landau Summer and Holiday Kiddush Fund, and by Sisterhood. The Extended Kiddush is sponsored by Marcia Epstein

and Family in honor of her birthday.

1 PM Milton Pomerantz Interactive Torah Study – Join Michael Solomon in the

BAILIS ROOM

7:40 PM Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL

8:38 PM Shabbat Ends

IN MEMORIAM – BARUCH DAYAN HA-EMET

The Congregation extends its deepest sympathies to the family of: MARLYN SHRUT, mother of Barry Shrut, August 11, 2019 (9 Av 5779)

Mazel tov to Sedona Cohen, daughter of Ruthi & Benjamin Cohen, who is celebrating her Bat Mitzvah in Israel on August 22.



Har Zion Landau Gift Box

Summer Pre-Holiday Sale

10% off of everything except wine and food (In-Store Only during August)

Summer Hours: Tuesday thru Thursday, 10 AM to 3 PM 610-667-2698

We are also online - visit us at www.harziontemple.org/giftshop

NEXT SHABBAT

Friday, August 23 – 23 Av

6 PM Kabbalat Shabbat/Ma'ariv – DOGOLE CHAPEL

7:28 PM Candle Lighting

Saturday, August 24 - 23 Av

9:30 AM Morning Service – DOGOLE CHAPEL

7:30 PM Minha/Ma'ariv 8:28 PM Shabbat Ends

THIS WEEK'S EVENTS

Sunday, August 18 – 17 Av

9 AM Minyan6 PM Minyan

Monday, August 19 – 18 Av

6:50 AM Minyan

11:15 AM Talmud with Rabbi Sarra Lev12:30 PM Sisterhood Mah Jongg

6 PM Minha/Ma'ariv

Tuesday, August 20 - 19 Av

7 AM Minyan and *D'var T'filah* with Hazzan Vogel

6 PM Minha/Ma'ariv

Wednesday, August 21 - 20 Av

7 AM Minyan

6 PM Minha/Ma'ariv

Thursday, August 22 – 21 Av

6:50 AM Minyan

10 AM Popular Commentaries on Genesis with Rabbi Ira Flax

6 PM Minha/Ma'ariv

Friday, August 23 – 22 Av

7 AM Minyan and Men's Club Minyannaires with Rabbi Moriah SimonHazani – This

morning's breakfast is sponsored by Greg Goodman on the occasion of his father,

Alan Goodman's yahrzeit.

6 PM Kabbalat Shabbat/Ma'ariv

7:28 PM Candle Lighting

Tikkun Olam...

HIAS PA has some URGENT FURNITURE needs for incoming refugee families

in August... We are looking for these items only:

Twin beds – both mattress and box spring (not futons)
Small dining sets (table and 4-6 chairs) and dressers

Furniture must be relatively new in decent condition, from a bug-free home, repair-free and something you would feel comfortable donating to a loved one.

We can provide pick up in Philadelphia or just outside the city. Please email us at communitysupport@hiaspa.org with the subject line 'Furniture Donation' and include items being donated, where pick-up will be and a timeline.

For more info on HIAS, please contact Kerry Coughlin, kcoughlin@hiaspa.org

תהיינה נפשותיהם צרורות בצרור החיים:

May their souls be bound up in the bond of life.

The following yahrzeits will be observed during the coming week.

Melvin Auerbach Jeanne Roselle Cohen Marion (Miki) Cohen

Morris Fisher Harry Gerson Dora Goldberg Harry Shuster

Phyllis Freedman Weintraub

Max Cohen

Allan Robert Golub Nathan Daniel Isen

Shirley Klein Sylvia Leventhal Tovya Liebman Lena Lipschutz Jamie Sue Moss Samuel Reisman Louis Risack Henry M. Rotter

Julius Charlestein Joseph R. Davis Simon Denenberg Esther Goldhammer

Donald Katz

Ellis Wachs

Fred M. Lloyd Ellen Meinberg Tarlow Ann Magilavy Parish

Jerome Shestack Renee I. Stein

Doris "Dottie" Chudnoff

Lillian S. Karsch Jean Levitties Rose Levick Love Israel Rosen Sophie Solomon Minnie Steinberg Louis Sterling Helen Wolf

Goodwin Dewey Carver

Sophie Edelson

Saul Flock

Florence (Davis) Hirshey

Madeline Kahn **Teddy Kaiserman** Jennie Katz Lewis Miller

Bertha S. Robinson Esther T. Saltz **Shirley Tarnoff** Philip Tollin Gary Zeitlin Dr. Meyer Alpert Elizabeth Babbitt Clotilde Falk Belle Joan Magill Lorraine Glassman

Sybil Gordon David MIchael Jakobi Barry F. Kochman Benjamin Lipkowitz

Harry Miller

Evalyn Gellens Sayer Arthur Sherman

Jack Weslo

Irving J. Berkowitz Irving Brothman Eleanor Cohen Bess Lepofsky Lillian Moskowitz David Ben Yosef Rapp Samuel Robbins

Sylvia Smukler Sophie Witz

Talmud with Rabbi Sarra Lev, PhD – Mondays, August 19 and 26, 11:15 AM

The rabbinic prohibitions against shaming another often lie in stark contrast to stories of shaming and competition among those very same rabbis. This class begins by examining texts on monetary compensation for shaming (Who must pay? How much? For what kinds of shaming?) and then moves on to examine stories of rabbis shaming one another. The course asks the overarching question – what is the Talmud trying to tell us about shame/shaming?

Shabbat Sha-Blue Jeans and Welcome Back Dinner Friday, September 6, 5:30 PM

Services followed by HSA-sponsored Shabbat Dinner Shabbat Sha-Blue Jeans is geared for all Har Zion families with children age infant to 6 years old, but all ages are welcome! BYOB (Kosher) – Jeans and Casual Attire Encouraged DON'T MISS IT! RSVP to Debbie Folz, dfolz@harziontemple.org

Are You Interested in Learning Conversational Hebrew?

Classes will be held on Shabbat or Sundays starting in September. If you are interested, please contact Rabbi Shawn at rabbishawn@harziontemple.org.

Early Bird Sian Up!

Volunteer to be a High Holiday usher and get special perks and benefits. For more information, please contact Alan Workman, 610-649-5731 or ajworkman@aol.com.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, 610-667-5000, ext 109 or eberton@harziontemple.org.

INNOVATION UPDATE FROM 15/73 Revolutionary Patch Keeps Brain Safe after Cranial Surgery

If you're ever unfortunate enough to require brain surgery, Israeli startup Nurami Medical has got you covered – literally. The Haifa-based company has developed a patch made of synthetic, biodegradable nanofibers meant to be affixed to the dura mater – the protective membrane underneath the skull that keeps the brain and spinal cord safe – after cranial neurosurgery. Brain surgery requires cutting through the dura, so a "bandage" of some sort must be placed to protect against bacteria, accelerate healing and keep cerebral spinal fluid from leaking. Nurami's nanofiber patches mimic the dura mater in a way that's safer and less expensive than the animal collagen-based products currently used for post-brain surgery recovery, said the company's CEO Hannoch Marksheid. To read more, go to: http://www.israelideas.org/#!current/c1ggf.

Sisterhood

Come Share in the Magic of Sisterhood... Opening Membership Dinner Wednesday, September 11, 6:30-8:30 PM

6:30-8:30 PMEntertainment by Ari Paul Felber

\$40 Dinner Couvert – Sisterhood Dues \$60 (made payable to Har Zion Temple)
RSVP needed by Wednesday, August 28



Har Zion Landau Gift Box
Summer Pre-Holiday Sale
10% off of everything except wine and
food (In-Store Only during August)
Summer Hours:
Tuesday thru Thursday, 10 AM to 3 PM

610-667-2698

Don't Forget – We are online 24/7! Visit us at harziontemple.org/giftshop

Men's Club

Men's Club Men's Club Volunteers for Distribution Sunday – September 15



JEWISH RELIEF AGENCY

JRA Warehouse – 10980 Dutton Road, Philadelphia, PA 19154

Join the Har Zion Men's Club as we all chip in and help hunger in our community! We will be packing and delivering boxes of food to

our community! We will be packing and delivering boxes of food to those in need across Greater Philadelphia. All volunteers must wear closed toe shoes in the warehouse and no outside food is permitted.

Choose from one of the time slots below -

8:30 - 9:30 AM

Meet at the JRA Warehouse (address above) with your kids 6 years old and under to come help pack boxes as part of the Tiny Tots Program. This program is a quieter and slower paced experience. **OR**

9:45 AM - 12 PM

Meet at the JRA Warehouse (address above) for packing and delivering.

RSVP to Norman Einhorn, neinhorn@harziontemple.org or 610-667-5000

For more information about JRA Distribution Sunday, go to https://www.jewishrelief.org

Men's Club Golf Tournament
Thursday, September 26, 8 AM
Bala Golf Club, 2200 Belmont Avenue, Philadelphia

Reserve your spot now: \$150/golfer or foursome for \$500 Continental Breakfast, Kosher Lunch and Prizes included Make checks payable to Har Zion Men's Club For more info: Josh Klein, joshk3@verizon.net





Pikuach Nefesh - Save a Life

Community Training





Learn how to help in a bleeding emergency before professional help arrives.

Thursday, August 22, 2019, 10 a.m. – 12 p.m.
Kaiserman JCC - Conston Fitness Center
Family Hall off the front lobby
45 Haverford Road, Wynnewood, PA 19096
Parking at the back of the campus
610.896.7770

This free training will provide bystander instruction and hands-on practice in emergency first aid for uncontrolled bleeding.

Focus of this program is to:

- Recognize life-threatening bleeding.
- Initiate immediate response to bleeding.
- Identify appropriate ways to stop bleeding.
- Realize that your help may save a life before professionals arrive.

Space is limited - Registration required RSVP to Sheri Minkoff at minkoffs@einstein.edu by August 15, 2019

Presented by Einstein Healthcare Network in partnership with Kaiserman JCC and Kehillah of Lower Merion



