

## UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

### Tisha B'Av Observance – Saturday and Sunday, August 10 and 11

Tisha B'Av will be commemorated with our neighbors from Congregation Beth Am Israel Here at Har Zion Temple

#### Saturday, August 10

1:45 PM – Minha for Shabbat

8:30 PM – Ma'ariv/Reading of Eicha, The Book of Lamentations

#### Sunday, August 11

9 AM – Minyan (no breakfast)

1:45 PM – Tisha B'Av Minha

6 PM – Minyan



### Open a Book...Open Your Mind 2019-20 Summer Author Wednesday, August 14, 6:30 PM

Lynda Cohen Loigman – "The Wartime Sisters"

**\$18 – Light dinner will be served**

**RSVP REQUIRED to Emily Berton, [eberton@harziontemple.org](mailto:eberton@harziontemple.org) or 610-667-5000**

*Sponsored by the Sisterhood of Har Zion Temple and the Jane Fishman Grinberg Religious School*



### Come Share in the Magic of Sisterhood...

**Opening Membership Dinner – Wednesday, September 11, 6:30-8:30 PM**

Entertainment by Ari Paul Felber

**\$40 Dinner Couvert – Sisterhood Dues \$60 (made payable to Har Zion Temple)**

**RSVP by Wednesday, August 28**

### Pikuach Nefesh - Save a Life

#### Community Training

Thursday, August 22, 10 AM – 12 PM

Kaiserman JCC - Conston Fitness Center, Family Hall off the front lobby

45 Haverford Road, Wynnwood, PA 19096, 610.896.7770

Parking at the back of the campus

Learn how to help in a bleeding emergency before professional help arrives. This free training will provide bystander instruction and hands-on practice in emergency first aid for uncontrolled bleeding.

Focus of this program is to:

- Recognize life-threatening bleeding
- Initiate immediate response to bleeding
- Identify appropriate ways to stop bleeding
- Realize that your help may save a life before professionals arrive

**Space is limited - Registration required**

**Register online: [info.einstein.edu/pikuach-nefesh](http://info.einstein.edu/pikuach-nefesh) or RSVP to Sheri Minkoff at [minkoffs@einstein.edu](mailto:minkoffs@einstein.edu) by August 15**

*Presented by Einstein Healthcare Network in partnership with Kaiserman JCC, Kehillah of Lower Merion and the Jewish Federation of Greater Philadelphia*



### Early Bird Sign Up!

Volunteer to be a High Holiday usher and get special perks and benefits. For more information, please contact Alan Workman, 610-649-5731 or [ajworkman@aol.com](mailto:ajworkman@aol.com).

### Are You Interested in Learning Conversational Hebrew?

Classes will be held on Shabbat or Sundays starting in September.

If you are interested, please contact Rabbi Shawn at [rabbishawn@harziontemple.org](mailto:rabbishawn@harziontemple.org).

## From the Ritual Committee...

### Our Services Are Made Holier by Your Participation!

Do you know how to read Torah? Would you like to practice your skills in a low-pressure environment? Then email us at [RitualCommittee@harziontemple.org](mailto:RitualCommittee@harziontemple.org) to sign up. There are readings of all sizes; we will find the right one for you!

**Har Zion Landau Gift Box  
Summer Pre-Holiday Sale  
10% off of everything except wine and food  
(In-Store Only during August)  
Summer Hours: Tuesday thru Thursday, 10 AM to 3 PM  
610-667-2698**

## This Week...

### Talmud with Rabbi Sarra Lev, PhD – Mondays, August 12, 19 and 26, 11:15 AM

The rabbinic prohibitions against shaming another often lie in stark contrast to stories of shaming and competition among those very same rabbis. This class begins by examining texts on monetary compensation for shaming (Who must pay? How much? For what kinds of shaming?) and then moves on to examine stories of rabbis shaming one another. The course asks the overarching question – what is the Talmud trying to tell us about shame/shaming?



### Sisterhood Mah Jongg – Mondays, 12:30 PM

Please bring your set. You may bring Kosher dairy/parve lunch or snacks. Questions and to RSVP, contact Phyllis Gorson, 610-667-5000, ext 112.

### D'var T'filah with Hazzan Vogel – Tuesdays after 7 AM Minyan

D'var T'filah (a "teaching about prayer") – Hazzan Vogel will offer brief insights into the spiritual dynamics of prayer focusing each time on why prayer is difficult and what we can do about it.

### TISCH with Rabbi Shawn – Wednesday after 7 AM Minyan

TISCH – remain after Minyan for breakfast and halacha study with Rabbi Shawn in the Rudofker Library. We will read the traditional and then connect it to our own current practices.

### Popular Commentaries on Genesis with Rabbi Ira Flax – Thursdays, 10 AM, Rudofker Library

We will study the commentaries found in the Hertz Chumash, the Etz Hayim Chumash, and the commentaries of modern biblical scholars to deepen our understanding of the first book of the Bible.

### Men's Club Minyannaires – Fridays after 7 AM Minyan

Breakfast and study – Learn new insights to the Torah through wrestling with Rashi's interpretations and our understanding of his reasoning.

## Sisterhood...

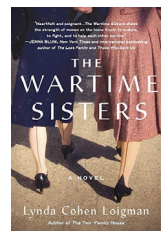
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## **Tikkun Olam...**

### **-Your Help Is Needed!**

RSVP Philadelphia at Kleinlife in the Northeast needs your help. At this time, they are in need of volunteers to deliver meals to clients on the Main Line. These meals can be picked up from a remote freezer on the Main Line without travelling to the Northeast. If you can help, please contact Harrison Rothbaum, Community Services Coordinator, 215-698-7300 ext. 191

### **-HIAS PA has some urgent needs for incoming refugee families...**

Box fans, diapers and trash cans. We have added these items to our [Target Registry](#). For more information, please contact Kerry Coughlin, [kcoughlin@hiaspa.org](mailto:kcoughlin@hiaspa.org)

**-Volunteers Needed for Federation's Mitzvah Food Program** – [Click here](#) for more information.

### **Do you need the Har Zion Temple Caring Connection?**

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or [labert@harziontemple.org](mailto:labert@harziontemple.org). Help us help you!

**Sisterhood Floral Fund Donation Cards** are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

**Four for \$30 or \$10 each** – To purchase your donation cards, please contact Janice Katz, 610-525-1101 or [rhk101@hotmail.com](mailto:rhk101@hotmail.com).

### **Use the Sisterhood Scrip Program for All of Your Shopping Needs!**

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood Floral Fund. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Susan Kochman, 215-272-0475 or [sbkochman@aol.com](mailto:sbkochman@aol.com).



### **College Outreach Program (A free service provided by the Sisterhood of Har Zion)**

During the year, the College Outreach Program sends holiday packages to those college students who are away from home. It is a small way to keep them in touch with Judaism and Har Zion Temple.

Once again we are collecting the names and addresses of our **college students**.

**Please remember that each year addresses change.** You can email your information to: Karen Davis, [daviskjji@aol.com](mailto:daviskjji@aol.com) or Anne Stein, [annestein1@comcast.net](mailto:annestein1@comcast.net).

### **INNOVATION UPDATE FROM ISRAEL IDEAS**

#### **Reinventing the Wheel, by Using It to Contain Car's Key Components**

Israeli startup REE has unveiled a "revolutionary" new design and look for electric vehicles, in which all of the classic components of the car – the motor, the steering system, the brakes and the suspension – are moved from under the hood into the wheels. This helps create a vehicle framework – the chassis that is completely flat, like a skateboard, and thus more versatile. This shape also helps reduce weight, an essential component for the success of electric vehicles. To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

### **Transportation to Har Zion Temple**

**"Oh, if I'd only known she/he needed a ride to Har Zion."**

**"Oh, I would have been there but I couldn't get a ride."**

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

**Do you need a ride...**To Services? To daytime or evening meetings and/or programs?

**Can you provide an occasional ride?**

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

**Please contact Meryl Littman, [merylitt@vet.upenn.edu](mailto:merylitt@vet.upenn.edu) or 610-649-3461.**

### **Share Your Simha!**

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or [eberton@harziontemple.org](mailto:eberton@harziontemple.org).

### **Bimah Flowers Can Be Sponsored**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, [risey@aol.com](mailto:risey@aol.com) or 610-668-1148.

#### **Regular Daily Minyan**

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

#### **Minyan Volunteers Needed**

*"The world stands on three things: on Torah, on prayer and on kindness to others."* – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org), with your name and cell phone number for a text.