

## UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

### Our Services Are Made Holier by Your Participation!

Do you know how to read Torah or Haftarah? Would you like to practice your skills in a low-pressure environment? Then email Ely Levine at [RitualCommittee@harziontemple.org](mailto:RitualCommittee@harziontemple.org) to sign up. There are readings of all sizes; we will find the right one for you!



### Har Zion Day Camp Family Fun Night! Tuesday, July 9, 5:30-7 PM

*Carousel, Waterslide, Moonbounce, DJ, Photo Booth...and more fun!!*

Hot dogs, hamburgers, chips, drinks and dessert will be provided

Vegetarian option will be available

Just bring your blanket to enjoy a picnic dinner with friends and counselors

Don't miss out on this super event!!



### Pajamarama: Jewish Story Time

Kehillah of Lower Merion invites you to put on your pajamas, grab your teddy bear and join us for story time. For additional information: [kehillahoflowermerion@gmail.com](mailto:kehillahoflowermerion@gmail.com).

**Wednesdays at 5:30 PM – Please note new starting time**

**July 10-** Sponsored by Chabad of the Main Line

Bala Cynwyd Library, 131 Old Lancaster Road, Bala Cynwyd

**July 17-** Sponsored by Har Zion Temple

Har Zion Pool, 1500 Hagys Ford Road, Penn Valley

**July 24** - Sponsored by Beth David Reform Congregation  
Gladwyne Park, 921 Youngs Ford Road, Gladwyne

**July 31-** Sponsored by Beth Am Israel Congregation  
Poolside at Kaiserman JCC, 45 Haverford Road, Wynnewood

**August 7** - Sponsored by Adath Israel  
Poolside at Kaiserman JCC, 45 Haverford Road, Wynnewood

**August 14** - Sponsored by Congregation Beth Hamedrosh and Chabad of Penn Wynne  
Penn Wynne Library, 130 Overbrook Park, Wynnewood

**August 21** - Sponsored by Temple Beth Hillel-Beth El  
Poolside at Kaiserman JCC, 45 Haverford Road, Wynnewood

## Shabbat This Summer!

### Friday, July 12

**4:45 PM** – Movie – *The Women's Balcony*

<https://www.youtube.com/watch?v=5Ae4MShFUgo>

**6:30 PM** – Sushi and Wine PrOneg

**7:15 PM** – Services (**please note service time**)



### Saturday, August 3

#### Gazpacho/Cold Soup Shabbat Kiddush –

Share your favorite recipe!

Those who plan to prepare soup in the HZ kitchen on Thursday or Friday, August 1 or 2, please contact Emily Berton ([eberton@harziontemple.org](mailto:eberton@harziontemple.org)) – you will be reimbursed for your ingredients. Those who need assistance with *kashrut* and shopping for supplies, please contact Norman Einhorn ([neinhorn@harziontemple.org](mailto:neinhorn@harziontemple.org)).

### Family Shabbat Swim at Har Zion

#### Saturday, August 3

Join us for Kiddush at **12 PM**

Pool time: **1-3 PM** at the Har Zion Pool

**Ages: Kids through third grade are welcome**

**No charge** – A healthy snack will be provided

Lifeguards will be onsite



Rules for the pool:

- No food allowed in pool area
- Adults accompanying children 3 and under must be in the water with them
- No flotation devices (wings, floaties) permitted
- All children in diapers must wear a vinyl swim diaper covering

**Israel Bonds Honors Janice Gorson, Lynne Cohen and Sherrie Willner  
Thursday, August 8, 11:30 AM-2:30 PM**

Israel Bonds Philadelphia Women's Division invites you to the Chai Tea Lunch  
Honoring Janice Gorson, Lynne Cohen and Sherrie Willner

At the home of Daryl Segal, Margate City, NJ

Featuring a Performance by Kol Zimra – An interactive Jewish a cappella group known to provide spirited & spiritual musical harmony and an Israel Briefing by Elad Strohmayer, Spokesperson of the Embassy of Israel to the United States



Minimum \$100 new Israel bond investment required to attend

Minimum \$1,800 new Israel bond investment to be listed on the Chai Tea Roll of Honor - L'Dor v'Dor:  
Friends & Family

(Bond investments must be completed by August 8 unless other arrangements are made with Sharon Richman)

(Visit [israelbonds.com](http://israelbonds.com) to invest online)

**[REGISTER HERE](#)**

**RSVP by August 1**

On your response please indicate if you need a ride or can offer a ride

Jean Herz, *Women's Division Chair*

Judy Auerbach and Jennifer Willner, *Chai Tea Chairs*

For more information, please contact Sharon Richman, Registered Representative  
267.443.2005 | [Sharon.richman@israelbonds.com](mailto:Sharon.richman@israelbonds.com)

DIETARY LAWS OBSERVED

**New Daytime Card Group Starting at Har Zion**

Ernie Posner would like to see if men in our congregation would like to start a men's daytime card group at Har Zion. For those interested, he can be reached at [paernie@aol.com](mailto:paernie@aol.com).

**Early Bird Sign Up!**

**Volunteer to be a High Holiday usher and get special perks and benefits. For more information, please contact Alan Workman, 610-649-5731 or [ajworkman@aol.com](mailto:ajworkman@aol.com).**



**COMMUNITY PORTRAIT**  
A population study of Greater Philadelphia

**Have you heard about Community Portrait?**

It's a population study, commissioned by the Jewish Federation of Greater Philadelphia once every 10 years that will help us to most effectively evaluate and support the needs of our local Jewish communities. Your answers will help us to direct our resources to where they're most needed so our entire Jewish community can continue to

grow and thrive! Keep an eye out for the survey in the mail to see if you've been selected to take part in the survey. [Learn more here!](#)



**Jewish Federation**  
of Greater Philadelphia

**Har Zion Landau Gift Box**

We are now online! Visit us at [harziontemple.org/giftshop](http://harziontemple.org/giftshop)

**SUMMER HOURS – Tuesday, Wednesday, Thursday, 9:30 AM to 3 PM**

**CLOSED SUNDAYS**

**Additional hours by appointment – 610-667-2698**

## ***This Week...***

### **Sisterhood Mah Jongg – Mondays at 12:30 PM**

### **Har Zion Day Camp Family Fun Night – Tuesday, July 9, 5:30-7 PM**

*Carousel, Waterslide, Moonbounce, D.J., Photo Booth...and more fun!!*

Hot dogs, hamburgers, chips, drinks and dessert will be provided – Vegetarian option will be available

Just bring your blanket to enjoy a picnic dinner with friends and counselors

Don't miss out on this super event!!

### **Popular Commentaries on Genesis with Rabbi Ira Flax – Thursdays, 10 AM, Rudofker Library**

We will study the commentaries found in the Hertz Chumash, the Etz Hayim Chumash, and the commentaries of modern biblical scholars to deepen our understanding of the first book of the Bible.

### **Men's Club Minyannaires with Rabbi Haaz – Fridays after 7 AM Minyan**

Breakfast and study with Rabbi Haaz. Learn new insights to the Torah through wrestling with Rashi's interpretations and our understanding of his reasoning.

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## ***Sisterhood...***

### **Women's League Mid-Atlantic Region Chesed Summer Training**

Choose a Session: **Tuesday, July 16** or **Wednesday, August 14**, at 6 PM

If you would like to attend the July 16 session, please contact Lynne Landsburg at

[lpl27@harziontemple.org](mailto:lpl27@harziontemple.org) by **July 8**. [Click here](#) for more info.

### **Har Zion Landau Gift Box**

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## ***Tikkun Olam...***

### **-HIAS PA has some urgent needs for incoming refugee families...**

Box fans, diapers and trash cans. We have added these items to our [Target Registry](#).

For more information, please contact Kerry Coughlin, [kcoughlin@hiaspa.org](mailto:kcoughlin@hiaspa.org)

**-Volunteers Needed for Federation's Mitzvah Food Program – [Click here](#) for more information**

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### **Do you need the Har Zion Temple Caring Connection?**

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org). Help us help you!

**Sisterhood Floral Fund Donation Cards** are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

**Four for \$30 or \$10 each** – To purchase your donation cards, please contact Janice Katz, 610-525-1101 or [rhk101@hotmail.com](mailto:rhk101@hotmail.com).

### **Use the Sisterhood Scrip Program for All of Your Shopping Needs!**

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood Floral Fund. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Susan Kochman, 215-272-0475 or [sbkochman@aol.com](mailto:sbkochman@aol.com).





## INNOVATION UPDATE FROM **ISRAEL IDEAS**

### ***Mental Wellness Guide for Life Challenges***

Connecting with others has never been easier than in the present day. But this connectivity is a double-edged sword. While some forty percent of Americans feel lonely and isolated, according to the 2018 US Loneliness Index, increased social media use has been linked with heightened feelings of social isolation, especially in young people.

Wisdo, an Israeli mental wellness startup, wants to harness the power of online communities to lift people out of emotional pain by connecting with each other through shared experiences.

To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

### **Transportation to Har Zion Temple**

***"Oh, if I'd only known she/he needed a ride to Har Zion."***

***"Oh, I would have been there but I couldn't get a ride."***

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

**Do you need a ride...**To Services? To daytime or evening meetings and/or programs?

**Can you provide an occasional ride?**

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

**Please contact Meryl Littman, [merylitt@vet.upenn.edu](mailto:merylitt@vet.upenn.edu) or 610-649-3461.**

### **Share Your Simha!**

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or [eberton@harziontemple.org](mailto:eberton@harziontemple.org).

### **Bimah Flowers Can Be Sponsored**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, [risey@aol.com](mailto:risey@aol.com) or 610-668-1148.

### **Regular Daily Minyan**

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

### **Minyan Volunteers Needed**

*"The world stands on three things: on Torah, on prayer and on kindness to others."* – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org), with your name and cell phone number for a text.