UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

PLEASE NOTE THESE IMPORTANT ANNOUNCEMENTS...

SHABBAT MORNING SERVICES ARE AT 9:30 AM.

THIS SUMMER - GIVE A D'VAR TORAH AT SHABBAT SERVICES...

Why are Bar/Bat Mitzvah students the only Har Zion Temple members who share thoughts on the weekly Torah portion or Haftarah with the community? **Through August 28-29**, we encourage all of our members to step forward and prepare three to five minutes of Torah or Haftarah commentary to present at Friday night or Saturday morning services. Please contact Rabbi Allen ruallen@harziontemple.org to select a date. All of our clergy are more than ready to help you prepare and present your D'var Torah. It is a wonderful opportunity to grow Jewishly, and the congregation looks forward to hearing your insights.

**TISHA B'AV OBSERVANCE - SATURDAY AND SUNDAY, JULY 25 AND 26

SATURDAY EVENING, JULY 25

Tisha B'Av will be commemorated at Har Zion Temple with our neighbors from Congregation Beth Am Israel

5:50 PM – Talmud Class with Rabbi Gary Charlestein

6:50 PM - Minha

7:30 PM – Se'udah Mafseket (meal before the Fast)

There is no charge for dinner – RSVP is necessary.

8:20 PM - Rabbi David Ackerman, darshan (teacher) and songs in the spirit of Tisha B'Av

9:00 PM – Ma'ariv/Reading of Eicha, The Book of Lamentations



9:00 AM - Minyan

1:30 PM - Minha

6:00 PM - Minha/Ma'ariv



**DON'T KNOW WHAT TO DO BETWEEN CAMP AND SCHOOL? KAITANAH IS HERE!!!

What is Kaitanah? It is a unique and fun "mini-camp" program for children 2-6 years August 17-August 21

Please see Debbie Folz for an application.

For us to properly staff, please send in applications no later than July 31*

*We need a minimum of 10 children to have this program. If you are planning on signing up, please do so as soon as possible!

**TALMUD STUDY WITH RABBI ALPERT - MONDAY MORNINGS, 10:00 AM

This class is studying the sixth chapter of Bava Metzia (Labor Law).

**MINYAN & TISCH WITH RABBI ALLEN – WEDNESDAY MORNINGS FOLLOWING 7:00 AM MINYAN

Halakha Yomit (daily halakha) with the Mishnah Berurah – Join us each week as we study a different halakha and ask ourselves about the underlying values that inform our practice.

**FRIDAY MORNING MEN'S CLUB MINYANNAIRES WITH RABBI ROSENBERG FOLLOWING 7:00 AM MINYAN

Jeopardy Rashi Style – This class will examine the commentary of Rashi on the Torah to deepen our appreciation of the issues Rashi saw in the text and to understand how his commentary maintains relevance through today.

**JEWISH HERITAGE DAY AT THE PHILADELPHIA SOUL ON AUGUST 2, 4:00 PM

A Jewish Community Celebration – YALLAH SOUL!

Wells Fargo Center, Philadelphia

Special performance by Six13 – award-winning Jewish a cappella group

Package includes: game ticket and souvenir t-shirt, Glatt Kosher food purchase, post-game concert

Tickets: Endzones \$18, Sidelines \$36, Premium sidelines \$54

For more info: Alex Boory, aboory@philadelphiasoul.com/215-253-4900, ext 205





**DEVOTION BY THE OCEAN WITH CONGREGATION BETH JUDAH IN VENTNOR FRIDAY EVENINGS – AUGUST 7 AND 28

Newport Ave and the Beach in Ventnor, NJ

Jack Marine, Men's Club co-president offers a final "Toast L'Chaim to Har Zion" at 5:30 PM at the Newport Beach seating area. Members who are visiting the shore are invited to make a toast to Shabbat, have a snack and enjoy services following.

For info, please call 609-822-7116, email info@bethjudah.or, or visit www.bethjudah.org.

Co-sponsored by: Adath Israel, Congregation Beth El-Ner Tamid, Temple Beth Hillel-Beth El, Temple Beth Zion-Beth Israel, Har Zion Temple, Temple Sinai, Congregation Adath Jeshurun, Temple Beth Shalom-Brigantine, Temple Beth Shalom-Cherry Hill, Congregation Beth El, Beth El Congregation, American Jewish Committee, American Technion Society.

**VOLUNTEERS NEEDED FOR COOK FOR A FRIEND MONDAY EVENING, AUGUST 10, 6:00-8:00 PM

Set up begins at 5:30 PM in the catering kitchen. Cooking and food packaging will be from 6:00 to 8:00 PM. Please join us in preparing meals for the needy. For more information, contact Andy Coren, andreajoy.coren@gmail.com.

**USE THE SISTERHOOD SCRIP PROGRAM FOR ALL YOUR SHOPPING NEEDS!

It's a busy time of the year! Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days. Order your Scrip cards and be prepared whenever you shop!



Please contact Michele Perlstein, mshoueka@hotmail.com – 610-519-1211, or Nina Greberman, zoneman@aol.com – 610-733-1399 for more information.

To download an order form, copy and paste this link into your browser:

http://www.harziontemple.org/harzion/ehighlights/14scripsform-3.pdf.

SHOP THE HAR ZION LANDAU GIFT BOX FOR ALL YOUR GIFT-GIVING NEEDS!

SUMMER HOURS:

Tuesday - Thursday, 9:45 AM to 3:00 PM

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

The Gift Shop is now accepting credit cards – giving you more flexibility to shop! Like us on Facebook!

INNOVATION UPDATE FROM ISTAEL DEAS Is This the New Alternative to Botox?

A team of researchers from Tel Aviv University and Harvard Medical School has devised a noninvasive technique that harnesses pulsed electric fields to stimulate new skin tissue. The novel technique, utilizing microsecond-pulsed, high-voltage, non-thermal electric fields, produces rejuvenated skin without scars and may revolutionize the treatment of aging skin and degenerative skin diseases.

"Pulsed electrical field technology has many advantages, which have already proved effective — for example, in tumor removal and wound disinfection," said bioengineering expert Alexander Golberg, who led the study on behalf of Tel Aviv University.

For more information: http://www.israelideas.org/#!current/c1gqf

**TRANSPORTATION TO HAR ZION

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend Services, meetings and programs.

DO YOU NEED A RIDE...To Services? To daytime or evening meetings and/or programs? **CAN YOU PROVIDE AN OCCASIONAL RIDE?**

What areas would be convenient for you?

What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman at NanciG22@aol.com or 610-664-7987.

**DO YOU NEED THE HAR ZION TEMPLE CARING CONNECTION?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Call 610-667-5000, ext 178 or caring@harziontemple.org. Help us help you!

**SHARE YOUR SIMHA!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. Please contact Shonnie Lebovitz, Program and Events Coordinator (ext 106 or slebovitz@harziontemple.org) for more information.

**BIMAH FLOWERS CAN BE SPONSORED

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

REGULAR DAILY MINYAN

Evenings: 6:00 PM

Mornings: Sunday – 9:00 AM, Monday and Thursday – 6:50 AM,

Tuesday, Wednesday and Friday - 7:00 AM

MINYAN VOLUNTEERS NEEDED

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert (610-667-5000, ext 111 or lalbert@harziontemple.org) with your name and cell phone number for a text.

AN ACTIVE MEMBER OF OUR LOCAL JEWISH COMMUNITY DESPERATELY NEEDS A KIDNEY - BLOOD TYPE B or O

To learn how you can save a life or for more information about kidney donation, please call: (718) 431-9831 or email: R718@renewal.org. Visit WWW.RENEWAL.ORG