

OTHER HZT ANNOUNCEMENTS AND COMMUNITY NEWS

OTHER HAR ZION ANNOUNCEMENTS

Rabbinical Assembly Monthly Lunch and Learn

All are welcome. For more information, please call Rabbi Gary Charlestein, 610-239-6003.

Tuesdays, 12-1 PM, Elkins Park at the Library of Adath Jeshurun Congregation.

Tuesdays, 12-1:30 PM, Center City at the offices of BDO USA, 1801 Market Street, Suite 1700, Philadelphia.

Tuesdays, 12:30-1:30 PM, Plymouth Meeting at the offices of Premier Dental, 1710 Romano Drive.

Rabbi Gary Charlestein teaches at this location.

Aliyot Are for Everyone!

If anyone would like an *aliyah* to commemorate a *yahrzeit*, celebrate a birthday or anniversary, graduation, or just because – please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org.

Need to review or learn the blessings? A clergy member can help you with that too!

Chai Simcha Wall Plaques

There is no greater joy than the celebration of Jewish life cycle events. The meaning and memory of your event is heightened when it becomes a permanent part of our synagogue's Chai Simcha Tablet.

The Tablet is a beautiful reminder of a Bar/Bat Mitzvah, baby naming, wedding, anniversary, and other happy occasions shared with family and friends. For more information, please call Emily Berton, 610-667-5000, ext 109 or eberton@harziontemple.org.

Yahrzeit Plaques

Remember your loved ones with a *yahrzeit* plaque in the Bronstein Memorial Room. The donation for each plaque is \$750. For information or to order a plaque, please call Emily Berton, 610-667-5000, ext 109 or eberton@harziontemple.org.

COMMUNITY ANNOUNCEMENTS

Volunteers Needed for Ashkenazi Jewish Genetics Study for Dilated Cardiomyopathy and Sudden Death

If you are an Ashkenazi Jew with Dilated Cardiomyopathy (DCM) please contact Dr. Susan Liebman at heartstudy@unr.edu.

[View flyer](#)

Daytime Jewish Learning Initiative at JTS

JTS invites you to deepen your Jewish knowledge, learn in an engaging environment, and meet new friends in its new Daytime Jewish learning initiative. From the Hebrew Bible to Hasidism, the Talmud to Tevye, these courses will introduce you to cutting edge research and scholarship from the world of Jewish Studies in an informal environment—there are no tests, papers, or grades! Sign up for one course or make a day of it and join others for lunch in the JTS cafeteria. Use this link for the course descriptions and to register. (<http://www.jtsa.edu/daytime-learning-at-jts-spring2019>) Questions and requests for more information may be directed to Dr. Braun at SABraun@JTSA.edu.



Golden Slipper on the Main Line

Golden Slipper Gems on the Main Line – a lifelong learning program for active adults. Join us for classes on variety of topics, whether you are curious about history, movie aficionado, or interested in current affairs, you will find a class of your choice. (And if not, please suggest a topic...) Come and meet new friends and during the summer you can

even enjoy a light lunch.

Our summer session starts on July 1 and ends on July 24 with interesting and well-spoken instructors. Choose between listening to live music, documentary features, or historical quests.

View our summer program online here: <https://goldenslippergems.org/wp-content/uploads/2019/05/GSG-SUMMER-Online-Guide-Final.pdf>

All classes are held at Adath Israel, 250 N. Highland Avenue in Merion Station, PA



New Horizons for Active Adults

Call for Volunteers – New Horizons has a need for several different volunteers for the Fall. If you are interested please contact Judy Ringold at Judy.NHSC@gmail.com or 610.664.2366

OPPORTUNITIES:

Walking Club Leader – Lead a group walk once a week

Bridge Instructor – Teach lessons once a week

Front Desk Helper – Answer phones, write receipts, help with check-in, and various projects! Help needed Tuesdays, Wednesdays, and Fridays (Any or All)

Lunch Servers – Help prep meals, set tables/chairs, serve plates, clean up. Flexible days

Presenters – Is there a topic in which you're particularly knowledgeable and passionate? Share your knowledge by giving a presentation!

Performers – Perform at the Center! Musicians, Dancers, Theatre troupes, Magicians - you name it!

[Click here](#) to make a donation.

Well Spouse Association – Support Group for Spousal/Partner Caregivers

4th Tuesday of the month: 6:30-8:30 PM

A peer run, free support group for Spouses and Partners of People with Chronic Illness or Disability Center on the Hill, Chestnut Hill – Presbyterian Church

8855 Germantown Ave, Philadelphia 19118 (next to Chestnut Hill Hospital)

Facilitators: Fern Zeigler, Claire Salvi & David Hale

For more info, please call or email David Hale, 267-977-7711 or dhale@temple.edu

For more information about Well Spouse Association: www.wellspouse.org

Growing Up Perelman – Perelman Jewish Day School

Our unparalleled dual-language curriculum strengthens your child's cognitive development, sharpening his ability to solve problems, focus attention, reason creatively and process abstract information.

Research confirms that this bilingual advantage enhances how he thinks –

about math, reading, even the arts. Our students learn how to learn. And they do it all through a rich lens of Jewish heritage and values. See the bilingual advantage for yourself. Schedule a Take-a-Look tour or personal visit. Now offering Hebrew-immersive Junior Kindergarten at Stern!

Register today at pjds.org/visiting or call Rachel Moore, 610-658-2518, ex 225. Space is limited.



Take-a-Look Tuesdays – 9:30–11:00 AM, Stern Center, Wynnewood

Take-a-Look Thursdays – 9:30–11:00 AM, Forman Center, Melrose Park

Take-a-Look in the evening – 7–8:30 PM

Yes, it's affordable. Let's talk about generous tuition incentives and financial aid for your family. 215-635-3130, ext. 210 • 610-658-2518, ext. 207

Jack M. Barrack Hebrew Academy

Come love where you learn. For more information or a personal tour, contact Jen Groen: jgroen@jbha.org or 610-922-2350.

Jewish High School Juniors – Snap into College with Lasko College Prep Program!

Have fun and get ready for college starting this summer:

- Increase your SAT scores
- Get help in making college decisions
- Get hands-on help with applying for scholarships and financial aid
- Get a summer internship at a Jewish nonprofit agency
- Make new friends and participate in a Mitzvah project
- Receive a financial reward upon successful completion

Plus, get a full year of assistance in navigating the college process – all for FREE!

Start the application process NOW at: www.jevshumanservices.org/lasko-program

Financial guidelines apply. **To find out more call 215-832-0875 or email LaskoCollege@jevs.org**
The Lasko College Prep Program is managed by JEVS Career Strategies, a division of JEVS Human Services.
JEVS Career Strategies, 2100 Arch Street, 4th Floor, Philadelphia, PA 19103
Funding for the Lasko College Prep Program generously provided by the Lasko Family Foundation



Supporting Gender Exploration Among Youth

by Phoenix Schneider, JFCS' Director of the LGBTQ Initiative

As we continue to make progress in providing safe and inclusive spaces for LGBTQ individuals, we are seeing younger people beginning to explore and express their genders. As a community, it is crucial that we support our youth to ensure that they are accepted and welcomed in a safe and loving manner.

[CLICK HERE](#) for strategies to ensure that this is the case.

Klein JCC...

10100 Jamison Avenue, Philadelphia, PA 19116 • www.kleinjcc.com

Heart to Heart is here for you! Are you having difficulty making ends meet? Have you recently lost your job? Have you been experiencing hardship or recent life changes? Are you struggling to put food on the table? Are you looking for assistance in deciding what to do next in order to improve your situation? If you've said yes to any of these questions and you are under the age of 65, contact us now for help! For additional information and eligibility, please contact Program Director Anya Goldberg, at 215-698-7300 x135 or agoldberg@kleinjcc.org.

The **Mitzvah Food Project** needs your help to deliver food boxes to seniors in need! We are relying on support from our community to deliver food boxes to nearby senior homes and apartments (once a month) from two of our pantry locations. Boxes are provided by the Commodity Supplemental Food Program (CSFP). Now is your chance to do a wonderful mitzvah: sign up for a delivery route today! Delivery routes are local and will take approximately 30 minutes. Recipients will sign for the food box at the door. Please know...we must fill these routes in order to pilot this new program.



Locations of food box pick-up are: **JCCs Raymond & Miriam Klein Branch, 10100 Jamison Ave, Northeast Philadelphia 19116** and **JCCs Jacob & Esther Stiffel Senior Center, 604 Porter Street, South Philadelphia 19148.**

Whether you are looking for a B'nai-Mitzvah Project for your child, community service work, or just volunteering for a wonderful cause, please e-mail or call us. We thank you for your time and look forward to hearing from you soon! Together, we can end hunger in our community.

Contact the Mitzvah Food Project's Administrative Office with any questions:

215-832-0509 or by email at foodproject@jfgp.org.

Interim Project Manager, Deirdre Mulligan, (215) 832-0509

Mitzvah Food Project Coordinator, Deena Goldstein, (215) 832-0831

Philadelphia Food Distributions

One Sunday each month, 750-1,000+ volunteers of all ages and backgrounds meet as a community at our Northeast Philadelphia warehouse, located at 10980 Dutton Road, Philadelphia, 19154. These volunteers pack fresh produce and non-perishable kosher food, load their cars with boxes, and deliver food and a smile into the homes of those in need. This is a great way to fulfill your community service requirements for school or work.

Community service forms are available at each of our food distributions. Box packing takes place from 10 - 11:30 AM, followed by food delivery. Early risers are welcome to help make boxes and bag fresh produce (no produce during the summer) between 8:30 - 10 AM. Just be sure to wear closed toe shoes while in the warehouse, as sandals are not permitted. Looking to volunteer later in the day or short on time? Food boxes can be picked up for delivery from 8:30 AM to 3 PM. Most delivery routes consist of 8-12 boxes and typically take about an hour to complete. Driving directions and a map are provided.

To volunteer, sign up for our email list (where you will receive an email prior to each distribution that will contain a link that you can use to register directly for that food distribution), email mailto:jra@jewishrelief.org, or call 610-660-0190 x104.



JEVS Human Services Career Strategies - 1845 Walnut Street, 7th Floor, Philadelphia, PA 19103

Looking for work these days can be overwhelming for anyone, regardless of background, skills and

interests. JEVS has a variety of services for job seekers to help you get from *where you are* to *where you want to be*. For more info: 215-854-1800 or visit <https://jevshumanservices.org/job-readiness-career-services/>.

Jewish Family and Children's Services Domestic Violence Program

We invite you to be a part of the extraordinary journey of growth and freedom that these women are courageously facing. For more information call 267-256-2000, or visit www.jfcsphilly.org.

In Support of Israel . . .

Let Washington know that we appreciate the US support of Israel and to urge continued support. Call 202-456-1111 or e-mail to comments@whitehouse.gov. Contact your Senators and Congressmen – visit www.senate.gov; www.house.gov. For info and donations for Friends of IDF, visit www.fidf.org.