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**SHABBAT SHELACH**

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**Friday, June 28 – 26 Sivan**

5:45 PM Sushi and PrOneg – MAIN LOBBY  
**6:30 PM\*** Kabbalat Shabbat/Ma'ariv (**please note change of time**) – MAIN LOBBY  
8:16 PM Candle Lighting

**Saturday, June 29 – 26 Sivan**

9:30 AM Morning Service – DOGOLE CHAPEL  
TORAH READING: NUMBERS 15:8 Page 851  
MAFTIR: NUMBERS 15:37 Page 854  
HAFTARAH: JOSHUA 2:1 Page 857  
**Kiddush:** Congregation and guests are cordially invited to join us in the FISHMAN-TOBIN AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by Sisterhood.  
1 PM Rosh Hodesh Lecture – join Rabbi Shawn in the BAILIS ROOM  
7:20 PM Talmud Study with Rabbi Gary Charlestein – RUDOFKER LIBRARY  
8:20 PM Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL  
9:23 PM Shabbat Ends

**Camp Counselors Needed**

Har Zion Day Camp is looking for motivated, enthusiastic counselors (ages 16 and above) – Must be available through August 16. Please e-mail Diane Halpren at [harziondaycamp@harziontemple.org](mailto:harziondaycamp@harziontemple.org), or call 610-667-5000, ext 198.

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**Volunteers Needed for Cook for a Friend – Summer Dates**

**Monday evenings – July 1 and August 5, 5:30-7:30 PM**

Please join us in preparing meals for the needy.

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**NEXT SHABBAT**

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**Friday, July 5 – 3 Tammuz**

6 PM Kabbalat Shabbat – DOGOLE CHAPEL  
8:15 PM Candle Lighting

**Saturday, July 6 – 3 Tammuz**

9:30 AM Morning Service – DOGOLE CHAPEL  
8:20 PM Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL  
9:21 PM Shabbat Ends

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**THIS WEEK'S EVENTS**

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**Sunday, June 30 – 27 Sivan**

9 AM Minyan  
6 PM Minha/Ma'ariv

**Monday, July 1 – 28 Sivan**

6:50 AM Minyan  
12:30 PM Sisterhood Mah Jongg  
5:30 PM Cook for a Friend  
6 PM Minha/Ma'ariv

**Tuesday, July 2 – 29 Sivan**

7 AM Minyan  
6 PM Minha/Ma'ariv

**Wednesday, July 3 – 30 Sivan – Rosh Hodesh – Fast of Tammuz**

6:50 AM Minyan (no breakfast)  
6 PM Minha/Ma'ariv

**Thursday, July 4 – 1 Tammuz – Rosh Hodesh Tammuz****Day Camp and Synagogue Offices Closed**

9 AM Minyan  
6 PM Minha/Ma'ariv

**Friday, July 5 – 2 Tammuz**

7 AM Minyan and Men's Club Minyannaires with Rabbi Haaz. This morning's breakfast is sponsored by Ned Kripke in memory of his parents.  
6 PM Kabbalat Shabbat/Ma'ariv  
8:15 PM Candle Lighting

***Our Services Are Made Holier by Your Participation!***

Do you know how to read Torah or Haftarah? Would you like to practice your skills in a low-pressure environment? Then email Ely Levine at [RitualCommittee@harziontemple.org](mailto:RitualCommittee@harziontemple.org) to sign up. There are readings of all sizes; we will find the right one for you!

**Har Zion Landau Gift Box**

***Visit the Gift Box for your Graduation and Wedding Needs!***

We are now online! Visit us at [harziontemple.org/giftshop](http://harziontemple.org/giftshop)

**SUMMER HOURS**

**Tuesday, Wednesday, Thursday, 9:30 AM to 3 PM**  
**Additional hours by appointment – 610-667-2698**

תהיינה נפשותיהם צרורות בצרור החיים:

May their souls be bound  
up in the bond of life.

*The following yahrzeits will be observed during the coming week.*

Bella L. Black  
Sarah Cohen  
Dr. M. Leonard Kleiman  
Esther Krave  
David Rosen  
Samuel Rubin  
Hy Shusterman  
Merlene Sniderman Young  
David Blank  
Judith Brown  
Sylvia K. Dworkin  
Edward Emanuel  
Morris Frankel  
Bernice E. Goldberg  
Flora Graub Kelman  
Rose Shanis  
Mitchel Smukler  
Herbert Dickler  
Moses Goldenthal  
Meyer W. Gussman  
David Moore  
Yetta Becker  
Lois Greenberg  
Beatrice Himmelstein  
Jacob Lieberman  
Max M. Meltzer  
Dr. Barbara Porges  
Herbert Sitman  
Joseph M. Zaltzman  
Oscar Coren  
Morris Edward Epstein  
Louis Hockman  
Rabbi Leon J. Liebreich  
David Elan Lurie  
Emanuel Mazer

Michael Nerenberg  
Robert N. Perlmutter  
Dr. Daniel David Shuster  
Gertrude Wall  
Mitchell Wolfe  
Louis H. Young  
Morris Albus  
Bessie Braginsky  
Norman Cohen  
Samuel J. Greenbaum  
Florence Kates  
Leonard Pearlstein  
Abe Rosenblum  
Dolly Shanis  
Michael Erlbaum  
Clara Zena Flock  
Sophia K. Isen  
Charles H. Laveson  
Esther Markovitz  
Rose Nathanson  
Zvi Shmulevich  
Ronald Voluck  
Sam Vortman  
Harriet Eisenberg  
Patricia Frank  
Joseph B. Goldberg  
Jack Miller  
Jenny Miller  
Abe Nathanson  
Dr. Albin Gustaw Schiff  
Michael David Schulman  
Adolph Schwartz  
Samuel Robert Wells  
Julius Wilf



**Israel Bonds Honors Janice Gorson, Lynne Cohen and Sherrie Willner  
Thursday, August 8, 11:30 AM-2:30 PM**

Israel Bonds Philadelphia Women's Division invites you to the Chai Tea Lunch  
Honoring Janice Gorson, Lynne Cohen and Sherrie Willner

At the home of Daryl Segal, Margate City, NJ  
Featuring a Performance by Kol Zimra – An interactive Jewish a cappella group known to  
provide spirited & spiritual musical harmony and an Israel Briefing by Elad Strohmayer,  
Spokesperson of the Embassy of Israel to the United States

**Minimum \$100 new Israel bond investment required to attend**  
**Minimum \$1,800 new Israel bond investment to be listed on the**  
**Chai Tea Roll of Honor - L'Dor v'Dor: Friends & Family**  
**(Bond investments must be completed by August 8 unless other arrangements**  
**are made with Sharon Richman)**  
**(Visit [www.israelbonds.com](http://www.israelbonds.com) to invest online)**

**RSVP by August 1**  
On your response please indicate if you need a ride or can offer a ride

Jean Herz, *Women's Division Chair*  
Judy Auerbach and Jennifer Willner, *Chai Tea Chairs*

For more information and to register, please contact Sharon Richman, Registered  
Representative, 267.443.2005 | [Sharon.richman@israelbonds.com](mailto:Sharon.richman@israelbonds.com)

DIETARY LAWS OBSERVED



**INNOVATION UPDATE FROM ISRAEL IDEAS**  
**Mental Wellness Guide for Life Challenges**

Connecting with others has never been easier than in the present day. But this connectivity is a double-edged sword. While some forty percent of Americans feel lonely and isolated, according to the 2018 US Loneliness Index, increased social media use has been linked with heightened feelings of social isolation, especially in young people.

Wisdo, an Israeli mental wellness startup, wants to harness the power of online communities to lift people out of emotional pain by connecting with each other through shared experiences.

To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

# Shabbat this Summer!



## Friday, June 28

**5:45 PM** – Sushi and Wine PrOneg  
**6:30 PM** – Services (please note service time)



## Friday, July 12

**4:45 PM** – Movie – *The Women's Balcony*  
For a preview: <https://www.youtube.com/watch?v=5Ae4MShFUgo>  
**6:30 PM** – Sushi and Wine PrOneg  
**7:15 PM** – Services (please note service time)

## Saturday, August 3

**Gazpacho/Cold Soup Shabbat Kiddush** – Share your favorite recipe!

Those who plan to prepare soup in the HZ kitchen on Thursday or Friday, August 1 or 2, please contact Emily Berton ([eberton@harziontemple.org](mailto:eberton@harziontemple.org)) – you will be reimbursed for your ingredients. Those who need assistance with *kashrut* and shopping for supplies, please contact Norman Einhorn ([neinhorn@harziontemple.org](mailto:neinhorn@harziontemple.org)).

## Family Shabbat Swims

### Saturdays, July 20 and August 3

Join us for Kiddush at **12 PM**  
Pool time: **1-3 PM** at the Har Zion Pool  
**Ages: Kids through third grade are welcome**  
No charge – A healthy snack will be provided  
Lifeguards will be onsite

Rules for the pool:

- No food allowed in pool area
- Adults accompanying children 3 and under must be in the water with them
- No flotation devices (wings, floaties) permitted
- All children in diapers must wear a vinyl swim diaper covering

## Pajamarama: Jewish Story Time

**Kehillah of Lower Merion** invites you to put on your pajamas, grab your teddy bear and join us for story time.



New Time  
5:30 pm!

For additional information call **484-604-0093**  
or email [kehillahoflowermerion@gmail.com](mailto:kehillahoflowermerion@gmail.com)

**Wednesdays at 5:30 pm - NEW TIME!**

### June 26, 2019

Sponsored by *Kaiserman JCC* and *jkidphilly*  
Poolside at Kaiserman JCC  
45 Haverford Road, Wynnewood, PA 19096

### July 3, 2019

Sponsored by *Main Line Reform Temple*  
Maybrook Apartments  
325 Penn Road  
Wynnewood, PA 19096

### July 10, 2019

Sponsored by *Chabad of the Main Line*  
Bala Cynwyd Library  
131 Old Lancaster Road, Bala Cynwyd, PA 19004

### July 17, 2019

Sponsored by *Har Zion Temple*  
Pool at Har Zion  
1500 Hagys Ford Road, Penn Valley, PA 19072

### July 24, 2019

Sponsored by *Beth David Reform Congregation*  
Gladwyne Park  
921 Youngs Ford Road, Gladwyne, PA 19035

### July 31, 2019

Sponsored by *Beth Am Israel*  
Poolside at Kaiserman JCC  
45 Haverford Road, Wynnewood, PA 19096

### August 7, 2019

Sponsored by *Adath Israel*  
Poolside at Kaiserman JCC  
45 Haverford Road, Wynnewood, PA 19096

### August 14, 2019

Sponsored by *Congregation Beth Hamedrosh* and *Chabad of Penn Wynne*  
Penn Wynne Library  
130 Overbrook Parkway, Wynnewood, PA 19096

### August 21, 2019

Sponsored by *Temple Beth Hillel-Beth El*  
Poolside at Kaiserman JCC  
45 Haverford Road, Wynnewood, PA 19096

In cooperation with and funded by the



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