#### SHABBAT SHELACH

#### Friday, June 28 – 26 Sivan

5:45 PM Sushi and PrOneg – MAIN LOBBY

**6:30 PM\*** Kabbalat Shabbat/Ma'ariv (please note change of time) – MAIN LOBBY

8:16 PM Candle Lighting

#### Saturday, June 29 - 26 Sivan

9:30 AM Morning Service – DOGOLE CHAPEL

TORAH READING: NUMBERS 15:8 Page 851
MAFTIR: NUMBERS 15:37 Page 854
HAFTARAH: JOSHUA 2:1 Page 857

**Kiddush:** Congregation and guests are cordially invited to join us in the FISHMAN-TOBIN

AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by

Sisterhood.

1 PM Rosh Hodesh Lecture – join Rabbi Shawn in the BAILIS ROOM
 7:20 PM Talmud Study with Rabbi Gary Charlestein – RUDOFKER LIBRARY
 8:20 PM Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL

9:23 PM Shabbat Ends

#### **Camp Counselors Needed**

Har Zion Day Camp is looking for motivated, enthusiastic counselors (ages 16 and above) –

Must be available through August 16. Please e-mail Diane Halpren at harziondaycamp@harziontemple.org, or call 610-667-5000, ext 198.

\* \* \*

#### Volunteers Needed for Cook for a Friend – Summer Dates Monday evenings – July 1 and August 5, 5:30-7:30 PM

Please join us in preparing meals for the needy.

For more information, contact Elaine Stewart, estew23@verizon.net

#### **NEXT SHABBAT**

#### Friday, July 5 – 3 Tammuz

6 PM Kabbalat Shabbat – DOGOLE CHAPEL

8:15 PM Candle Lighting

#### Saturday, July 6 – 3 Tammuz

9:30 AM Morning Service – DOGOLE CHAPEL

8:20 PM Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL

9:21 PM Shabbat Ends

#### THIS WEEK'S EVENTS

#### Sunday, June 30 – 27 Sivan

9 AM Minyan

6 PM Minha/Ma'ariv

#### Monday, July 1 - 28 Sivan

6:50 AM Minyan

12:30 PM Sisterhood Mah Jongg5:30 PM Cook for a Friend6 PM Minha/Ma'ariv

#### Tuesday, July 2 – 29 Sivan

7 AM Minyan

6 PM Minha/Ma'ariv

#### Wednesday, July 3 – 30 Sivan – Rosh Hodesh Tammuz

6:50 AM Minyan (Rabbi Shawn will not be teaching this morning)

6 PM Minha/Ma'ariv

#### Thursday, July 4 – 1 Tammuz – Rosh Hodesh Tammuz Day Camp and Synagogue Offices Closed

9 AM Minyan

6 PM Minha/Ma'ariv

#### Friday, July 5 – 2 Tammuz

7 AM Minyan and Men's Club Minyannaires with Rabbi Haaz. This morning's breakfast is

sponsored by Ned Kripke in memory of his parents.

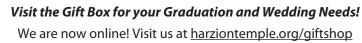
6 PM Kabbalat Shabbat/Ma'ariv

8:15 PM Candle Lighting

#### **Our Services Are Made Holier by Your Participation!**

Do you know how to read Torah or Haftarah? Would you like to practice your skills in a low-pressure environment? Then email Ely Levine at RitualCommittee@harziontemple.org to sign up. There are readings of all sizes; we will find the right one for you!

#### **Har Zion Landau Gift Box**



SUMMER HOURS Tuesday, Wednesday, Thursday, 9:30 AM to 3 PM Additional hours by appointment – 610-667-2698



# תהיינה נפשותיהם צרורות בצרור החיים:

# May their souls be bound up in the bond of life.

The following yahrzeits will be observed during the coming week.

Bella L. Black Sarah Cohen

Dr. M. Leonard Kleiman

Esther Krave David Rosen Samuel Rubin Hy Shusterman

Merlene Sniderman Young

David Blank
Judith Brown
Sylvia K. Dworkin
Edward Emanuel
Morris Frankel
Bernice E. Goldberg
Flora Graub Kelman

Rose Shanis
Mitchel Smukler
Herbert Dickler
Moses Goldenthal
Meyer W. Gussman
David Moore
Yetta Becker
Lois Greenberg

Beatrice Himmelstein Jacob Lieberman Max M. Meltzer Dr. Barbara Porges Herbert Sitman Joseph M. Zaltzman

Oscar Coren

Morris Edward Epstein

Louis Hockman

Rabbi Leon J. Liebreich

David Elan Lurie Emanuel Mazer Michael Nerenberg Robert N. Perlmutter Dr. Daniel David Shuster

Gertrude Wall Mitchell Wolfe Louis H. Young Morris Albus Bessie Braginsky Norman Cohen Samuel J. Greenbaum

Florence Kates Leonard Pearlstein Abe Rosenblum Dolly Shanis Michael Erlbaum Clara Zena Flock Sophia K. Isen Charles H. Laveson **Esther Markovitz** Rose Nathanson Zvi Shmulevich Ronald Voluck Sam Vortman Harriet Eisenberg Patricia Frank Joseph B. Goldberg

Jack Miller Jenny Miller Abe Nathanson

Dr. Albin Gustaw Schiff Michael David Schulman

Adolph Schwartz Samuel Robert Wells

Julius Wilf



## Israel Bonds Honors Janice Gorson, Lynne Cohen and Sherrie Willner Thursday, August 8, 11:30 AM-2:30 PM

Israel Bonds Philadelphia Women's Division invites you to the Chai Tea Lunch

Honoring Janice Gorson, Lynne Cohen and Sherrie Willner

At the home of Daryl Segal, Margate City, NJ

Featuring a Performance by Kol Zimra – An interactive Jewish a cappella group known to provide spirited & spiritual musical harmony and an Israel Briefing by Elad Strohmayer,

Spokesperson of the Embassy of Israel to the United States

Minimum \$100 new Israel bond investment required to attend
Minimum \$1,800 new Israel bond investment to be listed on the
Chai Tea Roll of Honor - L'Dor v'Dor: Friends & Family
(Bond investments must be completed by August 8 unless other arrangements
are made with Sharon Richman)

(Visit <u>www.israelbonds.com</u> to invest online)

#### **RSVP by August 1**

On your response please indicate if you need a ride or can offer a ride

Jean Herz, Women's Division Chair Judy Auerbach and Jennifer Willner, Chai Tea Chairs

For more information and to register, please contact Sharon Richman, Registered Representative, 267.443.2005 | Sharon.richman@israelbonds.com

**DIETARY LAWS OBSERVED** 



### Mental Wellness Guide for Life Challenges

Connecting with others has never been easier than in the present day. But this connectivity is a double-edged sword. While some forty percent of Americans feel lonely and isolated, according to the 2018 US Loneliness Index, increased social media use has been linked with heightened feelings of social isolation, especially in young people.

Wisdo, an Israeli mental wellness startup, wants to harness the power of online communities to lift people out of emotional pain by connecting with each other through shared experiences. To read more, go to: http://www.israelideas.org/#!current/c1ggf.



#### Friday, June 28

5:45 PM – Sushi and Wine PrOneg 6:30 PM – Services (please note service time)

#### Friday, July 12



4:45 PM - Movie - The Women's Balcony

For a preview: https://www.youtube.com/watch?v=5Ae4MShFUqo

**6:30 PM** – Sushi and Wine PrOneg

7:15 PM – Services (please note service time)

#### Saturday, August 3

Gazpacho/Cold Soup Shabbat Kiddush – Share your favorite recipe! who plan to prepare soup in the HZ kitchen on Thursday or Friday, Augus

Those who plan to prepare soup in the HZ kitchen on Thursday or Friday, August 1 or 2, please contact Emily Berton (eberton@harziontemple.org) – you will be reimbursed for your ingredients. Those who need assistance with *kashrut* and shopping for supplies, please contact Norman Einhorn (neinhorn@harziontemple.org).



#### Saturdays, July 20 and August 3

Join us for Kiddush at 12 PM

Pool time: 1-3 PM at the Har Zion Pool

Ages: Kids through third grade are welcome

No charge – A healthy snack will be provided Lifeguards will be onsite

Rules for the pool:

- No food allowed in pool area
- Adults accompanying children 3 and under must be in the water with them
  - No flotation devices (wings, floaties) permitted
  - All children in diapers must wear a vinyl swim diaper covering

## Pajamarama:

### **Jewish Story Time**

Kehillah of Lower Merion invites you to put on your pajamas, grab your teddy bear and join us for story time.



For additional information call 484-604-0093 or email kehillahoflowermerion@gmail.com

#### Wednesdays at 5:30 pm - NEW TIME!

#### June 26, 2019

Sponsored by Kaiserman JCC and jkidphilly Poolside at Kaiserman JCC 45 Haverford Road, Wynnewood, PA 19096

#### July 3, 2019

Sponsored by Main Line Reform Temple Maybrook Apartments 325 Penn Road Wynnewood, PA 19096

#### July 10, 2019

Sponsored by Chabad of the Main Line
Bala Cynwyd Library
131 Old Lancaster Road, Bala Cynwyd, PA 19004

#### July 17, 2019

Sponsored by Har Zion Temple
Pool at Har Zion
1500 Hagys Ford Road, Penn Valley, PA 19072

#### July 24, 2019

Sponsored by Beth David Reform Congregation Gladwyne Park 921 Youngs Ford Road, Gladwyne, PA 19035

#### July 31, 2019

Sponsored by Beth Am Israel
Poolside at Kaiserman JCC
45 Haverford Road, Wynnewood, PA 19096

#### August 7, 2019

Sponsored by Adath Israel
Poolside at Kaiserman JCC
45 Haverford Road, Wynnewood, PA 19096

#### August 14, 2019

Sponsored by Congregation Beth Hamedrosh and Chabad of Penn Wynne Penn Wynne Library 130 Overbrook Parkway, Wynnewood, PA 19096

#### August 21, 2019

Sponsored by Temple Beth Hillel-Beth El Poolside at Kaiserman JCC 45 Haverford Road, Wynnewood, PA 19096

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