
SHABBAT BEMIDBAR/EREV SHAUVUOT

FRIDAY, JUNE 10 – 5 SIVAN

6:00 PM Kol Zimra – Instrumental Service – LEVIN-BAILIS ROOM
6:00 PM Traditional Service – DOGOLE CHAPEL
8:11 PM Candle Lighting

SATURDAY, JUNE 11 – 5 SIVAN – EREV SHAUVUOT

9:30 AM *Kol Tefilah* – Morning Service – DOGOLE CHAPEL
11:15 AM *Kol Mishpacha* – Family Service – BENJAMIN B. LEVIN ROOM
TORAH READING: NUMBERS 3:14 Page 779
MAFTIR: NUMBERS 4:17 Page 785
HAFTARAH: HOSEA 2:1 Page 787

KIDDUSH: Congregation and guests are cordially invited to join us in the FISHMAN-TOBIN AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by Sisterhood.

MILTON POMERANTZ INTERACTIVE TORAH STUDY GROUP: Following the Kiddush, join Barbara Block for an interactive Torah study session in the BAILIS ROOM.

At Congregation Beth Am Israel

7:00 PM Minha/Seudah Shlishit
9:00 PM Ma'ariv followed by Tikkun Leil Shavuot – *Into the Mystic: Tikkun b'Kol Ram* and Dairy Dessert followed by Late Night Study
9:19 PM Shabbat ends

IN MEMORIAM – BARUCH DAYAN HA-EMET

The Congregation extends its deepest sympathies to the family of:
MAX HARRIS, father of Ian Harris, June 6, 2016 (29 Iyar 5776)

THIS SUMMER – GIVE A D'VAR TORAH AT SHABBAT SERVICES...

Why are Bar/Bat Mitzvah students the only Har Zion Temple members who share thoughts on the weekly Torah portion or Haftarah with the community? Each Shabbat from **June 10-11 through August 26-27**, we encourage all of our members to step forward and prepare three to five minutes of Torah or Haftarah commentary to present at Friday night or Saturday morning services. Please contact Rabbi Allen ruallen@harziontemple.org to select a date. All of our clergy are more than ready to help you prepare and present your D'var Torah. It is a wonderful opportunity to grow Jewishly, and the congregation looks forward to hearing your insights.

Mi Shebeirach*Mi shebeirach avoteinu**M'kor hab'racha l'imoteinu*

May the source of strength,
Who blessed the ones before us,
Help us find the courage to make our
lives a blessing,
and let us say, Amen.

*Mi shebeirach imoteinu**M'kor habrachah l'avoteinu*

Bless those in need of healing with
r'fuah sh'leimah,
The renewal of body, the renewal of spirit,
And let us say, Amen

THIS WEEK'S EVENTS

SUNDAY, JUNE 12 – 6 SIVAN – FIRST DAY SHAUVUOT**At Congregation Beth Am Israel**

4:00 AM HASHKAMA MINYAN (Pre-dawn Festival Service)

At Har Zion Temple

9:30 AM MORNING MINYAN – DOGOLE CHAPEL
Kiddush to follow
7:00 PM MINHA (Yizkor recited)

**MONDAY, JUNE 13 – 7 SIVAN – SECOND DAY SHAUVUOT****At Har Zion Temple**

9:30 AM MORNING SERVICE WITH OUR NEIGHBORS (Yizkor recited)
Kiddush to follow
10:15 AM TOT SHAUVUOT with Rabbi Allen and Debbie Folz – BERKOWITZ FAMILY AUDITORIUM
11:15 AM SHAUVUOT DAY SCHOOL FAMILY EXPERIENCE with Rabbi Allen and Cantor Messinger – BERKOWITZ FAMILY AUDITORIUM
8:15 PM MINHA/MA'ARIV

TUESDAY, JUNE 14 – 8 SIVAN

7:00 AM MORNING MINYAN
6:00 PM MINHA/MA'ARIV
7:30 PM JOINT BOARD OF DIRECTORS AND TRUSTEES MEETING

WEDNESDAY, JUNE 15 – 9 SIVAN

7:00 AM MINYAN & TISCH – *Halakha Yomit* (daily *halakha*) with the *Mishnah Berurah* - conversation & breakfast with Rabbi Allen
12:30 PM SISTERHOOD BOOK CLUB - *The Marriage of Opposites* by Alice Hoffman – hosted by Elaine Stewart. RSVP to her at estew23@verizon.net.
6:00 PM MINHA/MA'ARIV
7:00 PM MEN'S CLUB CLOSING DINNER

THURSDAY, JUNE 16 – 10 SIVAN

6:50 AM MORNING MINYAN
11:00 AM NCCECE PRACHIM CLOSING CEREMONY
5:00 PM NCCECE GAN GRADUATION
6:00 PM MINHA/MA'ARIV
7:00 PM SHUL STITCHERS

FRIDAY, JUNE 17 – 11 SIVAN**NCCECE LAST DAY OF SCHOOL**

7:00 AM MEN'S CLUB MINYANNAIRES – Join Rabbi Rosenberg for breakfast and a study session "Jeopardy Rashi Style." This morning's breakfast is sponsored by Debbie Folz in honor of Deb & Bob's 41st anniversary
12:00 PM NCCECE EARLY DISMISSAL AND HSA PICNIC
6:00 PM MINHA/KABBALAT SHABBAT/MA'ARIV
7:00 PM CONGREGATIONAL ONEG SHABBAT
8:14 PM CANDLE LIGHTING

תהיינה נפשותיהם צרות בצרור החיים:

May their souls be bound
up in the bond of life.

The following yahrzeits will be observed during the coming week.

Norman Brooks
Saul Habelson
Dolly Holtzman
Michael S. Kirschner
Dr. Joseph Manusov
Harry Moss
Joseph Muchnick
Marian Parris
Joseph Schwab
Ruth Solomon
Dorothy Zamostien
David Benish
David Goodman
Benjamin Horwitz
Miriam Levitt
Joseph Lorinczy
Merle Moskowitz
Rose Penienskice
Lillian Perlstein
Beatrice Rosenberg
Ida Shubin
Anna Tabas
Shirley Toland
Ida Zolot
Harry Bass
Luba Bluma Bazrod
Selma Fryman
Toni Gvili
Pauline "Petty" Kinderman
Passie E. Levinthal
Anna Mishkin
Philip Rossman
Jennie Simon
Isaac Cohen
Daniel Graub

Lillian Kaar
William Jack Ross
David Frank Tishler
Frank L. Young
Anna Landow
Louis Martin
Charles Balkin
Sidney Henry Ellis
Joseph Kaplan
Dora Miller
Daniel N. Myers
Robert Odlen
Elise Rose
Joseph Schwaber
Eugene H. Seltzer
Beatrice F. Adler
Audrey (Micki) Banner
Rabbi Moshe L. Barg
Rebecca Dworkin
Louis Getzik
James Golder
Dora Lifter Miller
Miriam Sann
Jules Axelrod
Joseph Chaiken
Faye Gold
Elizabeth Goldstein
Gloria Goldstein
Harriet Kerdell
Rubin Kerdell
Louis Metcoff
Ilana Myra Miller
Freda Seigerman
Steven Stein

TALMUD STUDY WITH RABBI ALPERT – MONDAY MORNINGS, 10:00 AM NO CLASS JUNE 13

This class is studying the seventh chapter of Bava Metzia (Labor Law).

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MEN'S CLUB CLOSING BBQ DINNER, WEDNESDAY, JUNE 15, 7:00 PM

Special guest, **Davie Richman**, author of "Wilt, Ike & Me," and son of Philadelphia 76ers founder, Ike Richman, will be speaking about his close friendship with Wilt Chamberlin, the early days of the team, and how they rose to claim the NBA championship title.

Paid-up members are invited to your complimentary closing dinner celebration serving steak and scotch, Non- members are \$40 – RSVP necessary –

Doug Sayer, doug.sayer@colliers.com or Jack Marine, recyclejack@aol.com

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SISTERHOOD BOOK CLUB – WEDNESDAY, JUNE 15, 12:30 PM

The Marriage of Opposites by Alice Hoffman – hosted by Elaine Stewart. RSVP to her at estew23@verizon.net.

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VOLUNTEERS NEEDED FOR COOK FOR A FRIEND – SUMMER DATES MONDAY EVENINGS – JUNE 20, JULY 11 AND AUGUST 8, 6:00-8:00 PM

Set up begins at 5:30 PM in the catering kitchen. Cooking and food packaging will be from 6:00 to 8:00 PM. Please join us in preparing meals for the needy. For more information, contact Elaine Stewart, estew23@verizon.net

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TRANSPORTATION TO HAR ZION

Please contact Nanci Goldman at NanciG22@aol.com or 610-664-7987.

INNOVATION UPDATE FROM ISRAEL IDEAS

Looking for the Skin's Fountain of Youth

Pollutants, UV rays, radiation and other stressors in the environment assault our skin all day long. When these substances filter into the body through our pores, they can create free radicals. Oxidative stress caused by excessive free radicals is responsible for a host of skin conditions, including inflammatory diseases, pigment disorders, wrinkles and some types of skin cancer. It can also damage internal organs and cells that produce essential lipids, proteins and DNA.

According to report in the journal *Cosmetics*, an Israeli PHD student in collaboration with researchers from Technion-Israel Institute of Technology came up with an innovative nanotechnology that could be the way to activate the body's natural defense against oxidative damage to the skin as well as internal organs. This nanotechnology boosts the body's natural defense mechanisms against oxidative stress, helping to produce antioxidant enzymes to maintain the skin's proper balance, "The approach of using the body's own defense system is very effective. We showed that activation of the body's defense system with the aid of a unique delivery system is feasible, and may leverage dermal cure," said Hebrew University researcher Maya Ben-Yehuda Greenwald. To read more go to: <http://www.israelideas.org/#!current/c1gqf>.

Tikkun Leil Shavuot 5776

"Shavuot Night Study and Prayer"

sing.
pray.
study.
connect.
rejoice.
repair.

Saturday Night, June 11
at Congregation Beth Am Israel

**Then join us for Services
at Har Zion Temple**

Sunday, June 12

9:30 AM Morning Service
7:00 PM Minha (Yizkor recited)

Monday, June 13

9:30 AM Morning Service with
our neighbors (Yizkor recited)
10:15 AM Tot Shavuot
with Rabbi Allen and Debbie Folz
11:15 AM Shavuot Day School
Family Experience with
Rabbi Allen and Cantor Messinger
8:15 PM Minha

7:00pm Mincha afternoon service
7:45pm Seudah Shlishit, third Shabbat meal
9:00pm Ma'ariv evening service (Traditional &
Alternative tefilah options)

*-Dairy desserts and good
coffee through the
night!-*

AND AT 4:00am
Hashkama minyan
(pre-dawn service, at
Beth Am Israel)

9:00-10:30pm, Tikkun Leil Shavuot

"Into the Mystic": Tikkun b'Kol Ram ("A 'repair' with full voice")
Song, Chant, Percussion, Poetry, Harmony and Words of Torah.

Beit Midrash, Traditional, text based learning sessions, led by our clergy.

**10:30pm until.... Music making session and text study session continue into
the night!**

participating together:

Congregation Beth Am Israel, Har Zion Temple, Beth David Reform Congregation & Main Line Reform Temple

1301 Hagys Ford Road Penn Valley Pa 19072 / www.bethamisrael.org/ 610.667.1651

No charge for Paid-up Men's Club members
\$40 for Non-members



RESERVE YOUR STEAK NOW!

TREAT YOURSELF TO THE CLOSING DINNER CELEBRATION!

SERVING STEAK & SCOTCH

BY CHEF EXTRAORDINAIRE GARY NOVICK & CREW
CHAIRMEN: ROY STANDER & MORRIS KURTZMAN



SPECIAL GUEST:

David Richman, author of the book, "Wilt, Ike & Me" and son of the Philadelphia 76ers founder, Ike Richman, will be speaking about his close friendship with Wilt Chamberlain, the early days of the team, and how they rose to claim the NBA championship title.

WEDNESDAY, JUNE 15, 2016 • 7 PM AT HAR ZION TEMPLE

RSVP STEAK ORDER TO:

Doug Sayer at douglas.sayer@colliers.com
or Jack Marine at recyclejack@aol.com
40 Steaks will be ordered-RSVP by June 10th
to reserve yours!

50/50 DRAWING

(\$2,\$5,\$10)

CASH OR CHECK

NO CHARGE FOR PAID MEMBERS

Come connect. Come home.