

## UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS



### Israel at 70

The first exile – after the destruction of the first Temple – lasted for 70 years. Upon return to Israel it is exclaimed in the Psalms that our dreams had been fulfilled. This year marks the 70th anniversary of the creation of the first Jewish state in nearly 2000 years!

Come learn with us and engage in learning about the continued miracle that is Modern Israel.

**All programs labeled with this icon include Israel at 70 content.**

*These programs are generously sponsored by the Shirley & Norman Greenbaum Yom Ha'atzmaut Fund.*

**For the upcoming Adult Ed schedule and Israel at 70 programs, go to**

[www.harziontemple.org/harzion/ehighlights/Israel70-3.pdf](http://www.harziontemple.org/harzion/ehighlights/Israel70-3.pdf)

### Har Zion After Dark

#### Wednesday Night Adult Ed Series

May 9, 16, 23 and 30

6:30-7 PM - Nosh and refreshments; 7-8 PM - Classes

**Dr. Melissa R. Klapper**, Professor of History and Director of Women's & Gender Studies, Rowan University – *The Promise and Peril of American Jewish History*

This four part series will explore American Jewish history in all its variety, from the colonial period through the modern day. The series will move both chronologically and thematically through American Jewish history, with a particular focus on social, cultural, and religious life.

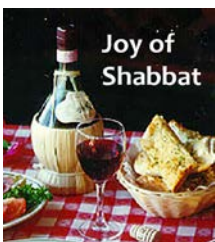
#### **Rabbi Moriah SimonHazani** – *Jewish Food and Cooking*

This class is both for the body and the soul. We will learn how to prepare essential Israeli comfort foods. While preparing the meal we will focus on Jewish approaches toward food. This will give us an opportunity to fully nourish ourselves and enjoy the company, the sustenance, and the intellectual stimulation.



#### **Norman Einhorn**– *Trending News and Events in Israel Today*

This class tackles those topics talked about at the water cooler and dinner table. Past classes have dealt with BDS, Israeli-Palestinian Conflict, Anti-Semitism, Immigration, US Elections, Israeli Advocacy and the future of American synagogues. *This class is part of our Israel @70 celebration and is sponsored by the Shirley & Norman Greenbaum Yom Ha'atzmaut Fund.*



Joy of  
Shabbat

**Friday, May 11, following 6 PM Services**

**Join us for Italian-Style Dairy Dinner with Dessert**

Come relax and enjoy Shabbat Dinner together

BYOB (unopened Kosher)

**All ages welcome! \$10/ adult, \$5/child under 13**

**RSVP by Wednesday, May 9** – 610-667-5000 or [hzt@harziontemple.org](mailto:hzt@harziontemple.org), or at [harziontemple.ticketleap.com](http://harziontemple.ticketleap.com)

**The Capitol Steps**



**An Evening with the Capitol Steps – Come Laugh with Us!**

**Saturday, June 2**

**7:00 PM - Dinner Reception (by reservation)**

**8:30 PM - Dessert Reception (open to all)**

**9:15 PM – Havdalah and The Capitol Steps**

Join Har Zion Temple for a hilarious evening with the famous "Capitol Steps"!

The Capitol Steps have been entertaining audiences with their musical political satire for over 35 years. Their material is "always fresh and crispy, right from the headlines!" Come laugh across the aisle with us!

**Sponsorship levels available. General admission \$54**

**Look for your invitation in the mail.**

For questions: Norman Einhorn, Director of Member Engagement at [neinhorn@harziontemple.org](mailto:neinhorn@harziontemple.org)

## Tikkun Olam...

### Toiletry Drive for Golden Slipper

The Tikkun Olam Committee is starting its annual collection for personal care items for the Golden Slipper Senior Club. We prepare packages for their Mother's Day and Father's Day luncheons which are given away to attendees. **We are collecting full-size products only.** We are asking for your generosity in donating what you can of the listed items, but please – **FULL SIZES ONLY.** The Mother's Day collections are through **May 4**; and the deadline for Father's Day collections is **June 12.**

**Items being collected: disposable razors, shampoo/conditioner, soap, deodorant, toothpaste, toothbrushes, powder, body lotions, tissues (pocket size)**



### Mitzvah Circle Foundation

We are also partnering with the Mitzvah Circle Foundation for a Mother's Day Fundraiser to collect baby items **through May 11.**

Questions? Contact Nina Greberman, [ninagrebs@gmail.com](mailto:ninagrebs@gmail.com). [Click here](#) for list of items.

### Volunteers Needed to Help Serve Lunch – Sunday, May 6, 12-3 PM

We are planning to help serve lunch at the Life Center of Eastern DE County located at 63rd and Market in Upper Darby. This is a shelter for 50 single male/female adults. They serve over 160 residents a year. Andrew Deitch and his family have been volunteering there and find it both rewarding and beneficial to the community. We need volunteers to help prepare a meal, serve, and clean-up. Email Andrew Deitch if interested or have questions: [deitch@email.chop.edu](mailto:deitch@email.chop.edu). All ages are welcome!

### Volunteers Needed for Federation's Mitzvah Food Program beginning in June

[Click here](#) for more information.

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### 5-6-70 Israel! – Sunday, May 6, 12-5 PM at the Event Center at Valley Forge Casino Resort

The ultimate birthday party for Israel's 70th!

Free family friendly activities will fill the afternoon: games, sports, musical performances and food galore. A celebration packed with cooking demos, wine and olive oil tastings, Israeli dancing, Gaga courts, short Israeli films, a kids' area featuring theater and Israeli-made toys, science exhibits, craft vendors, local music and the hit Israeli cover band, Campaim. And of course, an array of kosher, Israeli and vegetarian food! For more information, visit [jewishphilly.org/5-6-70](http://jewishphilly.org/5-6-70). Pre-register to avoid the lines!

### Cook for a Friend – Sunday, May 6, 9:30 AM

Set up begins at 8:30 AM in the catering kitchen. Cooking and food packaging will be from 9:30 to 11 AM. Please join us in preparing meals for community members in need. For more information and to RSVP, contact Elaine Stewart, [estew23@verizon.net](mailto:estew23@verizon.net).

### Sisterhood General Membership Election Meeting – Sunday, May 6, 9:30 AM

There will be a quick meeting of the general membership in the Main Sanctuary to vote on the [nominees for Officers and Board of Directors](#) for the 2018-2020 term. We hope you can all come vote and let your voice be heard. Questions? Contact Debbie Golden, [goldendagg@gmail.com](mailto:goldendagg@gmail.com).



### Sisterhood/HSA Monday Mah Jongg Mondays at 12:30 PM

You may bring Kosher dairy/parve lunch or snacks.

Mah Jongg instruction available - \$10 per person – INVITE YOUR FRIENDS!

Questions and to RSVP, please contact Nina Greberman, 610-733-1399 or [ninagrebs@gmail.com](mailto:ninagrebs@gmail.com).



### Sisterhood General Meeting – Monday, May 7, 7 PM

with **Rabbi Moriah Simon-Hazani**

***My Jerusalem, Old and New – Musings in honor of Yom Yerushalaim***

Dessert will be served.

RSVP to Sheila Schafer [lssch@comcast.net](mailto:lssch@comcast.net)

**Experience the Joys of Yiddish with Gerry Spector – Tuesdays, May 8, 22 and June 5  
10 AM and 5 PM**

Enjoy the works of Yiddish authors, poets, songs, theater and cinema and incidentally learn the language.

**Sisterhood Chair Yoga – Thursday mornings, 8:50 AM**

Get your day going! Join us in the Charlestein Youth Lounge



**Har Zion Men's Club Spring Pub Night – Thursday, May 17, 6:30-8:30 PM**

Citron & Rose Tavern & Market, 261 Montgomery Ave, Bala Cynwyd, PA

Your first drink is on us! Food will be provided.

No charge for paid members - \$40 for guests

RSVP REQUIRED – Doug Sayer - [douglas.sayer@colliers.com](mailto:douglas.sayer@colliers.com) or Jack Marine - [recyclejack@aol.com](mailto:recyclejack@aol.com)



**Israeli Scouts Friendship Caravan Performance**

**Tuesday, May 29, 6:15 - 8:00 PM**

Welcome the Israeli Scouts Friendship Caravan on their first stop in the USA!

The Caravan brings with them a message of hope and peace for Israel... especially this year, for Israel's 70th Birthday!

Join us for an **optional pasta dinner at 5:30 PM** and get to meet the scouts! RSVP at

<https://harziontemple.ticketleap.com/israeli-scouts-friendship-caravan-performance/>

The FREE community **performance begins at 6:15 PM** followed by a FREE community dessert reception.

**FUN FOR ALL AGES AND OPEN TO THE ENTIRE COMMUNITY!**



**Shabbat Sha-Blue Jeans and Gan Shabbat Dinner – Friday, June 1, 5:30 PM**

Please join us for Services with Debbie Folz and Miss Amy Jo

followed by a delicious Shabbat dinner

Jeans and casual attire encouraged – BYOB (Kosher)

Be our guest! However, reservations are required. [Click here](#) or email Debbie Folz, [dfolz@harziontemple.org](mailto:dfolz@harziontemple.org)



**Sunday Sports Spectacular – June 3, 2-4 PM**

First Annual Sunday Sports Day Spectacular – Jewish Disabilities Inclusive Day of Celebration

With obstacle course, hockey shot, bowling, goalie competition

Join us for an inclusive Jewish sports event. Children, teens and young adults, both with and without disabilities, will come together to participate in various activities and sports for a day of great fun and celebration.

*Sponsored by Har Zion Temple, Philly Friendship Circle, JChai and LMAHH*

Go to <https://harziontemple.ticketleap.com/sports/> to sign up or call 215.574.1765 or email [info@phillyfriendship.com](mailto:info@phillyfriendship.com) for more information.



**Sisterhood Closing Campaign Luncheon and Installation of Officers**

**Thursday, June 7, 11:30 AM**

We are also collecting items for Jewish Family and Children's Services. [Click here](#) for the list – please bring these items with you to the luncheon. For more information, please contact Maxine Rosen, [maxinedrosen@gmail.com](mailto:maxinedrosen@gmail.com) or 610-664-2147.

**Calling all Artists and Crafters!!!!** We would like to highlight Sisterhood members' talents at the luncheon. We would appreciate your contribution of a piece of your talents to be used as a raffle that day. Please contact Sheila Kliger, 610-668-8043 or [bubbie5@comcast.net](mailto:bubbie5@comcast.net) about your contribution. Thank you!



**Red Cross Blood Drive – Monday, June 4, 1:30-6:30 PM**

To make an appointment, please call 1-800-RED-CROSS or visit [www.redcrossblood.org](http://www.redcrossblood.org) and enter sponsor keyword: **har zion temple penn valley**

Donors will receive a \$5 Amazon.com Gift Card via email, courtesy of Suburban Propane.

### Sign up for Har Zion Day Camp

Looking for a great camp for your 2-5 year old this summer? Or know of someone who is? Har Zion Day Camp is it! The Big Kid Feel....Little Kid Fun! For information or questions, give Diane Halpren a call at 610-667-5000 ext. 198 or email her at [harziondaycamp@harziontemple.org](mailto:harziondaycamp@harziontemple.org). You can also stop by the school office for an application.

### Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org). Help us help you!

**Sisterhood Floral Fund Donation Cards** are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

**Four for \$30 (\$10 each)** – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or [moibas83@hotmail.com](mailto:moibas83@hotmail.com).

### Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, [mshoueka@hotmail.com](mailto:mshoueka@hotmail.com) or 610-519-1211 for more information.



### INNOVATION UPDATE FROM ISRAEL IDEAS

#### **Protecting Astronauts from Space Radiation Exposure**

Israel's Space Agency (ISA) and NASA (National Aeronautics and Space Administration) announced that they were joining forces to protect astronauts in space from radiation exposure, tapping into technology developed by Israeli company StemRad for a radiation protection vest it created, the AstroRad, set to be tested in deep space.

NASA is set to launch the AstroRad into space as part of the last test flight of its Orion spacecraft, with dummies on deck, before manned missions begin. The launch is planned for 2019 and the spacecraft will spend about three weeks in space, including in retrograde orbit around the moon. The trial will involve testing the new protective suit against cosmic gamma rays as part of a feasibility study for any future mission to Mars.

The dummies will be provided by the German Aerospace Center (DLR), with whom the Israel Space Agency signed an agreement last year for collaboration in the examination of deep space radiation effects and its absorption in the human body towards understanding the benefits provided by AstroRad. The dummies will be fitted with thousands of radiation sensors, one of which will wear the AstroRad suit and another which will not.

To read more, go to: <http://www.israelideas.org/#!/current/clgqf>.

### Transportation to Har Zion Temple

*"Oh, if I'd only known she/he needed a ride to Har Zion."*

*"Oh, I would have been there but I couldn't get a ride."*

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

**Do you need a ride...**To Services? To daytime or evening meetings and/or programs?

**Can you provide an occasional ride?**

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

**Please contact Nanci Goldman, [NanciG22@aol.com](mailto:NanciG22@aol.com) or 610-664-7987.**

### Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or [eberton@harziontemple.org](mailto:eberton@harziontemple.org).

### **Bimah Flowers Can Be Sponsored**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, [risey@aol.com](mailto:risey@aol.com) or 610-668-1148.

#### **SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS!**

##### **Regular Hours:**

**Monday – Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM**

**Sunday, 9:30 AM to 12:30 PM (when school is in session)**

**Additional hours by appointment.**

**For info, please call 610-667-2698, or email [giftbox@harziontemple.org](mailto:giftbox@harziontemple.org).**

#### **Regular Daily Minyan**

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

#### **Minyan Volunteers Needed**

*"The world stands on three things: on Torah, on prayer and on kindness to others."* – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org), with your name and cell phone number for a text.