

## UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

### *Building Our Spiritual Community*

FRIDAY EVENING, MAY 27

6:00 PM – Minha/Kabbalat Shabbat/Ma'ariv

SATURDAY, MAY 28

9:30 AM – *Kol Tefilah* – Morning Service

8:00 PM – Minha/Seudah Shlishit/Ma'ariv/Havdalah

9:09 PM – Shabbat ends

*Join us for a weekend of Community, Learning and Celebration*  
*Friday, June 3 – Sunday, June 5*

#### Friday evening, June 3

5:30 PM – Shabbat Sha-Blue Jeans and NCCECE Gan Shabbat Dinner (RSVP requested)

6:00 PM – Evening Service with Special Guest, Rabbi Chaya Rowen Baker, Rabbi of Ramot Zion,  
*Reflections from an Israeli Rabbi*



#### Saturday, June 4

*Join us as we bid farewell to Rabbi Nogah Marshall*

9:30 AM – *Kol Tefilah* – Morning Service with Rabbi Chaya Rowen Baker, *Breaking the Glass Mechitza: from Preschools to the President's Residence*

10:30 AM – Junior Congregation and Heh Transition

Kiddush in honor of Rabbi Marshall

Following Kiddush – Study Session with Rabbi Baker, *Women of the Tanach in Contemporary Israeli Literature, Exposing a Changing Israel*



#### Sunday, June 5

2016 Patrons Event

MARKING TIME WITH HAZZAN ELIOT VOGEL

Celebrating his 25 years at Har Zion Temple

6:15 PM – Patrons Cocktail/Buffer Reception

7:30 PM – Concert followed by Community Dessert Reception

Sponsorship levels available. General admission: \$36

For more information, call Marcy Gubernick, 610-667-5000, ext 108.



**Tikkun Leil Shavuot 5776 – Shavuot Night Study and Prayer**

**Saturday, June 11 – Joining our neighbors at Congregation Beth Am Israel**

7:00 PM Minha

7:45 PM Seudah Shlishit

9:00 PM Maariv followed by Tikkun Leil Shavuot – *Into the Mystic: Tikḩun b'Kol Ram* – Song, Chant, Percussion, Poetry, Harmony and Words of Torah

Dairy Dessert followed by Late Night Study

**Sunday, June 12 – at Congregation Beth Am Israel**

4:00 AM Hashkama Minyan (Pre-dawn Festival Service)

**at Har Zion Temple**

**9:30 AM** Morning Service and Family Activities

**7:00 PM** Minha (Yizkor recited)

**Monday, June 13**

**at Har Zion Temple**

**9:30 AM** Morning Service (Yizkor recited)

**10:30 AM** Shavuot Family Experience

**8:15 PM** Minha

**\*\*TALMUD STUDY WITH RABBI ALPERT – MONDAY MORNINGS, 10:00 AM  
NO CLASS JUNE 13**

This class is studying the seventh chapter of Bava Metzia (Labor Law).

**\*\*MINYAN & TISCH WITH RABBI ALLEN – WEDNESDAY MORNINGS  
FOLLOWING 7:00 AM**

***Halakha Yomit (daily halakha) with the Mishnah Berurah*** – Join us each week as we study a different halakha and ask ourselves about the underlying values that inform our practice.

**\*\*POPULAR COMMENTARIES ON GENESIS WITH RABBI ROSENBERG –  
THURSDAY MORNINGS 10:00 AM – REMAINING CLASSES ARE JUNE 2 AND 9**

We will study the commentaries found in the Hertz Chumash, the *Etz Hayim* Chumash and the commentaries of modern biblical scholars to deepen our understanding of the first book of the Bible.

**\*\*FRIDAY MORNING MEN'S CLUB MINYANNAIRES WITH RABBI ROSENBERG  
FOLLOWING 7:00 AM MINYAN**

***Jeopardy Rashi Style*** – This class will examine the commentary of Rashi on the Torah to deepen our appreciation of the issues Rashi saw in the text and to understand how his commentary maintains relevance through today.

**\*\*SISTERHOOD ANNUAL CLOSING CAMPAIGN LUNCHEON – THURSDAY, JUNE 2, 11:30 AM**

with Musical Entertainment and a Baby Shower benefitting the Mitzvah Circle Foundation

By reservation only – Nina Greberman and Judy Guzman, *Co-chairs*

**\*\*SHABBAT SHA-BLUE JEANS! FRIDAY, JUNE 3, 5:30 PM  
AND THE NCCECE GAN SHABBAT DINNER**

We are excited to announce that we are combining the NCCECE Gan Shabbat Service with Shabbat Sha-Blue Jeans Services with Rabbi Allen followed by an HSA-sponsored Shabbat Dinner. This service is geared to families with children age infant to 6 years old, but all are welcome. Shabbat Sha-Blue Jeans is a monthly opportunity to welcome Shabbat with singing, dancing, prayer and light dinner! Each month we will have a communal birthday celebration. **Reservations required.**

**Jeans and casual attire encouraged! Bring your own Kosher wine. There is no charge for dinner - RSVP requested to [mgubernick@harziontemple.org](mailto:mgubernick@harziontemple.org)**

**\*\*AMERICAN RED CROSS BLOOD DRIVE – MONDAY, JUNE 6, 1:30-6:30 PM**

Gorson Auditorium

**To make an appointment go to <http://www.redcrossblood.org> or call 1-800-Red-Cross Or contact Shirley Swinger at 484-412-8299**

***Want to save 15 minutes before donating?*** Try our new *RapidPass* feature and start the blood donation process in the comfort of your own home. Visit <http://www.redcrossblood.org/rapidpass>

***Not sure if you're eligible?***

Visit <http://www.redcrossblood.org/donating-blood/eligibility-requirements>



**\*\*MEN'S CLUB CLOSING BBQ DINNER, WEDNESDAY, JUNE 15, 7:00 PM**

Special guest, **Davie Richman**, author of "Wilt, Ike & Me," and son of Philadelphia 76ers founder, Ike Richman, will be speaking about his close friendship with Wilt Chamberlin, the early days of the team, and how they rose to claim the NBA championship title.

**Paid-up members are invited to your complimentary closing dinner celebration serving steak and scotch – 50/50 drawing (\$2, 5, 10) – cash or check**

**RSVP necessary – Doug Sayer, [doug.sayer@colliers.com](mailto:doug.sayer@colliers.com) or Jack Marine, [recyclejack@aol.com](mailto:recyclejack@aol.com)**

## **GUESS WHO'S COMING TO SHABBAS? WEEKEND OF JUNE 24-25**

GWC2S is an initiative that uses the power of Shabbat meals to strengthen our synagogue's sense of kehillah or community. Participants can host Shabbat dinner (on Fridays) or Shabbat lunch (on Saturdays) in their own homes or be guests at someone else's home.

Please let us know if you will join us as a host or guest by emailing us at [GWC2S@gmail.com](mailto:GWC2S@gmail.com). We will confirm your participation and send you directions for the next steps. If you have any questions, please don't hesitate to contact Rabbi Allen, Hannah Bookbinder or Cindy Reisner at [GWC2S@gmail.com](mailto:GWC2S@gmail.com). *Together we can make this a success for our synagogue community.*



### **\*\*CAMP COUNSELORS NEEDED**

Har Zion Day Camp is looking for motivated, enthusiastic counselors (ages 13 and above), as well as certified lifeguards – Must be available June 27 through August 19. Please e-mail [harziondaycamp@harziontemple.org](mailto:harziondaycamp@harziontemple.org), or call 610-667-5000, ext 198.

### **\*\*USE THE SISTERHOOD SCRIP PROGRAM FOR ALL YOUR SHOPPING NEEDS!**

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days. Order your Scrip cards and be prepared whenever you shop! **Please contact Michele Perlstein, [mshoueka@hotmail.com](mailto:mshoueka@hotmail.com) – 610-519-1211** for more information.



### **\*\*THIS SUMMER – GIVE A D'VAR TORAH AT SHABBAT SERVICES...**

Why are Bar/Bat Mitzvah students the only Har Zion Temple members who share thoughts on the weekly Torah portion or Haftarah with the community? Each Shabbat from **June 10-11 through August 26-27**, we encourage all of our members to step forward and prepare three to five minutes of Torah or Haftarah commentary to present at Friday night or Saturday morning services. Please contact Rabbi Allen [ruallen@harziontemple.org](mailto:ruallen@harziontemple.org) to select a date. All of our clergy are more than ready to help you prepare and present your D'var Torah. It is a wonderful opportunity to grow Jewishly, and the congregation looks forward to hearing your insights.

### **INNOVATION UPDATE FROM ISRAEL IDEAS**

#### **Manage Your Stress With An App**

Serenita is a personalized mobile solution for Android and iOS from Eco-Fusion. It measures your stress levels, helping you to manage stress throughout the day with a tailored five-minute relaxation exercise. The science embedded into Serenita's app is based upon years of clinical studies and research.

The award-winning app acquires data from your finger, turning the phone's camera into a biomedical sensor, peering into your bloodstream to find biomedical markers regarding heart rate, heart rate variability and blood flow. The data is processed to assess your stress and focus level. If elevated stress is detected, Serenita guides you through a personalized interactive breathing exercise designed to turns on the body's natural "rest and digest" response and turn off the production of stress hormones like adrenaline and cortisol. You can see in real-time how the exercise affects your stress/focus level and track past results.

To read more go to: <http://www.israelideas.org/#!current/c1gqf>.

### **\*\*TRANSPORTATION TO HAR ZION**

*"Oh, if I'd only known she/he needed a ride to Har Zion."*

*"Oh, I would have been there but I couldn't get a ride."*

We are hearing these statements more and more – and would like to help our congregants who would like to attend Services, meetings and programs.

**DO YOU NEED A RIDE...**To Services? To daytime or evening meetings and/or programs?

**CAN YOU PROVIDE AN OCCASIONAL RIDE?**

What areas would be convenient for you?

What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

**Please contact Nanci Goldman at [NanciG22@aol.com](mailto:NanciG22@aol.com) or 610-664-7987.**

### **\*\*DO YOU NEED THE HAR ZION TEMPLE CARING CONNECTION?**

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't

assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org). Help us help you!

**\*\*SHARE YOUR SIMHA!**

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. Please contact Shonnie Lebovitz, Program and Events Coordinator (ext 106 or [slebovitz@harziontemple.org](mailto:slebovitz@harziontemple.org)) for more information.

**\*\*BIMAH FLOWERS CAN BE SPONSORED**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, [risey@aol.com](mailto:risey@aol.com) or 610-668-1148.

**SHOP THE GIFT BOX FOR ALL GIFT-GIVING AND HOLIDAY NEEDS!**

**Regular hours:**

**Monday – Thursday, 9:30 AM to 4:00 PM, Friday, 9:30 AM to 3:00 PM**

**Sunday, 9:45 AM to 1:00 PM (when school is in session)**

**Additional hours by appointment.**

**For info, please call 610-667-2698, or email [giftbox@harziontemple.org](mailto:giftbox@harziontemple.org).**

**The Gift Shop is now accepting credit cards – giving you more flexibility to shop!**

***Like us on Facebook!***

**REGULAR DAILY MINYAN**

Evenings: 6:00 PM

Mornings: Sunday – 9:00 AM, Monday and Thursday – 6:50 AM,

Tuesday, Wednesday and Friday – 7:00 AM

**MINYAN VOLUNTEERS NEEDED**

*"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot*

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert (610-667-5000, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org)) with your name and cell phone number for a text.

**AN ACTIVE MEMBER OF OUR LOCAL JEWISH COMMUNITY DESPERATELY NEEDS A KIDNEY - BLOOD TYPE B or O**

**To learn how you can save a life or for more information about kidney donation, please call: (718) 431-9831 or email: [R718@renewal.org](mailto:R718@renewal.org). Visit [WWW.RENEWAL.ORG](http://WWW.RENEWAL.ORG)**