

OTHER HZT ANNOUNCEMENTS AND COMMUNITY NEWS

NEW DAN GOTTLIEB BOOK IS HERE!

Thank you for sharing in the excitement of "Open a Book...Open Your Mind." We know that many of you were awaiting Dr. Dan Gottlieb's newest book - *THE WISDOM WE'RE BORN WITH*. Great news! Copies are now available at Har Zion Temple. Please email or call Shonnie Lebovitz to let her know that you want to purchase a copy. This book is great for a personal library and it makes a wonderful gift. Shonnie can be reached at 610-667-5000 or slebovitz@harziontemple.org.

SAVE THE DATE: MEN'S CLUB CLOSING BBQ DINNER, THURSDAY JUNE 18 AT 7:00 PM

SPECIAL ADULT EDUCATION PROGRAM – TUESDAY, JUNE 23, 2015 – 4:00 PM NESHAMA BODY AND SOUL WITH RABBI JAYMEE ALPERT AND FERNANDO MARTINEZ

Neshama Body and Soul is a strength-based, active, spiritual practice that incorporates Jewish prayer and contemplation. Please wear exercise clothing, and bring water and a mat or beach towel, as well as an open heart and mind.

Rabbi Jaymee Alpert has been a rabbi for 12 years and currently serves a synagogue in Port Chester, New York. Fernando Martinez is a certified personal trainer with more than 20 years of experience.

There is no charge for this class. RSVP is requested. Please email or call Rabbi Marshall: rmarshall@harziontemple.org or 610-667-5000, ext 114

For more information, please visit neshamabodyandsoul.org and 'Like' them on Facebook.

RABBINICAL ASSEMBLY MONTHLY LUNCH AND LEARN

All are welcome. For more information, please call Rabbi Gary Charlestein, 610-239-6003.

Tuesdays in Jenkintown at the Library of Adath Jeshurun Congregation, 12:00-1:00 PM.

Tuesdays in Center City at the offices of Cozen & O'Connor, 1900 Market St in the Phila Stock Exchange Building, 12:00-1:30 PM. **Rabbi Robert Alpert teaches at this location on June 16.**

NOW TUESDAYS in Plymouth Meeting at the offices of Premier Dental, 1710 Romano Drive – off Ridge Pike and Belvoir Road, 12:30-1:30 PM. **Rabbi Gary Charlestein teaches at this location.**

CONGREGANTS NOT RECEIVING E-HIGHLIGHTS

If you know Har Zion members who are not receiving E-HIGHLIGHTS, tell them to send their email address to jfetscher@harziontemple.org with the request to be added to the E-HIGHLIGHTS distribution list. Also, if your email has changed, please notify the synagogue office.

ALIYOT ARE FOR EVERYONE!

If anyone would like an honor for the High Holidays, or if you would like an aliyah to commemorate a yahrzeit, celebrate a birthday or anniversary, graduation or just because – please contact Rabbi Alpert, 610-667-5000, ext 104 or rralpert@harziontemple.org.

Need to review or learn the blessings? Rabbi Alpert can help you with that too!

CHAI SIMCHA WALL PLAQUES

There is no greater joy than the celebration of Jewish life cycle events. The meaning and memory of your event is heightened when it becomes a permanent part of our synagogue's Chai Simcha Tablet. The Tablet is a beautiful reminder of a Bar/Bat Mitzvah, baby naming, wedding, anniversary, and other happy occasions shared with family and friends. For more information, please call the office, 610-667-5000.

Yahrzeit Plaques

Remember your loved ones with a yahrzeit plaque in the Bronstein Memorial Room. The cost for each plaque is \$750. For information or to order a plaque, please call the office, 610-667-5000.

COMMUNITY ANNOUNCEMENTS

SHANDLER-PINCUS POST #305 – JEWISH WAR VETERANS OF THE USA MEETING NOTICE AND POST NEWS

(IF YOU NEED A RIDE or CAN GIVE A RIDE, CALL HENRY 215-459-1261)

{IN CASE OF SEVERE WEATHER, CALL ADATH ISRAEL @ 610-934-1919}

Questions/Comments/Newsletter Ideas: Henry Frank, Adjutant, cell-215-459-1261

(TBD) 2015: Post 305's Cemetery Memorial Ceremonies (Memorial Day coincides with Shavuot)

30 May [Shabbat]: Tour of Honor leaving from St. Kevin's, Springfield, PA. Calling all WW2 Vets to join us for this great day of honor in May. We can never repay you for all that you have done but we can show you our appreciation. For more information concerning their tour, contact Cathy. If you would like to be a guardian or volunteer for our next mission, please call Cathy at 610-613-3865. Another trip is planned for 5 Oct [it's a Monday, but falls on the Jewish holy day of Shemini Atzeret].

31 May at 10AM: Post 134/305 Memorial Ceremony at Ohev Shalom Cemetery in Brookhaven.

14 Jun: (Tentative)

ATTENTION: We need new members. Most of you know someone who is a vet, or who is an active service member. If they are Jewish, they should be JWV members. Active service members' dues are free as long as they are active. Consider gift memberships: Purim, Shalach Manot, Pesach afikomen, Awe gifts for High Holy Days, Hanukkah gelt gifts. See any officer for an application.

HAZON PHILADELPHIA SPONSORS 'RIDE THE PINES' – SUNDAY, MAY 31

Hazon Philadelphia's Ride the Pines, on Sunday, May 31 at the JCC Camps in Medford, NJ, is a fully-supported bike ride and community experience for people of all cycling levels and ages. Riders will explore pine forests, farmland, and local villages, culminating in a kosher barbecue lunch, followed by interactive environmental education, a sustainable marketplace, swimming, and boating. Register today to pedal for a healthier planet! hazon.org/phillybike

AJC PHILADELPHIA/SOUTHERN NJ PRESENTS LUNCH AND LEARN WITH STEPHAN KRAMER, AJC'S DIRECTOR, EUROPEAN OFFICE ON ANTI-SEMITISM

Thursday, June 11, 12:00 PM at Beth David Reform Congregation

1130 Vaughan Lane, Gladwyne, PA 19035

PRE-REGISTRATION REQUIRED - Program registration \$15 - Includes lunch

The rising tide of anti-Semitism in Europe poses a threat to Jewish communities and to the very fabric and fiber of Europe's democratic societies. "The beast of anti-Semitism is showing its ugly face again more often and violently than we would have expected in recent months across Europe," says AJC Director of the European Office on Anti-Semitism Stephan Kramer. "AJC has excelled in establishing productive relationships with European governments and Jewish communities, essential ties in our ongoing efforts to combat the scourge of anti-Semitism."

Before joining AJC in 2014, Kramer served as Secretary General of the Central Council of Jews in Germany from 2004 and as the council's Executive Director from 2000 to 2004. He has also served as a press secretary and advisor on policy and government relations for the Conference on Jewish Material Claims against Germany. Kramer previously was the chief of staff for three different members of the German Federal Parliament (Bundestag).

RSVP to philadelphia@ajc.org OR 215-665-2300 by June 3

Credit card payment accepted in advance only – Cash only at the door

Questions? Email levineh@ajc.org or call 215-665-2300

JACK M. BARRACK HEBREW ACADEMY

Come love where you learn. For more information or a personal tour, contact Jen Groen: jgroen@jbha.org or 610-922-2350.

GROWING UP PERELMAN

Academics. Ethics. Community. And an unparalleled dual-language curriculum that strengthens cognitive development, problem solving and reasoning.

Attend an Open House, schedule a personal tour, speak to current Perelman parents

For information or to sign up, call Mindy Andelman, 610-658-2518 X207, mandelman@pjds.org, or go to <http://www.pjds.org/OpenHouse?rc=0>.

KLEIN JCC...

10100 Jamison Avenue, Philadelphia, PA 19116 • www.kleinjcc.com

Heart to Heart is here for you! Are you having difficulty making ends meet? Have you recently lost your job? Have you been experiencing hardship or recent life changes? Are you struggling to put food on the table? Are you looking for assistance in deciding what to do next in order to improve your situation? If you've said yes to any of these questions and you are under the age of 65, contact us now for help!

For additional information and eligibility, please contact Anya Goldberg, Program Director at 215-698-7300 x135 or agoldberg@kleinjcc.org.

JEWISH RELIEF AGENCY NEEDS YOU!

A Call for Young Professionals...

We are coordinating a regular group of volunteers to attend JRA each and every month of the year, and are asking the Har Zion young professionals group (AVIV) if they would be interested in joining. We typically meet at 9:00 AM and help assemble boxes for 2-2.5 hours and then make deliveries using our own vehicles. So, all told, it's about a four hour commitment. We need to have a list of volunteers in order to get routes assigned, etc. We just need volunteers' full names and email addresses. And we need to know if they'll be bringing their own cars as we're responsible for delivering the boxes of food to the recipients. Because of this, it's important that people honor the commitment as we get assigned a certain number of routes and boxes based on how many people volunteer and how many cars we have at our disposal. If you are interested, please contact Josh Brockman, jobrockm@yahoo.com.



JFCS NEEDS VOLUNTEER DRIVERS FOR SENIORS

Help steer an older adult in the right direction! Be part of JFCS' Silver Wheels program and provide easy, accessible, and affordable transportation for older adults. We help out with non-emergency medical appointments; food shopping, bank, pharmacy and social activities errands.

Please contact Lisa Tischler at 267.256.2082 or email ltischler@jfcshilly.org.

The **Mitzvah Food Project** needs your help to deliver food boxes to seniors in need! We are relying on support from our community to deliver food boxes to nearby senior homes and apartments (once a month) from two of our pantry locations. Boxes are provided by the Commodity Supplemental Food Program (CSFP).



Now is your chance to do a wonderful mitzvah: sign up for a delivery route today! Delivery routes are local and will take approximately 30 minutes. Recipients will sign for the food box at the door. Please know...we must fill these routes in order to pilot this new program.

Locations of food box pick-up are: **JCCs Raymond & Miriam Klein Branch, 10100 Jamison Ave, Northeast Philadelphia 19116** and **JCCs Jacob & Esther Stiffel Senior Center, 604 Porter Street, South Philadelphia 19148.**

Whether you are looking for a B'nai-Mitzvah Project for your child, community service work, or just volunteering for a wonderful cause, please e-mail or call us. We thank you for your time and look forward to hearing from you soon! Together, we can end hunger in our community.

Contact the Mitzvah Food Project's Administrative Office with any questions:

215-832-0509 or by email at foodproject@jfgp.org.

Deirdre Mulligan, Interim Project Manager, (215) 832-0509

Deena Goldstein, Mitzvah Food Project Coordinator, (215) 832-0831

HELPING HANDS - JEVS HUMAN SERVICES CAREER STRATEGIES

1845 Walnut Street, 7th Floor, Philadelphia, PA 19103

Call 215-854-1834 today to learn more about this exciting program and to see if you qualify.

Are you an unemployed or underemployed Jewish individual under 65 living in the Delaware Valley? Helping Hands may be just what you're looking for . . . and it's FREE! *Funded by Jewish Federation of Greater Philadelphia in collaboration with Jewish Family and Children's Services.*

JEWISH FAMILY AND CHILDREN'S SERVICES DOMESTIC VIOLENCE PROGRAM

We invite you to be a part of the extraordinary journey of growth and freedom that these women are courageously facing. For more information call 267-256-2000, or visit www.jfcshilly.org.

IN SUPPORT OF ISRAEL . . .

****Let Washington know that we appreciate the US support of Israel and to urge continued support.**

Call 202-456-1111 or e-mail to comments@whitehouse.gov. Contact your Senators and Congressmen – visit www.senate.gov; www.house.gov. FOR INFORMATION AND TO MAKE DONATIONS FOR FRIENDS OF THE ISRAEL DEFENSE FORCES, visit www.fidf.org.