Building Our Spiritual Community

FRIDAY EVENING, MAY 20

5:00 PM - Shabbat across the Main Line (at Ashbridge Park, Rosemont)
6:00 PM - Minha/Kabbalat Shabbat/Ma'ariv

7:00 PM - Congregational Oneg Shabbat

SATURDAY, MAY 21

9:30 AM - Kol Tefilah - Morning Service

Bar Mitzvah: Blake Fox, son of Tina & Richard Fox

9:45 AM - Lilmod U'Lelamed - Learning Service

10:30 AM - Junior Congregation and Gimel Consecration

11:00 AM - Parashat Hashavua

7:55 PM - Minha/Seudah Shlishit/Ma'ariv

9:02 PM - Shabbat ends



2016 Patrons Event MARKING TIME WITH HAZZAN ELIOT VOGEL Celebrating his 25 years at Har Zion Temple

Sunday, June 5, 7:30 PM Concert followed by Community Dessert Reception Sponsorship levels available. General admission: \$36 For more information, call Marcy Gubernick, 610-667-5000, ext 108.



Shabbat ACROSS THE MAIN LINE - FRIDAY, MAY 20, 5:00-7:00 PM

Ashbridge Park - 1301 Montgomery Avenue, Rosemont, PA

BYO picnic, chairs and blankets - Live music for all ages - Limited number of tables available There is no cost for this event; pre-registration is requested.

Register at jewishphilly.org/mainlineshabbat

For questions, contact Rabbi Allen 610-667-5000 or Rabbi Richman 215-832-0558.

Sponsored by the Kehillah of Lower Merion – in partnership with the Jewish Federation of Greater Philadelphia

**COOK FOR A FRIEND - MAY 22, 9:00 AM

Come on out to Har Zion and perform a warm and wonderful mitzvah! Join old friends and make new ones while you help prepare delicious meals for those in need. Join us in the catering kitchen.

**TALMUD STUDY WITH RABBI ALPERT - MONDAY MORNINGS, 10:00 AM

This class is studying the seventh chapter of Bava Metzia (Labor Law).

**MINYAN & TISCH WITH RABBI ALLEN – WEDNESDAY MORNINGS FOLLOWING 7:00 AM

Halakha Yomit (daily halakha) with the Mishnah Berurah – Join us each week as we study a different halakha and ask ourselves about the underlying values that inform our practice.

**DO YOU HAVE JOB SEARCH OR CAREER QUESTIONS? JOIN JEVS CAREER STRATEGIES AND HAR ZION TEMPLE FOR THIS GREAT CAREER-BOOSTING WORKSHOP!

Tuesday, May 24 • 4:15 – 5:15 pm – *Present Your Best Self: Interviewing Techniques*Led by knowledgeable, professional career advisors, this session provides a unique window into what employers are looking for today – and how you can match your skills and experience to job needs.

RSVP Required. Call Wendy Rosenfeldt at 215-854-1874 or email CS@jevs.org, or visit

jevshumanservices.org/career-strategies

Funding provided by Jewish Federation of Greater Philadelphia

**POPULAR COMMENTARIES ON GENESIS WITH RABBI ROSENBERG - THURSDAY MORNINGS 10:00 AM - NO CLASS MAY 26 - REMAINING CLASSES ARE JUNE 2 AND 9

We will study the commentaries found in the Hertz Chumash, the *Etz Hayim* Chumash and the commentaries of modern biblical scholars to deepen our understanding of the first book of the Bible.



**LAG B'OMER COMMUNITY CELEBRATION – THURSDAY, MAY 26, 5:00-8:00 PM Barbecue, Bonfire, Beer – Kid Fun! Adult Fun! Something for Everyone! Sing or Play-along (bring your own instruments!)
Hamburgers - Hot Dogs - Veggie Burgers - French Fries - Corn on the Cob - Fruit Salad - Kona Ice Truck – S'mores – Playground Fun \$15/adults - \$10/children – RSVP to Marcy Gubernick, mgubernick@harziontemple.org or call 610-0667-5000 BY MONDAY, MAY 23.

**FRIDAY MORNING MEN'S CLUB MINYANNAIRES WITH RABBI ALPERT MAY 27 FOLLOWING 7:00 AM MINYAN

Jeopardy Rashi Style – This class will examine the commentary of Rashi on the Torah to deepen our appreciation of the issues Rashi saw in the text and to understand how his commentary maintains relevance through today.

**SISTERHOOD ANNUAL CLOSING CAMPAIGN LUNCHEON – THURSDAY, JUNE 2, 11:30 AM with Musical Entertainment and a Baby Shower benefitting the Mitzvah Circle Foundation By reservation only – Nina Greberman and Judy Guzman, *Co-chairs*

**AMERICAN RED CROSS BLOOD DRIVE – MONDAY, JUNE 6, 1:30-6:30 PM Gorson Auditorium





Want to save 15 minutes before donating? Try our new <u>RapidPass</u> feature and start the blood donation process in the comfort of your own home. Visit http://www.redcrossblood.org/rapidpass Not sure if you're eligible?

Visit http://www.redcrossblood.org/donating-blood/eligibility-requirements

**CAMP COUNSELORS NEEDED

Har Zion Day Camp is looking for motivated, enthusiastic counselors (ages 13 and above), as well as certified lifeguards – Must be available June 27 through August 19. Please e-mail harziondaycamp@harziontemple.org, or call 610-667-5000, ext 198.

**USE THE SISTERHOOD SCRIP PROGRAM FOR ALL YOUR SHOPPING NEEDS!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days. Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, mshoueka@hotmail.com — 610-519-1211 for more information.



INNOVATION UPDATE FROM ISCALLINES Imagine A Surgery-Free Operating Room

In March, participants in the 16th International Symposium on Therapeutic Ultrasound saw a live-streamed medical procedure to cure a woman's essential tremor without incisions or anesthesia. Neurology and radiology experts at Rambam Health Care Campus used the Exablate Neuro system developed in Israel by Insightec. Guided by magnetic resonance (MR) imaging, they focused multiple ultrasonic beams of acoustic energy to heat and destroy target cells in the patient's thalamus. The conference attendees saw the 65-year-old baker – who had suffered tremors for a decade despite medication – walk out of the three-hour procedure, sit down and slice a celebratory cake to share with the neurology team. "I wanted to cry, because I could not remember when I was able to drink a glass of water, and for the first time in over 10 years, I can finally return to serving people in my bakery," she said.

To read more go to: http://www.israelideas.org/#!current/c1gqf.

**TRANSPORTATION TO HAR ZION

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend Services, meetings and programs.

DO YOU NEED A RIDE...To Services? To daytime or evening meetings and/or programs?

CAN YOU PROVIDE AN OCCASIONAL RIDE?

What areas would be convenient for you?

What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman at NanciG22@aol.com or 610-664-7987.

**DO YOU NEED THE HAR ZION TEMPLE CARING CONNECTION?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org. Help us help you!

**SHARE YOUR SIMHA!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. Please contact Shonnie Lebovitz, Program and Events Coordinator (ext 106 or slebovitz@harziontemple.org) for more information.

**BIMAH FLOWERS CAN BE SPONSORED

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

SHOP THE GIFT BOX FOR ALL GIFT-GIVING AND HOLIDAY NEEDS!

Regular hours:

Monday - Thursday, 9:30 AM to 4:00 PM, Friday, 9:30 AM to 3:00 PM

Sunday, 9:45 AM to 1:00 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

The Gift Shop is now accepting credit cards - giving you more flexibility to shop!

Like us on Facebook!

REGULAR DAILY MINYAN

Evenings: 6:00 PM

Mornings: Sunday – 9:00 AM, Monday and Thursday – 6:50 AM,

Tuesday, Wednesday and Friday - 7:00 AM

MINYAN VOLUNTEERS NEEDED

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert (610-667-5000, ext 111 or lalbert@harziontemple.org) with your name and cell phone number for a text.

AN ACTIVE MEMBER OF OUR LOCAL JEWISH COMMUNITY DESPERATELY NEEDS A KIDNEY - BLOOD TYPE B or O

To learn how you can save a life or for more information about kidney donation, please call: (718) 431-9831 or email: R718@renewal.org. Visit WWW.RENEWAL.ORG