UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS



Israel at 70

The first exile – after the destruction of the first Temple – lasted for 70 years. Upon return to Israel it is exclaimed in the Psalms that our dreams had been fulfilled. This year marks the 70th anniversary of the creation of the first Jewish state in nearly 2000 years! Come learn with us and engage in learning about the continued miracle that is Modern Israel.

All programs labeled with this icon include I srael at 70 content.

These programs are generously sponsored by the Shirley & Norman Greenbaum Yom Ha'atzmaut Fund.

For the upcoming Adult Ed schedule and Israel at 70 programs, go to www.harziontemple.org/harzion/ehighlights/Israel70-3.pdf

Har Zion After Dark Wednesday Night Adult Ed Series May 16, 23 and 30 6:30-7 PM - Nosh and refreshments; 7-8 PM - Classes

Dr. Melissa R. Klapper, Professor of History and Director of Women's & Gender Studies, Rowan University

This week: The Promises and Perils of American Jewish History Part II: The Nineteenth Century

The Promise and Peril of American Jewish History

This series will explore American Jewish history in all its variety, from the colonial period through the modern day. The series will move both chronologically and thematically through American Jewish history, with a particular focus on social, cultural, and religious life.

Rabbi Moriah SimonHazani

This week: Israeli Workman's Lunch: Cheese Burekas with Egg

Jewish Food and Cooking

This class is both for the body and the soul. We will learn how to prepare essential Israeli comfort foods. While preparing the meal we will focus on Jewish approaches toward food. This will give us an opportunity to fully nourish ourselves and enjoy the company, the sustenance, and the intellectual stimulation.

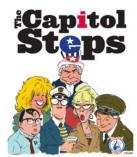


Norman Einhorn

This Week: Making Sense of the Iran Deal

Trending News and Events in Israel Today

This class tackles those topics talked about at the water cooler and dinner table. Past classes have dealt with BDS, Israeli-Palestinian Conflict, Anti-Semitism, Immigration, US Elections, Israeli Advocacy and the future of American synagogues. *This class is part of our Israel @70 celebration and is sponsored by the Shirley & Norman Greenbaum Yom Ha'atzmaut Fund.*



An Evening with the Capitol Steps – Come Laugh with Us! Saturday, June 2

7:00 PM - Dinner Reception (by reservation)

8:30 PM - Dessert Reception (open to all)

9:15 PM – Havdalah and The Capitol Steps

Join Har Zion Temple for a hilarious evening with the famous "Capitol Steps"! The Capitol Steps have been entertaining audiences with their musical political satire for over 35 years. Their material is "always fresh and crispy, right from the headlines!" Come laugh across the aisle with us!

Sponsorship levels available. General admission \$54

Look for your invitation in the mail.

For questions: Norman Einhorn, Director of Member Engagement at neinhorn@harziontemple.org

Tikkun Olam...

Toiletry Drive for Golden Slipper

The Tikkun Olam Committee is starting its annual collection for personal care items for the Golden Slipper Senior Club. We prepare packages for their Mother's Day and Father's Day luncheons which are given away to attendees. **We are collecting full-size products only**. We are asking for your generosity in donating what you can of the listed items, but please – **FULL SIZES ONLY.** The deadline for Father's Day collections is **June 12**.

Items being collected: disposable razors, shampoo/conditioner, soap, deodorant, toothpaste, toothbrushes, powder, body lotions, tissues (pocket size)

Volunteers Needed for Federation's Mitzvah Food Program beginning in June <u>Click here</u> for more information.



Sisterhood/HSA Monday Mah Jongg Mondays at 12:30 PM

You may bring Kosher dairy/parve lunch or snacks.

Mah Jongg instruction available - \$10 per person – INVITE YOUR FRIENDS!

Questions and to RSVP, please contact Nina Greberman, 610-733-1399 or <u>ninagrebs@gmail.com</u>.

Annual Congregational Meeting – Tuesday, May 15, 7:30 PM Make Har Zion's Business Your Business!

-State of the Congregation from President Lee Kirschner

-Report from Membership Vice President Jay Gorodetzer

-Nominating Committee Report and Elevation of Directors and Trustees

-Reports from Senior Staff and Constituent Group leaders

Dessert reception to follow

Sisterhood Chair Yoga – Thursday mornings, 8:50 AM

Get your day going! Join us in the Charlestein Youth Lounge

Shavuot 5778

Saturday, May 19

We will be joining our neighbors at Congregation Beth Am Israel

Traditional Study and Prayer

8 PM – Minha/Ma'ariv/Tikkun Leil Shavuot

9 PM – Dairy dessert reception

9:30-10:20 PM – "Psalms as an Expression of the Unknown" with **Rabbi Ira Flax** and "Turning Bitter into Sweet" - Biblical Texts of Transformation with **Rabbi Andrea Weiss**

10:30-11:20 PM – "The Holiness Code (Lev. 19) and the Ten Commandments" with **Rabbi Gary Charlestein** and "The Big Reveal – the Giving of Torah – What was Given, to Whom, When, by Whom, Why?" with **Rabbi Shawn SimonHazani**

11:30 PM – "*Pirkei Avot 1:7* – *Introducing the New Lev Shalem 'Wisdom of our Sages'"* with Rabbi David

Ackerman

Or Contemplative Music and Prayer

8 PM until dawn – Led by Hazzan Harold, Nicole Levin and Eric DeHaven and the Music Prayer Lab of BAI. Go, "Into the Unknown" through improvisational music and prayer – a fusion of jam session, contemplative practice and mystical teachings. Open to all, stay as long as you like, come early, late or in-between (musicians and non-musicians welcome!)

<u>Sunday, May 20</u> at Har Zion Temple 9:30 AM – Morning Service 8 PM – Minha (Yizkor recited)

<u>Monday, May 21</u> at Har Zion Temple 9:30 AM – Morning Service (Yizkor recited) 8 PM – Minha

Experience the Joys of Yiddish with Gerry Spector – Tuesdays, May 22 and June 5 10 AM and 5 PM

Enjoy the works of Yiddish authors, poets, songs, theater and cinema and incidentally learn the language.



Israeli Scouts Friendship Caravan Performance Tuesday, May 29, 6:15 - 8:00 PM – Free of Charge

Welcome the Israeli Scouts Friendship Caravan on their first stop in the USA! The Caravan brings with them a message of hope and peace for Israel... especially this year, for Israel's 70th Birthday!

Optional pasta dinner at 5:30 PM and get to meet the scouts! RSVP at <u>https://harziontemple.ticketleap.com/israeli-scouts-friendship-caravan-performance/</u>

The FREE community **performance begins at 6:15 PM** followed by a FREE community dessert reception. *FUN FOR ALL AGES AND OPEN TO THE ENTIRE COMMUNITY!*



Shabbat Sha-Blue Jeans and Gan Shabbat Dinner – Friday, June 1, 5:30 PM Please join us for Services with Debbie Folz and Miss Amy Jo followed by a delicious Shabbat dinner Jeans and casual attire encouraged – BYOB (Kosher) Be our guest! However, reservations are required. <u>Click here</u> or email Debbie Folz, <u>dfolz@harziontemple.org</u>



Sunday Sports Spectacular – June 3, 2-4 PM

Co-sponsored by Har Zion Temple, Philly Friendship Circle, JChai and LMAHH First Annual Sunday Sports Day Spectacular – Jewish Disabilities Inclusive Day of Celebration with obstacle course, hockey shot, bowling, goalie competition Join us for an inclusive Jewish sports event. Children, teens and young adults, both with and without disabilities, will come together to participate in various activities and sports for a day of great fun and celebration.

Go to <u>https://harziontemple.ticketleap.com/sports/</u> to sign up or call 215.574.1765 or email <u>info@phillyfriendship.com</u> for more information.



Red Cross Blood Drive – Monday, June 4, 1:30-6:30 PM

To make an appointment, please call 1-800-RED-CROSS or visit www.redcrossblood.org and enter sponsor keyword: har zion temple penn valley Donors will receive a \$5 Amazon.com Gift Card via email, courtesy of Suburban Propane.



Sisterhood Closing Campaign Luncheon and Installation of Officers Thursday, June 7, 11:30 AM

We are also collecting items for Jewish Family and Children's Services. <u>Click here</u> for the list – please bring these items with you to the luncheon. For more information, please contact Maxine Rosen, <u>maxinedrosen@gmail.com</u> or 610-664-2147.

Calling all Artists and Crafters!!!! We would like to highlight Sisterhood members' talents at the luncheon. We would appreciate your contribution of a piece of your talents to be used as a raffle that day. Please contact Sheila Kliger, 610-668-8043 or bubble5@comcast.net about your contribution. Thank you!

Shabbat Luncheon in Honor of Rabbi Rosenberg

Saturday, June 9, following 9:30 AM Services

Please join us for a Shabbat luncheon in honor of Rabbi Rosenberg for his years of service to Har Zion Temple.



Sign up for Har Zion Day Camp

Looking for a great camp for your 2-5 year old this summer? Or know of someone who is? Har Zion Day Camp is it! The Big Kid Feel....Little Kid Fun! For information or questions, give Diane Halpren a call at 610-667-5000 ext. 198 or email her at <u>harziondaycamp@harziontemple.org</u>. You can also stop by the school office for an application.

Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow

congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or <u>lalbert@harziontemple.org</u>. Help us help you!

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 (\$10 each) – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or <u>moibas83@hotmail.com</u>.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, <u>mshoueka@hotmail.com</u> or 610-519-1211 for more information.



INNOVATION UPDATE FROM IST BEL

Treating Alzheimer's, MS, Crohn's and More

Could one drug effectively treat incurable inflammatory diseases such as Crohn's disease, ulcerative colitis, rheumatoid arthritis and multiple sclerosis, as well as neurodegenerative maladies such as Alzheimer's disease?

Yes, says Professor David Naor of the Hebrew University Hadassah Medical School. All these diseases, he explains, are associated with pathological amyloid proteins that could be neutralized by the 5-mer peptide Naor has spent the last 10 years researching and developing with the support of the university's Yissum technology-transfer company, the Israeli government, and Spherium Biomed of Spain.

To read more, go to: <u>http://www.israelideas.org/#!current/c1gqf</u>.

Transportation to Har Zion Temple

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman, NanciG22@aol.com or 610-664-7987.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or <u>eberton@harziontemple.org</u>.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, <u>risey@aol.com</u> or 610-668-1148.

SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS! <u>Regular Hours:</u> Monday – Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM Sunday, 9:30 AM to 12:30 PM (when school is in session)

Summer Hours Begin Sunday, June 17: CLOSED – Sunday, Monday and Friday OPEN – Tuesday, Wednesday and Thursday – 9:30 AM to 3 PM Additional hours by appointment. For info, please call 610-667-2698, or email giftbox@harziontemple.org.

Regular Daily Minyan

Evenings: 6 PM Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.