

UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS



Israel at 70

The first exile – after the destruction of the first Temple – lasted for 70 years. Upon return to Israel it is exclaimed in the Psalms that our dreams had been fulfilled. This year marks the 70th anniversary of the creation of the first Jewish state in nearly 2000 years!

Come learn with us and engage in learning about the continued miracle that is Modern Israel.

All programs labeled with this icon include Israel at 70 content.

These programs are generously sponsored by the Shirley & Norman Greenbaum Yom Ha'atzmaut Fund.

For the upcoming Adult Ed schedule and Israel at 70 programs, go to

www.harziontemple.org/harzion/ehighlights/Israel70-3.pdf



LAG B'OMER COMMUNITY CELEBRATION – WEDNESDAY, MAY 2, 5:00-8:00 PM

Barbecue, Bonfire, Beer – Kid Fun! Adult Fun! Something for Everyone!

Visits from Belmont Hills Fire Dept and Kona Ice

Hamburgers - Hot Dogs - Veggie Burgers - French Fries - Corn on the Cob - Fruit Salad - S'mores – Playground Fun

\$15/adults - \$10/children (ages 10 and under) – RSVP to Harriet, hzt@harziontemple.org or call 610-667-5000 BY FRIDAY, APRIL 27.

Prices at the door: \$20/adults - \$15/children or [click here](#) to make your reservations

Har Zion After Dark

Wednesday Night Adult Ed Series

May 9, 16, 23 and 30

6:30-7 PM - Nosh and refreshments; 7-8 PM - Classes

Dr. Melissa R. Klapper, Professor of History and Director of Women's & Gender Studies, Rowan University – *The Promise and Peril of American Jewish History*

This four part series will explore American Jewish history in all its variety, from the colonial period through the modern day. The series will move both chronologically and thematically through American Jewish history, with a particular focus on social, cultural, and religious life.

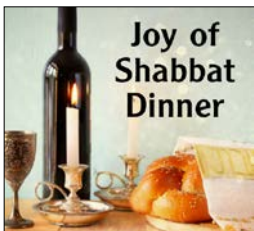
Rabbi Moriah SimonHazani – *Jewish Food and Cooking*

This class is both for the body and the soul. We will learn how to prepare essential Israeli comfort foods. While preparing the meal we will focus on Jewish approaches toward food. This will give us an opportunity to fully nourish ourselves and enjoy the company, the sustenance, and the intellectual stimulation.



Norman Einhorn– Trending News and Events in Israel Today

This class tackles those topics talked about at the water cooler and dinner table. Past classes have dealt with BDS, Israeli-Palestinian Conflict, Anti-Semitism, Immigration, US Elections, Israeli Advocacy and the future of American synagogues. *This class is part of our Israel @70 celebration and is sponsored by the Shirley & Norman Greenbaum Yom Ha'atzmaut Fund.*



Joy of Shabbat Dinner

Friday, May 11, following 6 PM Services

Join us for a Dairy Dinner and Dessert

Come relax and enjoy Shabbat Dinner together
BYOB (unopened Kosher)

All ages welcome! \$10/ adult, \$5/child under 13

RSVP by Wednesday, May 9 – 610-667-5000 or hzt@harziontemple.org, or at harziontemple.ticketleap.com

Tikkun Olam...

Toiletry Drive for Golden Slipper

The Tikkun Olam Committee is starting its annual collection for personal care items for the Golden Slipper Senior Club. We prepare packages for their Mother's Day and Father's Day luncheons which are given away to attendees. **We are collecting full-size products only.** We are asking for your generosity in donating what you can of the listed items, but please – **FULL SIZES ONLY.** The deadline for Mother's Day collections is May 4; and Father's Day collections is June 12.

Items being collected: disposable razors, shampoo/conditioner, soap, deodorant, toothpaste, toothbrushes, powder, body lotions, tissues (pocket size)



Mitzvah Circle Foundation

We are also partnering with the Mitzvah Circle Foundation for a Mother's Day Fundraiser to collect baby items through May 11. Questions? Contact Nina Greberman, ninagrebs@gmail.com. [Click here](#) for list of items.

Volunteers Needed to Help Serve Lunch Sunday, May 6 at 12-3 PM

We are planning to help serve lunch at the Life Center of Eastern DE County located at 63rd and Market in Upper Darby. This is a shelter for 50 single male/female adults. They serve over 160 residents a year. Andrew Deitch and his family have been volunteering there and find it both rewarding and beneficial to the community. We need volunteers to help prepare a meal, serve, and clean-up. Email Andrew Deitch if interested or have questions: deitch@email.chop.edu. All ages are welcome!



Sisterhood/HSA Monday Mah Jongg

Mondays at 12:30 PM; April 30 also at 7 PM

You may bring Kosher dairy/parve lunch or snacks.

Mah Jongg instruction available - \$10 per person – INVITE YOUR FRIENDS!

Questions and to RSVP, please contact Nina Greberman, 610-733-1399 or ninagrebs@gmail.com.

Current Events with Norman Einhorn

Thursday, May 3, 11:30 AM-12:30 PM

At the home of Patty Grobman

Ripped from the day's headlines, our multi-media classes revolve around issues that are making the news. Whether it's Israeli or American politics, personalities or other pressing issues of the day, we've gotcha covered.

Sponsored by Sisterhood

Experience the Joys of Yiddish with Gerry Spector – Tuesdays, May 8, 22 and June 5

10 AM and 5 PM

Enjoy the works of Yiddish authors, poets, songs, theater and cinema and incidentally learn the language.

Sisterhood Chair Yoga – Thursday mornings, 8:50 AM

Get your day going! Join us in the Charlestein Youth Lounge



Har Zion Men's Club Spring Pub Night – Thursday, May 17, 6:30-8:30 PM

Upstairs at The Dairy Café, 321 Montgomery Ave, Bala Cynwyd, PA

Serving beer and spirits and featuring pizza, salads and Mediterranean sandwich fare

No charge - Open to all men of Har Zion Temple

RSVP REQUIRED- Jack Marine - recyclejack@aol.com or Doug Sayer -

douglas.sayer@colliers.com



Israeli Scouts Friendship Caravan Performance

Tuesday, May 29, 5:30 - 8:00 PM

Welcome the Israeli Scouts Friendship Caravan on their first stop in the USA!

The Caravan brings with them a message of hope and peace for Israel... especially this year, for Israel's 70th Birthday!

Join us for an **optional pasta dinner at 5:30 PM** and get to meet the scouts! RSVP at <https://harziontemple.ticketleap.com/israeli-scouts-friendship-caravan-performance/>

The **FREE** community **performance begins at 6:15 PM** followed by a **FREE** community dessert reception. **FUN FOR ALL AGES AND OPEN TO THE ENTIRE COMMUNITY!**



Sisterhood Closing Campaign Luncheon and Installation of Officers

Thursday, June 7, 11:30 AM

Look for your invitation in the mail. We are also collecting items for Jewish Family and Children's Services. [Click here](#) for the list – please bring these items with you to the luncheon. For more information, please contact Maxine Rosen, maxinedrosen@gmail.com or 610-664-2147.

Calling all Artists and Crafters!!!! We would like to highlight Sisterhood members' talents at the luncheon. We would appreciate your contribution of a piece of your talents to be used as a raffle that day. Please contact Sheila Kliger, 610-668-8043 or bubbie5@comcast.net about your contribution. Thank you!

5-6-70 Israel! – Sunday, May 6, 12-5 PM at the Event Center at Valley Forge Casino Resort

The ultimate birthday party for Israel's 70th!

Free family friendly activities will fill the afternoon: games, sports, musical performances and food galore.

A celebration packed with cooking demos, wine and olive oil tastings, Israeli dancing, Gaga courts, short Israeli films, a kids' area featuring theater and Israeli-made toys, science exhibits, craft vendors, local music and the hit Israeli cover band, Campaim. And of course, an array of kosher, Israeli and vegetarian food! For more information, visit jewishphilly.org/5-6-70. Pre-register to avoid the lines!

Sign up for Har Zion Day Camp

Looking for a great camp for your 2-5 year old this summer? Or know of someone who is? Har Zion Day Camp is it! The Big Kid Feel.....Little Kid Fun! For information or questions, give Diane Halpren a call at 610-667-5000 ext.198 or email her at harziondaycamp@harziontemple.org. You can also stop by the school office for an application.

Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org. Help us help you!

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 (\$10 each) – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or moibas83@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, mshoueka@hotmail.com or 610-519-1211 for more information.





INNOVATION UPDATE FROM ISRAEL

A Walking Device Focusing On Stroke Victims

ReWalk Robotics Ltd., the Israeli developer of a robotic exoskeleton system that helps the paralyzed to walk, has started a clinical study of a new product that will aid the rehabilitation of people who have suffered a stroke.

The company said that a first study participant began using a new “soft exo-suit system,” the ReStore, which is meant to rehabilitate individuals with lower limb disability due to stroke. The patient was at the Spaulding Rehabilitation Hospital in Boston, Massachusetts, where the study is being led by a team of researchers from the Boston University College of Health and Rehabilitation Sciences: Sargent College.

The study seeks to enroll 40 participants at five of the top rehabilitation hospitals in the US, the company said.

“Launching the clinical study is a crucial step forward in the effort to offer the ReStore as a commercial product for the rehabilitation of stroke survivors worldwide,” said ReWalk CEO Larry Jasinski. Spaulding is a renowned rehabilitation facility, he said, and the trial will help patients access this cutting edge technology.

To read more, go to: <http://www.israelideas.org/#!current/clgqf>.

Transportation to Har Zion Temple

“Oh, if I’d only known she/he needed a ride to Har Zion.”

“Oh, I would have been there but I couldn’t get a ride.”

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman, NanciG22@aol.com or 610-664-7987.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or eberton@harziontemple.org.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS!

Regular Hours:

Monday – Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM

Sunday, 9:30 AM to 12:30 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

Regular Daily Minyan

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

Minyan Volunteers Needed

“The world stands on three things: on Torah, on prayer and on kindness to others.” – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.