

## UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

### *Building Our Spiritual Community*

FRIDAY, MARCH 31 – 5 NISAN

6 PM - Minha/Kabbalat Shabbat/Ma'ariv

7:06 PM - Candle Lighting

SATURDAY, APRIL 1 – 5 NISAN

9:30 AM - *Kol Tefilah* – Morning Service

Bar Mitzvah: Lucas Glozman, son of Melissa & Michael Glozman

9:45 AM - *Parasha & Pop'ems* – Grades 3-7

10:45 AM - *Parashat Hashavuah* – Adult Torah Study

11 AM - Junior Congregation – Grades K-7

7:05 PM - Minha/Seudah Shlishit/Ma'ariv/Havdalah

8:10 PM - Shabbat Ends

### **Engaging Jerusalem**

"If I forget thee, O Jerusalem..."

In honor of the 50th anniversary of the Six Day War, Har Zion will engage our *kehillah* in a celebration of the city of our eternal city of hope. Through August, we will explore the diverse role Jerusalem has played for us as a people, from biblical times to present day.

### **April is Telling Jerusalem**

"Jerusalem is a Port City on the shores of eternity" (Yehudah Amichai).

As we all recognize Jerusalem is a land-locked city so what kind of a port can it be? It is a metaphysical one that conveys the story of each traveler that visits its shores. Each journey's narrative is stored and awaits another pilgrim to carry it on to the next destination. In the month of April, we are asking you to share your Jerusalem Stories with us. Invite us into your journey and benefit from the adventures of others.



All programs labeled with this icon will include *Engaging Jerusalem* content.



HAR ZION  
GIFT BOX

### **HAR ZION LANDAU GIFT BOX**

**April 10 Is Coming Up! Get Ready for Passover**

The Gift Shop is fully stocked for all your Passover needs – candy, new Seder plates.

**WINE SALE – Wine will only be sold on these specific dates:**

**TUESDAY, APRIL 4 - 9:30 AM-6:30 PM**

**WEDNESDAY-THURSDAY, APRIL 5-6 - 9:30 AM-4 PM**

**SUNDAY, APRIL 9 - 9:30 AM-1 PM**

**Wine must be paid for at the time of pick-up by cash or check only.**

**Please pre-order if you desire a particular label or quantity.**

**To download an order form, [click here](#) and remember to include 6% tax in your total.**

**Regular Hours: Monday-Thursday, 9:30 AM-4 PM; Friday, 9:30 AM-3 PM**

**Sunday, 9:45 AM-1 PM (when school is in session)**

**For more information, please call 610-667-2698.**

## TOILETRY DRIVE FOR GOLDEN SLIPPER – NOW!

The Tikkun Olam Committee is starting its annual collection for personal care items for Golden Slipper Senior Club. We prepare packages for their Mother's Day and Father's Day luncheons that are given away to attendees. In the past, we have asked for donations of hotel-size items. The decision has been made to no longer give these small sizes. We will be giving full-size products only. In addition to full-size being greatly appreciated by the recipients, it has been concluded that the small sizes are too difficult for the seniors to open. So we are asking for your kind generosity in donating what you can of the listed items, but please – **FULL SIZES ONLY**.

**Items being collected: disposable razors, shampoo/conditioner, soap, deodorant, toothpaste, toothbrushes, powder, body lotions, tissues (pocket size)**



## Calling All Volunteers for the Inglis House Seder!

Please help us with the mitzvah and you'll find it to be a heartwarming and gratifying experience! Arrive at the arranged time to help set up and then hostess this very meaningful events.

**Inglis House Seder – Wednesday, April 5, 10:30 AM**

To volunteer, contact Barbara Berkowitz, 610-664-8335 or Gladys Shubin, 610-667-7546



**LMAHH Kick-Off Event for All Jewish Teens Grades 7-11,  
Sunday, April 2, 11:15 AM-12:15 PM**

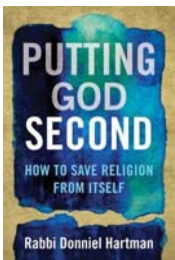
**Congregation Beth Am Israel, 1301 Hagys Ford Road**

Great food, hang out, play some games, and learn about the new Hebrew High School opening this fall! Open to all teens on the Main Line, so spread the word!

**Parents:** please join us at 11:45 AM for a town hall Q & A. Pick up from BAI at 12:15 PM

**Note:** Teens from HZT and J-link will be bused to BAI, but will need to be picked up.

**For more info, call 610-667-1651.**



**Adult Ed Book Discussion – Mondays, April 3 and May 1, 5 PM**

***Putting God Second: How to Save Religion from Itself* by Rabbi Donniel Hartman**

Please join Rabbi Alpert for two more book discussions. We will examine both the major themes of "*Putting God Second: How to Save Religion from Itself*" and the Biblical and Rabbinic sources that inform this book. We will explore religion's moral failure – its "autoimmune disease" – or how religions undermine their own deepest values. We will begin with a focus on the critical importance of not being indifferent to the needs of others and discuss both the "disease" as well as how to recover from the twin problems of "God intoxication" and "God manipulation" that is so prevalent in religious life today.

**You will need to purchase the book for discussion purposes.**

For questions, please email Patty Grobman, [pgrobman@harziontemple.org](mailto:pgrobman@harziontemple.org)



**Adding Jerusalem to Your Home Seder**

**Wednesday, April 5, 7-9 PM**

**Co-taught by Rabbi Allen, Hazzan Vogel, and Rabbi Shawn**

Dig deeper into Passover and discover ways to include Israel and Jerusalem in your Seder experience beyond the "Next Year in Jerusalem" closing line. In this class, you will learn some new techniques to use at your Seder, whether you are leading one for the first time or the 50th time (though maybe you will share some tricks with us as well). Furthermore, we will discuss traditional and contemporary themes of the day that can deepen your discussion of the holiday and learn from customs of Jewish communities from around the world.



**Personal Israel Stories**

**Wednesday, April 19, 7-9 PM**

**RSVP to Rabbi Shawn, 610-667-5000, ext 114 or rabbishawn@harziontemple.org**

We want the congregation and community members to share their Israel/Jerusalem stories. We invite you to an evening of good cheer, good food and good stories. **Add your story to ours!**

## Yom Hashoah Commemoration

**Sunday, April 23, 5 PM, followed by Services at 6:30 PM**

with honored guests

**Sandra Roberts**, *founding teacher of the "Paper Clips" Project from Whitwell, Tennessee*

Middle school students from the small southeastern Tennessee town of Whitwell created a monument for the Holocaust victims of Nazi Germany. It started in 1998 as a simple 8th-grade project to study other cultures, and then evolved into one gaining worldwide attention. At last count, over 33 million paper clips had been received. *Paper Clips*, an award-winning documentary film about the project, was released in 2004. Students from Har Zion and neighboring synagogues will be celebrating their 6th consecutive year visiting the Children's Holocaust Memorial in Whitwell, Tennessee on Sunday, April 30.

**Bea Hollander**, *Director of the Transcending Trauma Project, part of the Council for Relationships*

Since 1991, the Transcending Trauma Project, as part of Council for Relationships, has conducted 305 in-depth life histories with 98 Holocaust survivors, and their children and grandchildren to better understand coping and adaptation after extreme trauma. The project has produced 1200 hours of interviews which are permanently preserved as digital files. The Phil Wachs and Juliet Spitzer Archive of the Transcending Trauma Project is housed at the US Holocaust Memorial Museum and is available onsite to the public. In 2015, the archive was given to Yad Vashem and Temple University's Special Collections Research Center.

*This program made possible through the Sauer Family Yom Hashoah Fund.*



### Jerusalem in the Mystical Tradition

**Scholar in Residence – Dr. Melila Hellner-Eshed**

**Saturday morning, April 29, 9 AM (Note change in service time)**

**Dr. Melila Hellner-Eshed will deliver the D'var Torah during Shabbat morning and present a lecture Beit Midrash (Study Hall) style.**

*Hellner-Eshed lectures on the Zohar and Jewish mysticism in the Hebrew University of Jerusalem's Department of Jewish Thought and teaches in the Revivim Honors Teacher-Training Program in Jewish Studies in the University's Faculty of Humanities. She is also a research fellow at the Shalom Hartman Institute.*



Dr. Hellner-Eshed will also speak at Congregation Beth Am Israel on Friday evening, April 28.

## THE SISTERHOOD AND THE JANE FISHMAN GRINBERG RELIGIOUS SCHOOL OF HAR ZION TEMPLE PRESENT THE FOURTH ANNUAL OPEN A BOOK...OPEN YOUR MIND

**APRIL 24-30**

### **Monday, April 24 – 11:30 AM**

*"The Bridge Ladies – A Memoir"*

by Betsy Lerner

**FREE for HZT Sisterhood members/**

**\$18 for non-Sisterhood members**

### **Monday, April 24 – 7 PM**

*"Die Laughing – Killer Jokes for Newly Old Folks"*

by William Novak

**\$18 in advance/\$25 day of event**

### **Wednesday, April 26 – 1 PM**

*"The Hungry Love Cookbook – 30 Steamy Stories, 120 Mouthwatering Recipes"*

by Cindy Silvert

**\$15 for non-members/\$20 day of event**

### **Wednesday, April 26 – 7 PM**

*"Accidental Soldier – A Memoir of Service and Sacrifice in the Israel Defense Forces"*

by Dorit Sasson

In conversation with Rabbis Moriah and Shawn SimonHazani

**\$18 in advance/\$25**

### **Thursday, April 27 – 1 PM**

*"The Muralist"*

by B.A. Shapiro

**\$15 in advance/\$20 day of event**

### **Thursday, April 27 – 7 PM**

*"Making Every Day Count – A Jewish Doctor Confronts His Illness"*

by Dr. Joel A. Roffman

**\$18 in advance/\$25 day of event**

### **Friday, April 28 – dinner following 6 PM Services**

*"The Rabbi and Senator Sleep Together – Marrying Religion and Politics"*

by Senator Joyce & Rabbi Steven Foster

**\$40 (includes Shabbat dinner and one copy of the book)**

### **Sunday, April 30 – 10 AM**

*"The Nazi Titanic – The Incredible Untold Story of a Doomed Ship in World War II"*

by Robert P. Watson

**\$18 in advance/\$25 day of event**

### **Sunday, April 30 – 7 PM**

*"The Bible Doesn't Say That – 40 Biblical Mistranslations, Misconceptions, and Other Misunderstandings"*

by Dr. Joel M. Hoffman

**\$18 in advance/\$25 day of event**

**To register: <http://harziontemple.ticketleap.com>, call 610-667-5000, or email us at [openabook@harziontemple.org](mailto:openabook@harziontemple.org).**



**SAVE THE DATE! PHILADELPHIA PREMIERE! HAR ZION EXCLUSIVE!  
WRESTLING JERUSALEM – SUNDAY, MAY 7, 5:30 PM**

The film will be presented in-person by actor, author and producer Aaron Davidman. Writer-Actor Aaron Davidman embodies 17 different characters in and around the sacred city of Jerusalem as he takes us on an eye-opening journey into the heart of the Israeli-Palestinian story. This film dares the audience to leave the theater with their pre-existing ideas about its subject matter intact.

Post-film conversation will be moderated by Rabbi Brad Hirschfield, President, CLAL, dessert reception to follow the movie screening and discussion

**\$36/Adults, \$18/Students with ID**

**To RSVP, visit [harziontemple.ticketleap.com/](http://harziontemple.ticketleap.com/), drop a check off with Harriet, or email [hzt@harziontemple.org](mailto:hzt@harziontemple.org). Please note, a small service fee will be charged for online reservations.**

**Camp Ramah Scholarships Available**

Any HZT family in good standing who wishes to apply for a scholarship for their child(ren) to attend Camp Ramah in the summer of 2017, should contact Laurie Albert at [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org) or 610-667-5000, ext 111.

**Sisterhood Floral Fund Donation Cards** are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

**Four for \$30 (\$10 each)** – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or [moibas83@hotmail.com](mailto:moibas83@hotmail.com).

**Use the Sisterhood Scrip Program for All of Your Shopping Needs!**

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, [mshoueka@hotmail.com](mailto:mshoueka@hotmail.com) – 610-519-1211 for more information.



**INNOVATION UPDATE FROM  ISRAEL IDEAS**

**Test Your Glucose Level Without Drawing Blood**

About 700 million people have diabetes and impaired glucose tolerance and are advised to spot-check their blood-glucose levels several times a day to reduce the risk of serious complications. That's a lot of finger-pricking. The Israeli company Integrity Applications put more than a decade into developing Gluco Track, described as the first truly noninvasive system for self-monitoring glucose levels.

Instead of drawing blood, you clip the GlucoTrack sensor to your earlobe. A patented combination of ultrasonic, electromagnetic and thermal technologies works with a proprietary algorithm to measure physiological parameters correlated with glucose level. Results are displayed within about a minute on a USB-connected handheld control unit, which also stores and compares previous readings. The number is announced verbally, facilitating use by elderly and vision-impaired people with diabetes or pre-diabetes. To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

**Transportation to Har Zion Temple**

*"Oh, if I'd only known she/he needed a ride to Har Zion."*

*"Oh, I would have been there but I couldn't get a ride."*

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

**Do you need a ride...**To Services? To daytime or evening meetings and/or programs?

**Can you provide an occasional ride?**

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

**Please contact Nanci Goldman, [NanciG22@aol.com](mailto:NanciG22@aol.com) or 610-664-7987.**

**Share Your Simha!**

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Program and Events Coordinator Shonnie Lebovitz, ext 106 or [slebovitz@harziontemple.org](mailto:slebovitz@harziontemple.org).

### **Bimah Flowers Can Be Sponsored**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, [risey@aol.com](mailto:risey@aol.com) or 610-668-1148.

### **Regular Daily Minyan**

Evenings: 6 PM

Mornings: Sunday – 9 AM, Monday and Thursday – 6:50 AM,  
Tuesday, Wednesday, and Friday – 7 AM

### **Minyan Volunteers Needed**

*“The world stands on three things: on Torah, on prayer and on kindness to others.” – Pirkei Avot*  
Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org), with your name and cell phone number for a text.

***An active member of our local Jewish community desperately needs a kidney –  
blood type B or O***

**To learn how you can save a life or for more information about kidney donation, please call,  
(718) 431-9831 or email, [R718@renewal.org](mailto:R718@renewal.org). Visit [WWW.RENEWAL.ORG](http://WWW.RENEWAL.ORG)**