

UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

Building Our Spiritual Community

FRIDAY, MARCH 3 – 6 ADAR

5:30 PM - Shabbat Sha-Blue Jeans and Prachim Dinner (RSVP required)

5:37 PM - Candle Lighting

6 PM - Minha/Kabbalat Shabbat/Ma'ariv

SATURDAY, MARCH 4 – 6 ADAR

9:30 AM - Kol Tefilah – Morning Service

9:45 AM - Parasha & Pop'ems – Grades 3-7

10:45 AM - Parashat Hashavua – Adult Torah Study

11 AM - Junior Congregation – Grades K-7

5:35 PM - Minha/Seudah Shlishit/Ma'ariv/Havdalah

6:41 PM - Shabbat Ends

Engaging Jerusalem

"If I forget thee, O Jerusalem..."

Jerusalem has captured the imagination of Jews for centuries. It's the direction to which we pray, it's the aspiration of centuries of dreamers, it holds hope and promise for many.

In honor of the 50th anniversary of the Six Day War, Har Zion will engage our *kehillah* in a celebration of the city of our eternal city of hope. Over the next eight months, we will explore the diverse role Jerusalem has played for us as a people, from biblical times to present day.

Each month has been assigned a verb that will guide our exploration. March is Eating Jerusalem.

"The faithful may rhapsodize about the spiritual highs to be reached in the Old City... but the true Jerusalem lover knows that the city's greatest attraction is, well, somewhat more tangible - and more edible." – GoJerusalem.com

Each week we will feature a recipe celebrating the cuisine of Jerusalem – this week is a Beet, Olive and Orange Salad - <https://food52.com/recipes/32513-beet-orange-and-black-olive-salad>



All programs labeled with this icon will include *Engaging Jerusalem* content.

The Cereal Boys, Rabbi Shawn & Norman Ride Again!

We are collecting donations of good quality men's clothing for [Our Closet](#) (Powered by Jewish Family and Children's Services) for our community in need. Please bring your men's clothing to Norman's office by **March 12**.



Shabbat Sha-Blue Jeans and Prachim Dinner – Friday, March 3, 5:30 PM

Shabbat Sha-Blue Jeans is a monthly opportunity to welcome Shabbat with singing, dancing, prayer, and complimentary dinner, BYOB (Kosher). Jeans and casual attire encouraged!

Shabbat Sha-Blue-Jeans is geared for all Har Zion families with children age infant to 6 years old, but all ages are welcome!

This month join Rabbi Allen and Debbie Folz as we celebrate our Prachim students.

This event is generously sponsored by the HSA

Free – Reservations required.



Purim Shpiel Rehearsals

"Billy Joel: The Megillah Man"

Sunday, March 5 at 5:30 PM; Monday and Wednesday, March 6 and 8 at 7:30 PM

The Purim Shpiel will take place on Saturday evening, March 11.

If you are interested in being part of the shpiel, please email Debbie at dfolz@harziontemple.org.



Cook for a Friend – Sunday, March 5, 9 AM

Come on out to Har Zion and perform a warm and wonderful mitzvah! Join old friends and make new ones while you help prepare delicious meals for those in need. Join us in the catering kitchen.

Experience the Joys of Yiddish

Tuesday, March 7 and 21, 10 AM and 5 PM

Do you love Yiddish language, literature, poetry, song, theater, or cinema? Then this is the class for you! Led by Gerry Spector.

Digging Deeper: Purim

Tuesday, March 7, 11 AM-12 PM

Come dig a little deeper into the Megillah and learn why this is a wonderful story of court intrigue with amazing adult themes that is one of the Bible's great action/thrillers. Heroes, villains, buffoons, and lots of action (sorry - no explosions or car chases!). Led by Rabbi Shawn SimonHazani

Siddur Study with Dr. Sara Cohen

From Reading to Meaning: A Comprehensive Exploration of the Prayer Book

Wednesdays, March 8 and 15, 10:30-11:30 AM

Come to explore the history of the development of our liturgy. Study the structure and contents of the Siddur, the textbook of the synagogue. Learn about our prayers – who wrote them, when, why, and what they mean, and how can we relate to them today. By reading our prayers in Hebrew and learning their meaning, we will enhance our enjoyment of the weekly Shabbat services.

Sponsored by Sisterhood – All are invited

Current Events – Thursday, March 9, 11:30 AM- 12:30 PM

At the home of Patty Grobman

This class will take a multi-media look into the ever-changing news cycle with emphasis on Israel, the Middle East, and American Jewry. Led by Norman Einhorn.

RSVP: Patty Grobman, pgrobman@harziontemple.org



Har Zion Yeshiva – The Torah of Technology – Thursday, March 9, 7 PM

This month at Har Zion Yeshiva we will be taking a look at our technological world and its impact on us. Have you ever been called out for not listening because you were looking at a screen? Do you text and drive? Have you noticed that you have less patience than you used to? Do you have Facebook FoMo (fear of missing out)?

How careful are you with what you click on?

Rabbi Allen will lead us in Beit Midrash-style learning exploring the topic of communication.



Joy of Shabbat – Jerusalem Style

Friday, March 10 – 7 PM

We're switching up our usual Joy of Shabbat menu to include favorites from Jerusalem! Pita, hummus, Chicken Jerusalem, Manou ba Shouk (eggplant with tahini), and other classic Jerusalem dishes will be served family style. BYO unopened Kosher wine! **\$10/Adult • \$5/Child under 12**

RSVP by Wednesday, March 8 to Harriet, hzt@harziontemple.org or 610.667.5000, or at harziontemple.ticketleap.com

Please note, Ticketleap adds a small fee for the convenience of paying online





Purim 2017

SATURDAY, MARCH 11

5:45 PM – Minha/Ma'ariv

6:45 PM – Cocktail Hour and Hearty Hors d'oeuvres

\$10/Adult, \$5/child 12 and under

RSVP is requested to Harriet: 610-667-5000 or hzt@harziontemple.org, or harziontemple.ticketleap.com

7:45 PM – Full Megillah Reading including the Har Zion Purim Players in "Billy Joel: The Megillah Man"

9:45 PM – Dessert Reception



SUNDAY, MARCH 12

8:45 AM – Morning Minyan with Full Megillah Reading

Family-Friendly Purim! Open to the Community

10:30 AM – Family-Friendly Megillah Reading with Costume Parade & Contests

11:15 AM-1:15 PM – Carnival

Open to all children up to 7th grade - Children under 11 must be accompanied by an adult – \$10/child ages 2 and up - Under 2 and adults - free

\$8/child with a donation of 2 cans of food for the Narberth Food Bank

Questions? Please call the school office 610-667-6534. Co-sponsored by the HSA and PTA



1:30 PM

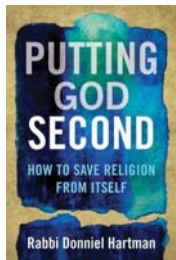
Join us as we collect gently used men's clothing and venture to Our Closet in Springfield, PA (Delaware County) to sort and arrange clothes for their pop-up stores to benefit those in need.



Clothing with
Compassion.

A bus will leave Har Zion at 1:30 PM and return at 4 PM (go to harziontemple.ticketleap.com to make your reservation).

The event is free and we welcome all volunteers over the age of 10 for this important act of kindness.



Adult Ed Book Discussion – Mondays, March 13, April 3 and May 1, 5 PM

Putting God Second: How to Save Religion from Itself by Rabbi Donniel Hartman

Please join Rabbi Alpert for a three-part book discussion. We will examine both the major themes of "Putting God Second: How to Save Religion from Itself" and the Biblical and Rabbinic sources that inform this book. We will explore religion's moral failure – its "autoimmune disease" – or how religions undermine their own deepest values. We will begin with a focus on the critical importance of not being indifferent to the needs of others and discuss both the "disease" as well as how to recover from the twin problems of "God

intoxication" and "God manipulation" that is so prevalent in religious life today.

You will need to purchase the book for discussion purposes.

For questions, please email Patty Grobman, pgrobman@harziontemple.org

Har Zion Yeshiva – Thursday, March 16, 6:30 PM

Hot Topics at HZY - Careful What You Click On with Norman Einhorn

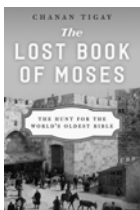
Sushi & Saki – HSA For Our Children "Fun"draiser – Saturday, March 18, 8 PM

Join us for a fun evening of sake tasting, delicious sushi, music and live and silent auctions - Casual attire Benefiting the Noreen Cook Center for Early Childhood Education!

Co-chairs: Kirsten Wilf Baritz, Nicole Masloff, Melinda Berkman, Jaime Zuckerman

For sponsorship opportunities and more info: Debbie Folz, dfolz@harziontemple.org

Open a Book...Open Your Mind...



Sip & Skype at Har Zion Temple with CHANAN TIGAY

The Lost Book of Moses: The Hunt for the World's Oldest Bible

Sunday, March 19, 10 AM

Author Chanan Tigay in conversation with Dr. Jeffrey Tigay

In 1883, archaeological and treasure hunter Moses Wilhelm Shapira claimed to have discovered the world's oldest Bible scroll. Denounced as fake by a French archaeologist, it seemed that was the end of the story until investigators reopened the case in 1947, wondering whether Shapira had discovered the first Dead Sea Scroll decades before anyone else.

\$5 in advance/\$8 day of event



Conversation with ALEXANDRA ZAPRUDER
26 Seconds: A Personal History of the Zapruder Film
Wednesday, March 29, 7 PM

Author Alexandra Zapruder in conversation with Norman Einhorn

In the early afternoon of November 22, 1963, Abraham Zapruder stood in Dealey Plaza eagerly awaiting the arrival of President Kennedy's motorcade. He had brought along his personal movie camera, hoping to capture a home video of the once-in-a-lifetime moment. Instead, his 26-second home movie captured President Kennedy's assassination and thrust Zapruder – and his family – into the national spotlight for decades. Now Abraham's granddaughter, Alexandra Zapruder, tells the complete story of the Zapruder film for the first time.

\$18 in advance/\$25 day of event

For more information about this and/or our spring lineup, openabook@harziontemple.org or 610-667-5000 – To purchase tickets online, harziontemple.ticketleap.com. Please note, a small service fee will be charged for online reservations.

*Presented by the Sisterhood of Har Zion Temple and the Jane Fishman Grinberg Religious School
In partnership with the Jewish Book Council*

Sisterhood/PNAI Program – *The Press and Israel – Media Bias Exposed From A to Z*
Sunday, March 26, 1:30 PM

Join us for an interesting presentation by Lee Bender and Jerry Verlin
No charge for this program - Open to the community



Hummus Making
Monday, March 27 – 7 PM

Hummus is a staple for Jerusalemites. But it is so much more than just mashed chickpeas! Come learn about hummus and its importance to the city of Jerusalem AND participate in making your own! A chef from the new Hummusology restaurant will guide our experience.
Cost and more details to follow.

Scholarships Available

-Submission Deadline – Friday, March 10

Har Zion is pleased to be able to offer a limited number of scholarship awards to help support those pursuing Jewish educational programs, primarily for students at the High School level and above. Several generous donors have established endowments at Har Zion for this purpose. Scholarships will be awarded twice during the year. Those who wish to be considered for an award should submit a letter outlining the program or activity, the cost, and other pertinent information. Letters should be directed to Har Zion's Executive Director, Gavi Miller. Please label the envelope Scholarship Awards/Assistance so that confidentiality can be maintained. Requests can be submitted for any member in good standing, but must be postmarked (or hand-delivered to the office) by noon, March 10, 2017 for consideration. Final determination of awards and amounts will be decided on merit, need, and the number of requests received. For more information, contact Gavi Miller at 610-667-5000 ext 105 or <mailto:gmiller@harziontemple.org>.

-Camp Ramah Scholarships

Any HZT family in good standing who wishes to apply for a scholarship for their child(ren) to attend Camp Ramah in the summer of 2017, should contact Laurie Albert at lalbert@harziontemple.org or 610-667-5000, ext 111.

HAR ZION LANDAU GIFT BOX



COME IN AND SHOP OUR 50% OFF SECTION!

The Gift Shop is fully stocked for all your gift-giving needs – Religious and General Gifts, Talitot, Holiday and Shiva Trays, Bridal and Bar/Bat Mitzvah Registry, Greeting Cards, Gift Wrap, and we offer shipping.

Regular Hours: Monday-Thursday, 9:30 AM-4 PM – Friday, 9:30 AM-3 PM

Sunday, 9:45 AM-1 PM (when school is in session)

For more information, please call 610-667-2698.

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 (\$10 each) – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or moibas83@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, mshoueka@hotmail.com – 610-519-1211 for more information.



INNOVATION UPDATE FROM

An App That Helps You Plan Your Meals To Avoid Diabetes

DayTwo is the world's first health-improvement and disease-prevention solution based on the groundbreaking gut microbiome research of Prof. Eran Segal and Dr. Eran Elinav from the Weizmann Institute of Science. It is available in Israel and soon in the United States

Specific foods and food combinations affect each individual's blood-sugar level differently, according to a clinical study carried out in Israel. The gut microbiome – bacteria residing in everyone's intestines – interacts with the digestive and immune systems, and its diversity holds certain clues. DayTwo and the Weizmann researchers developed an algorithm for predicting individualized blood-glucose response to thousands of different foods and meals based on gut microbiome information and other personal parameters.

To read more, go to: <http://www.israelideas.org/#!/current/clgqf>.

Transportation to Har Zion Temple

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman, NanciG22@aol.com or 610-664-7987.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Program and Events Coordinator Shonnie Lebovitz, ext 106 or slebovitz@harziontemple.org.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

Regular Daily Minyan

Evenings: 6 PM

Mornings: Sunday – 9 AM, Monday and Thursday – 6:50 AM,
Tuesday, Wednesday, and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.

An active member of our local Jewish community desperately needs a kidney – blood type B or O

To learn how you can save a life or for more information about kidney donation, please call, (718) 431-9831 or email, R718@renewal.org. Visit WWW.RENEWAL.ORG