#### UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS



#### Israel at 70

The first exile – after the destruction of the first Temple – lasted for 70 years. Upon return to Israel it is exclaimed in the Psalms that our dreams had been fulfilled. This year marks the 70th anniversary of the creation of the first Jewish state in nearly 2000 years! Come learn with us and engage in learning about the continued miracle that is Modern Israel.

All programs labeled with this icon include Israel at 70 content.

These programs are generously sponsored by the Shirley & Norman Greenbaum Yom Ha'atzmaut Fund.

For the upcoming Adult Ed schedule and Israel at 70 programs, go to www.harziontemple.org/harzion/ehighlights/Israel70-3.pdf



## Friday, March 9, following 6 PM Services

The PTA of JFGRS invites our Gan - Bet (K-2nd grade) Religious School families to attend free of charge. Come relax and enjoy Shabbat Dinner together BYOB (unopened Kosher)

#### All ages welcome! \$10/ adult, \$5/child under 13

RSVP by Wednesday, March 7 - 610-667-5000 or <u>hzt@harziontemple.org</u>, or at <u>harziontemple.ticketleap.com</u>

# Shabbat Sha-Blue Jeans - Friday, March 16, 5:30 PM

Please join us for Services with Debbie Folz and Miss Amy Jo followed by a delicious Shabbat dinner Jeans and Casual Attire Encouraged – BYOB (Kosher)

Be our guest! However, reservations are required. Email Debbie Folz, dfolz@harziontemple.org

## A Call for Volunteers for Saunders House and Inglis House Seders

Would you like to put a smile on the faces of residents of Saunders House and Inglis House? We need you for about 2 hours to serve at the seder. You will be performing a mitzvah and you'll find it to be a heartwarming and gratifying experience. Say yes!

**Saunders House Seder – Friday, March 23** – volunteers to arrive at 10:30 AM Please call Andy Coren, 610-585-1866.

*Inglis House Seder – Thursday, April 5* – volunteers to arrive at 10:30 AM Please call Barbara Berkowitz, 610-664-8335 or Gladys Shubin, 610-667-7546.



# Sisterhood/HSA Monday Mah Jongg Mondays, 12:30 PM

You may bring Kosher dairy/parve lunch or snacks.

Mah Jongg instruction available - \$10 per person – INVITE YOUR FRIENDS!

Questions and to RSVP, please contact Nina Greberman, 610-733-1399 or <a href="mailto:ninagrebs@gmail.com">ninagrebs@gmail.com</a>.

# Learning our Liturgy with Dr. Sara H. Cohen Wednesdays, March 7, 14, 21, 10:30-11:30 AM

A comprehensive study of our liturgy, using the Siddur (Jewish prayer book) as our text. We will explore the history, origins, authors, structures and meaning of our prayers from Biblical times to the present. This "virtual tour of Judaism" will enlighten us, enable us to relate more fully to our prayers and make our attendance at worship services more meaningful and enjoyable. Sponsored by Sisterhood



# Open a Book . . . Open Your Mind

Wednesday, March 7, 7 PM

Alan Zweibel – For This We Left Egypt? A Passover Haggadah for Jews and Those Who Love Them

#### \$18 in advance/\$25 day of event To purchase tickets online - click here

Pondering Pesah? Why not plan to add some levity to your Seder with guidance from Alan Zweibel, one of the original "Saturday Night Live" writers, and winner of five Emmy awards for his work in television, including "Curb Your Enthusiasm." In the theater, he collaborated with Billy Crystal on the Tony Award-winning play "700 Sundays."

Presented by the Sisterhood of Har Zion Temple and the Jane Fishman Grinberg Religious School This event is brought to Har Zion Temple in collaboration with the Jewish Book Council.

## Rabbi Shawn and the Philosopher's Stone Thursdays, March 8, 15, 22, 11:15 AM

Jewish Prayer and Ritual in a Secular World

Join Rabbi Shawn as we explore modern Jewish philosophy – without getting too academic (that will be the alchemy involved).

# Cook for a Friend - Sunday, March 11, 9:30 AM

Do a Mitzvah! Come to the large kitchen to help prepare meals for those in need. For more information, please contact Elaine Stewart, estew23@verizon.net.

Experience the Joys of Yiddish with Gerry Spector – Tuesdays, March 13, 27, 10 AM and 5 PM Enjoy the works of Yiddish authors, poets, songs, theater and cinema and incidentally learn the language.



HAZAAC Book Review of Dan Brown's "Origin" with Rabbi Shawn & Norman Einhorn Wednesday, March 14, 11:30 AM

Lunch at 11:30 AM and program at 1 PM - three-course lunch served \$5/person - Reservations for lunch are REQUIRED.

Please call Harriet, 610-667-5000 (or email <a href="https://nxiontemple.org">https://nxiontemple.org</a>) by **Monday**, **March 11**, to make reservations for lunch.

# WEDNESDAY NIGHT ADULT ED SERIES

March 14, 21, and 28

6:30-7 PM - nosh and refreshments, 7-8 PM - Classes

Dr. Ely Levine — Passover in Egypt, Passover in Babylon, Passover in the Main Line

Did the Israelites drink four cups of wine at the first Passover? The seder we know now took its shape among the rabbis of the Talmud, but it has continued to be transformed over the centuries. The innovation has always come about a way to rediscover meaning in traditional ritual. In this class we will look at the history of how Jews have celebrated Passover, as a way of reigniting meaning in our own celebrations!

Juliet Spitzer — Guard My Tongue, It's Out of Control! Mastering Our Thoughts So They Don't Master Us

We will begin with a look at what Jewish texts say about the power of speech, and familiarize ourselves with the basic laws of I'shon ha'ra (the evil tongue/gossip). Recognizing speech as an extension of our thoughts, we will consider a potential cure for I'shon ha'ra, namely drawing on the sparks and guidance provided through Mussar, the Jewish discipline that helps us fine-tune our ethical conduct.



Aviva Habib – Hebrew Music and Poetry - Cultural Development

A closer look into how Israeli culture has developed over the last 70 years.

## Current Events with Norman Einhorn Thursday, March 15, 11:30 AM-12:30 PM

At the home of Patty Grobman

Ripped from the day's headlines, our multimedia classes revolve around issues that are making the news. Whether it's Israeli or American politics, personalities or other pressing issues of the day, we've gotcha covered. *Sponsored by Sisterhood* 

Remaining dates: April 12, May 3



Har Zion Poker Night with Men's Club and HSA – Sunday, March 18 5:30 PM Registration, 6 PM Tournament begins Texas Hold'em – \$60 buy in, \$20 re-buys BYOB Kosher – Dinner will be served Table sponsorships available

For more info and to RSVP by March 14, contact Jordan Landau, Jordan.landau@gmail.com



Sisterhood General Meeting – Monday, March 19, 11:30 AM Word Mavens – Ellen Scolnic and Joyce Eisenberg

Authors of "The Whole Spiel" and the "Dictionary of Jewish Words"

From kvetching about work to constructing a kugel, Jewish words describe every aspect of our daily lives. Through their humorous and fact-filled talk, The Word Mavens – Ellen Scolnic and Joyce Eisenberg will share the many stories and unusual information that

they uncovered while researching their dictionary. They'll answer important questions such as "What is the correct way to spell Hanukkah?" and "Who would you rather marry – a shmeggegge or a shmendrick?"

Lunch will be served – Free for Sisterhood members; \$10 for non-members RSVP A MUST to Sheila Schafer, Issch@comcast.net



# Sisterhood Book Club Wednesday, March 21, 12:30 PM

The next meeting is Wednesday, March 21 and we will read *Pachinko* by Min Jin Lee. For more info, please contact Barbara Kardon, barbkardon@comcast.net or 610-642-7422.



# Concert of Jewish Music – Wednesday, March 21, 8 PM

Hazzan Vogel is a soloist along with participating choirs, chamber singers from the area, Cantors Assembly of the Delaware Valley, and Nashirah (the Jewish Chorale of Greater Philadelphia).

Tickets available at <a href="https://www.kimmelcenter.org/events-and-tickets/201718/kcp/sing-hallelujah/">https://www.kimmelcenter.org/events-and-tickets/201718/kcp/sing-hallelujah/</a>

Special offer - save 15% with code SING4

# The Charlestein Family invites the Congregation to Shabbat dinner at Har Zion Temple in memory of Malvina & Morton Charlestein – Friday, March 23, following 6 PM services

The Charlestein Family invites the Congregation to join us for a Shabbat dinner at Har Zion Temple in memory of **Malvina & Morton Charlestein** on the occasion of Morton's seventh yahrzeit. We will also honor our past, present and future Camp Ramah participants.

RSVP to Patty Kita at 610-239-6004 or pkita@premusa.com.

**\$20/person, \$10/youngsters 6-21, no charge for current and former HZT Ramahniks and staff** Make check payable to "Gary Charlestein" and mail to Gary Charlestein, Premier Dental, P.O. Box 4500, Plymouth Meeting, PA 19462 **by Wednesday, March 14**.

Sponsored by the Charlestein/Phillips/Benjamin Families

#### Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org. Help us help you!

**Sisterhood Floral Fund Donation Cards** are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

**Four for \$30 (\$10 each)** – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or <a href="mailto:moibas83@hotmail.com">moibas83@hotmail.com</a>.

#### Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, <a href="mailto:mshoueka@hotmail.com">mshoueka@hotmail.com</a> or 610-519-1211 for more information.



# INNOVATION UPDATE FROM 15/18EL

# Successfully Growing Bones In A Lab

Haifa-based biotech company Bonus BioGroup has entered the second trial of a clinical study seeking to regrow bones in a lab. The first trial, which began four years ago and comprised 32 patients, was completed successfully, according to Dr. Shai Meretzki, CEO and founder of Bonus BioGroup.

The process they have designed could come out of an H.G. Wells novel. Liposuction is used to retrieve fat cells from the body, from which damage-controlling cells are isolated. The isolated cells are then grown in a bioreactor, a man-made simulation of the human body. After two weeks, the new bone, tailored to the patient's needs, is injected back inside of the patient in the form of thousands of tiny, living bone particles called BonoFill.

To read more, go to: <a href="http://www.israelideas.org/#!current/c1gqf">http://www.israelideas.org/#!current/c1gqf</a>.

#### **Transportation to Har Zion Temple**

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

#### Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman, NanciG22@aol.com or 610-664-7987.

#### Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Executive Director Gavi Miller, ext 105 or <a href="mailto:qmiller@harziontemple.org">qmiller@harziontemple.org</a>.

#### **Bimah Flowers Can Be Sponsored**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, <a href="mailto:risey@aol.com">risey@aol.com</a> or 610-668-1148.

#### SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS!

#### Regular Hours:

Monday - Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM

Sunday, 9:30 AM to 12:30 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

#### **Regular Daily Minyan**

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

#### Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.