

## UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

### *Building Our Spiritual Community*

FRIDAY, MARCH 24 – 27 ADAR

6 PM - Minha/Kabbalat Shabbat/Ma'ariv

6:59 PM - Candle Lighting

SATURDAY, MARCH 25 – 27 ADAR

9:30 AM - *Kol Tefilah* – Morning Service

9:45 AM - *Parasha* & Pop'ems – Grades 3-7

10:15 AM - Junior Congregation – Grades K-2

11 AM - Teens and Torah

11 AM - Junior Congregation – Grades 3-7

No *Kol Mishpacha* this Shabbat

7 PM - Minha/Seudah Shlishit/Ma'ariv/Havdalah

8:03 PM - Shabbat ends

### **Engaging Jerusalem**

"If I forget thee, O Jerusalem..."

In honor of the 50th anniversary of the Six Day War, Har Zion will engage our *kehillah* in a celebration of the city of our eternal city of hope. Through August, we will explore the diverse role Jerusalem has played for us as a people, from biblical times to present day.

Each month has been assigned a verb that will guide our exploration. March is Eating Jerusalem.

"The faithful may rhapsodize about the spiritual highs to be reached in the Old City... but the true Jerusalem lover knows that the city's greatest attraction is, well, somewhat more tangible - and more edible." – [GoJerusalem.com](http://GoJerusalem.com)

Each week we will feature a recipe celebrating the cuisine of Jerusalem – this week is Easy Yerushalmi Kugel from chef Jamie Geller –

<http://www.joyofkosher.com/recipes/easy-yerushalmi-kugel/>



All programs labeled with this icon will include *Engaging Jerusalem* content.



### **PASSOVER RESTAURANT IS BACK FOR ONE NIGHT ONLY!**

Pesah, the holiday that celebrates the move from slavery to freedom; from sadness to celebration... So get out of the kitchen and come to the Passover restaurant for a traditional Shabbat dinner on Friday...

**Friday, April 14, following 6 PM Services**

Sumptuous All-Inclusive Soup and Salad Bar, Buffet including Prime Rib, Chicken and Salmon, Vegetables and Dessert

*Catered by Boscov's Ala Carte Catering*

**RSVP A MUST BY FRIDAY, MARCH 31 – NO EXCEPTIONS**

**\$55/Adults, \$26/Child 6-13 years old**

**BYOB – Must be marked KOSHER FOR PASSOVER!**

**Checks must be made out to Boscov's Ala Carte Catering and brought to the synagogue office.**

**Please note: Har Zion Temple cannot bill you.**



HAR ZION  
GIFT BOX

## HAR ZION LANDAU GIFT BOX

**April 10 Is Coming Up! Get Ready for Passover**

The Gift Shop is fully stocked for all your Passover needs – candy, new Seder plates.

**WINE SALE – Wine will only be sold on these specific dates:**

**Tuesday, April 4 - 9:30 AM-6:30 PM**

**Wednesday-Thursday, April 5-6 - 9:30 AM-4 PM**

**Sunday, April 9 - 9:30 AM-1 PM**

**Win must be paid for at the time of pick-up by cash or check only. Please pre-order if you desire a particular label or quantity. To download an order form [click here](#).**

**Regular Hours: Monday-Thursday, 9:30 AM-4 PM; Friday, 9:30 AM-3 PM**

**Sunday, 9:45 AM-1 PM (when school is in session)**

**For more information, please call 610-667-2698.**

### TOILETRY DRIVE FOR GOLDEN SLIPPER – NOW!

The Tikkun Olam Committee is starting its annual collection for personal care items for Golden Slipper Senior Club. We prepare packages for their Mother's Day and Father's Day luncheons that are given away to attendees. In the past, we have asked for donations of hotel-size items. The decision has been made to no longer give these small sizes. We will be giving full-size products only. In addition to full-size being greatly appreciated by the recipients, it has been concluded that the small sizes are too difficult for the seniors to open. So we are asking for your kind generosity in donating what you can of the listed items, but please – **FULL SIZES ONLY**.

**Items being collected: disposable razors, shampoo/conditioner, soap, deodorant, toothpaste, toothbrushes, powder, body lotions, tissues (pocket size)**



### Sisterhood/PNAI Program – *The Press and Israel – Media Bias Exposed From A to Z* Sunday, March 26, 1:30 PM

Join us for an interesting presentation by Lee Bender and Jerry Verlin  
No charge for this program - Open to the community

### Calling All Volunteers for the Saunders House and Inglis House Seders!

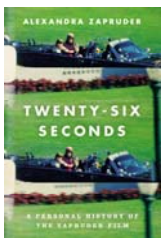
Please help us with the mitzvah and you'll find it to be a heartwarming and gratifying experience!  
Arrive at the arranged time to help set up and then hostess these very meaningful events.

**Saunders House Seder – Wednesday, March 29, 10:45 AM**

To volunteer, contact Andy Coren, 610-649-5294

**Inglis House Seder – Wednesday, April 5, 10:30 AM**

To volunteer, contact Barbara Berkowitz, 610-664-8335 or Gladys Shubin, 610-667-7546



### Open a Book...Open Your Mind...

**Conversation with ALEXANDRA ZAPRUDER**

***26 Seconds: A Personal History of the Zapruder Film***

**Wednesday, March 29, 7 PM**

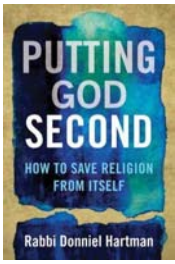
***Author Alexandra Zapruder in conversation with Norman Einhorn***

In the early afternoon of November 22, 1963, Abraham Zapruder stood in Dealey Plaza eagerly awaiting the arrival of President Kennedy's motorcade. He had brought along his personal movie camera, hoping to capture a home video of the once-in-a-lifetime moment. Instead, his 26-second home movie captured President Kennedy's assassination and thrust Zapruder – and his family – into the national spotlight for decades. Now Abraham's granddaughter, Alexandra Zapruder, tells the complete story of the Zapruder film for the first time.

**\$18 in advance/\$25 day of event**

**For more information about this and/or our spring lineup, [openabook@harziontemple.org](mailto:openabook@harziontemple.org) or 610-667-5000 – To purchase tickets online, [harziontemple.ticketleap.com](http://harziontemple.ticketleap.com).**

*Presented by the Sisterhood of Har Zion Temple and the Jane Fishman Grinberg Religious School  
In partnership with the Jewish Book Council*



### Adult Ed Book Discussion – Mondays, April 3 and May 1, 5 PM

#### ***Putting God Second: How to Save Religion from Itself* by Rabbi Donniel Hartman**

Please join Rabbi Alpert for a three-part book discussion. We will examine both the major themes of *Putting God Second: How to Save Religion from Itself* and the Biblical and Rabbinic sources that inform this book. We will explore religion's moral failure – its "autoimmune disease" – or how religions undermine their own deepest values. We will begin with a focus on the critical importance of not being indifferent to the needs of others and discuss both the "disease" as well as how to recover from the twin problems of "God intoxication" and "God manipulation" that is so prevalent in religious life today.

**You will need to purchase the book for discussion purposes.**

For questions, please email Patty Grobman, [pgrobman@harziontemple.org](mailto:pgrobman@harziontemple.org)

### **Camp Ramah Scholarships Available**

Any HZT family in good standing who wishes to apply for a scholarship for their child(ren) to attend Camp Ramah in the summer of 2017, should contact Laurie Albert at [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org) or 610-667-5000, ext 111.

### **The Charlestein Family invites the Congregation to join us for a Shabbat dinner at Har Zion Temple in memory of Malvina & Morton Charlestein – Friday, March 31, following 6 PM services**

The Charlestein Family invites the Congregation to join us for a Shabbat dinner at Har Zion Temple in memory of **Malvina & Morton Charlestein** on the occasion of Morton's sixth yahrzeit. We will also honor our past, present and future Perelman Jewish Day School students.

RSVP to Theresa Szarawara at 610-239-6004 or [tszarawara@premusa.com](mailto:tszarawara@premusa.com).

\$20/person, \$10/youngsters 8-21, no charge for current and former Perelman students

Make check payable to "Betty the Caterer" and mail to Gary Charlestein, Premier Dental, PO Box 4500, Plymouth Meeting, PA 19462 **RSVP needed.**

*Sponsored by the Charlestein/Phillips/Benjamin Families*

**Sisterhood Floral Fund Donation Cards** are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

**Four for \$30 (\$10 each)** – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or [moibas83@hotmail.com](mailto:moibas83@hotmail.com).

### **Use the Sisterhood Scrip Program for All of Your Shopping Needs!**

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, [mshoueka@hotmail.com](mailto:mshoueka@hotmail.com) – 610-519-1211 for more information.



### **INNOVATION UPDATE FROM *ISRAEL IDEAS***

#### ***Test Your Glucose Level Without Drawing Blood***

About 700 million people have diabetes and impaired glucose tolerance and are advised to spot-check their blood-glucose levels several times a day to reduce the risk of serious complications. That's a lot of finger-pricking. The Israeli company Integrity Applications put more than a decade into developing Gluco Track, described as the first truly noninvasive system for self-monitoring glucose levels.

Instead of drawing blood, you clip the GlucoTrack sensor to your earlobe. A patented combination of ultrasonic, electromagnetic and thermal technologies works with a proprietary algorithm to measure physiological parameters correlated with glucose level. Results are displayed within about a minute on a USB-connected handheld control unit, which also stores and compares previous readings. The number is announced verbally, facilitating use by elderly and vision-impaired people with diabetes or pre-diabetes. To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

### **Transportation to Har Zion Temple**

***"Oh, if I'd only known she/he needed a ride to Har Zion."***

***"Oh, I would have been there but I couldn't get a ride."***

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

**Do you need a ride...**To Services? To daytime or evening meetings and/or programs?

**Can you provide an occasional ride?**

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

**Please contact Nanci Goldman, [NanciG22@aol.com](mailto:NanciG22@aol.com) or 610-664-7987.**

### **Share Your Simha!**

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Program and Events Coordinator Shonnie Lebovitz, ext 106 or [slebovitz@harziontemple.org](mailto:slebovitz@harziontemple.org).

### **Bimah Flowers Can Be Sponsored**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, [risey@aol.com](mailto:risey@aol.com) or 610-668-1148.

### **Regular Daily Minyan**

Evenings: 6 PM

Mornings: Sunday – 9 AM, Monday and Thursday – 6:50 AM,

Tuesday, Wednesday, and Friday – 7 AM

### **Minyan Volunteers Needed**

*"The world stands on three things: on Torah, on prayer and on kindness to others."* – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org), with your name and cell phone number for a text.

***An active member of our local Jewish community desperately needs a kidney – blood type B or O***

**To learn how you can save a life or for more information about kidney donation, please call, (718) 431-9831 or email, [R718@renewal.org](mailto:R718@renewal.org). Visit [WWW.RENEWAL.ORG](http://WWW.RENEWAL.ORG)**