

**Friday, March 24 – 27 Adar**

6 PM Minha/Kabbalat Shabbat/Ma'ariv – DOGOLE CHAPEL  
 6:59 PM Candle Lighting

**Saturday, March 25 – 27 Adar**

9:30 AM Kol Tefilah – Morning Service – DOGOLE CHAPEL  
 TORAH READING: EXODUS 35:1 Page 552  
 MAFTIR: EXODUS 20:1 Page 380  
 HAFTARAH: EXODUS 45:16 Page 1291  
 9:45 AM Parasha & Pop'ems – Grades 3-7 – RUDOFKER LIBRARY  
 10:15 AM Junior Congregation – Grades K-2 – BERKOWITZ FAMILY AUDITORIUM  
 11 AM Junior Congregation – Grades 3-7 – BERKOWITZ FAMILY AUDITORIUM  
 11 AM Teens and Torah – RUDOFKER LIBRARY

No *Kol Mishpacha* this Shabbat

**Kiddush:** The Congregation and guests are cordially invited to join us in the FISHMAN/TOBIN AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by Sheila & Barry Kliger in honor of Barry's birthday and by Sisterhood.

**Rosh Hodesh Lecture:** Following the Kiddush, the Rosh Hodesh Lecture will be held in the BAILIS ROOM. Learn with Rabbi Simon Hazani.

6 PM Talmud Study – Join Rabbi Gary Charlestein in the RUDOFKER LIBRARY  
 7 PM Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL  
 8:03 PM Shabbat Ends

**Calling All Volunteers for the Saunders House and Inglis House Seders!**

Please help us with this mitzvah and you'll find it to be a heartwarming and gratifying experience! Arrive at the arranged time to help set up and then host these very meaningful events.

**Saunders House Seder – Wednesday, March 29, 10:45 AM**

To volunteer, contact Andy Coren, 610-649-5294

**Inglis House Seder – Wednesday, April 5, 10:30 AM**

To volunteer, contact Barbara Berkowitz, 610-664-8335 or Gladys Shubin, 610-667-7546

***Mi Shebeirach***

*Mi shebeirach avoteinu*

*M'kor hab'racha l'imoteinu*

May the source of strength,  
 Who blessed the ones before us,  
 Help us find the courage to make our  
 lives a blessing, and let us say, Amen.

*Mi shebeirach imoteinu*

*M'kor habrachah l'avoteinu*

Bless those in need of healing with  
*r'fuah sh'leimah*,  
 The renewal of body, the renewal of spirit,  
 And let us say, Amen

**Sunday, March 26 – 28 Adar**

9 AM Morning Minyan  
 12 PM Madregot Committee Meeting  
 1:30 PM Sisterhood/PNAI Program with Lee Bender and Jerry Verlin  
 2 PM Adult Bible Study with Rabbi Alpert  
 6 PM Minha/Ma'ariv

**Monday, March 27 – 29 Adar**

6:50 AM Morning Minyan  
 10 AM Talmud Study with Rabbi Alpert  
 6 PM Minha/Ma'ariv

**Tuesday, March 28 – 1 Nisan – Rosh Hodesh Nisan**

6:50 AM Morning Minyan  
 11:30 AM Shul Stitchers  
 6 PM Minha/Ma'ariv

**Wednesday, March 29 – 2 Nisan**

7 AM Minyan and TISCH - Halakha Yomit (daily halakha) with the Mishnah Berurah - conversation & breakfast with Rabbi Allen  
 10:45 AM Tikkun Olam at Saunders House Seder  
 6 PM Minha/Ma'ariv  
 7 PM Open a Book...Open Your Mind welcomes author Alexandra Zapruder

**Thursday, March 30 – 3 Nisan**

6:50 AM Morning Minyan followed by Davening and Donuts  
 10 AM Popular Commentaries on Genesis with Rabbi Rosenberg  
 6 PM Minha/Ma'ariv

**Friday, March 31 – 4 Nisan**

7 AM Men's Club Minyannaires – Join Rabbi Rosenberg for "Jeopardy Rashi Style." This morning's breakfast is sponsored by Steve Moskowitz in honor of his and Bev's 22nd Anniversary.  
 6 PM Minha/Kabbalat Shabbat/Ma'ariv  
 7:07 PM Candle Lighting

**PASSOVER IS APRIL 10**

**SHOP THE GIFT BOX FOR ALL YOUR PASSOVER NEEDS!**

**WINE SALE**

**TUES, APR 4 - 9:30 AM-6 PM**

**WED & THURS, APR 5 & 6 - 9:30 AM-4 PM**

**SUN, APR 9 - 9:30 AM-1 PM**

**PLACE YOUR ORDER BY MAR 27**

**Regular hours are:**

**Monday – Thursday, 9:30 AM to 4:00 PM**

**Friday – 9:30 AM to 3:00 PM**

**Sunday – 9:45 AM to 1:00 PM (when school is in session)**

**610-667-2698**

# תהיינה נפשותיהם צרות בצרור החיים:

May their souls be bound  
up in the bond of life.

*The following yahrzeits will be observed during the coming week.*

Leonard Beifeld  
Hannah Fischer  
Bessie Glauberman  
Irvin Morgan  
Nathan Newman  
Isaac Rubin  
George Weiss  
Miriam C. Wolson  
Lakie Zappel  
Isadore Abrams  
Helen Frezel Axel  
Lena Kaplan  
Sophia Kaufman  
Susan Moss  
Rochelle Picker  
Edward Schechter  
Frances Schechter  
Edith Silow  
Mayme Sporkin  
Herbert Wernick  
Sylvia Willner  
Ralph Irwin Young  
Ernest Abramson  
Lena Axelrod  
Samuel Barson  
Betty Bookbinder  
Morton Lester Charlestein  
Martin Gilman  
Linda Ginsberg  
Lillian Gold

Rose Hockman  
Herman Hurowitz  
A. Sandy Kinderman  
Morrison M. Nemrod  
Frank Novick  
David Pfeffer  
Steven Morton Polis  
Evelyn Reisner  
Toby Rosenzweig  
Rose Stumacher  
Aaron Vainstein  
Benjamin Walowitz  
Louis Wilf  
Harry Wolfe  
Adele L. Bodek Cherry  
Clara Effron  
Joseph Hall  
Rabbi Matthew Kanig  
Irwin Nathanson  
Marvin Posner  
Anita Rieber  
Charlotte Rosen  
Eva Sachs  
Albert Soffa  
Gert Tabak  
Frances Weiner  
Alfred Barnett, DDS  
Lillian Cohen  
Edward Greenberg  
Jerome Weingarten

Esther Zager  
Ellen Bernstein  
Mae S. Gelb  
Maurice Kendall  
Herman Lopen  
Herbert Sokoloff  
Dudley Weber, MD  
Cecile Berger  
Sean Daniels  
Leo Henry Frutkin  
Samuel S. Fryman  
Freida Gelman  
Samuel Gerson  
Max Glantz  
Albert Gubelbank  
Selma L. Jacobs  
Morris Kaufman  
Edward W. Lavine  
Max Lipschutz  
Yitzhok Polen  
Thelma Richman  
Sarah Shotel  
Mollie Fox  
Jack Graub  
Saul Grundwerg  
Charlotte Hirsch  
Albert Nalibotsky  
Henry Louis Swinger  
Bonnie K. Weinberg  
Rebecca Wilf

## Sisterhood/PNAI Program – The Press and Israel: Media Bias Exposed From A to Z, Sunday, March 26, 1:30 PM

Join us for an interesting presentation by Lee Bender and Jerry Verlin  
**No charge for this program – Open to the community**

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### Camp Ramah Scholarships Available

Any HZT family in good standing who wishes to apply for a scholarship for their child(ren) to attend Camp Ramah in the summer of 2017, should contact Laurie Albert at lalbert@harziontemple.org or 610-667-5000, ext 111.

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### Use the Sisterhood Scrip Program for All Your Shopping Needs!

For more info: Michele Perlstein, mshoueka@hotmail.com or 610-519-1211

## TOILETRY DRIVE FOR GOLDEN SLIPPER – NOW!

The Tikkun Olam Committee is starting its annual collection for personal care items for Golden Slipper Senior Club. We prepare packages for their Mother's Day and Father's Day luncheons that are given away to attendees. In the past, we have asked for donations of hotel-size items. The decision has been made to no longer give these small sizes. We will be giving full-size products only. In addition to full-size being greatly appreciated by the recipients, it has been concluded that the small sizes are too difficult for the seniors to open. So we are asking for your kind generosity in donating what you can of the listed items, but please – FULL SIZES ONLY.



**Items being collected: disposable razors, shampoo/conditioner, soap, deo- dorant, toothpaste, toothbrushes, powder, body lotions, tissues (pocket size)**

## INNOVATION UPDATE FROM Test Your Glucose Level Without Drawing Blood

About 700 million people have diabetes and impaired glucose tolerance and are advised to spot-check their blood-glucose levels several times a day to reduce the risk of serious complications. That's a lot of finger-pricking, The Israeli company Integrity Applications put more than a decade into developing Gluco Track, described as the first truly noninvasive system for self-monitoring glucose levels. Instead of drawing blood, you clip the GlucoTrack sensor to your earlobe. A patented combination of ultrasonic, electromagnetic and thermal technologies works with a proprietary algorithm to measure physiological parameters correlated with glucose level. Results are displayed within about a minute on a USB-connected handheld control unit, which also stores and compares previous readings. The number is announced verbally, facilitating use by elderly and vision-impaired people with diabetes or pre-diabetes. To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.



Sisterhood of Har Zion Temple  
1500 Hagys Ford Road Penn Valley, PA 19072 610.667.5000 harziontemple.org

Come learn. Come connect. Come home.

## Open a Book...Open Your Mind

Conversation with  
**ALEXANDRA ZAPRUDER**

*26 Seconds: A Personal History of the Zapruder Film*

**Wednesday, March 29, 7 PM**

*Alexandra Zapruder in conversation with Norman Einhorn*

On November 22, 1963, Abraham Zapruder stood in Dealey Plaza eagerly awaiting the arrival of President Kennedy's motorcade. He had brought along his personal movie camera, hoping to capture a home video of the once-in-a-lifetime moment. Instead, his 26-second home movie captured President Kennedy's assassination and thrust Zapruder – and his family – into the national spotlight for decades. Now Abraham's granddaughter, Alexandra Zapruder, tells the complete story of the Zapruder film for the first time.

**\$18 in advance/\$25 day of event**  
To purchase tickets online,  
go to [harziontemple.ticketleap.com](http://harziontemple.ticketleap.com)  
or call 610-667-5000 and  
drop a check off with Harriet.

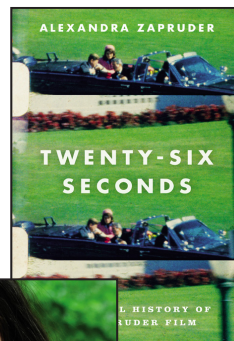
Presented by the Sisterhood of Har Zion Temple and the  
Jane Fishman Grinberg Religious School



In partnership with the Jewish Book Council



– Linda Fittante



# Engaging Jerusalem



## April is Telling Jerusalem

"Jerusalem is a Port City on the shores of eternity" (Yehudah Amichai) – As we all recognize Jerusalem is a land-locked city so what kind of a port can it be? It is a metaphysical one that conveys the story of each traveler that visits its shores. Each journey's narrative is stored and awaits another pilgrim to carry it on to the next destination. In the month of April, we are asking you to share your Jerusalem Stories with us. Invite us into your journey and benefit from the adventures of others.

## Adding Jerusalem to Your Home Seder

**Wednesday, April 5, 7-9 PM**

Dig deeper into Passover and discover ways to include Israel and Jerusalem in your Seder experience beyond the "Next Year in Jerusalem" closing line. In this class, you will learn some new techniques to use at your Seder, whether you are leading one for the first time or the 50th time (though maybe you will share some tricks with us as well). Furthermore, we will discuss traditional and contemporary themes of the day that can deepen your discussion of the holiday and learn from customs of Jewish communities from around the world. Co-taught by Rabbi Allen, Cantor Vogel, and Rabbi Shawn.



## Telling Jerusalem – Personal Israel Stories

**Wednesday, April 19, 7-9 PM**

We want the congregation and community members to share their Israel/Jerusalem stories. We invite you to an evening of good cheer, good food and good stories. Add *your* story to ours, please contact Rabbi Shawn to RSVP: 610-667-5000, ext 114 or rabbishawn@harziontemple.org

## Scholar in Residence – Dr. Melila Hellner-Eshed

**Saturday morning, April 29, 9 AM (PLEASE NOTE change in service time)**

Dr. Melila Hellner-Eshed will deliver the D'var Torah during Shabbat morning and present a lecture Beit Midrash (Study Hall) style. Hellner-Eshed lectures on the Zohar and Jewish mysticism in the Hebrew University of Jerusalem's Department of Jewish Thought and teaches in the Revivim Honors Teacher-Training Program in Jewish Studies in the University's Faculty of Humanities. She is also a research fellow at the Shalom Hartman Institute.





HAR ZION  
T E M P L E

1500 Hagys Ford Road Penn Valley, PA 19072 610-667-5000 [www.harziontemple.org](http://www.harziontemple.org)

**Come home . . . for Passover**

**PASSOVER RESTAURANT  
IS BACK FOR ONE NIGHT ONLY!**

**Friday, April 14**



**following 6 PM Services**

*Catered by Boscov's Ala Carte Catering*

*Sumptuous All-Inclusive Soup and Salad Bar,  
Buffet including Prime Rib, Chicken and Salmon,  
Vegetables and Dessert*

***BYOB - Must be marked KOSHER FOR PASSOVER!***

**\$55/Adult    \$26/Child 6-13 years old**

**RESERVATIONS ARE A MUST**

**BY FRIDAY, MARCH 31 – NO EXCEPTIONS!**

**Make checks payable to Boscov's Ala Carte Catering**  
**Please note – Har Zion Temple cannot bill you.**