SISTERHOOD ADULT ED AND FEDERATION LECTURE SERIES ON FOOD INSECURITY WEDNESDAYS, APRIL 15, 22 AND MAY 6, 10:00 AM

April 15 – A Biblical Perspective on Hunger

What does the Bible say about hunger and the issue of food security? Come find out with Rabbi Uri Allen, as we begin our study and action series on the topic of hunger.

April 22 – Policies and Perspectives on Food Insecurity

This panel will explore current issues and policies impacting food insecurity. The panel will include Dr. Mariana Chilton, Director of the Center for Hunger-Free Communities; Kathy Fisher, Policy Director of the Coalition Against Hunger and Brian Gralnick, Director of Federation's Center for Social Responsibility. Discussion topics will include state and federal cuts to programs benefiting the poor including SNAP (food stamps) and school lunch and breakfast programs, as well as advocacy opportunities.

May 6 – Feeding the Hungry

This panel will explore the troubling irony that in our resource-rich land, one in four Philadelphians are food insecure, most of whom are elderly or children, and 11,000 local Jewish individuals are choosing between food and other basic needs. The panel will include Melanie S. Cataldi, Sr. VP, Chief Operating Officer at Philabundance, Inc.; Sabina Dopiro, Site Manager of Federation's Choice Food Program and Brian Jenkins, Executive Director of the Chosen 300 Ministries; the panel will be moderated by Brian Gralnick. Free • No reservations necessary. For more information, email jrutter@jfgp.org.

RABBINICAL ASSEMBLY MONTHLY LUNCH AND LEARN

All are welcome. For more information, please call Rabbi Gary Charlestein, 610-239-6003. **Tuesdays in Jenkintown** at the Library of Adath Jeshurun Congregation, 12:00-1:00 PM. **Tuesdays in Center City** at the offices of Cozen & O'Connor, 1900 Market St in the Phila Stock Exchange Building, 12:00-1:30 PM. **Rabbi Robert Alpert teaches at this location on April 21. NOW TUESDAYS in Plymouth Meeting** at the offices of Premier Dental, 1710 Romano Drive – off Ridge Pike and Belvoir Road, 12:30-1:30 PM. **Rabbi Gary Charlestein teaches at this location.**

FISHMAN INSTITUTE FOR ADULT JEWISH STUDIES 2015 B'BAYIT SERIES - 7:30-9:00 PM

Our B'bayit series brings Torah into our homes. This year our focus is on siblings - those related to us and those who became our "brothers" and "sisters" at summer camp. Through conversation, songs and fun we will explore how our siblings shaped us, our relationship with them as adults, the impact of rivalries, personalities and responsibilities, and how to best respond when siblings ignore our advice, as well as insights from our tradition into sibling relationships. We will share a few laughs while we learn practical lessons to foster ever-meaningful and vibrant relationships with our brothers and sisters. All ages are welcome to join us!

Wednesday, May 20 – Sibling Relationships in Music Led by Rabbi Uri Allen – hosted by Debrorah Stein and Alan Susser

Tuesday, June 30 – Summer in the City

A Night of Summer Camp Fun for Adults – hosted at Har Zion Temple

RSVP to Sharon Kenworthy in the Religious School office: 610-664-5746 or skenworthy@harziontemple.org

CONGREGANTS NOT RECEIVING E-HIGHLIGHTS

If you know Har Zion members who are not receiving E-HIGHLIGHTS, tell them to send their email address to jfetscher@harziontemple.org with the request to be added to the E-HIGHLIGHTS distribution list. Also, if your email has changed, please notify the synagogue office.

ALIYOT ARE FOR EVERYONE!

If anyone would like an honor for the High Holidays, or if you would like an aliyah to commemorate a yahrzeit, celebrate a birthday or anniversary, graduation or just because – please contact Rabbi Alpert, 610-667-5000, ext 104 or rralpert@harziontemple.org.

Need to review or learn the blessings? Rabbi Alpert can help you with that too!

CHAI SIMCHA WALL PLAQUES

There is no greater joy than the celebration of Jewish life cycle events. The meaning and memory of your event is heightened when it becomes a permanent part of our synagogue's Chai Simcha Tablet. The Tablet is a beautiful reminder of a Bar/Bat Mitzvah, baby naming, wedding, anniversary, and other happy occa-

sions shared with family and friends. For more information, please call the synagogue office, 610-667-5000.

YAHRZEIT PLAQUES

Remember your loved ones with a yahrzeit plaque in the Bronstein Memorial Room. The cost for each plaque is \$500. For information or to order a plaque, please call the synagogue office, 610-667-5000.

COMMUNITY ANNOUNCEMENTS

CONCERT PRESENTED IN PHILADELPHIA AREA – SUNDAY, MARCH 22, 4:00 PM To Be Certain of the Dawn

Bryn Mawr Presbyterian Church, 625 Montgomery Ave

Don't miss the Philadelphia Premiere of acclaimed composer Stephen Paulus' *To Be Certain of the Dawn*. Under the direction of Jeffrey Brillhart, this concert will feature full orchestra and the choirs (our own Debbie Golden is a member) of the Cathedral Basilica of Saints Peter and Paul and Bryn Mawr Presbyterian. *To Be Certain of the Dawn* is a Holocaust Memorial Oratorio to honor two important anniversaries: the 60th anniversary of the liberation of the Nazi death camps and the 40th anniversary of the publication of Nostra Aetate (Latin for "In Our Times"), the seminal Vatican II document that condemned blaming Jews for the death of Christ.

Tickets: \$25 – Online sales will end at noon on the day of the event, unless otherwise specified. Limited seating – tickets will be available at the door if the event is not sold out. http://www.bmpc.org/programs/music-and-fine-arts/concerts

SHANDLER-PINCUS POST #305 – JEWISH WAR VETERANS OF THE USA MEETING NOTICE AND POST NEWS

(IF YOU NEED A RIDE or CAN GIVE A RIDE, CALL HENRY 215-459-1261) **{IN CASE OF SEVERE WEATHER, CALL ADATH ISRAEL @ 610-934-1919}** Questions/Comments/Newsletter Ideas: Henry Frank, Adjutant, cell-215-459-1261

HIGHLIGHTS: Next meeting: 19 April: Program TBA

17 May: Installation of officers

(TBD) 2015: Post 305's Cemetery Memorial Ceremonies (Memorial Day coincides with Shavuot) 30 May [Shabbat]: Tour of Honor leaving from St. Kevin's, Springfield, PA. Calling all WW2 Vets to join us for this great day of honor in May. We can never repay you for all that you have done but we can show you our appreciation. For more information concerning their tour, contact Cathy. If you would like to be a guardian or volunteer for our next mission, please call Cathy at 610-613-3865. Another trip is planned for 5 Oct [it's a Monday, but falls on the Jewish holy day of Shemini Atzeret].

31 May at 10AM: Post 134/305 Memorial Ceremony at Ohev Shalom Cemetery in Brookhaven. **14 Jun:** (Tentative)

ATTENTION: We need new members. Most of you know someone who is a vet, or who is an active service member. If they are Jewish, they should be JWV members. Active service members' dues are free as long as they are active. Consider gift memberships: Purim, Shalach Manot, Pesach afikomen, Awe gifts for High Holy Days, Hanukkah gelt gifts. See any officer for an application.

LEADERSHIP IN THE BIBLE

For Dr. David Arnow's fascinating reflection on his book, *Leadership in the Bible: A Practical Guide for Today*, go to http://learn.jtsa.edu/content/audio/lecture/leadership-bible-practical-guide-today.



JR MACCABI GAMES WITH TEAM KAISERMAN - SUNDAY, MAY 3

Hosted by the Kaiserman JCC

The Mid-Atlantic Junior Games are modeled after the JCC Maccabi Games® but geared for athletes' ages

10-12 years old. This one day event is held each spring. Sports include; swimming, tennis,

baseball, basketball and soccer. Over 700 athletes from PA, DE, MD, NY and NJ participate in this Jewish sports experience.

Eligibility: Tryouts begin in March and are open to Jewish pre teens who have reached their 10th birthday by May 1 and have not reached their 13th birthday by May 1.

What's included: The Games fee includes: team shirt, lunch and competition.

Fees and travel: Tryout fee is \$10 & includes a try-out shirt.

Games Fee: \$95 Kaiserman JCC Members; \$150 Non-members

JACK M. BARRACK HEBREW ACADEMY

Come love where you learn. For more information or a personal tour, contact Jen Groen: jgroen@jbha.org or 610-922-2350.

GROWING UP PERELMAN

Academics. Ethics. Community. And an unparalleled dual-language curriculum that strengthens cognitive development, problem solving and reasoning.

Attend an Open House, schedule a personal tour, speak to current Perelman parents For information or to sign up, call Mindy Andelman, 610-658-2518 X207, mandelman@pjds.org, or go to http://www.pjds.org/OpenHouse?rc=0.

KLEIN JCC...

10100 Jamison Avenue, Philadelphia, PA 19116 • www.kleinjcc.com

Heart to Heart is here for you! Are you having difficulty making ends meet? Have you recently lost your job? Have you been experiencing hardship or recent life changes? Are you struggling to put food on the table? Are you looking for assistance in deciding what to do next in order to improve your situation? If you've said yes to any of these questions and you are under the age of 65, contact us now for help! For additional information and eligibility, please contact Anya Goldberg, Program Director at 215-698-7300 x135 or agoldberg@kleinjcc.org.

JEWISH RELIEF AGENCY NEEDS YOU!

A Call for Young Professionals...

We are coordinating a regular group of volunteers to attend JRA each and every month of the year, and are asking the Har Zion young professionals group (AVIV) if they would be interested in joining. We typically meet at 9:00 AM and help assemble

boxes for 2-2.5 hours and then make deliveries using our own vehicles. So, all told, it's about a four hour commitment. We need to have a list of volunteers in order to get routes assigned, etc. We just need volunteers' full names and email addresses. And we need to know if they'll be bringing their own cars as we're responsible for delivering the boxes of food to the recipients. Because of this, it's important that people honor the commitment as we get assigned a certain number of routes and boxes based on how many people volunteer and how many cars we have at our disposal. If you are interested, please contact Josh Brockman, jobrockm@yahoo.com.

JFCS NEEDS VOLUNTEER DRIVERS FOR SENIORS

Help steer an older adult in the right direction! Be part of JFCS' Silver Wheels program and provide easy, accessible, and affordable transportation for older adults. We help out with non-emergency medical appointments; food shopping, bank, pharmacy and social activities errands.

Please contact Lisa Tischler at 267.256.2082 or email Itischler@jfcsphilly.org.

The **Mitzvah Food Project** needs your help to deliver food boxes to seniors in need! We are relying on support from our community to deliver food boxes to nearby senior homes and apartments (once a month) from two of our pantry locations. Boxes are provided by the Commodity Supplemental Food Program (CSFP).

Now is your chance to do a wonderful mitzvah: sign up for a delivery route today! Delivery routes are local and will take approximately 30 minutes. Recipients will sign for the food box at the door. Please know...we must fill these routes in order to pilot this new program.

Locations of food box pick-up are: JCCs Raymond & Miriam Klein Branch, 10100 Jamison Ave, Northeast Philadelphia 19116 and JCCs Jacob & Esther Stiffel Senior Center, 604 Porter Street, South Philadelphia 19148.

Whether you are looking for a B'nai-Mitzvah Project for your child, community service work, or just volunteering for a wonderful cause, please e-mail or call us. We thank you for your time and look forward to hearing from you soon! Together, we can end hunger in our community.

Contact the Mitzvah Food Project's Administrative Office with any questions:

215-832-0509 or by email at foodproject@jfgp.org.

Deirdre Mulligan, Interim Project Manager, (215) 832-0509

Deena Goldstein, Mitzvah Food Project Coordinator, (215) 832-0831





HELPING HANDS - JEVS HUMAN SERVICES CAREER STRATEGIES 1845 Walnut Street, 7th Floor, Philadelphia, PA 19103

Call 215-854-1834 today to learn more about this exciting program and to see if you qualify. Are you an unemployed or underemployed Jewish individual under 65 living in the Delaware Valley? Helping Hands may be just what you're looking for . . . and it's FREE! *Funded by Jewish Federation of Greater Philadelphia in collaboration with Jewish Family and Children's Services.*

JEWISH FAMILY AND CHILDREN'S SERVICES DOMESTIC VIOLENCE PROGRAM

We invite you to be a part of the extraordinary journey of growth and freedom that these women are courageously facing. For more information call 267-256-2000, or visit www.jfcsphilly.org.

IN SUPPORT OF ISRAEL . . .

**Let Washington know that we appreciate the US support of Israel and to urge continued support. Call 202-456-1111 or e-mail to comments@whitehouse.gov. Contact your Senators and Congressmen – visit www.senate.gov; www.house.gov. FOR INFORMATION AND TO MAKE DONATIONS FOR FRIENDS OF THE ISRAEL DEFENSE FORCES, visit www.fidf.org.