

**Friday, March 9 – 23 Adar**

5:42 PM Candle Lighting  
 6 PM Kabbalat Shabbat/Ma'ariv – DOGOLE CHAPEL  
 6 PM *Kol Zimra* – Instrumental Service – LEVIN-BAILIS ROOM  
 7 PM Joy of Shabbat Dinner (by reservation only) – FISHMAN-TOBIN AUDITORIUM

**Saturday, March 10 – 23 Adar**

9:30 AM *Kol Tefilah* – Morning Services – MAIN SANCTUARY  
**Bar Mitzvah:** HUNTER STEIN, son of Amanda & Lee Stein  
 TORAH READING: EXODUS 37:17 Page 560  
 MAFTIR: NUMBERS 19:1 Page 880  
 HAFTARAH: Ezekiel 36:16 Page 1287  
 10:45 AM Junior Congregation – BERKOWITZ FAMILY AUDITORIUM  
 11:15 AM *Kol Mishpacha* – Tot Shabbat – BENJAMIN B. LEVIN ROOM  
**Kiddush:** Congregation and guests are cordially invited to join us in the FISHMAN-TOBIN AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by Amanda & Lee Stein in honor of Hunter becoming a Bar Mitzvah, and by Sisterhood.

**Rosh Hodesh Lecture:** Following the Kiddush, the Rosh Hodesh Lecture will be held in the BAILIS ROOM. Learn with Hazzan Eliot Vogel.

4:40 PM Parents & Kids Together – JFGRS CONFERENCE ROOM  
 4:40 PM Talmud Study with Rabbi Moriah SimonHazani – RUDOFKER LIBRARY  
 5:40 PM Minha/Ma'ariv/Havdalah – DOGOLE CHAPEL  
 6:42 PM Shabbat ends

**COOK FOR A FRIEND NEEDS YOUR HELP – DO A MITZVAH!  
 SUNDAY, MARCH 11, 9:30 AM**

***Mi Shebeirach***

<p><i>Mi shebeirach avoteinu</i>  <i>M'kor hab'racha l'imoteinu</i>                  May the source of strength,                  Who blessed the ones before us,                  Help us find the courage to make our                  lives a blessing, and let us say, Amen.</p>	<p><i>Mi shebeirach imoteinu</i>  <i>M'kor habrachah l'avoteinu</i>                  Bless those in need of healing with  <i>r'fuah sh'leimah,</i>                  The renewal of body, the renewal of spirit,                  And let us say, Amen.</p>
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**DON'T FORGET TO SET YOUR CLOCKS AHEAD ONE HOUR BEFORE YOU GO TO BED SATURDAY EVENING!**

**Sunday, March 11 – 24 Adar**

9 AM Morning Minyan  
 9:30 AM Cook for a Friend  
 10 AM Sisterhood Executive Board Meeting  
 10:30 AM Sisterhood General Board Meeting  
 6 PM Minha/Ma'ariv

**Monday, March 12 – 25 Adar**

6:50 AM Morning Minyan  
 12:30 PM Sisterhood/HSA Mah Jongg  
 5 PM NCCECE Kindergarten Play  
 6 PM Minha/Ma'ariv

**Tuesday, March 13 – 26 Adar**

7 AM Morning Minyan  
 10 AM Joys of Yiddish with Gerry Spector  
 11:30 AM Shul Stitchers  
 5 PM Joys of Yiddish with Gerry Spector  
 6 PM Minha/Ma'ariv

**Wednesday, March 14 – 27 Adar**

7 AM Minyan and TISCH – *Halakha Yomit* (daily *halakha*) with the *Mishnah Berurah* – conversation and breakfast with Rabbi Shawn  
 10:30 AM *Learning our Liturgy* with Dr. Sara Cohen  
 11:30 AM HAZAAC Program – Book Discussion with Rabbi Shawn and Norman Einhorn  
 6 PM Minha/Ma'ariv  
 6:30 PM Wednesday Night Class Nosh & Schmooze  
 7 PM *Passover in Egypt, Passover in Babylon, Passover in the Main Line* with Dr. Ely Levine  
*Guard My Tongue, It's Out of Control!* with Juliet Spitzer  
*Hebrew Music and Poetry - Cultural Development* with Aviva Habib

**Thursday, March 15 – 28 Adar**

6:50 AM Morning Minyan followed by Davening and Donuts  
 8:50 AM Sisterhood Chair Yoga  
 10 AM *Popular Commentaries on Genesis* with Rabbi Rosenberg  
 11:15 AM *Rabbi Shawn and the Philosopher's Stone*  
 11:30 AM *Current Events with Norman Einhorn* – at the home of Patty Grobman  
 6 PM Minha/Ma'ariv  
 7:30 PM Liturgical Prayer

**Friday, March 16 – 29 Adar**

7 AM Minyan and Men's Club Minyannaires – Join Rabbi Rosenberg for "Jeopardy Rashi Style." This morning's breakfast is sponsored by Lew Grafman on the occasion of his father's *yahrzeit*.  
 5:30 PM Shabbat Sha-Blue Jeans (reservations required)  
 6 PM Kabbalat Shabbat/Ma'ariv  
 6:50 PM Candle Lighting  
 8 PM Teen Dessert and Discussion – at the home of Rachel Wachs

**LANDAU GIFT BOX**  
**610-667-2698**  
**Shop for Passover Now**  
**Wine Sale**  
**Sundays, March 18 and 25**  
**9:30 AM to 1 PM**  
**Wednesday, March 21**  
**9:30 AM to 6:30 PM**  
**Wednesday, March 28**  
**9:30 AM to 4 PM**  
**Wine must be paid for at the**  
**time of pick-up by cash or check.**  
**Regular Hours**  
**Monday – Thursday,**  
**9:30 AM - 4 PM**  
**Friday – 9:30 AM - 3 PM**  
**Sunday – 9:30 AM-12:30 PM**  
**(when school is in session)**

# תהיינה נפשותיהם צרות בצרור החיים:

May their souls be bound  
up in the bond of life.

*The following yahrzeits will be observed during the coming week.*

Minna Anolik  
Anna Brown  
Harold Stephen Ellis  
Joseph Fishman  
Albert M. Garber  
Kathryn Hall  
Marvin (Bud) Kohn  
Pauline Lanzbom  
Fannie E. Miller  
Elizabeth Pedersen  
Mary Promisloff  
Jacob Raboff  
Pincus Rader  
Joni Rosenblum Cohen  
Anne M. Snyder  
Doris Stark  
Esther Steinberg  
Isaac Steinberg  
Ninnie Block  
Minnie Carlin  
Samuel Goldblum  
Fanny Goodman  
Roslyn Kahn  
Harriette Kaplan  
Fannie Karsch  
Lewis Kieff  
Ray Goldfarb  
Annie Shrager  
William Skolnik  
Judith Susser  
Leah Valkin  
Jacqueline Zeitz  
Albert Canady  
Bessie Lerner  
Samuel Nagelberg  
Charles A. Panzer

Ida M. Rudofker  
Betty Sagot  
Burton Schwartz, DDS  
Hyman Small  
Nathan Turret  
Joseph Axelrod  
Jean Beloff  
Morris Cohen  
Sam Feldman  
Anna R. Goldberg  
Jerome Grafman  
Simon Guez  
Gertrude G. Janover  
Samuel C. Myers  
Cecelia Panzer  
Lester Leon Perlmutter  
Jason Posner  
Harry Snapper  
Sally Turret  
Charles Zeitz  
Leonard Beifeld  
Hannah Fischer  
Bessie Glauberman  
Bunny Kendall  
Irvin Morgan  
Nathan Newman  
Isaac Rubin  
George Weiss  
Miriam C. Wolson  
Lakie Zappel  
Isadore Abrams  
Helen Frevel Axel  
Sophia Kaufman  
Susan Moss  
Edward Schecter  
Frances Schecter

Mayme Sporkin  
Herbert Wernick  
Sylvia Willner  
Ralph Irwin Young  
Ernest Abramson  
Lena Axelrod  
Samuel Barson  
Betty Bookbinder  
Morton Lester Charlestein  
Martin Gilman  
Linda Ginsberg  
Lillian Gold  
Rose Hockman  
Herman Hurowitz  
A. Sandy Kinderman  
Morrison M. Nemrod  
Frank Novick  
David Pfeffer  
Steven Morton Polis  
Evelyn Reisner  
Toby Rosenzweig  
Rose Stumacher  
Benjamin Walowitz  
Louis Wilf  
Harry Wolfe  
Adele L. Bodek Cherry  
Clara Effron  
Joseph Hall  
Rabbi Matthew Kanig  
Irwin Nathanson  
Marvin Posner  
Anita Rieber  
Eva Sachs  
Albert Soffa  
Gert Tabak  
Frances Weiner

## **Cook for a Friend – Sunday, March 11, 9:30 AM**

Do a Mitzvah! Come to the large kitchen to help prepare meals for those in need. For more information, please contact Elaine Stewart, estew23@verizon.net.

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## **Shabbat Sha-Blue Jeans – Friday, March 16, 5:30 PM**

Please join us for Services with Debbie Folz and Miss Amy Jo followed by a delicious Shabbat dinner Jeans and casual attire encouraged – BYOB (Kosher) Be our guest!

**Reservations are required. Email Debbie Folz, dfolz@harziontemple.org**

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## **A Call for Volunteers for Saunders House and Inglis House Seders**

**Saunders House Seder – Friday, March 23, 10:30 AM** – Please call Andy Coren, 610-585-1866.

**Inglis House Seder – Thursday, April 5, 10:30 AM** – Please call Barbara Berkowitz, 610-664-8335 or Gladys Shubin, 610-667-7546.

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## **Do You Need The Caring Connection?**

We would like to hear from you if you have a need in your good times and bad.

We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know.

Call Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org.

## **The Charlestein Family invites the Congregation to Shabbat dinner at Har Zion Temple in memory of Malvina & Morton Charlestein – Friday, March 23, following 6 PM Services**

We will also honor our past, present and future Camp Ramah participants.

**RSVP to Patty Kita at 610-239-6004 or [pkita@premusa.com](mailto:pkita@premusa.com) by Wednesday, March 14 \$20/person, \$10/youngsters 6-21, no charge for current/former HZT Ramahniks and staff**

Checks payable to Gary Charlestein, Premier Dental, P.O. Box 4500, Plymouth Meeting, PA 19462

*Sponsored by the Charlestein/Phillips/Benjamin Families*



## **INNOVATION UPDATE FROM ISRAEL IDEAS**

### **Breakthrough in Non-invasive Prostate Cancer Test**

Israeli scientists at Kaplan Medical Center have reported a breakthrough of successfully detecting prostate cancer cells with high sensitivity using Micromedic Technologies' CellDetect noninvasive diagnostic test, developed at Kaplan over the past two years. The news comes less than a week after British actor and comedian Stephen Fry revealed he is being treated for prostate cancer, which afflicts nearly one adult male in nine sometime during his lifetime. Among many other celebrities who have battled prostate cancer are Robert De Niro, Mandy Patinkin, Harry Belafonte and Frank Zappa. Prostate cancer is the second most common cancer (after skin cancer) among men worldwide and is the third-leading cause of death in men worldwide. The disease is very treatable if found early, and in some cases the cancer grows very slowly and does not need treatment. However, each year there are about 29,000 deaths from prostate cancer in the United States and 70,000 in Europe. To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.



# HZT Adult Education

## Department of Lifelong Learning

### Upcoming Classes

#### **HAR ZION AFTER DARK**

**March 14, 21, and 28**

**6:30-7 PM - Nosh and refreshments**

**7-8 PM - Classes**

#### **Dr. Ely Levine - *Passover in Egypt, Passover in Babylon, Passover in the Main Line***

Did the Israelites drink four cups of wine at the first Passover? The seder we know now took its shape among the rabbis of the Talmud, but it has continued to be transformed over the centuries. The innovation has always come about a way to rediscover meaning in traditional ritual. In this class we will look at the history of how Jews have celebrated Passover, as a way of reigniting meaning in our own celebrations!

#### **Juliet Spitzer - *Guard My Tongue, It's Out of Control! Mastering Our Thoughts So They Don't Master Us***

We will begin with a look at what Jewish texts say about the power of speech, and familiarize ourselves with the basic laws of *l'shon ha'ra* (the evil tongue/gossip). Recognizing speech as an extension of our thoughts, we will consider a potential cure for *l'shon ha'ra*, namely drawing on the sparks and guidance provided through Mussar, the Jewish discipline that helps us fine-tune our ethical conduct.

#### **Aviva Habib – *Hebrew Music and Poetry – Cultural Development***

A closer look into how Israeli culture has developed over the last 70 years.

#### ***Experience the Joys of Yiddish***

**with Gerry Spector**

**Tuesdays, March 13, 27**

**10 AM and 5 PM**

#### ***Learning our Liturgy***

**with Dr. Sara H. Cohen**

**Wednesdays, March 14, 21**

**10:30-11:30 AM**

*Sponsored by Sisterhood*

#### ***HAZAAC Book Review of Dan Brown's***

***"Origin" with Rabbi Shawn and***

***Norman Einhorn***

**Wednesday, March 14, 11:30 AM – Lunch at 11:30 AM and program at 1 PM**

**\$5/person - Reservations for lunch are REQUIRED** – Please call Harriet, 610-667-5000 (or email [hzt@harziontemple.org](mailto:hzt@harziontemple.org)) by Monday, March 11, to make reservations for lunch.

#### ***Rabbi Shawn and the***

***Philosopher's Stone***

**Thursdays, March 15, 22, 11:15 AM**

*Jewish Prayer and Ritual in a Secular World*

#### ***Current Events with Norman Einhorn***

**Thursdays, March 15, April 12, May 3**

**11:30 AM-12:30 PM**

*At the home of Patty Grobman*

*Sponsored by Sisterhood*

Indicates Israel at 70 Program  
These programs sponsored by the  
Shirley & Norman Greenbaum  
Yom Ha'atzmaut Fund



## Sisterhood

#### ***Sisterhood/HSA Mah Jongg Mondays***

**Mondays, 12:30 PM**

You may bring dairy/parve lunch or snacks.

Instruction available - \$10 per person

**INVITE YOUR FRIENDS!**

Questions and to RSVP, please contact

Nina Greberman, 610-733-1399 or

[ninagrebs@gmail.com](mailto:ninagrebs@gmail.com).

#### ***Learning our Liturgy***

**with Dr. Sara H. Cohen**

**Wednesdays, March 14, 21**

**10:30-11:30 AM**

A comprehensive study of our liturgy, using the Siddur (Jewish prayer book), as our text. We will explore the history, origins, authors, structures and meaning of our prayers from Biblical times to the present. This "virtual tour of Judaism" will enlighten us, enable us to relate more fully to our prayers and make our attendance at worship services more meaningful and enjoyable.

*Sponsored by Sisterhood*



#### ***Sisterhood General Meeting***

**Monday, March 19, 11:30 AM**

**The Word Mavens –**

**Ellen Scolnic and Joyce Eisenberg**

Through their humorous and fact-filled talk, the Word Mavens will share the many stories and unusual information that they uncovered while researching their dictionary.

**Lunch will be served.**

**Free for Sisterhood members**

**\$10 for non-members**

**RSVP A MUST to**

**Sheila Schafer, [Issch@comcast.net](mailto:Issch@comcast.net)**

#### ***Sisterhood Book Club***

**Wednesday, March 21, 12:30 PM**

*Pachinko* by Min Jin Lee

For more info, please contact Barbara Kardon, [barbkardon@comcast.net](mailto:barbkardon@comcast.net) or 610-642-7422.

## Men's Club

#### ***Har Zion Poker Night***

**with Men's Club and HSA**

**Sunday, March 18**

**5:30 PM** Registration, **6 PM** Tournament begins

Texas Hold'em – \$60 buy in, \$20 re-buys – BYOB Kosher – Dinner will be served

**For more info and to RSVP by March 14, contact Jordan Landau, [Jordan.landau@gmail.com](mailto:Jordan.landau@gmail.com)**