

## UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

### *Building Our Spiritual Community*

FRIDAY, FEBRUARY 3 – 8 SHEVAT

5:05 PM - Candle Lighting

5:30 PM - Shabbat Sha-Blue Jeans: Songs of the Holy City

6 PM - Minha/Kabbalat Shabbat/Ma'ariv

SATURDAY, FEBRUARY 4 – 8 SHEVAT

9:30 AM - *Kol Tefilah* – Morning Service

**Bat Mitzvah: Ava Susser-Stein, daughter of Dr. Deborah Stein & Alan Susser**

9:45 AM - *Parasha & Pop'ems* – Grades 3-7

10:45 AM - *Parashat Hashavua* – Adult Torah Study

11 AM - Junior Congregation – Grades K-7

5:05 PM - Minha/Seudah Shlishit/Ma'ariv/Havdalah

6:09 PM - Shabbat Ends

### **Engaging Jerusalem**

**"If I forget thee, O Jerusalem..."**

Jerusalem has captured the imagination of Jews for centuries. It's the direction to which we pray, it's the aspiration of centuries of dreamers, it holds hope and promise for many.

In honor of the 50th anniversary of the Six Day War, Har Zion will engage our *kehillah* in a celebration of the city of our eternal city of hope. Over the next eight months, we will explore the diverse role Jerusalem has played for us as a people, from biblical times to present day.

Each month has been assigned a verb that will guide our exploration. We've dedicated February to *Singing Jerusalem*. The number of songs about Jerusalem is nearly endless since the themes of the holiness and centrality of Jerusalem, returning to Zion and longing for Jerusalem have been a part of Jewish literature since Biblical times. We will feature one or two selections from the endless well of "Songs about Jerusalem."

Undoubtedly, for the past 50 years, *the* most well-known song about Jerusalem is *Yerushalayim Shel Zahav*, Jerusalem of Gold. Many people even know something about its origins. Written by "the first lady of Israeli song and poetry," Naomi Shemer, it was commissioned by Jerusalem mayor Teddy Kollek for the Israel Song Festival in May of 1967. It describes the Jewish people's 2000 year old longing to return to Jerusalem. After the Six-Day War, a verse was added to celebrate the reunification of Jerusalem.

*Yerushalayim Shel Zahav* has often been called the unofficial national anthem of the State of Israel. Here are two versions. The first, sung by Ofra Haza, offers a beautiful collage of Jerusalem in her many aspects along with translation and links to historical context. The second is a choral version that Hazzan Vogel loves and has sung many times. It is performed magnificently by students from the Thelma Yellin School for the Arts in Givatayim.

[http://israelforever.org/interact/multimedia/yerushalayim\\_shel\\_zahav/](http://israelforever.org/interact/multimedia/yerushalayim_shel_zahav/)

<https://www.youtube.com/watch?v=NTMUPMvXECc&list=RDNTMUPMvXECc#t=80>



All programs labeled with this icon will include *Engaging Jerusalem* content.



### **Shabbat Sha-Blue Jeans: Songs of the Holy City**

**Friday, February 3, 5:30 PM**

Join us for lively services with guitar and a delicious dinner with options for kids and adults. Geared for families with children, infants to six years old, but all ages are welcome. Jeans and casual clothes encouraged.

**FREE – Reservations required.** Email [Skenworthy@harziontemple.org](mailto:Skenworthy@harziontemple.org) or call 610.667.6534

### **Cook for a Friend – Sunday, February 5, 9 AM**

Set up begins at 8 AM in the catering kitchen. Cooking and food packaging will be from 9 to 11 AM. Please join us in preparing meals for community members in need. For more information and to RSVP, contact Elaine Stewart, [estew23@verizon.net](mailto:estew23@verizon.net).

### **Digging Deeper: Tu B'Shevat Seder Tuesday, February 7, 11 AM – 12 PM**

Everyone knows what a Passover Seder is. Join us for your first (or first in a long time) Tu B'Shevat Seder! Enjoy fruits from the land of Israel and explore their spiritual significance in our lives.

Led by Rabbi Allen and the Director of the Jewish Farm School, Nati Passow

**RSVP to Harriet - 610-667-5000 or [hzt@harziontemple.org](mailto:hzt@harziontemple.org)**

*Sponsored by Sisterhood – All are welcome!*

### **Sisterhood Shabbat – Friday and Saturday, February 10 and 11**

Sisterhood invites you to a celebration of Shabbat Shirah and Tu B'Shevat



**Friday, February 10, 6 PM Services led by Sisterhood** – Dinner immediately following services, You are welcome to bring your own unopened Kosher wine

**RSVP required for dinner**

Adults/\$39 – Children 6-12/\$18 – Children 2-5 years old (complimentary)

Please make checks payable to **Sisterhood of Har Zion Temple**

**Saturday, February 11, 9:30 AM**

Sisterhood-led Services followed by Kiddush

In honor of Tu B'Shevat, please consider planting a tree in Israel (<http://www.jnf.org/>)



### **Jerusalem Through the Ages: Sing-Along**

**Saturday, February 18, following Kiddush**

Free and RSVPs are requested, call or email Harriet, [hzt@harziontemple.org](mailto:hzt@harziontemple.org)

*Sit down after Kiddush with song book in hand as Hazzan Vogel leads us in (hopefully) all of your favorite Jerusalem tunes, both old and new!*

### **Current Events**

**Thursday, February 23, 11:30 AM- 12:30 PM**

*At the home of Patty Grobman*

This class will take a multi-media look into the ever-changing news cycle with emphasis on Israel, the Middle East, and American Jewry. Led by Norman Einhorn.

RSVP: Patty Grobman, [pgrobman@harziontemple.org](mailto:pgrobman@harziontemple.org)

### **Men's Club Third Annual Winter Pub Night**

**Thursday February 23, 7 - 9 PM**

At Dairy Express's Wine and Beer Bar

First Drink on Men's Club – Complimentary Pizza Bar from 7-8

Come and shmooze with your buddies – All are welcome!

### **SUNDAY, FEBRUARY 26 – HAR ZION TEMPLE IS THE PLACE TO BE!**

#### **• MARKET MANIA – 10:00 AM - 2:00 PM**

The premier indoor vender market! Free admission! Great gift ideas for all ages!

All proceeds benefit the Madregot (Special Needs) Program of The Jane Fishman Grinberg Religious School of Har Zion Temple.



#### **• AMI YARES CONCERT: A CELEBRATION OF THE SONGS OF ISRAEL – 10:45 AM**

Join us for a concert by Ami Yares, a world traveling folk musician who will move you physically and spiritually.

Free – Open to the community

CDs will be available for purchase after the performance

#### **• CHOPPED – 1:00 PM**

Watch Har Zion staff and families compete to become "Chopped" Champions!

Professional chef will judge the competition!

Our "chefs" will transform the ordinary to extraordinary!

**\*\*Norman Einhorn will host\*\* This event is free of charge.**





## HAR ZION LANDAU GIFT BOX COME IN AND SHOP OUR 50% OFF SECTION!

The Gift Shop is fully stocked for all your gift-giving needs – Religious and General Gifts, Talitot, Holiday and Shiva Trays, Bridal and Bar/Bat Mitzvah Registry, Greeting Cards, Gift Wrap, and we offer shipping.

**Regular Hours: Monday-Thursday 9:30 AM-4:00 PM; Friday 9:30 AM-3:00 PM;**

**Sunday 9:45 AM-1:00 PM** (when school is in session)

**For more information, please call 610-667-2698.**

**Sisterhood Floral Fund Donation Cards** are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

**Four for \$30 (\$10 each)** – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or <mailto:moibas83@hotmail.com>.

### Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, [mshoueka@hotmail.com](mailto:mshoueka@hotmail.com) – 610-519-1211 for more information.



### INNOVATION UPDATE FROM ISRAEL IDEAS

#### **Technology Utilizing Smart Materials to Make “Smart” Compression Stocking**

About 40 percent of all adults suffer chronic venous insufficiency, causing pain, swelling, ulcers, varicose veins and spider veins as blood pools in their legs. A common reason for chronic venous insufficiency is deep vein thrombosis (DVT), which puts 600,000 Americans in the hospital each year. It is considered the leading causes of preventable death. In addition, three million Americans suffer leg swelling from chronic lymphedema caused by surgery and cancer treatment.

Seeing a huge unmet need in the area of medical compression stockings, Israeli electrical engineer and self-described tech junkie Omer Zelka jumped in to fill it. Zelka’s startup, ElastiMed, developed a “smart” medical compression stocking made from a low-cost polymer that stretches and contracts to stimulate blood flow via an electric pulse generated by a 3V battery.

To read more, go to: <http://www.israelideas.org/#!/current/clgqf>.

### Transportation to Har Zion Temple

*“Oh, if I’d only known she/he needed a ride to Har Zion.”*

*“Oh, I would have been there but I couldn’t get a ride.”*

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

**Do you need a ride...**To Services? To daytime or evening meetings and/or programs?

**Can you provide an occasional ride?**

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

**Please contact Nanci Goldman, [NanciG22@aol.com](mailto:NanciG22@aol.com) or 610-664-7987.**

### Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Program and Events Coordinator Shonnie Lebovitz, ext 106 or [slebovitz@harziontemple.org](mailto:slebovitz@harziontemple.org).

### Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, [risey@aol.com](mailto:risey@aol.com) or 610-668-1148.

### **Regular Daily Minyan**

Evenings: 6 PM

Mornings: Sunday – 9 AM, Monday and Thursday – 6:50 AM,  
Tuesday, Wednesday, and Friday – 7 AM

### **Minyan Volunteers Needed**

*“The world stands on three things: on Torah, on prayer and on kindness to others.” – Pirkei Avot*

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org), with your name and cell phone number for a text.

***An active member of our local Jewish community desperately needs a kidney –  
blood type B or O***

**To learn how you can save a life or for more information about kidney donation, please call,  
(718) 431-9831 or email, [R718@renewal.org](mailto:R718@renewal.org). Visit [WWW.RENEWAL.ORG](http://WWW.RENEWAL.ORG)**