

SHABBAT TETZAVEH/SISTERHOOD SHABBAT

FRIDAY, FEBRUARY 19 – 11 ADAR I

5:23 PM Candle Lighting
6:00 PM Sisterhood Shabbat Service followed by Congregational Oneg Shabbat
7:00 PM Sisterhood Shabbat Dinner (by reservation only)

SATURDAY, FEBRUARY 20 – 11 ADAR I

9:30 AM *Kol Tefilah* – Shabbat Morning Service – MAIN SANCTUARY
9:45 AM *Lilmod U'LeLamed* – Learning Service – BAILIS ROOM
10:30 AM Junior Congregation – DOGOLE CHAPEL
11:00 AM *Parashat Hashavuah* – Shabbat Torah Study – BENJAMIN B. LEVIN ROOM
TORAH READING: EXODUS 29:19 Page 513
MAFTIR: EXODUS 30:8 Page 517
HAFTARAH: EZEKIEL 43:10 Page 520
KIDDUSH: Congregation and guests are cordially invited to join us in the FISHMAN-TOBIN AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by Sisterhood. The Extended Kiddush is sponsored by Sisterhood in honor of Sisterhood Shabbat.

MILTON POMERANTZ INTERACTIVE TORAH STUDY GROUP: Following the Kiddush, join Henry Shrager for an interactive Torah study session in the BAILIS ROOM.

4:25 PM Talmud Study – Join Rabbi Gary Charlestein in the RUDOFKER LIBRARY
5:25 PM Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL
6:23 PM Shabbat ends
7:30 PM USY Game Night

IN MEMORIAM – BARUCH DAYAN HA-EMET

The Congregation extends its deepest sympathy to the families of:
RAE ROSENBLUM, mother of Sue Ellen Rosenblum, February 13, 2016 (4 Adar I 5776)
BELLE FOX, mother of Ross Weiss, February 14, 2016 (5 Adar I 5776)

DRIVE FOR ST. CHRISTOPHER'S HOSPITAL – FEBRUARY 12 - MARCH 1

Clothing-Bath Supplies-Toys (New or gently used)

Bottles - Diapers - Baby wipes -Pacifiers (New)

Please bring items to the school office. Questions? Please contact Dana Neumann at dananeu@pcom.edu This is a community service project organized by medical students at PCOM.

Thank you for your help and support!

Mi Shebeirach

Mi shebeirach avoteinu

M'kor hab'racha l'imoteinu

May the source of strength,
Who blessed the ones before us,
Help us find the courage to make our
lives a blessing,
and let us say, Amen.

Mi shebeirach imoteinu

M'kor habrachah l'avoteinu

Bless those in need of healing with
r'fuah sh'leimah,
The renewal of body, the renewal of spirit,
And let us say, Amen

THIS WEEK'S EVENTS

SUNDAY, FEBRUARY 21 – 12 ADAR I

FEDERATION SUPER SUNDAY

9:00 AM MORNING MINYAN
10:00 AM TZION CLASS
10:00 AM DALET SIDDIR DECORATING
10:00 AM PTA MEETING
12:00 PM MADREGOT COMMITTEE MEETING
6:00 PM MINHA/MA'ARIV

MONDAY, FEBRUARY 22 – 13 ADAR I

6:50 AM MORNING MINYAN
10:00 AM TALMUD STUDY with Rabbi Alpert
6:00 PM MINHA/MA'ARIV

TUESDAY, FEBRUARY 23 – 14 ADAR I

7:00 AM MORNING MINYAN
4:00 PM TIKKUN OLAM COMMITTEE MEETING
6:00 PM MINHA/MA'ARIV

WEDNESDAY, FEBRUARY 24 – 15 ADAR I

7:00 AM MINYAN AND TISCH – *Halakha Yomit* (daily *halakha*) with the *Mishnah Berurah* - conversation & breakfast with Rabbi Allen
10:00 AM SISTERHOOD ADULT ED – Unpacking the Haggadah with Dr. Sara Cohen
6:00 PM MINHA/MA'ARIV

THURSDAY, FEBRUARY 25 – 16 ADAR I

6:50 AM DAVENING & DONUTS
10:00 AM POPULAR COMMENTARIES with Rabbi Rosenberg
11:00 AM SISTERHOOD DAVENING SKILLS with Rabbi Alpert
6:00 PM MINHA/MA'ARIV
7:30 PM JOINT BOARD OF DIRECTORS AND TRUSTEES MEETING

FRIDAY, FEBRUARY 26 – 17 ADAR I

7:00 AM MEN'S CLUB MINYANNAIRES – Join Rabbi Rosenberg for breakfast and a study session "Jeopardy Rashi Style." This morning's breakfast is sponsored by Steve Moskowitz in honor of his grandchildren.
5:31 PM CANDLE LIGHTING
6:00 PM MINHA/KABBALAT SHABBAT/MA'ARIV SERVICE
7:00 PM GUESS WHO'S COMING TO SHABBAS?

WHITWELL COMES TO PENN VALLEY SATURDAY, MARCH 5 9:30 AM

We welcome our "Paper Clips" friends from Tennessee to our *Kol Tefilah* Service in the Main Sanctuary. **Sandra Roberts**, founding teacher of the project, and students **Dalton Slatton** and **Shania Davis** will speak on "Sacred Relationships." The congregation is invited to a special Extended Kiddush celebrating our five-year partnership with the Paper Clips Project. This special Kiddush and celebration is being sponsored by Joy Landau in honor of her birthday.

תהיינה נפשותיהם צרורות בצרור החיים:

May their souls be bound
up in the bond of life.

The following yahrzeits will be observed during the coming week.

Manfred Beck	Julius Jacobs	Samuel Kornblatt
Jeannette Becker	Jacob Silvers	S/Sgt. Samuel Orenstein
Gussie Bragin	Etta Weissman	Rose Lillian Sachs
Harold Bratt	Jules Wenger	Irving Schwarz
Dorothy Caplan	Herbert Adler	Jacob Sklaroff
Abraham Crown	Leon Levy Bari	Faiga Zaltzman
Ada Daniels	Freda Bernbaum	Nathan Auerbach
Herman S. Davis	Samuel Dichter	Samuel Brier
Yetta Elgart	Roseline Dooreck	Jerome Cohen
Alfred Goldstein	Reba H. Frankel	Fira Esther Eidelman de Goldszmidt
Sylvan Kaar	Morris Gralnick	Max Gold
Morris M. Marcus	Philip G. Mechanick	Cecelia Kahan
Fannie Meyers	Benjamin Rittenberg	Harry Kimmelman
Hyman J. Orloff	Sydney Shecter	Becky Leavitt
Milton Pomerantz	Dora Siegel	Martha Lipton
Barry Seltzer	Regina Stern	Rebecca Muravchick
Louis Stein	Raymond Zakroff	Sarah Osgood
Betty Venitsky	Ida Amsterdam	Silia Panchernikov
Mitchell Bloch	Bernard Bergstein	Elizabeth Silverman
David H. Boose	Harry Boroff	Louise Sklaroff
Carrie Cohen	Rebecca Jacobson	Fay Stone
Noah Genter	Fannie Klein	Harry Usatch
Bertha (Bracha) Halpren	Anna R. Lackow	Ann Apfelbaum
Maurice Honickman	Anna Lean Levin	Maxfield Cohn
Benjamin M. Kirschner	Meyer Wilf Maltz	Allen S. Handen
Theodore A. Lazaroff	Morris L. Miller	Betty Janoff
Warren W. Levy	Jane Rash	Sylvia Lopen
Rita Packer	Bernard Reisman	Shirley Margel
Albert Schwartz	Frances Grayev Schwartz	Arline B. Robinson
Joseph C. Shanis	A. Samuel Shecter	Sara Sandler
Aaron Shubin	Cantor Samuel B. Appel	Anita Markovitz Specker
Lewis S. Sovel	Bella Block	Louis Tepper
Rae Flesher	Harry Cohen	Reba Weinstein
Doris Gewertz	Dr. Paul Epstein	Jerome Weinstock
Hyman Glick	Martin Friedman	A. James Weiss
Sylvia Harrison	Nina W. Hillman	

NEW CLASS WITH RABBI ROSENBERG...

APPROACHES TO TORAH

TUESDAYS, MARCH 8, APRIL 19 AND MAY 3, 6:15-7:30 PM

Conservative Judaism believes that there is more than one approach to understanding Torah. We debate about what really happened at Sinai. What does Torah mean? How can two Jews have three opinions about matters of "fact?" Come learn about and discuss the question of divine authority from Orthodox, Conservative, Reform, Reconstructionist perspectives.

Join with Rabbi Rosenberg after evening minyan for light dinner and discussion.

There is no cost for dinner and **rsvps are required no later than March 4:**
mgubernick@harziontemple.org.

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CHALLAH FOR HUNGER – SUNDAY, FEBRUARY 28, 10:00 AM (Rescheduled from 1/24 due to weather)

Come join the Har Zion Temple High School students/parents/USYers and Sisterhood as we come together to create the best challah flavor. Challah for Hunger is a model for young people to meet, explore their mutual responsibility to heal the world through activism and philanthropy, and engage in community and Jewish tradition. Volunteers at 78 chapters around the world, mostly on college campuses, bake and sell challah, and donate their earnings to non-profits working to end hunger around the world.

For more info, contact Norman Einhorn, neinhorn@harziontemple.org.

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SISTERHOOD EXECUTIVE BOARD MEETING – SUNDAY, FEBRUARY 28, 10:15AM SISTERHOOD GENERAL BOARD MEETING – 10:45AM

Isen Hall of Memories – RSVP by February 26

Board dues of \$18 will be collected at this time, if you have not fulfilled your obligation as a Board member.

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JEWISH PRINCIPLES IN THE WORKPLACE THE TORAH IS YOUR GUIDE TO ETHICAL BUSINESS PRACTICE WEDNESDAY, MARCH 2, 7:00 PM



This evening will be informative and entertaining as we explore the obligations and responsibilities of running a successful ethical business!

Along with **Rabbi Bickart**, a leading Talmudic authority on Jewish Business Ethics, our panel will include **Har Zion members** who are business leaders locally, nationally and internationally.

**RSVP is requested to Marcy Gubernick in the office: 610-667-5000
or mgubernick@harziontemple.org**

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MEN'S CLUB GENERAL MEETING – THURSDAY, MARCH 3, 7:00 PM

Men's Club members - we need your help. This is an important meeting where we will be assembling our Yellow Candle campaign cartons.

We are serving sushi appetizers and a full delicatessen style dinner.



On FEBRUARY 21, please help the Jewish Federation of Greater Philadelphia's 2016 Campaign get off to a bright start by making the calls that make the difference on SUPER SUNDAY, our Greater Philadelphia Jewish community's single largest day of fundraising. We are STRONGER TOGETHER...let's prove it.

Jack M. Barrack Hebrew Academy, Schwartz Campus of the Jewish Federation of Greater Philadelphia
272 S. Bryn Mawr Ave., Bryn Mawr, PA

Three shifts: 9:00 am - 12:30 pm • 12:30 - 5:00 pm • 5:00 - 8:30 pm
Featuring a community partner showcase, delicious food, child care and children's programming

Super Sunday 2016 Co-chairs: Robin & Steven Katz and Sharon & Joel Freedman

To register or for more information: jewishphilly.org/supersunday
Call 215.832.0630 or visit supersunday@jfgp.org.

TRANSPORTATION TO HAR ZION

DO YOU NEED A RIDE...To Services? To daytime or evening meetings and/or programs?
CAN YOU PROVIDE AN OCCASIONAL RIDE?

Please contact Nanci Goldman at NanciG22@aol.com or 610-664-7987.

DO YOU NEED THE HAR ZION CARING CONNECTION?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Call 610-667-5000, ext 178 or caring@harziontemple.org to connect with us. Help us help you!

SPONSORING A KIDDUSH

The Catering Committee encourages you to co-sponsor a kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. Please contact Shonnie Lebovitz, Program and Events Coordinator (slebovitz@harziontemple.org) to schedule a Kiddush sponsorship.

HAR ZION PAINTS THE NIGHT AWAY!

Come and paint and enjoy each other's company



SATURDAY, MARCH 12

7:30 – 9:30 PM

\$32/person includes

Canvas – Easel – Brushes – Paint – Aprons

Desserts, Mixers and Beer provided by Sisterhood and Men's Club
Bring a bottle of wine and/or vodka (Kosher)

PINOT's PALETTE – 20 Greenfield Avenue, Ardmore PA (610) 642-3718

Reservations requested by Tuesday, February 23 due to limited seating

(Make checks payable to Har Zion Sisterhood and bring to the synagogue office or to the event)

RSVP to Norma Dworkin: nldworkin58@gmail.com or Jack Marine: recyclejack@aol.com

SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS!

Regular hours: Monday – Thursday, 9:30 AM to 4:00 PM, Friday – 9:30 AM to 3:00 PM
Sunday – 9:45 AM to 1:00 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

INNOVATION UPDATE FROM ISRAEL IDEAS

A Way to Fool Cancer Without Harming Normal Cells

A medical technology start-up, BioSight, developed a technology that enables leukemia patients to avoid the worst effects of chemotherapy. Interim results from a major study of patients with leukemia shows that the system yields the maximum efficiency from chemo, with a minimum of toxicity. The CEO of BioSight, Dr. Ben Yakar, says that "Our method of using chemo does not cause brain damage or weaken blood cells," with all its attendant phenomena, such as lethargy, loss of hair, etc. BioSight's "Trojan horse" chemo technology doesn't only work for leukemia patients said Dr. Ben Yakar. "We believe it will be effective in many other kinds of cancer as well. Chemotherapy – the use of anti-cancer drugs (chemotherapeutic agents) to fight cancer – is often the only medical course of action in fighting cancer. The problem is that the very strong attack chemicals have no way of differentiating between healthy and sick cells, so they attack all targeted cells. To read more go to: <http://www.israelideas.org/#!current/c1gqf>.