Friday, December 2 – 3 Kislev		
	4:18 PM	Candle Lighting
	5:30 PM	The NCCECE Shorashim Shabbat Dinner at Shabbat Sha-Blue Jeans -
		LEVIN-BAILIS ROOM
	6 PM	Minha/Kabbalat Shabbat/Ma'ariv – DOGOLE CHAPEL

### Saturday, December 3 – 3 Kislev

	buturuuy, beterin		
	9:30 AM	Kol Tefilah – Shabbat Morning Service – MAIN SANCTUARY	
	Bat Mitzvah:	JORDYN PASZAMANT, daughter of Melissa & Brian Paszamant	
	TORAH READING:	GENESIS 25:19 Page 146	
	MAFTIR:	GENESIS 26:19 Page 151	
	HAFTARAH:	MALACHI 1:1 Page 163	
	9:45 AM	Parasha & Pop'ems – Grades 3-7 – RUDOFKER LIBRARY	
	10:45 AM	Parashat Hashavuah – Adult Torah Study – BAILIS ROOM	
	11 AM	Junior Congregation – Grades K-7 – DOGOLE CHAPEL	
	Kiddush:	Congregation and guests are cordially invited to join us in the FISHMAN-TO	BIN
		AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund	by
		Sisterhood. The Extended Kiddush is sponsored by Melissa & Brian Paszama	nt in
		honor of Jordyn's Bat Mitzvah.	
Milton Pomerantz Interactive Torah Study Group: Following the Extended Kiddush, join			
		Herb Yudenfriend for an interactive Torah study session in the RUDOFKER LIBF	₹ARY.
	3:15 PM	Talmud Study – Join Rabbi Gary Charlestein in the RUDOFKER LIBRARY	
	4:15 PM	Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL	
	5:21 PM	Shabbat Ends	



### Mi Shebeirach

Mi shebeirach avoteinu M'kor hab'racha l'imoteinu May the source of strength, Who blessed the ones before us, Help us find the courage to make our lives a blessing, and let us say, Amen. Mi shebeirach imoteinu M'kor habrachah l'avoteinu Bless those in need of healing with r'fuah sh'leimah, The renewal of body, the renewal of spirit, And let us say, Amen

#### THIS WEEK'S EVENTS

### Sunday, December 4 – 4 Kislev

9 AM	Morning Minyan
9 AM	Cook for a Friend
9 AM-6 PM	Madregot Photo Fundraiser
10 AM	Bikkur Holim Training with Rabbi Allen
12 PM	Youth Committee Meeting
6 PM	Evening Minyan

### Monday, December 5 – 5 Kislev

6:50 AM	Morning Minyan
10 AM	Talmud Class with Rabbi Alpert
6 PM	Minha/Ma'ariv

#### Tuesday, December 6 – 6 Kislev

7 AM	Morning Minyan
6 PM	Minha/Ma'ariv
7 PM	Introduction to Judaism
7 PM	Madregot Committee Meeting
7:30 PM	Executive Committee Meeting

### Wednesday, December 7 – 7 Kislev

7 AM	Minyan and TISCH - Halakha Yomit (daily halakha) with the Mishnah Berurah –
	conversation & breakfast with Rabbi Allen
9:15 AM	HSA Meeting
10:30 AM	Siddur Study with Dr. Sara H. Cohen
3:30 PM	Tikkun Olam Meeting
6 PM	Minha/Ma'ariv

### Thursday, December 8 – 8 Kislev

- 6:50 AM Morning Minyan followed by Davening & Donuts
- 10 AM Popular Commentaries on Genesis with Rabbi Rosenberg
- 11:30 AM Current Events with Norman Einhorn at the home of Patty Grobman
- 6 PM Minha/Ma'ariv
- 7 PM Har Zion Yeshiva
- 7 PM Religious Committee Meeting
- 7:30 PM School Committee Meeting

### Friday, December 9 – 9 Kislev

7 AM	Men's Club Minyannaires – Join Rabbi Rosenberg for "Jeopardy Rashi Style." This morning's
	breakfast is sponsored by Morris Kurtzman in honor of his birthday.
1.17 DM	Candla Lighting

- 4:17 PM Candle Lighting
- 6 PM Minha/Kabbalat Shabbat/Ma'ariv
- 6 PM Kol Zimra Instrumental Service
- 7 PM Joy of Shabbat Dinner (by reservation)

## תהיינה נפשותיהם צרורות בצרור החיים:

May their souls be bound up in the bond of life.

The following yahrzeits will be observed during the coming week.

David Berger Theodore L. Blumberg **Betty Borkon** Henrietta Dabrow David Engelbach Deborah Lieberman Irwin Metz Nolan Miller Marie Ockman Clara Ruth Schleifer Dr. Norman Shaen Morris Waber Joel Wineburgh **Robert Woldow** Samuel Dolgonos Stella G. Greenstein Jaob Kopel Elgart Lena Orenstein Edward Schwartz Sylvia Sobol Jeanne B. Tanenbaum Pearl Willner Sayes Block Marvin Federman Mollie Kirschenstein Marvin Lundy Henry Margolis Norman Nathan Samuel Raichlen Jennie Sussman Mark Weinberg Adele Antar

Steven Becker Lewis Bernstein Sara Bender Block Rebecca Cohen Morris Eisenberg Julius Frank Samuel Korman Jennie Levitties Jennie Mordell Fannie Ring Florence Schwaber Joseph Wenit Sidney Allen Erna Baer Dr. Irving H. Cohen Lawrence S. First Alex Krausz Abraham Lipschitz Aaron Harry Miller Dr. Jack Milliner Charles Neuman Leon Obus **Todd Caroll Price** Jay H. Rosenfeld Abe Straus Libby Akulin Oscar Divinsky Sylvia J. Feldman Herman Karasick **Muriel Zalles Katz** Elias Landau

Gertrude Rafsky Leah F. Stein **Benjamin Friedman Estelle Love Stutzel** Samuel Luckier Julius Mandel Ida Milgrim Meyer Naide Shlomo Newman Joseph Rosen Harry Shrager Anne Singer **Donald Baer Steerman** Gertrude Sylk **Kenneth Tabas** Harry Tessler Mildred Voron Mollie Beckerman Marjorie Bolen Jennie Cohen Alan Robert Diamond Saulis Epstein Amelia Farkas Morton E. Frankel Alfred Gilbert Samuel L. Greenberg Clara Kagan Jennie Marder Morris Raidman Maxwell C. Targan Bertha G. Zalles

### Parents' Night Out – Saturday, December 3, 6-8:30 PM

USY invites you to enjoy an evening to yourselves while doing a mitzvah! For only \$10 per child, your child(ren) can enjoy activities and snacks with teens from HZT, AI, and TBHBE. Potty-trained children 3 and up, please! 100% proceeds raised will be donated to Chai Lifeline. RSVP by Friday, December 2 to jbender@harziontemple.org

\* \* \*

Cook for a Friend – Sunday, December 4, 9-11AM

Please join us in preparing meals for community members in need. For more information and to RSVP, contact Elaine Stewart, estew23@verizon.net.

### The Caring Connection – Bikkur Holim Meeting, Sunday, December 4, 10 AM

Learn about the mitzvah of visiting the sick. Rabbi Allen will lead us in understanding why this mitzvah is so important. We will also cover best practices and other pointers for visits. This class is a great way to see if you are a good fit for this important work. Please let us know if you plan to attend: hzt@harziontemple.org.

#### Siddur Study with Dr. Sara Cohen – Wednesday, December 7, 10:30-11:30 AM From Reading to Meaning: A Comprehensive Exploration of the Prayer Book

Study the structure and contents of the Siddur, the textbook of the synagogue. Learn about our prayers – who wrote them, when, why, and what they mean, and how can we relate to them today. By reading our prayers in Hebrew and learning their meaning, we will enhance our enjoyment of the weekly Shabbat services. RSVP to Rabbi Allen, ruallen@harziontemple.org

**Current Events with Norman Einhorn – Thursday, December 8, 11 AM** At the home of Patty Grobman – This class will take a multi-media look into the ever-changing news cycle with emphasis on Israel, the Middle East, and American Jewry. RSVP: Patty Grobman, pgrobman@harziontemple.org

# INNOVATION UPDATE FROM ISLATE

In Prof. Amedi's world-renowned Lab for Brain and Multisensory Research at the Hebrew University of Jerusalem, people with vision impairment can "see" their environment with the aid of sensory substitution devices (SSDs) that provide visual information from sound and touch. Now, two of the lab's groundbreaking inventions are being readied for the mass market in Brainnovations, the Israel Brain Technologies' four-month accelerator program.

EyeCane is a flashlight-like orientation device. It releases infrared rays to translate distance into auditory and tactile cues, allowing the user to sense objects within an adjustable range of up to 16 feet. EyeCane users, after a brief training, can estimate distances, avoid obstacles and successfully navigate in simple environments. "The white cane is from 1921," says Daphna Rosenbaum, CEO of RenewSenses, a pre-startup based on Amedi's research in the medical neurobiology department of the university's Institute for Medical Research Israel-Canada. To read more, go to: http://www.israelideas.org/#!current/c1ggf.



### A TROLL-RIFIC HANUKKAH

### Wednesday, December 14 • 5:30 - 8 PM



Adults \$18 / \$25 at the door Children (ages 2-13) \$10/ \$15 at the door

To purchase tickets online visit harziontemple.ticketleap.com For the convenience of online ordering, ticketleap charges a small fee. You can also feel free to drop a check at the front desk, call us, or email your RSVP to hzt@harziontemple.org!

## 22ND ANNUAL GREATER PHILADELPHIA MARTIN LUTHER KING DAY OF SERVICE MONDAY, JANUARY 16, 2017

## BRING YOUR DONATIONS NOW

### We are currently accepting donations of:

Clothing for Men, Women, and Children

Professional Attire, Jewelry, Watches, Handbags, Dress Shoes, Casual Clothing, Formal Wear, Coats, Hats, Scarves, Gloves, Etc.

### Household Goods

Can Openers, Spatulas, Turners (Flippers), Ladles, Tongs, Serving and Cooking Forks and Spoons, Towels (gently used), Laundry Detergent, Pots, Pans, NEW Pillows, Etc.

Pet Items Dog/Cat Carriers, Crates, Leashes, Cans of Food, Treats

Books Childrens' Books, How-To Art Books, Spanish-English Dictionaries, Legal Dictionaries

Personal Items Disposable Razors, Reading Glasses, Sample Sized Toiletries

# Bring your donations to the front desk and mark your calendar to join us for this powerful community event!

## We are also booking appointments for the Red Cross Blood Drive

Please call Shirley Swinger to make your appointment, 484.412.8299

# HAR ZION YESHIVA

HZY is a framework for exploring core human themes through the lens of the Jewish tradition. Through texts, speakers and hands-on experiences we will strive to not just live a life, but to be present for the incredible cliffs and valleys of what life has to offer. This December, dedicate some time for yourself, as together we learn to take care of ourselves.

### **Thursdays at 7 PM December**

St Is there a Jewish way to take care of our bodies and our minds? What does our tradition have to say about self-care? Join **Rabbi Allen** in exploring the texts of our heritage that speak to this topic.

Yoga and Jewish themes are combined by Yogi and student of Jewish text, Joel Schneier. Wear yoga-friendly clothes and bring a mat if you have one!

**Oth** A Community Awareness event hoping to help reduce the incidence of substance abuse, self harm, isolation, bullying and suicide and create a culture of openness and advocacy. Featuring **Minding Your Mind speaker Drew** Bergman as he shares his personal story. Facilitated by Sheila Gillin, LCSW, Clinical Director for Minding Your Mind.

This presentation is supported by the Har Zion High School of Jewish Studies, Sisterhood, the Trustees, and Adult Education



Drew Bergman is a senior at Temple University. While Drew is a successful full-time student with a bright future ahead, this was not always the case. Drew's early teenage years were filled with a severe case of depression. For a brief time, he was able to hide his depression and continue to perform as an outstanding athlete and solid student. However, in his sophomore year of high school Drew experienced a turning point in his recovery when he attempted suicide for the second time

Drew is a 2014 recipient of the Need In Deed Community Partner Award. He was a presenter at the national SADD conference and was one of the keynote speakers at the Pennsylvania State PBIS (Positive Behavior Interventions and Supports) Conference where he presented to 1,000 educators and school counselors.

#### Save the dates for our next session, **Community Care** January 12, 19, and 26.



## **Madregot Photo Fundraiser** Sunday, December 4 **9 AM - 6 PM**

**Individual Portraits \$99** Includes disc with two edited images



Perfect for gifts, holiday cards, and your LinkedIn profile picture!

**Reserve your 20 minute session today!** JAYGORODETZER.COM

50% of the proceeds of the day will be donated to Madregot, the special needs program of the Jane Fishman Grinberg Religious School

РН ΟΤ Ο G R www.JayGorodetzer.com

> **Family Portraits \$125** Includes an 8" x 10" print



After a 20-year career at The Philadelphia Inquirer, Jay Gorodetzer brings his photo talents to you! Photos for Web Sites Mitzvot Press Releases Marketing Material Photos Corporate Events Print Publications