# UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS



DAYLIGHT SAVINGS TIME ENDS SUNDAY, NOVEMBER 3 AT 2:00 AM. DON'T FORGET TO TURN YOUR CLOCKS <u>BACK ONE HOUR</u> BEFORE YOU GO TO BED ON SATURDAY EVENING!!



Shabbat Sha-Blue Jeans combined with Stay and Play, Shalom Chai and Garinim Shabbat Dinner

- Friday, November 1, 5:30 PM

Services with Rabbi Haaz, Hazzan Vogel and Debbie Folz

Shabbat Sha-Blue-Jeans is a monthly opportunity to welcome Shabbat with singing, dancing, prayer, and complimentary dinner, BYOB (Kosher). Jeans and casual attire

encouraged! This service is geared for all Har Zion families with children age infant to 6 years old, but all ages are welcome!

Free - Reservations required, dfolz@harziontemple.org.

# Cook for a Friend - Sunday, November 3, 9:30 AM - Catering Kitchen

Come on out to Har Zion and perform a warm and wonderful mitzvah! Join old friends and make new ones while you help prepare delicious meals for those in need. Join us in the catering kitchen.



Har Zion JEWELS Inaugural Event – Friday, November 8, 11 AM-3:30 PM

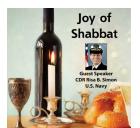
A Truly First Class Experience!

We are so EXCITED that the trip is a GO! It is happening!

Gourmet Brunch by Leslie Rosen – Luxury Coach Transportation departing from Har Zion Temple after brunch – VIP Meet and Greet with Israeli artists at the Philadelphia Museum of Art Contemporary Craft Show at the Pennsylvania Convention Center

**Reservations closed** 

For more info, please contact Norman Einhorn, 610-667-5000 ext. 150



Joy of Shabbat Dinner Friday, November 8 following 6 PM Services

All ages welcome! BYOB (Kosher unopened)

RSVP by 5 PM on Wednesday, November 6 to guarantee your reservation. \$15 per adult, \$10 per child (under 13)

SPECIAL SERIES SPEAKER AT 8:15 PM (Free and open to the community)

Jewish Life in Active United States Military Service CDR Risa B. Simon, US Navy

RSVP to Emily Berton, <a href="mailto:eberton@harziontemple.org">eberton@harziontemple.org</a> or to make online reservations, <a href="mailto:click here">click here</a>.



Please join us as we joyfully celebrate the Installation of Rabbi Seth Haaz as Senior Rabbi

Sunday, November 17, 10:45 AM

**Luncheon to follow** 

For info: call Norman at 610-667-5000, ext 150

Second Annual HZ Men's Club Tennis Outing – Saturday, January 18, 7-8:30 PM

Join us at the Radnor Racquet Club (175 King of Prussia Road, Radnor)

**\$25** per person and includes food, tennis balls and indoor court time in a round robin format. Open to all Har Zion members – all ages are welcome!

Mike Solomon, Tennis Committee Chair



RSVP ASAP to Morris Kurtzman at <a href="mkurtz2718@aol.com">mkurtz2718@aol.com</a> or Larry Brown at <a href="lawbbro2004@verizon.net">lawbbro2004@verizon.net</a>

# This Week...

### Cook for a Friend - Sunday, November 3, 9:30 AM

Please join us in preparing meals for community members in need. For more information and to RSVP, contact Elaine Stewart, estew23@verizon.net.

### Talmud with Rabbi Sarra Lev, PhD - Mondays, 11:45 AM

The rabbinic prohibitions against shaming another often lie in stark contrast to stories of shaming and competition among those very same rabbis. This class asks the overarching question – what is the Talmud trying to tell us about shame/shaming?

### Getting Philosophical with Rabbi Shawn - Mondays, 1 PM

Come study Jewish Philosophy with a great group of learners. The class is facilitated by Rabbi Shawn and together we read and discuss articles on topics of philosophy. This year our focus will be on Zionism, Messianism and Jewish Radicalism



# Sisterhood Mah Jongg - Mondays, 12:30 PM

Please bring your set. You may bring Kosher dairy/parverset. RSVP, contact Phyllis Gorson, 610-667-5000, ext 112. Please bring your set. You may bring Kosher dairy/parve lunch or snacks. Questions and to

Har Zion After Dark- Monday, November 4, 7 PM Open a Book...Open Your Mind author Karen Treiger, My Soul is Filled with Joy: A Holocaust Story Admission \$18 - Click here for online reservations

### D'var T'filah with Hazzan Vogel - Tuesdays after 7 AM Minyan

D'var T'filah (a "teaching about prayer") - Hazzan Vogel will offer brief insights into the spiritual dynamics of prayer focusing each time on why prayer is difficult and what we can do about it.

# Ancestral Journeys: Ancient Biblical Myth and End-of-Life Wisdom in Torah and Midrash with Simcha Raphael

### Tuesday, November 5, 10-11:30 AM

An exploration of the themes of life, death, loss and transformation in the sacred stories of the Book of Genesis, with contemporary guidelines for living life in our times.

### Abraham's Calling - From Grief of Emptiness to Fulfillment of Destiny

In Genesis we read of Abraham's calling to become the father of a nation. Yet, in his lifetime he experienced much loss - death in the family, infertility, uprooted from his home and birthplace. Abraham's story is a reminder that each of us are called into our own unique destiny, often against the background of loss and change in our life.

# TISCH with Rabbi Shawn - Wednesday after 7 AM Minyan

TISCH - remain after Minyan for breakfast and halacha study with Rabbi Shawn in the Rudofker Library. We will read the traditional and then connect it to our own current practices.

# Parashat Hashavuah for the Sandwich Generation with Rabbi Shawn – Wednesdays, 11 AM Rabbi Shawn will briefly summarize the parsha. He will then bring one or more contemporary

interpretations of the text for us to study and discuss. This class is designed for the "Sandwich Generation" student (those that are sandwiched between the needs of their children and those of their aging parents and between the ages of 45ish and 65ish). We will focus on topics that are relevant today. If you would like to receive information about upcoming programs, please email Patty Grobman pgrobman@harziontemple.org.

### Siddur Study with Dr. Sara H. Cohen - Wednesday, November 6, 11 AM

An in-depth, multi-faceted study of our Shabbat liturgy. By "unpacking" the many layers of meaning and commentary, by delving into the history, background and lives of the great intellectual giants who wrote our prayers, we gain a keener understanding of their meaning and of the values and ideals inherent in them. Through this sharper knowledge and understanding, we discover what we stand for as Jews.

In prior years, we covered the *Birchot HaShachar*, *P'sukei D'Zimrah*, the *Shma* and its Blessings and the *Amidah* (*Shmoneh Esrai*). We begin this semester with *Kreeat HaTorah* (Torah Reading service) and Haftarah, the Musaf service (additional service) and the concluding prayers for Shabbat morning. Join us, learn and study with us so that you can connect more readily and easily to our heritage and keep our legacy alive and thriving.

# Popular Commentaries on Genesis with Rabbi Ira Flax - Thursdays, 10 AM

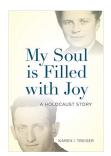
We will study the commentaries found in the Hertz Chumash, the Etz Hayim Chumash, and the commentaries of modern biblical scholars to deepen our understanding of the first book of the Bible.

### Men's Club Minyannaires with Rabbi Haaz - Fridays after 7 AM Minyan

Breakfast and study with Rabbi Haaz – Learn new insights to the Torah through wrestling with Rashi's interpretations and our understanding of his reasoning.

Joy of Shabbat Dinner and Speaker Series – Friday, October 8
Following 6 PM Services – Dinner by reservation only
8:15 PM – Speaker CDR Risa B. Simon, US Navy – Jewish Life in Active United States Military
Service

# Adult Ed...



Har Zion After Dark / Open a Book...Open Your Mind Monday, November 4, 7 PM

Author Karen Treiger

My Soul is Filled with Joy: A Holocaust Story

Admission: \$18

For reservations: <u>harziontemple.ticketleap.com</u>

Open a Book...Open Your Mind 2019-20 Schedule of Authors

Ancestral Journeys: Ancient Biblical Myth and End-of-Life Wisdom in Torah and Midrash with Simcha Raphael Tuesdays, November 5, 19, December 3, 17, 10-11:30 AM

An exploration of the themes of life, death, loss and transformation in the sacred stories of the Book of Genesis, with contemporary guidelines for living life in our times.

### **NOVEMBER 5**

### Abraham's Calling - From Grief of Emptiness to Fulfillment of Destiny

In Genesis we read of Abraham's calling to become the father of a nation. Yet, in his lifetime he experienced much loss - death in the family, infertility, uprooted from his home and birthplace. Abraham's story is a reminder that each of us are called into our own unique destiny, often against the background of loss and change in our life.

## **NOVEMBER 19**

### Isaac's Midlife Transition - The Akedah as a Near-Death Experience

What really happened to Isaac when his father brought him to be sacrificed? Through an exploration of both Torah and Midrash we shall look at the Akedah as a near-death experience which led to the spiritual emergence of Isaac

**Simcha Raphael, Ph.D.** is Founding Director of DA'AT Institute for Death Awareness, Advocacy and Training. Adjunct Professor in Religion at LaSalle University, and a psychotherapist and spiritual director, he is a Fellow of Rabbis Without Borders network, and author of the ground-breaking classic Jewish Views of the Afterlife. His website is <a href="https://www.daatinstitute.net">www.daatinstitute.net</a>

# Siddur Study with Dr. Sara H. Cohen November 6, 13, 20, 27 and December 11, 11 AM

An in-depth, multi-faceted study of our Shabbat liturgy. By "unpacking" the many layers of meaning and commentary, by delving into the history, background and lives of the great intellectual giants who wrote



our prayers, we gain a keener understanding of their meaning and of the values and ideals inherent in them. Through this sharper knowledge and understanding, we discover what we stand for as Jews. In prior years, we covered the *Birchot HaShachar*, *P'sukei D'Zimrah*, the *Shma* and its Blessings and the *Amidah* (*Shmoneh Esrai*). We begin this semester with *Kreeat HaTorah* (Torah Reading service) and Haftarah, the Musaf service (additional service) and the concluding prayers for Shabbat morning. Join us, learn and study with us so that you can connect more readily and easily to our heritage and keep our legacy alive and thriving.

### Special Programming

Special Joy of Shabbat Series Speaker at 8:15 PM (Free and open to the community)

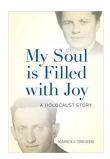
Jewish Life in Active United States Military Service

CDR Risa B. Simon, US Navy

Free and open to the community.

Here's a full list of our upcoming Adult Education offerings.

# Sisterhood...



# Open a Book...Open Your Mind / Har Zion After Dark Monday, November 4, 7 PM

**Author Karen Treiger** 

My Soul is Filled with Joy: A Holocaust Story

Admission: \$18

For reservations: harziontemple.ticketleap.com

Open a Book...Open Your Mind 2019-20
Schedule of Authors

# Sisterhood Lunch and Program Wednesday, November 13, 12 PM

Reiki with Carol Klein Kaplan

Reiki is a form of alternative medicine called energy healing. Reiki practitioners use a technique called palm healing or hands-on healing through which a "universal energy" is said to be transferred through the palms of the practitioner to the patient in order to encourage emotional or physical healing.



Free to Sisterhood members; \$10 for non-Sisterhood members RSVP by 11/8 to Carol Klein Kaplan, carolkkaplan@harziontemple.org

### Trip to See Fiddler on the Roof - Sunday, December 8

Rabbi Moriah SimonHazani is inviting Sisterhood to join the Golden Slipper Gems for a lovely day in NYC to see *Fiddler on the Roof* in Yiddish. The price includes round trip bus trip and tickets. Lunch is on your own. Please click here for information.

Mah Jongg - Mondays at 12:30 PM

# Men's Club...

# Men's Club Speaker Brunch - Sunday, November 10, 10-11:30 AM

In Commemoration of the 81st anniversary of Kristallnacht

### Featuring **Fred Gross**

He will share the remarkable survival and reunion story of his parents Agi and Andi Grosz. Join us to experience a truly memorable event as Fred Gross describes the heart-rending of

Join us to experience a truly memorable event as Fred Gross describes the heart-rending conditions and ironies lived by his parents Agi and Andi Grosz. After living and marrying in Czechoslovakia, in 1935 Agi and Andi went to Palestine to live. Sadly, they returned to Europe in 1938 and became engulfed in the horrors of Nazi laws and persecution. They were separated and in 1944, Agi was sent to Auschwitz-Birkenau. Their story is one of survival, resistance and courage.

Open to all - No charge - Click here to RSVP

Men's Club Pub Night – Thursday, December 12, 6:30-9 PM

**Bodega by La Cabra Brewing** (810 Glenbrook Ave, Bryn Mawr)

Please bring a new unwrapped gift for Jewish Family and Children's Services kids for Hanukkah.

Second Annual HZ Men's Club Tennis Outing – Saturday, January 18, 7-8:30 PM

Join us at the Radnor Racquet Club (175 King of Prussia Road, Radnor)

**\$25** per person and includes food, tennis balls and indoor court time in a round robin format. Open to all Har Zion members – all ages are welcome! Mike Solomon, Tennis Committee Chair





THE AMERICAN ISRAEL PUBLIC

# Tikkun Olam...

# HIAS is Seeking a Contact for Wholesale Linens

In order to continue supporting our work furnishing the homes of newly arrived refugees (in partnership with Main Line Reform Temple), HIAS PA is seeking a contact in wholesale linens. It would be wonderful if everyone in the Congregational Circle could circulate this request to your members. If anyone is in this business or has a contact, please have them contact me at <a href="mailto:community@hiaspa.org">community@hiaspa.org</a>. Thank you so much!

### From the Ritual Committee...

# **Our Services Are Made Holier by Your Participation!**

Do you know how to read Torah? Would you like to practice your skills in a low-pressure environment? Then email us at <a href="mailto:RitualCommittee@harziontemple.org">RitualCommittee@harziontemple.org</a> to sign up. There are readings of all sizes; we will find the right one for you!

SHOP THE GIFT BOX FOR ALL YOUR GIFT-GIVING NEEDS!

**Regular Hours:** 

Monday - Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM

Sunday, 9:30 AM to 12:30 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

# **Volunteers Needed - National Museum of American Jewish History**

Volunteers are needed for Thursday, Friday, Saturday and Sunday – Flexible hours Your support is very important to the Museum Please call Olivia, 215-923-3811

# AIPAC Community Program Wednesday, November 6, 7:30 pm Hilton City Avenue

Please join the Greater Philadelphia AIPAC community as we celebrate
bipartisan Congressional support of the U.S.-Israel relationship. The program will feature local Members
of Congress who just returned from an impactful trip to Israel. Congresswoman Madeleine Dean (D-PA
4th), Congressman Dan Meuser (R-PA 9th) and Congresswoman Susan Wild (D-PA 7th) will
participate in a discussion on their recent trip to Israel and other issues that affect both the United States
and Israel. Additionally, AIPAC Managing Director for National Affairs Elliot Brandt will discuss the
state of bipartisanship and how it impacts the U.S.-Israel relationship. This program is free and open to all
those who want to show their support of Israel and their appreciation of pro-Israel members of
Congress.To register or learn more about this event, please click on the link in the flyer below, call the
AIPAC Philadelphia office at 215-587-4101 or email philly@aipac.org.

This event is not to be missed!

Israel Bonds Philadelphia – Women's Division Invites You to an Aviva Program – An Educational Programming Initiative – Friday, November 8, 11:30 AM
Maggiano's – 1201 Filbert Street, Philadelphia, PA 19107

Guest Speaker – Daniel Sahalo

**RSVP** by November 1

# Lunch - Fish or Vegetarian - Couvert: \$36\* per person or \$54\* as an Aviva Angel\*\* Click here for more information

Women's Division Chair: Jean Herz; Aviva Chairs: Melinda Hochberg & Ellen Pries; Aviva Planning Committee: Lois Kaliner, Peggy Sterling, Carol Klein Kaplan, Marilyn Toub, Joy Novick, Sherrie Willner, Sharon Schanzer

Minimum \$100 Women's Division bond purchase required in 2019 Visit <u>israelbonds.com</u> to invest online

For info and to RSVP, contact: Sharon Richman, Registered Representative 267.443.2005 | 800.752.5671 | sharon.richman@israelbonds.com



# Federation Civil Rights Mission January 11 - 14, 2020

Join us for three days as we experience the historic struggle that helped shape our nation. Walk together in American history with the Philadelphia Civil Rights Mission to Atlanta, Georgia and Montgomery, Selma, and Birmingham, Alabama.



# Co-sponsored by the JCRC, ADL, AJC, and Kaiserman JCC

Co-Chairs: Rachelle & Ron Kaiserman, Ed Blumenthal, David Smith

**For more information:** Missy Stein, Director of Missions & Travel at <a href="mstein@jewishphilly.org">mstein@jewishphilly.org</a> or 215-832-0629, or visit <a href="https://jewishphilly.org/get-involved/mission-trips/civil-rights-mission/">https://jewishphilly.org/get-involved/mission-trips/civil-rights-mission/</a>

### **BRCA Founder Outreach Study**

Women and men with a *BRCA* gene mutation have a greater risk of developing several types of cancer. Most of those at risk do not know that they carry a *BRCA* mutation.

The BFOR study provides genetic testing for common BRCA mutations for women and men of Ashkenazi (Eastern European) Jewish ancestry, age 25 or older, in four U.S. metropolitan areas. 95% of American Jews are Ashkenazi.

To learn more: The BRCA Founder Outreach (BFOR) Study (www.bforstudy.com)

### Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or <a href="mailto:lalbert@harziontemple.org">lalbert@harziontemple.org</a>. Help us help you!

### College Outreach Program (A free service provided by the Sisterhood of Har Zion)

During the year, the College Outreach Program sends holiday packages to those college students who are away from home. It is a small way to keep them in touch with Judaism and Har Zion Temple. Once again we are collecting the names and addresses of our *college students*.

**Please remember that each year addresses change**. You can email your information to: Karen Davis, <a href="mailto:daviskjjj@aol.com">daviskjjj@aol.com</a> or Anne Stein, <a href="mailto:annestein1@comcast.net">annestein1@comcast.net</a>.

**Sisterhood Floral Fund Donation Cards** are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

**Four for \$30 or \$10 each** – To purchase your donation cards, please contact Janice Katz, 610-525-1101 or <a href="mailto:rhk101@hotmail.com">rhk101@hotmail.com</a>.

### **Use the Sisterhood Scrip Program for All of Your Shopping Needs!**

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood Floral Fund. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Susan Kochman, 215-272-0475 or <a href="mailto:sbkochman@aol.com">sbkochman@aol.com</a>.





# Revolutionary Patch Keeps Brain Safe after Cranial Surgery

If you're ever unfortunate enough to require brain surgery, Israeli startup Nurami Medical has got you covered – literally. The Haifa-based company has developed a patch made of synthetic, biodegradable nanofibers meant to be affixed to the dura mater – the protective membrane underneath the skull that keeps the brain and spinal cord safe – after cranial neurosurgery.

Brain surgery requires cutting through the dura, so a "bandage" of some sort must be placed to protect against bacteria, accelerate healing and keep cerebral spinal fluid from leaking. Nurami's nanofiber patches mimic the dura mater in a way that's safer and less expensive than the animal collagen-based products currently used for post-brain surgery recovery, said the company's CEO Hannoch Marksheid.

To read more, go to: <a href="http://www.israelideas.org/#!current/c1gqf">http://www.israelideas.org/#!current/c1gqf</a>.

### **Transportation to Har Zion Temple**

**Do you need a ride...**To Services? To daytime or evening meetings and/or programs?

### Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Meryl Littman, merylitt@vet.upenn.edu or 610-649-3461.

### **Share Your Simha!**

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or <a href="mailto:eberton@harziontemple.org">eberton@harziontemple.org</a>.

### **Bimah Flowers Can Be Sponsored**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, <u>risey@aol.com</u> or 610-668-1148.

### **Regular Daily Minyan**

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

# **Minyan Volunteers Needed**

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.