

UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

Building Our Spiritual Community

FRIDAY, NOVEMBER 24 – 7 KISLEV

4:19 PM - Candle Lighting

6 PM - Kabbalat Shabbat/Ma'ariv

SATURDAY, NOVEMBER 25 – 7 KISLEV

9:30 AM - Kol Tefilah – Morning Service

4:20 PM - Minha/Seudah Shlishit/Ma'ariv/Havdalah

5:21 PM - Shabbat ends

**First, they wanted your cereal...Now, they want your basketballs!
And bats! And rackets! And helmets! And gloves, etc
Bring your gently used sports equipment to Har Zion
now through December 1**

Support Har Zion's Tikkun Olam!

Donations benefit **Leveling the Playing Field**

Leveling the Playing Field gives underprivileged children the opportunity to enjoy the mental and physical benefits of youth sports participation. This is accomplished through the donation of used and excess sporting equipment to programs and schools serving low-income communities.



**Mah Jongg Monday with Sisterhood and the HSA – Come Play! Come Learn!
Every Monday, 12:30 -2:30 PM and First Monday of the month, 7-9 PM**

Benjamin B. Levin Room

Join the Sisterhood of Har Zion Temple and the HSA of the Noreen Cook Center for Early Childhood Education in weekly/monthly community open Mah Jongg play –

Canasta players welcome! You may bring Kosher dairy lunch or dairy/parve Kosher snacks.

Mah Jongg instruction available - \$10 per person

FEEL FREE TO INVITE YOUR FRIENDS!

Questions and to RSVP: Nina Greberman, 610-733-1399 or ninagrebs@gmail.com

Learning our Liturgy with Dr. Sara H. Cohen

Wednesday, November 29 – 10:30-11:30 AM

A comprehensive study of our liturgy, using the Siddur (Jewish prayer book), as our text. We will explore the history, origins, authors, structures and meaning of our prayers from Biblical times to the present. This “virtual tour of Judaism” will enlighten us, enable us to relate more fully to our prayers and make our attendance at worship services more meaningful and enjoyable.

Wednesday Class Night

November 29

Meet and Greet 7-7:15 PM, Classes 7:15-9:30 PM

***Jewish Music and Prayer: Where have we come from and where are we going?* with Hazzan Vogel**

Tracing the last one hundred years of musical practice in the synagogue this class will examine the ever-evolving modes and styles of prayer from the beginning of the 20th century through the present time. Through discussion about the meaning of the prayers as well as active listening, participants will be encouraged to think critically about the musical aspects of prayer and how various melodic styles and genres work to enhance the spiritual experience.

***We Were as Dreamers – Hayinu C'cholmim* with Rabbi Shawn**

The first exile – after the destruction of the first Temple – lasted for 70 years. Upon return to Israel it is exclaimed in the Psalms that our dreams had been fulfilled. This day, November 29, is the 70th anniversary of the historic announcement by the governments of the world that the 2000 year-old dream of creating a state for the Jews could become a reality. Kick off the celebration of Israel's 70th that will

continue through to Yom Ha'atzmaut in April in a dynamic and interactive discussion about Israel with Rabbi Shawn.

Rabbi Shawn and the Philosopher's Stone

Thursdays, 11 AM-Noon

Martin Buber – November 30

David Hartman – December 7, 14, 21

Join Rabbi Shawn as we explore modern Jewish philosophy – without getting too academic (that will be the alchemy involved).



Shabbat Sha-Blue Jeans and Prachim Dinner – Friday, December 1, 5:30 PM

Shabbat Sha-Blue-Jeans is a monthly opportunity to welcome Shabbat with singing, dancing, prayer, and complimentary dinner, BYOB (Kosher). Jeans and casual attire encouraged! This service is geared for all Har Zion families with children age infant to 6 years old, but all ages are welcome!

This event is generously sponsored by the HSA.

Free – Reservations required, dfolz@harziontemple.org.



Sisterhood Torah Fund Luncheon – Sunday, December 3, 11:45 AM

Honoring Dorene Karasick

With guest speaker Margie Miller, International President of Women's League

Watch your mail for the invitation - **RSVP needed**



Open A Book . . . Open Your Mind

Presented by the Sisterhood of Har Zion Temple and the Jane Fishman Grinberg Religious School

For more information about this and/or our spring lineup, openabook@harziontemple.org

Purchase tickets online, harziontemple.ticketleap.com

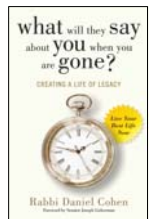
Wednesday, December 6, 7 PM

Rabbi Daniel Cohen – *What Will They Say About You When You Are Gone:*

Creating a Life of Legacy

Admission: \$18 in advance/\$25 day of event

This event is brought to Har Zion Temple in collaboration with the Jewish Book Council.



Current Events with Norman Einhorn

Thursday, December 7, 11:30 AM-12:30 PM

At the home of Patty Grobman

Ripped from the day's headlines, our multi-media classes revolve around issues that are making the news. Whether it's Israeli or American politics, personalities or other pressing issues of the day, we've gotcha covered.

Men's Club invites you to Celebrate Shabbat – December 8 and 9

6 PM Friday Evening Service

Followed by dinner catered by Boscov's A La Carte Catering

Soup to dessert, with brisket in between

Dinner: \$36/adult – \$18/child 12 and under

RSVP by Friday, December 1: Doug Sayer, doug.sayer@colliers.com or Jack Marine, recyclejack@gmail.com

Include vegetarians and children attending and make checks payable to Har Zion Men's Club

9:30 AM Saturday Morning Service

The *Ruach* continues with the Men's Club leading services, followed by an Extended Kiddush

Men's Club Brunch - Sunday, December 10 following 9 AM Services

Featured Guest - Larry Hanover, co-author of *Rebuilt from Broken Glass*

\$12 admission – payable at the door

(Part of proceeds to benefit JFCS Holocaust Survivors Fund)

RSVP by Tuesday, December 5: Jack Marine, recyclejack@gmail.com



Hanukkah by the Sea

Tuesday, December 12, 5:30-8 PM

Meet and Greet – Photos with Ariel, Sponge Bob, Moana and More!

Dinner Stations – Vodka and Latke Bar – Kids' Buffet

Crafts, Music, Photo Booth, Kid-friendly Movie,

Trivia Bowl, Cooking Demonstration

Community Hanukkah Lighting 6:30 PM

Make your reservations by Thursday, December 7

Adults \$20 / \$25 after December 7

Children (ages 2-13) \$10/ \$15 after December 7

To order online, visit harziontemple.ticketleap.com – For the convenience of online ordering, a small fee will be added. You can also feel free to drop a check at the front desk, call us, or email your RSVP to hzt@harziontemple.org!



Wednesday Class Night

December 13, Meet and Greet 7-7:15 PM, Classes 7:15-9:30 PM

Balancing Justice and Forgiveness: Some Biblical Insights with Emilie S. Passow, Ph.D.

What is Justice? When does it leave room for forgiveness? These are complex questions on both a personal and a societal level. By analyzing some key Biblical narratives ranging from the Garden of Eden through Moses' career, along with some classical and contemporary rabbinic commentaries, this series will explore Jewish perspectives on these ongoing issues.

Jewish Music and Prayer: Where have we come from and where are we going? with Hazzan Vogel

Tracing the last one hundred years of musical practice in the synagogue this class will examine the ever-evolving modes and styles of prayer from the beginning of the 20th century through the present time.

Through discussion about the meaning of the prayers as well as active listening, participants will be encouraged to think critically about the musical aspects of prayer and how various melodic styles and genres work to enhance the spiritual experience.

NEW Adult Ed Class – The Sandwich Generation

Friday, December 15 – 11 AM

At the home of Nancy Selarnick

Calling All Women ages 45ish to 65ish!

Study group discussing contemporary issues regarding relationships with those closest to us. We will cover topics such as young adult children, Jewish dating and aging parents among many others. Through the lens of the Torah, we will learn how to work through these issues. Taught by **Ruthi Lynn** – Expert in Sharing Relevant Wisdom to Moms! For more information and to RSVP, contact Patty Grobman

pgrobman@harziontemple.org.

Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org. Help us help you!

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 (\$10 each) – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or moibas83@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, mshoueka@hotmail.com or 610-519-1211 for more information.





INNOVATION UPDATE FROM ISRAEL IDEAS

An Injection That Melts Fat Holds Promise

Obesity has become a worldwide epidemic with the cost to treat obesity in the United States expected to rise from \$325 billion in 2014 to \$555 billion per year by 2025. The World Obesity Federation predicts there will be 2.7 billion overweight and obese adults by that time.

Put more starkly: A third of the world's population will be overweight or obese in less than a decade. The United States already reached that point in 2014. But even developing countries like Egypt are predicted to jump to similar obesity levels in the same time period if nothing changes.

To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

Transportation to Har Zion Temple

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman, NanciG22@aol.com or 610-664-7987.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Executive Director Gavi Miller, ext 105 or gmilller@harziontemple.org.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS!

Regular hours:

Monday – Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM

Sunday, 9:30 AM to 12:30 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

Regular Daily Minyan

Evenings: 6 PM

Mornings: Sunday – 9 AM, Monday and Thursday – 6:50 AM, Tuesday, Wednesday, and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.