UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

Building Our Spiritual Community

FRIDAY, NOVEMBER 10 – 22 HESHVAN 4:29 PM - Candle Lighting 6 PM - Kabbalat Shabbat/Ma'ariv 6 PM - Kol Zimra Service 7 PM - Joy of Shabbat Dinner (by reservation only)

SATURDAY, NOVEMBER 11 – 22 HESHVAN

9:30 AM - Kol Tefilah – Morning Service

10:45 AM - Junior Congregation - Grades K-7

11:15 AM - Kol Mishpacha - Tot Shabbat - Up to age 6 with parents

Bat Mitzvah: SHIRAT SIMONHAZANI, daughter of Rabbis Moriah & Shawn SimonHazani

3:30 PM - Parents & Kids Together

4:30 PM - Minha/Seudah Shlishit/Ma'ariv/Havdalah

5:29 PM - Shabbat ends

Rabbis Moriah & Shawn SimonHazani and their family invite you to join them for Services and Kiddush this Shabbat as their daughter Shirat becomes a Bat Mitzvah.

Thanksgiving Food Project

Drop off your donations to the main office now through November 15. Please join in this mitzvah by donating food or delivering food-filled baskets to those in need.

Donations will provide 35 needy families with food to eat for Thanksgiving! **CANNED GOODS** (medium sized) – vegetables, sweet potatoes, cranberry sauce, applesauce, fruit

BEVERAGES – small bottles of seltzer or juices, tea bags, small jars of instant coffee

HARD CANDIES – individually wrapped



We need volunteers to deliver the baskets – please contact Norma Dworkin, <u>nldworkin58@gmail.com</u>.

For more info, contact Norma Dworkin, <u>nldworkin58@gmail.com</u> or Melissa Sayer, <u>msapirosayer@gmail.com</u>

First, they wanted your cereal...Now, they want your basketballs! And bats! And rackets! And helmets! And gloves, etc Bring your gently used sports equipment to Har Zion now through December 1

Support Har Zion's Tikkun Olam!

Donations benefit Leveling the Playing Field

Leveling the Playing Field gives underprivileged children the opportunity to enjoy the mental and physical benefits of youth sports participation. This is accomplished

through the donation of used and excess sporting equipment to programs and schools serving low-income communities.





Friday, November 10 following 6 PM Services Come relax and enjoy Shabbat together. *All ages welcome!*

By reservation only

Caring Connection Program – Inspire, Learn and Do! Sunday, November 12, 10:30 AM – Noon

We invite you to participate in an exciting program focused on providing learning, support, and spiritual guidance for those engaged in the mitzvah of visiting the sick. We welcome those currently serving in the role of caregivers to be with us as well, as we draw strength from our tradition and each other. We are pleased that Hazzan Eliot Vogel and Hope Kirschner (of the

Abramson Center for Jewish Life) will be our presenters. Please join us! A light brunch will be served.

RSVP to Laurie Albert, 610-667-5000, ext. 111 or labert@harziontemple.org

NEW Adult Ed Class – The Sandwich Generation

Monday, November 13 – 7 PM and Friday, December 15 – 11 AM

At the home of Nancy Selarnick

Calling All Women ages 45ish to 65ish!

Study group discussing contemporary issues regarding relationships with those closest to us. We will cover topics such as young adult children, Jewish dating and aging parents among many others. Through the lens of the Torah we will learn how to work through these issues. Taught by **Ruthi Lynn** – Expert in sharing Relevant Wisdom to Moms! For more information and to RSVP, contact Patty Grobman pgrobman@harziontemple.org.

Learning our Liturgy with Dr. Sara H. Cohen

Wednesdays, November 15, 22, 29 - 10:30-11:30 AM

A comprehensive study of our liturgy, using the Siddur (Jewish prayer book), as our text. We will explore the history, origins, authors, structures and meaning of our prayers from Biblical times to the present. This "virtual tour of Judaism" will enlighten us, enable us to relate more fully to our prayers and make our attendance at worship services more meaningful and enjoyable.

Rabbi Shawn and the Philosopher's Stone

Thursdays, 11 AM-Noon

Martin Buber – November 16, 30

David Hartman – December 7, 14, 21

Join Rabbi Shawn as we explore modern Jewish philosophy – without getting too academic (that will be the alchemy involved).

Current Events with Norman Einhorn

Thursdays – November 16, 11 AM-12 PM; December 7, 11:30 AM-12:30 PM At the home of Patty Grobman

Ripped from the day's headlines, our multi-media classes revolve around issues that are making the news. Whether it's Israeli or American politics, personalities or other pressing issues of the day, we've gotcha covered.

Men's Club Pub Night – Opening Event – Thursday, November 16, 6:30 PM

Citron & Rose Tavern and Market, 261 Montgomery Ave, Bala Cynwyd Meet us at the Bar - First round is on us! Come and shmooze with your buddies – Food - Beer - Wine All HAR ZION MEN (of any age) are welcome!

Experience the Joys of Yiddish with Gerry Spector

Tuesdays, November 21 – 10 AM and 5 PM

Do you love Yiddish language, literature, poetry, song, theater, or cinema? Then this is the class for you!



<u>Wednesday Class Night</u> November 29; December 13 Meet and Greet 7-7:15 PM, Classes 7:15-9:30 PM

Jam Session with Rabbi Allen

Har Zion is getting the band back together! Rabbi Allen is looking for musicians for a jam session. All levels of experience are welcome! Bring your instrument, your voice and your spirit of improvisation!

Balancing Justice and Forgiveness: Some Biblical Insights with Emilie S. Passow, Ph.D.

What is Justice? When does it leave room for forgiveness? These are complex questions on both a personal and a societal level. By analyzing some key Biblical narratives ranging from the Garden of Eden through Moses' career, along with some classical and contemporary rabbinic commentaries, this series will explore Jewish perspectives on these ongoing issues.

Jewish Music and Prayer: Where have we come from and where are we going? with Hazzan Vogel

Tracing the last one hundred years of musical practice in the synagogue this class will examine the everevolving modes and styles of prayer from the beginning of the 20th century through the present time. Through discussion about the meaning of the prayers as well as active listening, participants will be encouraged to think critically about the musical aspects of prayer and how various melodic styles and genres work to enhance the spiritual experience.



Sisterhood Torah Fund Luncheon – Sunday, December 3, 11:45 AM Honoring Dorene Karasick With quest speaker Margie Miller International President of Women's League

With guest speaker Margie Miller, International President of Women's League Watch your mail for the invitation - RSVP by November 22

Open A Book ... Open Your Mind

Presented by the Sisterhood of Har Zion Temple and the Jane Fishman Grinberg Religious School For more information about this and/or our spring lineup, <u>openabook@harziontemple.org</u> Purchase tickets online, <u>harziontemple.ticketleap.com</u>

Wednesday, December 6, 7 PM

Rabbi Daniel Cohen – *What Will They Say About You When You Are Gone: Creating a Life of Legacy* Admission: \$18 in advance/\$25 day of event



This event is brought to Har Zion Temple in collaboration with the Jewish Book Council.

Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org. Help us help you!

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year. **Four for \$30 (\$10 each)** – To purchase your donation cards, please contact Michelle Strayer, 610-992-

9371 or moibas83@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, <u>mshoueka@hotmail.com</u> or 610-519-1211 for more information.





INNOVATION UPDATE FROM ISFael/beas

Printer, Can You Please Make Me a Low-fat Burger with Fries?

Researchers at the Yissum Research Development Company, the technology transfer company of the Hebrew University of Jerusalem, said they have created a 3D printing technology that will be able to produce nutritious meals, for use in homes, restaurants and institutions, using nano-cellulose, a natural and edible calorie-free fiber. They have so far used their technology to "print" dough, but not a full meal.

The technology was to be presented for the first time on Wednesday at the *3D Printing and Beyond: Current and Future Trends* conference at Hebrew University, and the researchers hope it will be the basis for a product on the market within the next two to five years. The technology was developed by professors Oded Shoseyov and Ido Braslavsky, both of the Robert H. Smith Faculty of Agriculture, Food and Environment at Hebrew University. To read more, go to: <u>http://www.israelideas.org/#!current/c1gqf</u>.

Transportation to Har Zion Temple

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman, NanciG22@aol.com or 610-664-7987.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Executive Director Gavi Miller, ext 105 or <u>gmiller@harziontemple.org</u>.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, <u>risey@aol.com</u> or 610-668-1148.

SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS!

<u>Regular hours:</u> Monday – Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM Sunday, 9:30 AM to 12:30 PM (when school is in session) Additional hours by appointment. For info, please call 610-667-2698, or email giftbox@harziontemple.org.

Regular Daily Minyan

Evenings: 6 PM Mornings: Sunday – 9 AM, Monday and Thursday – 6:50 AM, Tuesday, Wednesday, and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.