

UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

The Holidays Are Upon Us...

For the High Holiday Schedule – [click here](#)

For the Youth Services and Activities – [click here](#)

Holiday Help from Sisterhood for Area Students

Jewish college and graduate students in our area would greatly appreciate having holiday dinner to Break the Fast with you. Don't miss this opportunity to offer your hospitality to those young people who are far away from their families. For more information, please contact Madelyn Karasick, 610-505-6131.

Federation High Holiday Food Drive

You can make a difference! Please drop off your bag on Kol Nidre (Tuesday, October 8). Items being collected include: kosher beans (low sodium preferred), kosher nut butters, kosher canned fish (salmon, tuna, sardines, etc.) For more info: 215-832-0509 or mitzvahfoodprogram@jewishphilly.org.

2019 Philly Friendship Walk

Sunday, October 6, 2:00-4:30 pm

Har Zion Men's Club is a sponsor and our Har Zion Madregot families will be joining with the Mitzvah Madregot

Come support this important event!

Rain or shine

Jack M. Barrack Hebrew Academy

272 S. Bryn Mawr Avenue, Bryn Mawr PA 19010

2:00 pm - Registration and Team Sign In: Mitzvah Madregot

2:30 pm - Walk Kick Off

3:00 pm - Family Fun Fair

For more info: www.phillyfriendshipwalk.com

walk@phillyfriendship.com • 215.574.1765

A Joyous Weekend of Song

Shabbat Rinah V'Shirah

with Artist-in-Residence Rabbi Josh Warshawsky

Thursday-Sunday, October 24-27

[Click here](#) for schedule



This Week...

Talmud with Rabbi Sarra Lev, PhD – Mondays, 11:45 AM

The rabbinic prohibitions against shaming another often lie in stark contrast to stories of shaming and competition among those very same rabbis. This class asks the overarching question – what is the Talmud trying to tell us about shame/shaming?

Getting Philosophical with Rabbi Shawn – Mondays, 1 PM

Come study Jewish Philosophy with a great group of learners. The class is facilitated by Rabbi Shawn and together we read and discuss articles on topics of philosophy. This year our focus will be on Zionism, Messianism and Jewish Radicalism.



Sisterhood Mah Jongg – Mondays, 12:30 PM

Please bring your set. You may bring Kosher dairy/parve lunch or snacks. Questions and to RSVP, contact Phyllis Gorson, 610-667-5000, ext 112.

Har Zion After Dark – Monday, October 7, 6:30 PM Open Studio with Ariela Barlas

D'var T'filah with Hazzan Vogel – Tuesdays after 7 AM Minyan

D'var T'filah (a "teaching about prayer") – Hazzan Vogel will offer brief insights into the spiritual dynamics of prayer focusing each time on why prayer is difficult and what we can do about it.

Popular Commentaries on Genesis with Rabbi Ira Flax – Thursdays, 10 AM

We will study the commentaries found in the Hertz Chumash, the Etz Hayim Chumash, and the commentaries of modern biblical scholars to deepen our understanding of the first book of the Bible.

Men's Club Minyannaires with Rabbi Haaz – Fridays after 7 AM Minyan

Breakfast and study with Rabbi Haaz – Learn new insights to the Torah through wrestling with Rashi's interpretations and our understanding of his reasoning.

Sisterhood...

Decorating the Maurice Kendall Sukkah – Friday, October 11, 1:30 PM

Join us and share your creativity! RSVP to Carol Klein Kaplan, carolkkaplan@harziontemple.org.

Drinks in the Sukkah with Dr. Ely Levine – Wednesday, October 16, 2 PM

RSVP by Friday, October 11 to Carol Klein Kaplan, carolkkaplan@harziontemple.org

Visit to the Ruth Bader Ginsburg Exhibit at the National Museum of American Jewish History Wednesday, October 23

Meet at the Museum 10 AM sharp

RSVP and \$17 check (to HZT) needed by Thursday, October 10

No reservations accepted after that date

We will meet at the Museum at 10 AM sharp to begin our guided tour of the exhibit.

RSVP to Carol Klein Kaplan, carolkkaplan@harziontemple.org



Men's Club...

Men's Club Steak and Bourbon Dinner – Wednesday, October 23, 7 PM

FREE OF CHARGE – RSVP required by Friday, October 11 at

harziontemple.ticketleap.com or email Jordan Landau, jordan.landau@gmail.com

Men's Club Speaker Brunch – Sunday, November 10, 10-11:30 AM

In Commemoration of the 81st anniversary of Kristallnacht

Featuring Fred Gross

He will share the remarkable survival and reunion story of his parents Agi and Andi Grosz.

Join us to experience a truly memorable event as Fred Gross describes the heart-rending conditions and ironies lived by his parents Agi and Andi Grosz. After living and marrying in Czechoslovakia, in 1935 Agi and Andi went to Palestine to live. Sadly, they returned to Europe in 1938 and became engulfed in the horrors of Nazi laws and persecution. They were separated and in 1944, Agi was sent to Auschwitz-Birkenau. Their story is one of survival, resistance and courage.

Open to all – No charge

[Click here](#) to RSVP

Tikkun Olam...

-Your Help Is Needed!

RSVP Philadelphia at Kleinlife in the Northeast needs your help. At this time, they are in need of volunteers to deliver meals to clients on the Main Line. These meals can be picked up from a remote freezer on the

Main Line without travelling to the Northeast. If you can help, please contact Harrison Rothbaum, Community Services Coordinator, 215-698-7300 ext. 191

-HIAS PA has some URGENT FURNITURE needs for incoming refugee families... We are looking for these items only

Twin beds – both mattress and box spring (not futons), Small dining sets (table and 4-6 chairs) and Dressers

Furniture must be relatively new in decent condition, from a bug-free home, repair-free and something you would feel comfortable donating to a loved one. Please share the [post from our facebook page](#) to increase our reach.

We can provide pick up in Philadelphia or just outside the city. Please email us at communitysupport@hiaspa.org with the subject line 'Furniture Donation' and include items being donated, where pick-up will be and a timeline.

For more information on HIAS, please contact Kerry Coughlin, kcoughlin@hiaspa.org

-Volunteers Needed for Federation's Mitzvah Food Program – [Click here](#) for more information.

From the Ritual Committee...

Our Services Are Made Holier by Your Participation!

Do you know how to read Torah? Would you like to practice your skills in a low-pressure environment? Then email us at RitualCommittee@harziontemple.org to sign up. There are readings of all sizes; we will find the right one for you!



Welcome the stranger.
Protect the refugee.

SHOP THE GIFT BOX FOR ALL YOUR GIFT-GIVING NEEDS!

Regular Hours:

Monday – Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM

Sunday, 9:30 AM to 12:30 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.



Federation Civil Rights Mission

January 11 - 14, 2020

Join us for three days as we experience the historic struggle that helped shape our nation. Walk together in American history with the Philadelphia Civil Rights Mission to Atlanta, Georgia and Montgomery, Selma, and Birmingham, Alabama.

Co-sponsored by the JCRC, ADL, AJC, and Kaiserman JCC

Co-Chairs: Rachele & Ron Kaiserman, Ed Blumenthal, David Smith

Highlights: Experience Sunday service at the historic Ebenezer Baptist Church, walk across the Edmund Pettus Bridge with a participant in the infamous 1965 "Bloody Sunday" voting rights, dine with local Birmingham Federation, Jewish Community Relations Council, Anti-Defamation League and American Jewish Committee representatives, visit The National Memorial for Peace & Justice

Cost: \$1,500 per person/\$300 single supplement

Flight Arrangements: Each person is responsible for making their own flight arrangements. Please contact Luis Sole at FROSCH Travel at luis.sole@frosch.com or 212.784.0274.

Included: Hotel accommodations, all meals and gratuities, coach deluxe bus and driver, tour guide, program and admission fees, and bus to Atlanta International Airport

Contact Information: Missy Stein, Director of Missions & Travel at mstein@jewishphilly.org or 215-832-0629, or visit <https://jewishphilly.org/get-involved/mission-trips/civil-rights-mission/>



BRCA Founder Outreach Study

Women and men with a *BRCA* gene mutation have a greater risk of developing several types of cancer. Most of those at risk do not know that they carry a *BRCA* mutation.

The BFOR study provides genetic testing for common *BRCA* mutations for women and men of Ashkenazi (Eastern European) Jewish ancestry, age 25 or older, in four U.S. metropolitan areas. 95% of American Jews are Ashkenazi.

To learn more: [The BRCA Founder Outreach \(BFOR\) Study](http://www.bforstudy.com) (www.bforstudy.com)

Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or lalbert@harziontemple.org. Help us help you!

College Outreach Program (A free service provided by the Sisterhood of Har Zion)

During the year, the College Outreach Program sends holiday packages to those college students who are away from home. It is a small way to keep them in touch with Judaism and Har Zion Temple. Once again we are collecting the names and addresses of our **college students**.

Please remember that each year addresses change. You can email your information to: Karen Davis, daviskjj@aol.com or Anne Stein, annestein1@comcast.net.

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 or \$10 each – To purchase your donation cards, please contact Janice Katz, 610-525-1101 or rhk101@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood Floral Fund. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Susan Kochman, 215-272-0475 or sbkochman@aol.com.



INNOVATION UPDATE FROM ISRAEL IDEAS

Revolutionary Patch Keeps Brain Safe after Cranial Surgery

If you're ever unfortunate enough to require brain surgery, Israeli startup Nurami Medical has got you covered – literally. The Haifa-based company has developed a patch made of synthetic, biodegradable nanofibers meant to be affixed to the dura mater – the protective membrane underneath the skull that keeps the brain and spinal cord safe – after cranial neurosurgery.

Brain surgery requires cutting through the dura, so a “bandage” of some sort must be placed to protect against bacteria, accelerate healing and keep cerebral spinal fluid from leaking. Nurami’s nanofiber patches mimic the dura mater in a way that’s safer and less expensive than the animal collagen-based products currently used for post-brain surgery recovery, said the company’s CEO Hannoeh Marksheid.

To read more, go to: <http://www.israelideas.org/#!current/c1gqf>.

Transportation to Har Zion Temple

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Meryl Littman, merylitt@vet.upenn.edu or 610-649-3461.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or eberton@harziontemple.org.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

Regular Daily Minyan

Evenings: 6 PM

Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.