UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

THERE'S STILL TIME TO CONTRIBUTE TO THE FEDERATION HIGH HOLIDAY FOOD DRIVE

You can make a difference! Federation will be picking up our donations on October 29. Items being collected include: kosher beans (low sodium preferred), kosher nut butters, kosher canned fish (salmon, tuna, sardines, etc.) For more info: 215-832-0509 or <u>mitzvahfoodprogram@jewishphilly.org</u>.

A Joyous Weekend of Song Shabbat Rinah V'Shirah with Artist-in-Residence Rabbi Josh Warshawsky

Thursday-Sunday, October 24-27

Click here for schedule



A Truly First Class Experience! We are so EXCITED that the trip is a GO! It is happening! Gourmet Brunch by Leslie Rosen – Luxury Coach Transportation departing from Har Zion Temple after brunch – VIP Meet and Greet with Israeli artists at the Philadelphia Museum of Art Contemporary Craft Show at the Pennsylvania Convention Center

All-inclusive price of \$95 per person <u>Click HERE to RSVP</u> or avoid online fees by dropping off a che

or avoid online fees by dropping off a check to Norman Einhorn at Har Zion, 610-667-5000 ext. 150



Shabbat Sha-Blue Jeans combined with

Stay and Play, Shalom Chai and Garinim Shabbat Dinner

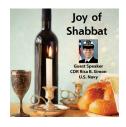
- Friday, November 1, 5:30 PM

Services with Rabbi Haaz, Hazzan Vogel and Debbie Folz Shabbat Sha-Blue-Jeans is a monthly opportunity to welcome Shabbat with singing, dancing, prayer, and complimentary dinner, BYOB (Kosher). Jeans and casual attire encouraged! This service is geared for all Har Zion families with children age infant to 6

years old, but all ages are welcome! Free – Reservations required, <u>dfolz@harziontemple.org</u>.

Cook for a Friend – Sunday, November 3, 9:30 AM – Catering Kitchen

Come on out to Har Zion and perform a warm and wonderful mitzvah! Join old friends and make new ones while you help prepare delicious meals for those in need. Join us in the catering kitchen.



Joy of Shabbat Dinner and Speaker Series – Friday, November 8 Services at 6 PM; Dinner at 7 PM; Speaker at 8:15 PM Come relax and enjoy Shabbat together! All ages welcome! BYOB (unopened Kosher)

RSVP by 5 PM on Wednesday, November 6 to guarantee your reservation. RSVP by 11/1 – \$10 per adult, \$5 per child (under 13) After 11/1 – \$15 per adult, \$10 per child (under 13)

8:15 PM Speaker Commander Risa B. Simon, United States Navy Jewish Life in Active United States Military Service

RSVP to Emily Berton, eberton@harziontemple.org or to make online reservations, click here.





Please join us as we joyfully celebrate the Installation of Rabbi Seth Haaz as Senior Rabbi

Sunday, November 17, 10:45 AM

Luncheon to follow RSVP extended to November 1 Call Norman at 610-667-5000

Second Annual HZ Men's Club Tennis Outing – Saturday, January 20, 7-8:30 PM Join us at the <u>Radnor Racquet Club</u> (175 King of Prussia Road, Radnor)

\$25 per person and includes food, tennis balls and indoor court time in a round robin format. *Open to all Har Zion members – all ages are welcome!* Mike Solomon, *Tennis Committee Chair*



RSVP ASAP to Morris Kurtzman at mkurtz2718@aol.com or Larry Brown at lawbbro2004@verizon.net

This Week...

Talmud with Rabbi Sarra Lev, PhD – Mondays, 11:45 AM

The rabbinic prohibitions against shaming another often lie in stark contrast to stories of shaming and competition among those very same rabbis. This class asks the overarching question – what is the Talmud trying to tell us about shame/shaming?

Getting Philosophical with Rabbi Shawn - Mondays, 1 PM

Come study Jewish Philosophy with a great group of learners. The class is facilitated by Rabbi Shawn and together we read and discuss articles on topics of philosophy. This year our focus will be on Zionism, Messianism and Jewish Radicalism



Sisterhood Mah Jongg – Mondays, 12:30 PM

Please bring your set. You may bring Kosher dairy/parve lunch or snacks. Questions and to RSVP, contact Phyllis Gorson, 610-667-5000, ext 112.

Har Zion After Dark with Theatre Ariel – Monday, October 28, 7 PM – Dogole Chapel The Ethics of The Fathers aka The Gangster and the Grandpa

A performance of *The Ethics of the Fathers aka The Gangster and the Grandpa* written and performed by Jesse Bernstein

"Beginning in 1950, and continuing for nearly a decade, my grandfather was the doctor to the head of the Jewish Mafia in New Jersey..." Drawing on the stories of an unlikely friendship and the teachings of Pirkei Avot (Ethics of the Fathers), this powerful one-person show explores morality, legacy, and Jewish identity in America. The performance will be followed by a conversation with actor/playwright Jesse Bernstein lead by Theatre Ariel Artistic Director, Deborah Baer Mozes.

Trailer: https://www.youtube.com/watch?v=0osDoI T5dY

D'var T'filah with Hazzan Vogel – Tuesdays after 7 AM Minyan

D'var T'filah (a "teaching about prayer") – Hazzan Vogel will offer brief insights into the spiritual dynamics of prayer focusing each time on why prayer is difficult and what we can do about it.

Joys of Yiddish with Gerry Spector – Tuesday, October 29, 10 AM

You do not have to be able to speak Yiddish to experience the Joys of Yiddish culture. Enjoy the works of Yiddish authors, poets, songs, theater and cinema and incidentally learn the language.

TISCH with Rabbi Shawn – Wednesday after 7 AM Minyan

TISCH – remain after Minyan for breakfast and halacha study with Rabbi Shawn in the Rudofker Library. We will read the traditional and then connect it to our own current practices.

Parashat Hashavuah for the Sandwich Generation with Rabbi Shawn – Wednesdays, 11 AM

Rabbi Shawn will briefly summarize the parsha. He will then bring one or more contemporary interpretations of the text for us to study and discuss. This class is designed for the "Sandwich Generation" student (those that are sandwiched between the needs of their children and those of their aging parents and between the ages of 45ish and 65ish). We will focus on topics that are relevant today. If you would like to receive information about upcoming programs, please email Patty Grobman - pgrobman@harziontemple.org.

Shul Stitchers - Wednesday, October 30, 7 PM

We invite you to join us! Knitters and crocheters needed! Beginners or advanced! We create a variety of items for those in need – hats, blankets, and more. For more information, please contact <u>Charlotte Muchnick</u>

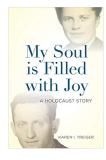
Popular Commentaries on Genesis with Rabbi Ira Flax – Thursdays, 10 AM

We will study the commentaries found in the Hertz Chumash, the Etz Hayim Chumash, and the commentaries of modern biblical scholars to deepen our understanding of the first book of the Bible.

Men's Club Minyannaires with Rabbi Haaz - Fridays after 7 AM Minyan

Breakfast and study with Rabbi Haaz – Learn new insights to the Torah through wrestling with Rashi's interpretations and our understanding of his reasoning.

Sisterhood...



Open a Book...Open Your Mind / Har Zion After Dark Monday, November 4, 7 PM Author **Karen Treiger** *My Soul is Filled with Joy: A Holocaust Story* Admission: \$18 For reservations: <u>harziontemple.ticketleap.com</u>

Open a Book...Open Your Mind 2019-20 Schedule of Authors

Sisterhood Lunch and Program Wednesday, November 13, 12 PM

Reiki with Carol Klein Kaplan

Reiki is a form of alternative medicine called energy healing. Reiki practitioners use a technique called palm healing or hands-on healing through which a "universal energy" is said to be transferred through the palms of the practitioner to the patient in order to encourage emotional or physical healing.



Free to Sisterhood members; \$10 for non-Sisterhood members RSVP by 11/6 to Carol Klein Kaplan, <u>carolkkaplan@harziontemple.org</u>

Trip to See Fiddler on the Roof - Sunday, December 8

Rabbi Moriah SimonHazani is inviting Sisterhood to join the Golden Slipper Gems for a lovely day in NYC to see *Fiddler on the Roof* in Yiddish. The price includes round trip bus trip and tickets. Lunch is on your own. Please <u>click here</u> for information.

Mah Jongg – Mondays at 12:30 PM

Men's Club...

Men's Club Speaker Brunch - Sunday, November 10, 10-11:30 AM

In Commemoration of the 81st anniversary of Kristallnacht Featuring **Fred Gross**

He will share the remarkable survival and reunion story of his parents Agi and Andi Grosz. Join us to experience a truly memorable event as Fred Gross describes the heart-rending conditions and ironies lived by his parents Agi and Andi Grosz. After living and marrying in Czechoslovakia, in 1935 Agi and Andi went to Palestine to live. Sadly, they returned to Europe in 1938 and became engulfed in the horrors of Nazi laws and persecution. They were separated and in 1944, Agi was sent to Auschwitz-Birkenau. Their story is one of survival, resistance and courage. **Open to all – No charge – Click here to RSVP**

Men's Club Pub Night - Thursday, December 12, 6:30-9 PM

Bodega by La Cabra Brewing (810 Glenbrook Ave, Bryn Mawr) Please bring a new unwrapped gift for Jewish Family and Children's Services to be distributed to kids for Hanukkah.

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From the Ritual Committee...

Our Services Are Made Holier by Your Participation!

Do you know how to read Torah? Would you like to practice your skills in a low-pressure environment? Then email us at <u>RitualCommittee@harziontemple.org</u> to sign up. There are readings of all sizes; we will find the right one for you!

SHOP THE GIFT BOX FOR ALL YOUR GIFT-GIVING NEEDS! <u>Regular Hours:</u> Monday – Thursday, 9:30 AM to 4 PM; Friday, 9:30 AM to 3 PM Sunday, 9:30 AM to 12:30 PM (when school is in session) Additional hours by appointment. For info, please call 610-667-2698, or email giftbox@harziontemple.org.

Volunteers Needed – National Museum of American Jewish History

Volunteers are needed for Thursday, Friday, Saturday and Sunday – Flexible hours Your support is very important to the Museum Please call Olivia, 215-923-3811

AIPAC Community Program Wednesday, November 6, 7:30 pm Hilton City Avenue

Please join the Greater Philadelphia AIPAC community as we celebrate

bipartisan Congressional support of the U.S.-Israel relationship. The program will feature local Members of Congress who just returned from an impactful trip to Israel. **Congresswoman Madeleine Dean (D-PA 4th), Congressman Dan Meuser (R-PA 9th) and Congresswoman Susan Wild (D-PA 7th)** will participate in a discussion on their recent trip to Israel and other issues that affect both the United States and Israel. Additionally, **AIPAC Managing Director for National Affairs Elliot Brandt** will discuss the state of bipartisanship and how it impacts the U.S.-Israel relationship. This program is free and open to all those who want to show their support of Israel and their appreciation of pro-Israel members of Congress.To register or learn more about this event, please click on the link in the flyer below, call the AIPAC Philadelphia office at 215-587-4101 or email <u>philly@aipac.org</u>.

This event is not to be missed!

Israel Bonds Philadelphia – Women's Division Invites You to an Aviva Program – An Educational Programming Initiative – Friday, November 8, 11:30 AM Maggiano's – 1201 Filbert Street, Philadelphia, PA 19107 Guest Speaker – Daniel Sahalo RSVP by November 1 Lunch - Fish or Vegetarian – Couvert: \$36* per person or \$54* as an Aviva Angel** Click here for more information





Women's Division Chair: Jean Herz; Aviva Chairs: Melinda Hochberg & Ellen Pries; Aviva Planning Committee: Lois Kaliner, Peggy Sterling, Carol Klein Kaplan, Marilyn Toub, Joy Novick, Sherrie Willner, Sharon Schanzer

Minimum \$100 Women's Division bond purchase required in 2019 Visit <u>israelbonds.com</u> to invest online For info and to RSVP, contact: Sharon Richman, Registered Representative 267.443.2005 | 800.752.5671 | <u>sharon.richman@israelbonds.com</u>

Jewish Federation of Greater Philadelphia

Federation Civil Rights Mission January 11 - 14, 2020

Join us for three days as we experience the historic struggle that helped shape our nation. Walk together in American history with the Philadelphia Civil Rights Mission to Atlanta, Georgia and Montgomery, Selma, and Birmingham, Alabama.



Co-sponsored by the JCRC, ADL, AJC, and Kaiserman JCC

Co-Chairs: Rachelle & Ron Kaiserman, Ed Blumenthal, David Smith

For more information: Missy Stein, Director of Missions & Travel at <u>mstein@jewishphilly.org</u> or 215-832-0629, or visit <u>https://jewishphilly.org/get-involved/mission-trips/civil-rights-mission/</u>

BRCA Founder Outreach Study

Women and men with a *BRCA* gene mutation have a greater risk of developing several types of cancer. Most of those at risk do not know that they carry a *BRCA* mutation.

The BFOR study provides genetic testing for common *BRCA* **mutations** for women and men of Ashkenazi (Eastern European) Jewish ancestry, age 25 or older, in four U.S. metropolitan areas. 95% of American Jews are Ashkenazi.

To learn more: The BRCA Founder Outreach (BFOR) Study (www.bforstudy.com)

Do you need the Har Zion Temple Caring Connection?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Please contact Laurie Albert, 610-667-5000, ext 111 or <u>lalbert@harziontemple.org</u>. Help us help you!

College Outreach Program (A free service provided by the Sisterhood of Har Zion)

During the year, the College Outreach Program sends holiday packages to those college students who are away from home. It is a small way to keep them in touch with Judaism and Har Zion Temple. Once again we are collecting the names and addresses of our **college students**.

Please remember that each year addresses change. You can email your information to: Karen Davis, <u>daviskjjj@aol.com</u> or Anne Stein, <u>annestein1@comcast.net</u>.

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 or \$10 each – To purchase your donation cards, please contact Janice Katz, 610-525-1101 or rhk101@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood Floral Fund. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Susan Kochman, 215-272-0475 or sbkochman@aol.com.





INNOVATION UPDATE FROM *ISFAEL/beas* Revolutionary Patch Keeps Brain Safe after Cranial Surgery

If you're ever unfortunate enough to require brain surgery, Israeli startup Nurami Medical has got you covered – literally. The Haifa-based company has developed a patch made of synthetic, biodegradable nanofibers meant to be affixed to the dura mater – the protective membrane underneath the skull that keeps the brain and spinal cord safe – after cranial neurosurgery.

Brain surgery requires cutting through the dura, so a "bandage" of some sort must be placed to protect against bacteria, accelerate healing and keep cerebral spinal fluid from leaking. Nurami's nanofiber patches mimic the dura mater in a way that's safer and less expensive than the animal collagen-based products currently used for post-brain surgery recovery, said the company's CEO Hannoch Marksheid.

To read more, go to: <u>http://www.israelideas.org/#!current/c1gqf</u>.

Transportation to Har Zion Temple

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Meryl Littman, merylitt@vet.upenn.edu or 610-649-3461.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Emily Berton, ext 109 or <u>eberton@harziontemple.org</u>.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, <u>risey@aol.com</u> or 610-668-1148.

Regular Daily Minyan

Evenings: 6 PM Mornings: Sunday – 9 AM; Monday and Thursday – 6:50 AM; Tuesday, Wednesday and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.