

## UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

### *Building Our Spiritual Community*

FRIDAY EVENING, JANUARY 29

6:00 PM – Minha/Ma'ariv Service

7:00 PM – Scholar in Residence Dinner – by reservation only

SATURDAY MORNING, JANUARY 30

9:30 AM – *Kol Tefilah* (Voice of Prayer) – Morning Service

9:45 AM – *Lilmod U'Lelemed* (To Learn and to Teach) – Learning Service

An engaging interactive conversation exploring the context and underlying meanings of our Shabbat prayers. Discover and expand your own spiritual commitments as we study the *siddur*, *daven shacharit* and create community.

10:30 AM – Junior Congregation

11:00 AM – *Parashat Hashavua* (Shabbat Torah Study)

Add contour, new meaning and joy to your Jewish life through discussion of the weekly Torah portion. Take the opportunity to ask yourself, "Where am I in this story?"

Following Kiddush – Scholar in Residence Lecture with Rabbi Samuel Kieffer  
"Top Ten Ideas Torah Has Taught the World"



**Scholar in Residence – Rabbi Samuel Kieffer – January 29 - 31**

***Heart, Mind, Body and Soul***

*The emotions of war, the intellectual investigation of responses to tragedy, giving in to the temptations of the flesh as in the case of King David, and music as an outpouring of the soul*

**FRIDAY, JANUARY 29 – Dinner and Discussion following 6:00 PM Services**

*"Fifty Days of War and Blessings, Living through Last Year's Wars"*

**Dinner By Reservation Only**

**SATURDAY, JANUARY 30 – Discussion after Kiddush**

*"Top Ten Ideas Torah Has Taught the World"*

**SATURDAY, JANUARY 30, 8:00 PM – Evening of Original Music**

**Cost: \$10/adult, \$5/child under 12 at the door – Refreshments served**

**SUNDAY, JANUARY 31 – Breakfast following 9:00 AM Services**

*"Three Unlikely Heroes of the Bible"*

**Co-sponsored by Adult Education, Sisterhood and Men's Club**

**\*\*TALMUD STUDY WITH RABBI ALPERT – MONDAY MORNINGS, 10:00 AM**

This class is studying the sixth chapter of Bava Metzia (Labor Law).

**\*\*MINYAN & TISCH WITH RABBI ALLEN – WEDNESDAY MORNINGS**

**FOLLOWING 7:00 AM MINYAN**

***Halakha Yomit* (daily *halakha*) with the *Mishnah Berurah* –** Join us each week as we study a different halakha and ask ourselves about the underlying values that inform our practice.

**\*\*FRIDAY MORNING MEN'S CLUB MINYANNAIRES WITH RABBI ROSENBERG**

**FOLLOWING 7:00 AM MINYAN**

***Jeopardy Rashi Style* –** This class will examine the commentary of Rashi on the Torah to deepen our appreciation of the issues Rashi saw in the text and to understand how his commentary maintains relevance through today.

**\*\*SISTERHOOD ADULT EDUCATION – WEDNESDAYS, FEBRUARY 3, 17 AND 24, 10:00-11:30 AM  
At Har Zion Temple**

*All are welcome. Classes are free of charge.*

**Unpacking the Haggadah**

Join Dr. Sara Cohen as we learn about the Hagaddah, its history, writers, content, liturgy and the ideas inherent in it. We will examine the story of Moses' life and the women who influenced him.

**\*\*SISTERHOOD GENERAL LUNCH MEETING – TUESDAY, FEBRUARY 9, 11:30 AM**

**Gail J. Cummings – “Girlfriends: Our Treasured Lifelong Connections”**

*This topic should resonate with everyone!*

Gail Cummings is a business lawyer turned psychotherapist, executive coach and public speaker. Gail founded a private practice in 2002. She uses her rare combination of human behavior expertise and former experience as a practicing attorney to counsel and coach lawyers, business executives and professionals for success.

**No charge to members – \$18 to non-members**

**RSVP to Sherry Pearlstein: sherrypearl1@gmail.com by Friday, February 5**

We look forward to seeing you there!

**\*\*B'Bayit – BEHIND THE SCENES OF SHABBAT...**

**CANDLES, WINE, CHALLAH**

**WEDNESDAYS AT 7:00 PM – FEBRUARY 17, APRIL 13**

Our B'bayit series brings Torah into our homes.

Come learn about the customs of Shabbat – candle meditation, Kiddush wine tasting, and challah baking.

**FEBRUARY 17 – Wine Tasting and Kiddush with Rabbi Rosenberg. Hosted by Aliza & Alan Remer**

For more information, locations and to RSVP, contact Beth Krouse, beth@ert-title.com.



**\*\*SISTERHOOD SHABBAT – FRIDAY & SATURDAY, FEBRUARY 19 & 20**

Har Zion Sisterhood invites you to welcome Shabbat with family and friends on

**Friday** - Sisterhood-led services at 6:00 PM – Dinner following services

**Saturday** – Sisterhood-led services at 9:30 AM – Kiddush following services

**RSVP for dinner no later than February 15 – Adults/\$39, Children 6-12/\$18,**

**Children 2-5/complimentary – Make checks payable to Sisterhood of Har Zion Temple**

**\*\*SISTERHOOD & MEN'S CLUB INVITE YOU TO 'PAINT THE TOWN'**

**Saturday, March 12, 7:30-9:30 PM**

NO artistic experience is required!!

**\$32/person includes Canvas – Easel – Brushes – Paint – Aprons**

**Desserts, Mixers and Beer provided by Sisterhood and Men's Club**

PINOT's PALETTE – 20 Greenfield Avenue, Ardmore PA (610) 642-3718

**Reservations requested by Tuesday, February 23 due to limited seating**

*(Make checks payable to Har Zion Sisterhood and bring to the synagogue office or to the event)*

**RSVP to Norma Dworkin: nldworkin58@gmail.com or Jack Marine: recyclejack@aol.com**



**\*\*NEW DATE FOR DALET SIDDIR DECORATING – SUNDAY, FEBRUARY 21, 10:00 AM**

**Benjamin B. Levin Room**

Please join us for our Annual Family Siddur Decorating

In honor of your Dalet child's Siddur service you will be decorating a fabric cover for your child's own Siddur.

The Dalet Siddur service is being held on **Friday, March 4** where the entire Dalet class will help lead the congregational Friday night service.

RSVP to the school office: 610-664-5746 or JFGRS@harziontemple.org.

**\*\*USE THE SISTERHOOD SCRIP PROGRAM FOR ALL YOUR SHOPPING NEEDS!**

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days.

Order your Scrip cards and be prepared whenever you shop! **Please contact Michele**

**Perlstein, mshoueka@hotmail.com – 610-519-1211** for more information.



**INNOVATION UPDATE FROM  ISRAEL IDEAS**

***Puzzled About How Much Sugar You Are Consuming?***

Physicians and nutritionists are emphasizing the importance of cutting down on sugar. “Today, doctors and nutritionists know that excessive intake of sugar is a major health risk, but food manufacturers don’t make it easy to figure out exactly how much sugar consumers are consuming. Moreover, many consumers are concerned about the kind of sugar they are consuming – cane sugar, high fructose corn syrup, etc. Valiber is the first standard, and the first technology, that will let them identify and control the sugar they eat and drink.”

By seeing sweetness as an objective standard, people will be able to better control how much sugar they consume. The CEO of Israeli start-up Valiber aims to answer that question of how sweet is sweet. To read more go to: <http://www.israelideas.org/#!current/c1gqf>.

**\*\*TRANSPORTATION TO HAR ZION**

*“Oh, if I’d only known she/he needed a ride to Har Zion.”*

*“Oh, I would have been there but I couldn’t get a ride.”*

We are hearing these statements more and more – and would like to help our congregants who would like to attend Services, meetings and programs.

**DO YOU NEED A RIDE...**To Services? To daytime or evening meetings and/or programs?

**CAN YOU PROVIDE AN OCCASIONAL RIDE?**

What areas would be convenient for you?

What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

**Please contact Nanci Goldman at [NanciG22@aol.com](mailto:NanciG22@aol.com) or 610-664-7987.**

**\*\*DO YOU NEED THE HAR ZION TEMPLE CARING CONNECTION?**

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don’t assume we know. Call 610-667-5000, ext 178 or [caring@harziontemple.org](mailto:caring@harziontemple.org). Help us help you!

**\*\*SHARE YOUR SIMHA!**

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. Please contact Shonnie Lebovitz, Program and Events Coordinator (ext 106 or [slebovitz@harziontemple.org](mailto:slebovitz@harziontemple.org)) for more information.

**\*\*BIMAH FLOWERS CAN BE SPONSORED**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, [risey@aol.com](mailto:risey@aol.com) or 610-668-1148.

**SHOP THE GIFT BOX FOR ALL GIFT-GIVING AND HOLIDAY NEEDS!**

**50% OFF SELECTED ITEMS (Final sale - No gift wrap)**

**Regular hours:**

**Monday – Thursday, 9:30 AM to 4:00 PM, Friday, 9:30 AM to 3:00 PM**

**Sunday, 9:45 AM to 1:00 PM (when school is in session)**

**Additional hours by appointment.**

**For info, please call 610-667-2698, or email [giftbox@harziontemple.org](mailto:giftbox@harziontemple.org).**

**The Gift Shop is now accepting credit cards – giving you more flexibility to shop!**

***Like us on Facebook!***

**REGULAR DAILY MINYAN**

Evenings: 6:00 PM

Mornings: Sunday – 9:00 AM, Monday and Thursday – 6:50 AM,

Tuesday, Wednesday and Friday – 7:00 AM

**MINYAN VOLUNTEERS NEEDED**

*“The world stands on three things: on Torah, on prayer and on kindness to others.” – Pirkei Avot*

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert (610-667-5000, ext 111 or [lalbert@harziontemple.org](mailto:lalbert@harziontemple.org)) with your name and cell phone number for a text.

***AN ACTIVE MEMBER OF OUR LOCAL JEWISH COMMUNITY DESPERATELY NEEDS A KIDNEY -  
BLOOD TYPE B or O***

**To learn how you can save a life or for more information about kidney donation, please call:  
(718) 431-9831 or email: [R718@renewal.org](mailto:R718@renewal.org). Visit [WWW.RENEWAL.ORG](http://WWW.RENEWAL.ORG)**