
SHABBAT BESHALAH

FRIDAY, JANUARY 22 – 13 SHEVAT

4:49 PM Candle Lighting
6:00 PM Minha/Kabbalat Shabbat Service/Ma'ariv – DOGOLE CHAPEL

SATURDAY, JANUARY 23 – 13 SHEVAT

9:30 AM *Kol Tefilah* – Shabbat Morning Service – MAIN TEMPLE CORRIDOR
11:15 AM *Kol Mishpacha* – Family Service – BENJAMIN B. LEVIN ROOM
TORAH READING: EXODUS 14:26 Page 405
MAFTIR: EXODUS 17:14 Page 421
HAFTARAH: JUDGES 5:1 Page 426
KIDDUSH: Congregation and guests are cordially invited to join us in the FISHMAN-TOBIN AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by Sisterhood.
MILTON POMERANTZ INTERACTIVE TORAH STUDY GROUP: Following the Kiddush, join Dr. Meryl Littman for an interactive Torah study session in the BAILIS ROOM.
12:45 PM Minha – DOGOLE CHAPEL (Due to the weather, please note change in time.)
5:52 PM Shabbat ends

IN MEMORIAM – BARUCH DAYAN HA-EMET

The Congregation extends its deepest sympathy to the families of:
MAE CROGLICK, grandmother of Jordan Landau, January 14, 2015 (4 Shevat 5776)
LORA MEZROW, mother of Dr. Craig Mezrow, January 16, 2016 (6 Shevat 5776)
LEATRICE KALINER, mother of Paul Kaliner, January 16, 2016 (7 Shevat 5776)

Mi Shebeirach

<i>Mi shebeirach avoteinu</i>	<i>Mi shebeirach imoteinu</i>
<i>M'kor hab'racha l'imoteinu</i>	<i>M'kor habrachah l'avoteinu</i>
May the source of strength,	Bless those in need of healing with
Who blessed the ones before us,	<i>r'fuah sh'leimah,</i>
Help us find the courage to make our	The renewal of body, the renewal of spirit,
lives a blessing,	And let us say, Amen
and let us say, Amen.	

DO YOU NEED THE HAR ZION CARING CONNECTION?

We are a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Call 610-667-5000, ext 178 or caring@harziontemple.org. Help us help you!

THIS WEEK'S EVENTS

SUNDAY, JANUARY 24 – 14 SHEVAT

9:00 AM MORNING MINYAN
10:00 AM TZION CLASS
10:00 AM CHALLAH FOR HUNGER
10:00 AM DALET SIDUR DECORATING PROGRAM
12:00 PM MADREGOT COMMITTEE MEETING
1:00 PM HAVERIM/GARINIM EVENT
6:00 PM MINHA/MA'ARIV

MONDAY, JANUARY 25 – 15 SHEVAT – TU B'SHVAT

6:50 AM MORNING MINYAN
10:00 AM TALMUD STUDY with Rabbi Alpert
11:00 AM TU B'SHVAT SEDER AT BRITH SHALOM
6:00 PM MINHA/MA'ARIV

TUESDAY, JANUARY 26 – 16 SHEVAT

7:00 AM MORNING MINYAN
6:00 PM MINHA/MA'ARIV
6:30 PM TRUSTEES MEETING
7:30 PM JOINT BOARD OF DIRECTORS AND TRUSTEES MEETING

WEDNESDAY, JANUARY 27 – 17 SHEVAT

7:00 AM MORNING MINYAN
6:00 PM MINHA/MA'ARIV

THURSDAY, JANUARY 28 – 18 SHEVAT

6:50 AM MORNING MINYAN
10:00 AM POPULAR COMMENTARIES with Rabbi Rosenberg
11:00 AM SISTERHOOD DAVENING SKILLS with Rabbi Alpert
6:00 PM MINHA/MA'ARIV
7:00 PM MEN'S CLUB CAFÉ SERIES WITH RABBI KIEFFER – The Dairy Café in Bala Cynwyd. Open to the Har Zion community – no charge. RSVP to Marcy Gubernick, mgubernick@harziontemple.org.

FRIDAY, JANUARY 29 – 19 SHEVAT

7:00 AM MEN'S CLUB MINYANNAIRES – Join Rabbi Rosenberg for breakfast and a study session "Jeopardy Rashi Style."
4:58 PM CANDLE LIGHTING
6:00 PM MINHA/KABBALAT SHABBAT SERVICE/MA'ARIV
7:00 PM SCHOLAR IN RESIDENCE DINNER

TRANSPORTATION TO HAR ZION

DO YOU NEED A RIDE...To Services? To daytime or evening meetings and/or programs?

CAN YOU PROVIDE AN OCCASIONAL RIDE?

Please contact Nanci Goldman at NanciG22@aol.com or 610-664-7987.

תהיינה נפשותיהם צרות בצרור החיים:

May their souls be bound
up in the bond of life.

The following yahrzeits will be observed during the coming week.

Abe Birenbaum
Hillel Franco
Rose Hirsh
Sarah Shapiro
Jan Silberstein
Sam Szeftel
Alice Tepper
Morton Leonard Waber
Louis Bailis
David Braginsky
Israel Dein
Henry Ford
Cyrus S. Gorson
David Knopman
Lisa Pearl-Brewer
Anthony Scarpa
Fannie Schambelan
Leonard Weiss
Evelyn S. Zatuchni
Stanley "Mickey" Zolot
Ben Briskin
Isadore Brooks
Annette Cesler
Edith Kahn
J. Harry Kauffman
Leonard Kazdan
Alan Mernick
Bernice Meyers

Rose Paul
Ruben Rosen
Honey Schwartz
William Siegel
Julia Tabas
Brooke Bentz
Harry B. Cohen
Freda Josephs
Joseph Kohn
Jane Ethyl Maltz
Irving J. Mitchell
Anna Panzer
Irving Robbins
Solomon Rosenberg
Abraham Savitt
Samuel Serody
Dora Shilling
Lily Shulder
Herbert Barg
Harry I. Block
Sylvia Cohen
Frida Epstein
Blanche Feldman
Abraham Gitterman
Mollie Lebovitz
Jeanne Pollock
Claire Rader
Ethel Silvers

Martin Silvers
Dora T. Switt
Albert Yanofsky
Yetta Avart
Gertrude Fox
Lola Graudens
Frank Kreithen
Benjamin B. Levin
Jacob Richman
Ann Dichter
Sidney J. Friedman
Justin "Jud" Frommer
Eric Mandell
Ruth Pokotilow
Edith Berger
Mark B. Feldman
George Levitt
Joseph Lieberman
Jeffrey Magid
I. Jerome Milgrim
Diane Oriel
Bertel Peine
Irving Pollock
Thelma Rosset Golder
Belle Swartz
Rebecca Weiss
Samuel Zatuchni

MADREGOT "NOTES" FUNDRAISER



Proceeds benefit the Madregot program of the Jane Fishman Grinberg Religious School
You can participate in this fundraiser by becoming a sponsor and/or purchasing symbolic music notes. Each \$18 donation will be recognized by a symbolic cut-out music note that can honor your family, each member of your family, your friends or teachers, and will be part of a "symphony" of music decorating the walls of the synagogue this spring. Decorate them yourself or have our school children decorate them. These "notes" symbolize our commitment to the children in the Madregot Program and support their path to a Jewish life.
To download form: www.harziontemple.org/harzion/16notesbrochure.pdf

CHALLAH FOR HUNGER – SUNDAY, JANUARY 24, 10:00 AM

Come join the Har Zion Temple High School students/parents/USYers and Sisterhood in the Catering Kitchen as we create the best challah flavor. Challah for Hunger is a model for young people to meet, explore their mutual responsibility to heal the world through activism and philanthropy, and engage in community and Jewish tradition. Volunteers at 78 chapters around the world, mostly on college campuses, bake and sell challah, and donate their earnings to non-profits working to end hunger around the world.
For more info, contact Norman Einhorn, neinhorn@harziontemple.org.

MINYAN & TISCH WITH RABBI ALLEN – WEDNESDAY MORNINGS FOLLOWING 7:00 AM MINYAN – NO STUDY SESSION ON 1/27

Halakha Yomit (daily halakha) with the Mishnah Berurah

Join us each week as we study a different halakha and ask ourselves about the underlying values that inform our practice.

B'BAYIT – BEHIND THE SCENES OF SHABBAT... CANDLES, WINE, CHALLAH

WEDNESDAYS AT 7:00 PM – FEBRUARY 17, APRIL 13

Our B'bayit series brings Torah into our homes.

Come learn the customs of Shabbat – candle meditation, Kiddush wine tasting, challah baking

FEBRUARY 17 – Wine Tasting and Kiddush with Rabbi Rosenberg

Hosted by Aliza & Alan Remer

For more information, location and to RSVP, contact Beth Krouse, beth@ert-title.com.

LADIES AND LATTES WITH RABBI MARSHALL THURSDAYS, FEBRUARY 18, MARCH 17, APRIL 14

9:15 AM at Har Zion Temple OR 12:00 PM at Starbucks in Bala Cynwyd

Ask the Rabbi: Women Rabbis Respond to Modern Jewish Law Questions

Have you ever wondered if it was permissible to drive on Shabbat to shul? Make a snowman on Shabbat? Or even dance on Shabbat? Come discuss with Rabbi Marshall what the women rabbis of our time have to say. *Come enjoy a cup of coffee or a latte with other Har Zion women.*

RSVP to Rabbi Marshall, rnmarshall@harziontemple.org or 610-667-5000, ext 114.



Winter Scholar in Residence

Rabbi Samuel Kieffer

Heart, Mind, Body and Soul

January 28 - 31, 2016

The emotions of war, the intellectual investigation of responses to tragedy, giving in to the temptations of the flesh as in the case of King David, and music as an outpouring of the soul

Thursday, January 28, 7:00 PM – Men's Club Cafe Series*

King David: Fifty Shades of the Greatest King in Jewish History

Upstairs at The Dairy Cafe – 321 Montgomery Ave, Bala Cynwyd

Coffee, tea and desserts – No charge for this event – Limited seating

Friday, January 29 – Dinner and Discussion following 6:00 PM Services*

Fifty Days of War and Blessings, Living through Last Year's Wars

Cost: \$30/adult, \$15/child 3-12

Saturday, January 30 – Discussion after Kiddush

Top Ten Ideas Torah Has Taught the World

Saturday, January 30, 8:00 PM – Evening of Original Music*

Cost: \$10/adult, \$5/child under 12

Refreshments will be served

Sunday, January 31 – Breakfast following 9:00 AM Services*

Three Unlikely Heroes of the Bible

*** RSVP requested for Thursday evening, Friday dinner, Saturday evening and Sunday breakfast by January 25: mgubernick@harziontemple.org or 610-667-5000**

Co-sponsored by Adult Education, Sisterhood and Men's Club

SAVE THE DATE!

SISTERHOOD & MEN'S CLUB

INVITE YOU TO 'PAINT THE TOWN'

NO artistic experience is required!!



SATURDAY, MARCH 12

7:00 – 9:00 PM

\$32/person includes

Canvas – Easel – Brushes – Paint – Aprons

Desserts, Mixers and Beer provided by Sisterhood and Men's Club

PINOT's PALETTE – 20 Greenfield Avenue, Ardmore PA (610) 642-3718

Reservations requested by Tuesday, February 23 due to limited seating

(Make checks payable to Har Zion Sisterhood and bring to the synagogue office or to the event)

RSVP to Norma Dworkin: nldworkin58@gmail.com or

Jack Marine: recyclejack@aol.com

SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS!

50% OFF SELECTED ITEMS (Final sale - No gift wrap)

Regular hours: Monday – Thursday, 9:30 AM to 4:00 PM, Friday – 9:30 AM to 3:00 PM

Sunday – 9:45 AM to 1:00 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

**INNOVATION UPDATE FROM  ISRAEL IDEAS
Revolutionizing Everyday Healthcare**

Have you encountered waiting a long time for an appointment or taking unnecessary medications, or simply not getting enough information on how best to treat a condition? Now, several Israeli healthcare startups are addressing some of these familiar issues with easy-to-use technology, potentially helping patients save money and time. Five of the more interesting startups transforming everyday healthcare are: TytoCare, MeMed, Medisafe, Nyxoah and Archimedix. To read more go to: <http://www.israelideas.org/#!current/c1gqf>.

Har Zion Sisterhood
invites you to welcome Shabbat
with family and friends on
Friday, February 19, 2016

Sisterhood-led Services at 6:00 PM
Dinner following Services

You are welcome to bring your own unopened Kosher wine

RSVP no later than February 15

Sisterhood Shabbat Dinner - Friday, February 19 - RSVP no later than February 15

Please make checks payable to: **Sisterhood of Har Zion Temple**, 1500 Hagys Ford Road, Penn Valley, PA 19072

Name _____

Phone _____ Email _____

_____ adults @ \$39 _____

_____ 6-12 years old @ \$18 _____

_____ 2-5 years old (complimentary) _____ Seating Preference _____

Total enclosed \$ _____

*HAR ZION MEN'S CLUB INVITES YOU TO
OUR 2016 WINTER PUB NIGHT*

Schmooze
For Brews and Booze

HAVE A...

*"The Marines Have Landed" - Old Grand Dad bourbon
and ginger ale w/lime OR*

"The Sayer Slayer" - Stolichnaya vodka and cranberry juice

Or choose any well drink or beer on tap
(First Drink Compliments of Har Zion Men's Club)
Complimentary veggie appetizers will be served

Join us at our
Second Annual Winter Pub Night
Thursday, February 18, 2016
Starting at 7:30 PM until 9:30 PM

Group photos will be taken at 8:00 PM



101 N. Narberth Avenue - Narberth, PA 19072
Corner of Narberth and Haverford Aves



For it was taught in a Baraita: This is my God and I will beautify him.

Beautify oneself before him in the commandments. Make before him a beautiful Succah, a beautiful lulav and a beautiful shofar, beautiful tzitzis and a beautiful Torah scroll; and write in it for his sake with beautiful ink, a beautiful pen and an expert scribe, and wrap (the Torah) in beautiful silks.

Abba Shaul says: be like him. Just as (God) is gracious and compassionate, you also should be gracious and compassionate.

– B Talmud Shabbat 133b