Building Our Spiritual Community

FRIDAY, JANUARY 20 - 23 TEVET

4:48 PM - Candle Lighting

6 PM - Minha/Kabbalat Shabbat/Ma'ariv Followed by Congregational Oneg Shabbat

SATURDAY, JANUARY 21 – 23 TEVET

9:30 AM - Kol Tefilah - Shabbat Morning Service

Kiddush welcoming Rabbi Shawn SimonHazani and his family

9:45 AM - Parasha & Pop'ems - Grades 3-7

10:45 AM - Parashat Hashavua - Adult Torah Study

11 AM - Junior Congregation - Grades K-7

4:50 PM - Minha/Seudah Shlishit/Ma'ariv/Havdalah

5:52 PM - Shabbat Ends

Engaging Jerusalem

"If I forget thee, O Jerusalem..."

Jerusalem has captured the imagination of Jews for centuries. It's the direction to which we pray, it's the aspiration of centuries of dreamers, it holds hope and promise for many.

In honor of the 50th anniversary of the Six Day War, Har Zion will engage our *kehillah* in a celebration of the city of our eternal city of hope. Over the next eight months, we will explore the diverse role Jerusalem has played for us as a people, from biblical times to present day.

Each month has been assigned a verb that will guide our exploration. January will be **Studying Jerusalem**. We will offer opportunities both within our regular class schedule and through special programs to explore Jerusalem in all of her diversity, struggles, and glory.



All programs labeled with this icon will include Engaging Jerusalem content.



Open a Book... Open Your Mind – Sip & Skype featuring KATE SIEGEL Sunday, January 22, 10 AM

\$5 in advance (harziontemple.ticketleap.com)/\$8 day of event

Books will be available for purchase at the event.

Join us for morning beverages and snacks as we speak via Skype with author, Kate Siegel. Ms. Siegel's book, *Mother, Can you Not?* lovingly lampoons the lengths to which our mothers will go to better our lives - even when it feels like they're ruining them in the

process. This program will contain adult content. Attendee discretion advised. The views expressed by the authors are theirs alone.

Questions and to RSVP: 610.667.5000 x184

Presented by Sisterhood and the Jane Fishman Grinberg Religious School in partnership with the Jewish Book Council.

Bikkur Holim Meeting - Sunday, January 22, 11:30 AM

Jewish Family and Children's Service's chaplain, Rabbi Tsurah August will be joining us to facilitate additional, more in-depth, training.



Adult Bible Study - Sunday, January 22, 2 PM

Led by Rabbi Alpert

Examine the Northern (Israel) and Southern (Judah) Kingdoms of Israel in the centuries following the death of Solomon through the end of each kingdom while noting the important role played by Jerusalem during this time period.

Teens Together with Rabbi Shawn

First Class Sunday, January 22, 7:30-9 PM - for post-Bar/Bat Mitzvah students

One Sunday night each month we will dive into the wonderful world of Talmud in the unique style of Rabbi Shawn. Traditional texts will be in both Hebrew and English with an emphasis on engaging the content and meaning.

This month's class will be held in the home of Kristy & Jeff Schulman (contact skenworthy@harziontemple.org for address)
Snacks and drinks provided.

Love to Act? Love to Sing? Be a Part of Our Purim Shpiel "Billy Joel: The Megillah Man"

First Rehearsal - Monday, January 23, 7 PM



This year on Purim, allow your inner-thespian a chance to express itself. Take a part in the Purim Shpiel: "Billy Joel: The Megillah Man." We'll read through the script and listen to the songs. Bring along any friends whom you think might be interested. **The**



Purim Shpiel will take place on Saturday evening, March 11. If you have any questions, please contact Hazzan Eliot Vogel at 610-667-5000, ext 102 or Debbie Folz at 610-667-6534. If you are interested in being part of the shpiel, please email Debbie at dfolz@harziontemple.org and include in your response whether or not you will be able to attend our first read through.

Experience the Joys of Yiddish Tuesday, January 24, 10 AM and 5 PM

Do you love Yiddish language, literature, poetry, song, theater, or cinema? Then this is the class for you! Led by Gerry Spector

Siddur Study with Dr. Sara Cohen

From Reading to Meaning: A Comprehensive Exploration of the Prayer Book Wednesday, January 25, 10:30-11:30 AM

Come to explore the history of the development of our liturgy. Study the structure and contents of the Siddur, the textbook of the synagogue. Learn about our prayers – who wrote them, when, why, and what they mean, and how can we relate to them today. By reading our prayers in Hebrew and learning their meaning, we will enhance our enjoyment of the weekly Shabbat services. Sponsored by Sisterhood – All are invited



Har Zion Yeshiva - Hamsa Making with The Clay Studio Thursday, January 26, 7-9 PM • Led by Rabbi Uri Allen • \$10/person

The Clay Studio is coming to Har Zion to lead us in creating a hamsa, a spiritual focal point to direct our prayers for peace in Jerusalem.

To RSVP, call or email Harriet at 610.667.5000 or HZT@harziontemple.org, or drop a check at the front desk by January 26. Due to space, this class is limited to the first 35 registrants.

Founded in 1974 by five artists in need of workspace, The Clay Studio was envisioned as a stepping stone for students fresh out of art school, offering affordable studio space and shared equipment. Within a short time, however, Clay Studio artists consciously shifted the Studio's mission from an inward focus to an outward educational and community focus. It was the artists' intention to affirm the importance of the ceramic arts alongside other art forms, as well as to bring clay as an accessible, tactile medium to a broad range of people.

Teen Shabbat ~ "Ramah/USY Style" - Friday and Saturday, January 27 and 28

Families with children of all ages are invited to join the congregation for this special Shabbat full of youthful energy recreating the Ramah atmosphere at Har Zion.

Special Guests: Rabbi Joel Seltzer, Executive Director Camp Ramah Poconos and Kate Herron, Regional Youth Director Hagesher USY

Friday, January 27

6 PM Service - 7 PM Dinner

\$10/Adult, \$6/Youth (12 and under), \$36/Family max

RSVP to harziontemple.ticketleap.com (nominal online fees may apply), drop off a check with Sharon Kenworthy or email skenworthy@harziontemple.org.

Saturday, January 28

9:30 AM Service

12 PM 'Camp Ramah Style' Kiddush Lunch

4:45 PM Shiur Ben Arbaim/Afternoon Class

5:30 PM Seudah Shlishit

6 PM Havdalah

Men's Club Breakfast Meeting - Sunday, January 29, 10 AM

Featuring guest speaker Steve Feldman of the Philadelphia ZOA, who will speak about Israel, "At the Crossroads" concerning Iran, the Trump presidency, and Israel's "communities"

Free to Men's Club members - Guests \$10

RSVP by January 26 to Jack Marine, recyclejack@aol.com

Sisterhood Shabbat - Friday and Saturday, February 10 and 11

Sisterhood invites you to a celebration of Shabbat Shirah and Tu B'Shevat

Friday, February 10, 6 PM Services led by Sisterhood – Dinner immediately following services

You are welcome to bring your own unopened Kosher wine

RSVP for dinner no later than February 3

Adults/\$39 - Children 6-12/\$18 - Children 2-5 years old (complimentary)

Please make checks payable to **Sisterhood of Har Zion Temple**

Saturday, February 11, 9:30 AM

In honor of Tu B'Shevat, please consider planting a tree in Israel (http://www.jnf.org/)



GIFT BOX

HAR ZION LANDAU GIFT BOX JANUARY SALE 10% OFF EVERYTHING EXCEPT BOOKS, JUDAICA, FOOD, AND SPECIAL ORDERS COME IN AND SHOP OUR 50% OFF SECTION!

The Gift Shop is fully stocked for all your gift-giving needs – Religious and General Gifts, Talitot, Holiday and Shiva Trays, Bridal and Bar/Bat Mitzvah Registry, Greeting Cards, Gift Wrap, and we offer shipping.

Regular Hours: Monday-Thursday, 9:30 AM-4:00 PM - Friday, 9:30 AM-3:00 PM

Sunday, 9:45 AM-1:00 PM (when school is in session)

For more information, please call 610-667-2698.

Sisterhood Floral Fund Donation Cards are available for acknowledging special birthdays, special events, happy occasions, new babies and wishes for a speedy recovery, as well as, memorializing loved ones. Contributions to the Floral Fund provide Bimah flowers throughout the year.

Four for \$30 (\$10 each) – To purchase your donation cards, please contact Michelle Strayer, 610-992-9371 or moibas83@hotmail.com.

Use the Sisterhood Scrip Program for All of Your Shopping Needs!

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days? Order your Scrip cards and be prepared whenever you shop! Please contact Michele Perlstein, mshoueka@hotmail.com – 610-519-1211 for more information.



INNOVATION UPDATE FROM ISCALL BEAS Beaming Tumors Away At Half the Cost

Approximately 24 million people worldwide are expected to get cancer each year by 2030, according to Cancer Research UK. The race to find more effective and cheaper therapies led to proton therapy, a type of radiation that uses protons rather than X-rays to treat cancer.

Like standard X-ray radiation, proton therapy is radiation therapy based on an external beam that painlessly delivers radiation through the skin to the cancer. The advantage is that proton therapy focuses the ray directly onto the tumor, without damaging surrounding healthy tissue. The treatment uses 60 percent less radiation that normal X-rays, allowing higher doses to be directed to the tumor, increasing the chances that all the tumor cells will be targeted, Cancer UK says. To read more, go to: http://www.israelideas.org/#!current/c1gqf.



Transportation to Har Zion Temple

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend services, meetings and programs.

Do you need a ride...To Services? To daytime or evening meetings and/or programs?

Can you provide an occasional ride?

What areas would be convenient for you? What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman, NanciG22@aol.com or 610-664-7987.

Share Your Simha!

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. For more information, please contact Program and Events Coordinator Shonnie Lebovitz, ext 106 or slebovitz@harziontemple.org.

Bimah Flowers Can Be Sponsored

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

Regular Daily Minyan

Evenings: 6 PM

Mornings: Sunday – 9 AM, Monday and Thursday – 6:50 AM,

Tuesday, Wednesday, and Friday – 7 AM

Minyan Volunteers Needed

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert, ext 111 or lalbert@harziontemple.org, with your name and cell phone number for a text.

An active member of our local Jewish community desperately needs a kidney – blood type B or O

To learn how you can save a life or for more information about kidney donation, please call, (718) 431-9831 or email, R718@renewal.org. Visit WWW.RENEWAL.ORG