

UPCOMING EVENTS, ACTIVITIES AND SPECIAL ANNOUNCEMENTS

Building Our Spiritual Community

FRIDAY EVENING, JANUARY 15

6:00 PM – Minha/Ma'ariv Service

7:00 PM – Congregational Oneg Shabbat

SATURDAY MORNING, JANUARY 16

9:30 AM – *Kol Tefilah* (Voice of Prayer) – Morning Service

9:45 AM – *Lilmod U'Lelemed* (To Learn and to Teach) – Learning Service

11:00 AM – Parashat Hashavua – Shabbat Torah Study

** MADREGOT "NOTES" FUNDRAISER

Proceeds benefit the Madregot program of the Jane Fishman Grinberg Religious School

Music Notes:

You can participate in this fundraiser by becoming a sponsor and/or purchasing symbolic music notes. Each donation of \$18 will be recognized by a symbolic cut-out music note that can honor your family, each member of your family, your friends or teachers, and will be part of a "symphony" of music decorating the walls of the synagogue this spring. You can indicate if you would like to decorate them yourself or have our school children decorate them. These "notes" symbolize our commitment to the children in the Madregot Program and support their path to a Jewish life.

To download form: www.harziontemple.org/harzion/16notesbrochure.pdf

**KICK OFF TO MLK DAY OF SERVICE –

MONDAY, JANUARY 18, 12:30 - 1:30 PM



ANTI-DEFAMATION LEAGUE WORKSHOP:

"ADL Honors the Legacy of Dr. King: Building the Beloved Community"

Exploring stereotypes with an interactive workshop and films for the entire family (middle schoolers and up)



2:00-4:00 PM – INTERGENERATIONAL VOLUNTEER ACTIVITIES:

Children's Carnival – Bag Decorating – Blood Drive (2-6:30 PM) – Cook for a Friend (10:45 AM)

Shul Stitchers (11:00 AM): Knit and sew blankets for veterans & shelters

Sorting and Packaging items for: Veterans, HIAS, JFCS, Nationalities Center, Lions Club,

New Horizon's Senior Center, Impact Thrift, Philly Reads, Friends of the Philadelphia Library, District 4 Philadelphia Health Center, Career Wardrobe

Filling Snack Bags with dried fruits and nuts for seniors

Writing Letters to U.S. and Israeli soldiers

Francisvale: Table sharing pet donation information

Nellies Schoolhouse: Therapy Animals working with children with disabilities

Craft Activities: for Cases for Smiles, Golden Slipper, Saunders House

Volunteers needed for MLK Day – Please call Andy Coren, 610-649-5294.

Blood donors needed – Please call Shirley Swinger, 484-412-8299.

**TALMUD STUDY WITH RABBI ALPERT – MONDAY MORNINGS, 10:00 AM

This class is studying the sixth chapter of Bava Metzia (Labor Law).

**MINYAN & TISCH WITH RABBI ALLEN – WEDNESDAY MORNINGS

FOLLOWING 7:00 AM MINYAN

Halakha Yomit (daily halakha) with the Mishnah Berurah – Join us each week as we study a different halakha and ask ourselves about the underlying values that inform our practice.



**SISTERHOOD BOOK CLUB – WEDNESDAY, JANUARY 20, 12:30 PM

Sisterhood will discuss... *Joshua A Brooklyn Tale*, by author Andrew Kane

Hosted by Marlene Dubin – RSVP to her at mbdubin1@verizon.net or 610-667-5278

****FRIDAY MORNING MEN'S CLUB MINYANNAIRES WITH RABBI ROSENBERG
FOLLOWING 7:00 AM MINYAN**

Jeopardy Rashi Style – This class will examine the commentary of Rashi on the Torah to deepen our appreciation of the issues Rashi saw in the text and to understand how his commentary maintains relevance through today.



****CHALLAH FOR HUNGER – DATE: SUNDAY, JANUARY 24, 10:00 AM
Har Zion Temple Kitchen**

Come join the Har Zion Temple High School students/parents/USYers and Sisterhood as we come together to create the best challah flavor. Challah for Hunger is a model for young people to meet, explore their mutual responsibility to heal the world through activism and philanthropy, and engage in community and Jewish tradition. Volunteers at 78 chapters around the world, mostly on college campuses, bake and sell challah, and donate their earnings to non-profits working to end hunger around the world. For more info, contact Norman Einhorn, neinhorn@harziontemple.org.



Scholar in Residence – Rabbi Samuel Kieffer – January 28 - 31

Heart, Mind, Body and Soul

The emotions of war, the intellectual investigation of responses to tragedy, giving in to the temptations of the flesh as in the case of King David, and music as an outpouring of the soul

THURSDAY, JANUARY 28, 7:00 PM – Men's Club Cafe Presentation*

"King David: Fifty Shades of the Greatest King in Jewish History"

Open to the Har Zion community – Dairy Café, 321 Montgomery Ave, Bala Cynwyd

FRIDAY, JANUARY 29 – Dinner and Discussion following 6:00 PM Services*

"Fifty Days of War and Blessings, Living through Last Year's Wars"

\$30/adult, \$15/child 3-12 – RSVP required

SATURDAY, JANUARY 30 – Discussion after Kiddush

"Top Ten Ideas Torah Has Taught the World"

SATURDAY, JANUARY 30, 8:00 PM – Evening of Original Music *

Cost: \$10/adult, \$5/child under 12 – RSVP requested

SUNDAY, JANUARY 31 – Breakfast following 9:00 AM Services*

"Three Unlikely Heroes of the Bible"

Co-sponsored by Adult Education, Sisterhood and Men's Club

***RSVP requested for Thursday evening, Friday dinner, Saturday evening and Sunday breakfast by January 25:
mgubernick@harziontemple.org or 610-667-5000**

**** USE THE SISTERHOOD SCRIP PROGRAM FOR ALL YOUR SHOPPING NEEDS!**

Stock up on gift cards from Scrip. A percentage of the money you spend on each card benefits the Sisterhood. Why not support Sisterhood while planning your shopping days. Order your Scrip cards and be prepared whenever you shop! **Please contact Michele Perlstein, mshoueka@hotmail.com – 610-519-1211** for more information.



INNOVATION UPDATE FROM  ISRAEL IDEAS

U.S. Navy Uses an Israeli-Developed Therapy System to Treat Vets

The Navy has ordered several Deep TMS therapy helmets made by an Israeli company, Brainsway, for use in medical facilities to help treat sailors and their families, as part of a therapy plan that could include counseling, anti-depressives, and other therapies. Brainsway's device is a non-invasive technique used to apply brief magnetic pulses to the brain. The pulses cause small electrical currents that stimulate nerve cells in the targeted brain region, with the aim of easing depression by lessening cortical excitability. For more information:

<http://www.israelideas.org/#!current/c1gqf>.

****TRANSPORTATION TO HAR ZION**

"Oh, if I'd only known she/he needed a ride to Har Zion."

"Oh, I would have been there but I couldn't get a ride."

We are hearing these statements more and more – and would like to help our congregants who would like to attend Services, meetings and programs.

DO YOU NEED A RIDE...To Services? To daytime or evening meetings and/or programs?

CAN YOU PROVIDE AN OCCASIONAL RIDE?

What areas would be convenient for you?

What Services, meetings, or programs do you usually attend (morning/afternoon/evening)?

Please contact Nanci Goldman at NanciG22@aol.com or 610-664-7987.

****DO YOU NEED THE HAR ZION TEMPLE CARING CONNECTION?**

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Call 610-667-5000, ext 178 or caring@harziontemple.org. Help us help you!

****SHARE YOUR SIMHA!**

We encourage you to sponsor an Extended Kiddush to celebrate any special simha, such as an Anniversary of a Bar/Bat Mitzvah, Baby Naming, Aufruf, Birthday, Anniversary or Graduation, etc. You may also want to consider contributing to our Shabbat Fund in honor of your special occasion. Please contact Shonnie Lebovitz, Program and Events Coordinator (ext 106 or slebovitz@harziontemple.org) for more information.

****BIMAH FLOWERS CAN BE SPONSORED**

Bimah flowers can be sponsored in honor of a special occasion such as a Bar/Bat Mitzvah, Anniversary or Special Birthday. Please contact Reisel Weinberger, risey@aol.com or 610-668-1148.

SHOP THE GIFT BOX FOR ALL GIFT-GIVING AND HOLIDAY NEEDS!

50% OFF SELECTED ITEMS (Final sale - No gift wrap)

Regular hours:

Monday – Thursday, 9:30 AM to 4:00 PM, Friday, 9:30 AM to 3:00 PM

Sunday, 9:45 AM to 1:00 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.

The Gift Shop is now accepting credit cards – giving you more flexibility to shop!

Like us on Facebook!

REGULAR DAILY MINYAN

Evenings: 6:00 PM

Mornings: Sunday – 9:00 AM, Monday and Thursday – 6:50 AM,

Tuesday, Wednesday and Friday – 7:00 AM

MINYAN VOLUNTEERS NEEDED

"The world stands on three things: on Torah, on prayer and on kindness to others." – Pirkei Avot

Please register to be called if we need you for daily minyan. E-mail or call Laurie Albert (610-667-5000, ext 111 or lalbert@harziontemple.org) with your name and cell phone number for a text.

AN ACTIVE MEMBER OF OUR LOCAL JEWISH COMMUNITY DESPERATELY NEEDS A KIDNEY - BLOOD TYPE B or O

To learn how you can save a life or for more information about kidney donation, please call: (718) 431-9831 or email: R718@renewal.org. Visit WWW.RENEWAL.ORG