
SHABBAT BO

FRIDAY, JANUARY 15 – 6 SHEVAT

4:42 PM Candle Lighting
6:00 PM Minha/Kabbalat Shabbat Service – DOGOLE CHAPEL
7:00 PM Congregational Oneg Shabbat – MAIN LOBBY

SATURDAY, JANUARY 16 – 6 SHEVAT

9:30 AM *Kol Tefilah* – Shabbat Morning Service – MAIN SANCTUARY
9:45 AM *Lilmod U'Leamed* – Learning Service – BAILIS ROOM
11:00 AM *Parashat Hashavua* – Shabbat Torah Study – BAILIS ROOM
TORAH READING: EXODUS 12:29 Page 387
MAFTIR: EXODUS 13:14 Page 393
HAFTARAH: JEREMIAH 46:13 Page 395

BAT MITZVAH: LANEY GOLD-RAPPE, daughter of Drs. Barri J. Gold & Andrew M. Rappe

KIDDUSH: Congregation and guests are cordially invited to join us in the GORSON AUDITORIUM. We are grateful for this week's donation to the Shabbat Fund by Sisterhood. The Extended Kiddush is sponsored by Barri J. Gold & Andrew M. Rappe in honor of the Bat Mitzvah of their daughter, Laney Gold-Rappe.

MILTON POMERANTZ INTERACTIVE TORAH STUDY GROUP: Following the Kiddush, join Charlotte Muchnick for an interactive Torah study session in the BAILIS ROOM.

3:40 PM Talmud Study – Join Rabbi Gary Charlestein in the RUDOFKER LIBRARY.
4:40 PM Minha/Seudah Shlishit/Ma'ariv/Havdalah – DOGOLE CHAPEL
5:44 PM Shabbat ends

IN MEMORIAM – BARUCH DAYAN HA-EMET

The Congregation extends its deepest sympathies to the family of:
EDWIN BERKOWITZ, husband of Barbara Berkowitz, father of Arthur Berkowitz,
January 8, 2016 (27 Tevet 5776)

Mi Shebeirach

<i>Mi shebeirach avoteinu</i>	<i>M'kor habrachah l'avoteinu</i>
<i>M'kor hab'racha l'imoteinu</i>	Bless those in need of healing with
May the source of strength,	<i>r'fuah sh'leimah,</i>
Who blessed the ones before us,	The renewal of body, the renewal of spirit,
Help us find the courage to make our	And let us say, Amen
lives a blessing,	
and let us say, Amen.	
<i>Mi shebeirach imoteinu</i>	

THIS WEEK'S EVENTS

SUNDAY, JANUARY 17 – 7 SHEVAT**JFGRS CLOSED**

9:00 AM MORNING MINYAN
9:00 AM KADIMA GOES TO JRA (Drop off and pick up is at Adath Israel)
10:00 AM TZION CLASS
2:00 PM ADULT BIBLE STUDY with Rabbi Alpert
6:00 PM MINHA/MA'ARIV

MONDAY, JANUARY 18 – 8 SHEVAT**MLK DAY OF SERVICE – NCCECE CLOSED**

6:50 AM MORNING MINYAN
10:00 AM TALMUD STUDY with Rabbi Alpert
10:45 AM COOK FOR A FRIEND
11:00 AM SHUL STITCHERS
12:30 PM ADL WORKSHOP – *Honoring the Legacy of Dr. King: Building the Beloved Community*
1:30 PM MLK DAY REGISTRATION
2:00 PM FUN-A-THON
2:00 PM RED CROSS BLOOD DRIVE
6:00 PM MINHA/MA'ARIV

TUESDAY, JANUARY 19 – 9 SHEVAT

7:00 AM MORNING MINYAN
6:00 PM MINHA/MA'ARIV

WEDNESDAY, JANUARY 20 – 10 SHEVAT

7:00 AM MINYAN AND TISCH – *Halakha Yomit* (daily *halakha*) with the *Mishnah Berurah* - conversation & breakfast with Rabbi Allen.
1:00 PM SISTERHOOD BOOK CLUB – *Joshua A Brooklyn Tale*, by Andrew Kane. Hosted by Marlene Dubin – RSVP to her at mbdubin1@verizon.net
6:00 PM MINHA/MA'ARIV

THURSDAY, JANUARY 21 – 11 SHEVAT

6:50 AM MORNING MINYAN
10:00 AM POPULAR COMMENTARIES with Rabbi Rosenberg
11:00 AM SISTERHOOD DAVENING SKILLS with Rabbi Alpert
6:00 PM MINHA/MA'ARIV

FRIDAY, JANUARY 22 – 12 SHEVAT

7:00 AM MEN'S CLUB MINYANNAIRES – Join Rabbi Rosenberg for breakfast and a study session "Jeopardy Rashi Style." This morning's breakfast is sponsored Charlotte Muchnick in memory of her parents.
1:30 PM TU B'SHVAT SEDER AT SAUNDERS HOUSE
4:49 PM CANDLE LIGHTING
5:30 PM STAY & PLAY, SHALOM CHAI AND GARINIM SHABBAT SERVICE & DINNER
6:00 PM MINHA/KABBALAT SHABBAT SERVICE

תהיינה נפשותיהם צרות בצרור החיים:

May their souls be bound
up in the bond of life.

The following yahrzeits will be observed during the coming week.

Cynthia Altman-Weinstein
Doris Friedman
David Kessler
Victor S. Markovitz
Herman S. Schachter
Benjamin Gertz Tinkelman
Benjamin Wallach
Eva Alpern
Herbert Chacker
Herman Cohen
Molly S. Cottler
Simon Dietz
Sarah Finkel
Richard Goldstein
Yetta Krausen
Selma Molder
Avi Teres
Tanya Weinerman
Sydelle Weisberg
Mary Glick
Joseph N. Gorson
Matthew Hancock
Rebecca Bee Lieberman
Ida Meyers
Billie Shrager
Harry Spivak
Leonard Wolf

Melvin Beckman
Henriette Bivas
Rosalind Finkelstein
Gertrude Greberman
Libby Gornish Hyman
Hyman I. Korff
Pauline Lipkowitz
Tillie Newman
Harris Perilstein
Samuel Porter
Ida Sclan
Celia Seiger
Harry Simpson
Mae Brait
Mary Bronstein
Morris Brooks
Martin Greenstein
Victor Hurowitz
Florence Karp
Betty Krestal
Maurice Nathanson
Edgar Perilstein
Samuel Morris Pokotilow
Max Sherman
Maurice Axelrod
Abraham Becker
Jeanne Goldstein

Herzel Hockstein
Lieb Kalikhman
Alfred M. Kline
Sheldon Krantz
Stephen D. Pearl
Theodore L. Several
Edna Siegel
Philip Siskind
Louise Flink
Edith Grugerman
Ida Handfinger
Irving I. Hertz
Emory A. Mallowan
Gordon Phillips
Milton Schuman
Hermina Schwartz
David Segal
Rose Voluck
Abe Birenbaum
Hillel Franco
Rose Hirsh
Sarah Shapiro
Jan Silberstein
Sam Szeftel
Alice Tepper
Morton Leonard Waber

MADREGOT "NOTES" FUNDRAISER



Proceeds benefit the Madregot program of the Jane Fishman Grinberg Religious School
You can participate in this fundraiser by becoming a sponsor and/or purchasing symbolic music notes. Each \$18 donation will be recognized by a symbolic cut-out music note that can honor your family, each member of your family, your friends or teachers, and will be part of a "symphony" of music decorating the walls of the synagogue this spring. Decorate them yourself or have our school children decorate them. These "notes" symbolize our commitment to the children in the Madregot Program and support their path to a Jewish life.
To download form: www.harziontemple.org/harzion/16notesbrochure.pdf

CHALLAH FOR HUNGER – SUNDAY, JANUARY 24, 10:00 AM

Come join the Har Zion Temple High School students/parents/USYers and Sisterhood in the Catering Kitchen as we create the best challah flavor. Challah for Hunger is a model for young people to meet, explore their mutual responsibility to heal the world through activism and philanthropy, and engage in community and Jewish tradition. Volunteers at 78 chapters around the world, mostly on college campuses, bake and sell challah, and donate their earnings to non-profits working to end hunger around the world.
For more info, contact Norman Einhorn, neinhorn@harziontemple.org.

B'BAYIT – BEHIND THE SCENES OF SHABBAT...

CANDLES, WINE, CHALLAH

WEDNESDAYS AT 7:00 PM – FEBRUARY 17, APRIL 13

Our B'bayit series brings Torah into our homes.
Come learn the customs of Shabbat – candle meditation, Kiddush wine tasting, challah baking
FEBRUARY 17 – Wine Tasting and Kiddush with Rabbi Rosenberg
Hosted by Aliza & Alan Remer

For more information, location and to RSVP, contact Beth Krouse, beth@ert-title.com.

LADIES AND LATTES WITH RABBI MARSHALL

THURSDAYS, FEBRUARY 18, MARCH 17, APRIL 14

9:15 AM at Har Zion Temple OR 12:00 PM at Starbucks in Bala Cynwyd

Ask the Rabbi: Women Rabbis Respond to Modern Jewish Law Questions

Have you ever wondered if it was permissible to drive on Shabbat to shul? Make a snowman on Shabbat? Or even dance on Shabbat? Come discuss with Rabbi Marshall what the women rabbis of our time have to say. *Come enjoy a cup of coffee or a latte with other Har Zion women.*

RSVP to Rabbi Marshall, rnmarshall@harziontemple.org or 610-667-5000, ext 114.

DO YOU NEED THE HAR ZION CARING CONNECTION?

Do you know about the Har Zion Temple Caring Connection? We are a community, a network of fellow congregants who would like to hear from you if you have a need in your good times and bad. We encourage any congregant to contact us if you know of a fellow congregant who is ill or has had a loss. Please don't assume we know. Call 610-667-5000, ext 178 or caring@harziontemple.org to connect with us. Help us help you!



Tikkun Olam Committee
1500 Hagys Ford Road, Penn Valley, PA 19072 610-667-5000 www.harziontemple.org

Come connect. Come home.

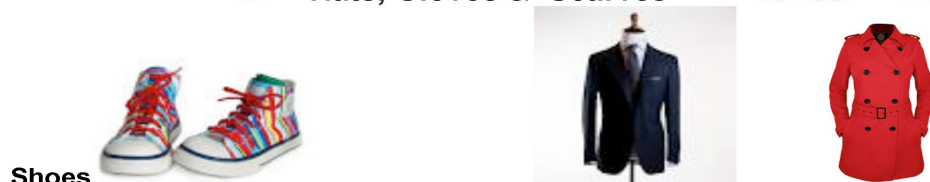
Har Zion Temple's MLK Day 2016 Collection List

Drop off donation items in bins at school entrance by January 18th

Women's Men's & Children's Clothing & Accessories:



Hats, Gloves & Scarves



Shoes

Jackets, Coats

BOOKS, PUZZLES & GAMES



Kitchen Pots, Pans, Utensils &

Appliances, Tools, Flashlights, Clocks and Alarm Clocks, Bath & Welcome Mats, Curtains & Shower Curtains and Rings



Dog/Cat Crates, Leashes, Canned Food, Treats, Towels

FOOD

Bingo Prizes / Eye Glasses / Yarn



STAPLES



KICK OFF TO MLK DAY OF SERVICE
MONDAY, JANUARY 18, 12:30 - 1:30 PM



ANTI-DEFAMATION LEAGUE WORKSHOP:
"ADL Honors the Legacy of Dr. King: Building the Beloved Community"
Exploring stereotypes with an interactive workshop and films for the entire family (middle schoolers and up)

2:00-4:00 PM – INTERGENERATIONAL VOLUNTEER ACTIVITIES:
Children's Carnival – Bag Decorating – Blood Drive (2-6:30 PM) –
Cook for a Friend (10:45 AM)

Shul Stitches (11:00 AM): Knit and sew blankets for veterans & shelters
Sorting and Packaging items for: Veterans, HIAS, JFCS, Nationalities Center, Lions Club, New Horizon's Senior Center, Impact Thrift, Philly Reads, Friends of the Philadelphia Library, District 4 Philadelphia Health Center, Career Wardrobe
Filling snack bags with dried fruits and nuts for seniors
Writing letters to U.S. and Israeli soldiers
Francisvale: Table sharing pet donation information
Nellies Schoolhouse: Therapy animals working with children with disabilities
Craft Activities: for Cases for Smiles, Golden Slipper, Saunders House
Volunteers needed for MLK Day – Please call Andy Coren, 610-649-5294.

Please make your appointment for the Red Cross Blood Drive
Martin Luther King Day of Service – Monday, January 18
2:00-6:30 PM
Call Shirley Swinger, 484-412-8299 or 267-252-4466 .



SHOP THE GIFT BOX FOR ALL GIFT-GIVING NEEDS!

50% OFF SELECTED ITEMS (Final sale - No gift wrap)

Regular hours: Monday – Thursday, 9:30 AM to 4:00 PM, Friday – 9:30 AM to 3:00 PM
Sunday – 9:45 AM to 1:00 PM (when school is in session)

Additional hours by appointment.

For info, please call 610-667-2698, or email giftbox@harziontemple.org.



INNOVATION UPDATE FROM ISRAEL IDEAS

U.S. Navy Uses an Israeli-Developed Therapy System to Treat Vets

The Navy has ordered several Deep TMS therapy helmets made by an Israeli company, Brainsway, for use in medical facilities to help treat sailors and their families, as part of a therapy plan that could include counseling, anti-depressives, and other therapies. Brainsway's device is a non-invasive technique used to apply brief magnetic pulses to the brain. The pulses cause small electrical currents that stimulate nerve cells in the targeted brain region, with the aim of easing depression by lessening cortical excitability. For more information: <http://www.israelideas.org/#!current/c1gqf>.



Winter Scholar in Residence
Rabbi Samuel Kieffer
Heart, Mind, Body and Soul
January 28 - 31, 2016

*The emotions of war, the intellectual investigation of responses to tragedy,
giving in to the temptations of the flesh as in the case of King David,
and music as an outpouring of the soul*

Thursday, January 28, 7:00 PM – Men’s Club Cafe Series*

King David: Fifty Shades of the Greatest King in Jewish History
Upstairs at The Dairy Cafe – 321 Montgomery Ave, Bala Cynwyd
Coffee, tea and desserts – No charge for this event – Limited seating

**Friday, January 29 – Dinner and Discussion
following 6:00 PM Services***

Fifty Days of War and Blessings, Living through Last Year’s Wars
Cost: \$30/adult, \$15/child 3-12

Saturday, January 30 – Discussion after Kiddush
Top Ten Ideas Torah Has Taught the World

Saturday, January 30, 8:00 PM – Evening of Original Music*

Cost: \$10/adult, \$5/child under 12
Refreshments will be served

Sunday, January 31 – Breakfast following 9:00 AM Services*
Three Unlikely Heroes of the Bible

*** RSVP requested for Thursday evening, Friday dinner,
Saturday evening and Sunday breakfast by January 25:
mgubernick@harziontemple.org or 610-667-5000**

Co-sponsored by Adult Education, Sisterhood and Men’s Club