

HYBRID PROGRAMS

4 MONDAYS July 17 - Aug 7

**ANCIENT NUBIA & ANCIENT EGYPT:
FOES OR FRIENDS?**



10:00 AM - 11:00 AM | COURSE FEE \$38

**Instructor: Dr. Stephen Phillips, Curatorial
Research Coordinator Egyptian Section,
Penn Museum**

From prehistory to the time of Alexander the Great, two mighty civilizations dominated and shared the northeast corner of the African continent along the famed Nile River: Ancient Egypt and Ancient Nubia (present-day Sudan). Throughout its history, Nubia, also known as Kush, was a crucial center of commerce and trade between the areas south of the Sahara and Egypt itself, to Nubia's north. Egypt and Nubia share equally a cultural history that spans thousands of years from the pre-dynastic through the pharaonic periods. This highly illustrated lecture explores Nubia's geography, its general history and relationship with Egypt, its language, religion, and funerary practices. The Nubians produced their own monumental architecture, eventually their own writing system, and their own spectacular artifacts, including gold objects equal in quality and quantity to those produced in ancient Egypt.

3 MONDAYS July 17 - July 31

**THE VICTORIA ERA: WOMEN, MEDICAL
PRACTICES & MUSIC**



11:15 AM - 12:15 PM | COURSE FEE \$29

**Instructor: Herb Kaufman, Adjunct Professor,
Manor College; Editorial Staff The Civil War News**

The Victorian Era in England lasted from approximately 1837 to 1901, during the reign of Queen Victoria. Along with industrialization and urbanization came sweeping changes in social norms and values, including how people dressed, how they conducted themselves in public, and what was considered acceptable speech or behavior. Women's rights changed significantly, and there was a general increase in respect for the law and public order. Science and philosophy shifted with the works of Charles Darwin and the development of the theory of evolution. This course will take us back in history through passionate storytelling. We will explore Victorian times through a display of original clothing, photographs, medical instruments, and many other original items from that era.

More Information on our website: GoldenSlipperGems.org

Policies

Cancellation

When appropriate, Golden Slipper Gems will issue a credit, not a refund.

Credit

Credit will not be given after the first day of classes except in the event of illness or injury. Written documentation from a physician is required.

Registration

Please visit

GoldenSlipperGems.org, click "Locations" and go to "Main Line" to register.

Couples or friends: It is required that each individual of a couple or friends register separately.

Payment: Registration by credit card via our website. Checks may be mailed to our office if preferred.



**GOLDEN SLIPPER
Gems**

On the Main Line

In person classes will be held at Adath Israel Synagogue
250 N. Highland Avenue, Merion Station, PA 19066

JCC classes will be held at The Kaiserman JCC
45 Haverford Road, Wynnewood, PA 19096

Golden Slipper Gems is a great place to connect with friends and meet new people. Our diverse speakers will stimulate your passion for learning and you'll keep returning to sample all that we have to offer.

Learn more at GoldenSlipperGems.org!

Program Manager

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Enrichment
for Older Adults

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SUMMER PROGRAM

2023

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**GOLDEN SLIPPER
Gems**

The most devastating
detective story of this century.

REDFORD/HOFFMAN
"ALL THE PRESIDENT'S MEN"



ROBERT REDFORD/OLIVER HOFFMAN/ALL THE PRESIDENT'S MEN
Starring JACK REDFORD • Special appearance by MARTINISAL SAM HALL HOUSEBROOK and JACOB FORDWICK
Screenplay by WILLIAM GOLDMAN • Based on the book by CARL BERNSTEIN and BOB Woodward • Music by DAVID SHIRE
Produced by WOLFGANG PETERSEN • Directed by ALVIN SIKULA
All Rights Reserved • Production • All Rights Reserved • Alvin S. Siskul Film

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WELCOME TO GOLDEN SLIPPER GEMS SUMMER PROGRAM 2023

MONDAY August 8

PHYSICIAN CONVERSATION: TAKING CARE OF YOUR SKIN



12:00 PM - 1:15 PM | REGISTRATION REQUIRED

Instructor: Dr. Jules Lipoff, practicing dermatologist & clinical associate professor (adjunct), Department of Dermatology, Lewis Katz School of Medicine, Temple University.

Dr. Lipoff will be discussing skin aging, signs of and risks for skin cancer. The conversation will also focus on useful information regarding preventive strategies for one's skin's health.

4 MONDAYS July 10 - July 31



CANASTA

3:30 PM - 5:30 PM | REGISTRATION REQUIRED

Facilitator: Phyllis Feirman, Canasta Expert

Whether you are a complete beginner or have Canasta knowledge/experience, everyone is welcome! Phyllis is available to teach you how to play or come with some friends and start playing on your own. Feel free to bring your own snacks. Donations welcome.

TUESDAY July 25

ESAU - A MODERN TALE. MOVIE SCREENING AND TALK



11:45 AM - 12:45 PM Talk

1:00 PM - 2:30 PM Movie Screening

EVENT FEE \$20

Instructor: Dr. Ruth Anolik, Adjunct Faculty Villanova University English Department

The New York Times describes Meir Shalev's genre of writing as a mix of Mark Twain and Gabriel García Márquez. When Israeli writer Meir Shalev died this spring, President Isaac Herzog expressed his condolences: "How unfortunate that we no longer have the necessary expectation for another new book by Meir Shalev." Though no new works will emerge, Shalev's voice - humane, humorous, and magical - will continue to be

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heard every time a reader opens one of his books. During this literary event, we will focus on some of Shalev's most engaging and enduring works. We will consider some of Shalev's central themes and approaches: the loving portrait of the land and people of Israel in its early days; the construction of a magical world imbued with fantasy; the notion that the biblical narrative is as timely as his own. Some of the books to be discussed are Shalev's memoir *My Russian Grandmother and Her American Vacuum Cleaner* and *The Blue Mountain*.

Movie Screening: Esau

Following the talk, we will watch *ESAU* (2019), this film is based on Meir Shalev's namesake novel. The movie is a collaboration project between internationally acclaimed filmmakers and actors such as Pavel Lungin (Tycoon), Shira Haas (Unorthodox), Lior Ashkenazi (Walk on Water) and Harvey Keitel. The film plot broadly reminds us of a biblical story of brotherly rivalry.

Light refreshments will be served.

WEDNESDAY July 12

HANDS ON ART: FOAM BOARD PRINTING

12:30 PM - 1:30 PM | FREE | REGISTRATION REQUIRED



Instructor: Gavi Kestenbaum, Art Teacher



Learn the ancient art of printmaking. Foam board printing involves etching a design onto a board and then using ink to transfer the image to a paper. We will be using many different colored inks to create unique prints. Please dress for mess and bring a smock or apron. Donations welcome.

4 THURSDAYS July 20 - Aug 10

POLITICAL AFFAIRS WITH A SUMMER TWIST: MOVIES WITH A POLITICAL AGENDA



11:15 AM - 12:15 PM | COURSE FEE \$38



Instructor: David Greenberg, Associate Professor, University of the Arts and Drexel University

Political films aim to comment on society by making us look at the inner workings of the systems that run it, either from the

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inside out or the outside in. Some films view politics through a historical lens, taking a new look at a real person or event that shaped the course of a country. Other films look at the effects of politics on the people outside of government. By looking at the history of political films, we will explore the ways in which filmmakers have used the genre in different ways for different effects. Some examples of films we will be seeing include excerpts from *Mr. Smith Goes To Washington*, *All The Presidents Men*, *Missing*.

4 THURSDAYS July 20 - Aug 10

MAHJONG



1:00 PM - 3:00 PM | FREE | REGISTRATION REQUIRED

Facilitators: Sharon Dunoff and Helene Rosenfeldt



join peers familiar with the game. Donations welcome.

This group is for beginners as well as for seasoned players alike. The facilitators will be able to teach the rules of the game to new players. They will also make sure that those that are just starting will be able to play the game at a slower pace. Players that know the game can

2 WEDNESDAYS July 19 - Aug 2

POOL PARTY: MUSIC & AQUA FITNESS

(elective) & Refreshments Following)



4:15 PM Gathering
4:30 PM - 5:15 PM Aqua Fitness
5:15 PM - 6:30 PM Refreshments & Music
FREE | REGISTRATION REQUIRED



Instructor: Trina Lyons

Enjoy the proximity of water and/or choose to take part in the aqua dance party! There will be a non-mandatory pool class with a low to mid-impact intensity. The instructor will lead activities such as aqua volleyball, Soul Train, Conga Line, Ride that Train, Dancing, and more.

There will be music with light refreshments to complement this early evening gathering. Mingle, swim, drink, eat and meet JCC Gems staff!