

Join the H.S.A. for a virtual
fundraiser and work out experience

barre3

Sunday, February 7th

10 am Live Zoom Class

\$20 per person (45-minute class)

Barre3 combines strength conditioning, cardio and mindfulness for one amazing workout for all fitness levels

TO REGISTER: <http://bit.ly/B3HarZionClass>

You must create a MindBodyOnline account to register
A Zoom link will be sent via e-mail the morning of the class

All participants will receive a Zoom link after the class has ended to access the recording of the live class. This link can be used for 24 hours after the class. Take the class anytime!

After your workout, enjoy a special promotional code to access a FREE WEEK of virtual Barre3 classes!

